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Protecting the rights of refugees in the Western Cape

Many Jews came to South Africa from Eastern Europe looking for a better life — escaping economic hardship, conscription into the Tzar's army, pogroms and antisemitism.

Similarly, African asylum-seekers come to South Africa to escape persecution and have a well-founded fear for their safety, and the moment they flee their countries they are entitled to international protection and assistance.

As an organisation that works to protect the rights of minority rights, the Cape Board of Deputies has been working with other civic organisations to pressurise the Department of Home Affairs (DHA) to reopen the Refugee Reception Office (RRO) in Cape Town.

Currently, asylum seekers must register at one of three RROs located in Durban, Musina and Pretoria. Asylum seekers are granted temporary permits, which must be renewed every three to six months. With the RRO in Cape Town closed, asylum seekers living here must travel every few months to Durban,

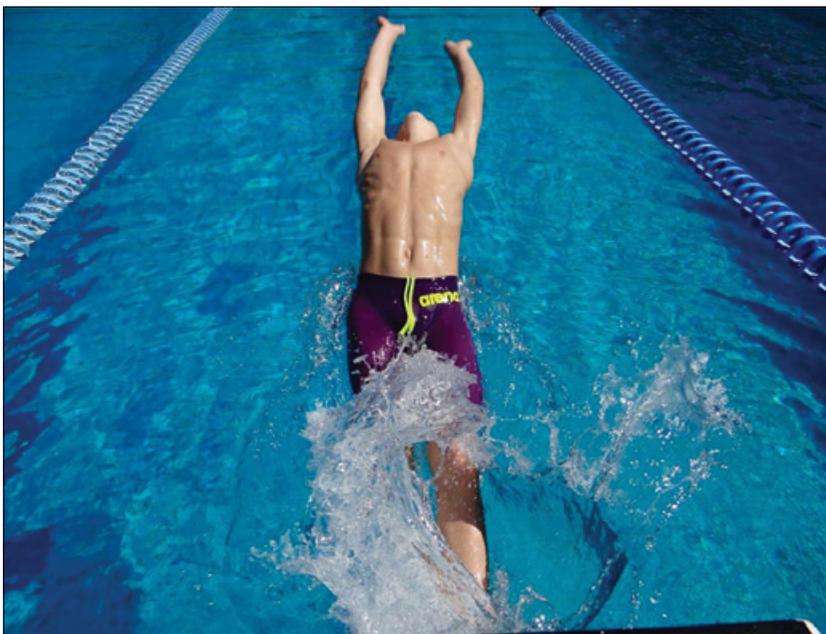
Musina or Pretoria (1455km, 1633km and 1923km away from Cape Town, respectively).

The DHA is meant to process an asylum seeker's claim for refugee status within six months, but due to lack of resources and endemic corruption at the DHA, however, the process more often takes up to five years or more. This situation puts an enormous financial and emotional burden on asylum seekers, who cannot return to their homelands for fear of persecution or death.

For certain types of asylum seekers, such as unaccompanied minors, the disabled or the elderly, the journey is almost impossible. Many asylum seekers are forced to let their permits expire, which makes life here in South Africa even more difficult and dangerous for them. Without proper documentation, asylum seekers cannot open bank accounts, access health care at hospitals or register their children for schools. There are currently thousands of asylum seekers living in South Africa with expired permits.

Continues on page 9

Matt makes waves in Durban



Matt Carroll at the South African Junior National Championships at Kings Park Aquatic Centre, in March

For more see page 39

The Sound of Music hits the Cape Town stage



The talented von Trapp children rehearsing for *The Sound of Music*, at Artscape from 6 – 27 May. Front: Mia-Cecilia Kriel, Grethe Marren, Lara Smit. Second row: Lulu Rose Bergström, Eve Cohen, Sarah Cobley, Kai Scot. Back: Lilla Fleischmann, Mia Dippenaar, Jemma Thomson, Emma-Rose Blacher, Jamie McNally, Max van Rooyen, James Grieve, Daniel Wolson, Jack Fokkens. (Missing from photo: Lia Sachs and Shani Sachs). Photo by Dean Roberts

An incredible journey from Ethiopia to Israel

Adeno Danny Abebe was a young shepherd whose journey took him from a small Ethiopian village to the place of his family's dreams — Jerusalem.

Under terrible conditions, they made the treacherous journey over 800km to Sudan, where he was ultimately airlifted to Israel as part of Operation Moses. Fast forward to the present,



Danny is a highly acclaimed journalist in the Israeli Government and Media Sectors, specialising in social issues, Aliyah, and Jewish communities in Israel and abroad. In May, WIZO SA presents *A Zionist Dream Come True, The Incredible Story of Adeno Danny Abebe*,

on the anniversary of the Declaration of Independence of Israel, 70 years ago.

For more see page 32

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Lindy with a why

Why Dayeinu should be all year long

By Lindy Diamond, Editor Cape Jewish Chronicle



This year, Pesach preparations, the hosting of two Seders and two of my daughters' birthdays all occurred in the same two-week period. Since then, I have found time to reflect on how lucky I am to have the family I was given at birth, the one I married into, and the friends-like-family I've collected along the way.

Every year we sing Dayeinu at our Seders, 15 stanzas recalling the incredible generosity of an intervening God, and we don't say thank you — or ask for more. We simply state that just that one thing would have been enough — even without the other stuff. And I think this kind of humble gratitude is the recipe for a happy life.

My sister-in-law, who arrived before Pesach with every imaginable kosher for Pesach delight from London, as well as my nine-year-old's present-included-of-a-party dream Lego set, turned birthdays during Pesach into something to hope for in the future, rather than something to be dreaded. Dayeinu!

My mother-in-law who taught me how to make her delicious gefilte fish, mixing the concoction by hand and laughing as she remembered how when she had learned the recipe, she had sworn never to mix it like that, and my seven-year-old who came into the kitchen on a whim and decided to learn how to make it too, creating such a precious memory. Dayeinu.

My long-suffering husband who was there to unpack all the Pesach stuff, help me set up and strike down each night that we hosted, do the Seders, pour me wine when I looked stressed and vodka when I looked very stressed and then help me get it all packed away again afterwards. Seriously, Dayeinu.

My mom, who took the kids away to feed them when I switched my kitchen

a full five days before the start of the chag. Engaging them in activities, bathing them and entertaining them. Those moments of peace are how I managed to get it all done on time. Dayeinu.

My grandfather and step-grandmother who came to dinner during Chol HaMoed on the night of my youngest daughter's birthday. I smiled at how lucky we were that my children's great-grandparents could be there to celebrate a 6th birthday dinner, with a Bobba, a Zeide, a Yaya and parents in attendance. Dayeinu.

And then my friends with whom I laughed harder than I have ever laughed before, while being conducted in a dramatised version of Chad Gadya. I am so grateful that I managed to surround myself with the kinds of people who also found the whole thing hysterically funny. (Our sense of humour may be questionable, but at least we can say we are in good company). Dayeinu, Dayeinu.

And so moving into the counting of the Omer, and firmly into the second quarter of 2018, I want to take the simple idea of gratitude and 'it would have been enough' with me, no matter what happens. We don't know what tomorrow will bring, but we can choose to be grateful for it.

Author April Halprin Wayland wrote a book titled *Bringing the Power of 'Dayenu' into Children's Lives*. One of her hopes for the book was that it would help children to make gratitude an everyday habit "Our society has so much, yet we never have enough. We live in a perpetual state of unease," Wayland said.

I think this is a powerful message for adults as well as for children. When we actively practice gratitude we become greater participants in our lives as opposed to spectators.

And so, here we are. It's May. I'm enough. You are enough.

Let's make it a daily habit to say, Dayeinu.

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Community Noticeboard

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See page 12

TEMPLE ISRAEL — SHAVUOT

Temple Israel Green Point 19 May 6pm Tikkun Leil
Includes annual Cheesecake competition
Full programme see page 16

CT HOLOCAUST AND GENOCIDE CENTRE

'Deadly Medicine: Creating the Master Race'
Now at Stellenbosch University For programme see page 32
Returning to CT Holocaust and Genocide Centre in December

Save the Date

LIMMUD CAPE TOWN

New dates, new model, new possibilities 9 – 12 August See page 6

SOUTH AFRICAN JEWISH MUSEUM

'Max Wolpe's 11' exhibition
11 April – 10 June See page 38

THE SINAI ACADEMY 2018 OPEN DAY

See how Sinai can offer your child a quality independent Jewish Education.
Sunday 6 May 10 am – 12.30 pm See page 10

Save the Date

JEWISH LITERARY FESTIVAL

Sunday 17 June See page 27



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(Jewish Sheltered Employment and Rosecourt Group Homes)

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Shabbat and Yom Tov Times

Date	Portion	Candle lighting	Ends
4 May/19 Iyar	Emor	5.45pm	6.37pm
11 May/26 Iyar	Behar/Bechukotai	5.38pm	6.31pm
18 May/4 Sivan	Bemidbar	5.33pm	
19 May/5 Sivan	1st night Shavuot	6.27pm*	
20 May/6 Sivan	2nd night Shavuot	6.26pm	*6.26pm
25 May/11 Sivan	Naso	5.30pm	6.23pm

*Light candles from an existing flame

N.B. Please note that the times indicated are the earliest times for candle lighting. Please consult your Rabbi.



1 May 2018

UNITED HERZLIA SCHOOLS

בתי"ס המאוחדים הרצליה

ANNUAL GENERAL MEETING

Notice is hereby given that the Annual General Meeting of the UNITED HERZLIA SCHOOLS will take place on 23 May 2018 at 19h00 at the Highlands Campus, M H Goldschmidt Avenue, Highlands Estate.

MOTIONS

Motions duly proposed and seconded must be lodged by 16h00 on Wednesday 3 May 2018.

NOMINATIONS

Nominations for The Board of Governors, duly proposed and seconded must be lodged by 16h00 on Friday 11 May 2018.

A CV of not more than 120 words must be attached to the nomination form.

Address for obtaining nomination forms and lodging all forms:

Administration Centre, M H Goldschmidt Avenue, Highlands Estate. Email: admin@herzlia.com Tel: 021 286 3452 / Fax: 021 461 2367

VOTING

Parents and current donors to the UJC are eligible to vote.

DAVID GINSBERG

DIRECTOR - Finance & Administration

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04/2018

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Uwe & Almut Harms, Intrepid Travellers



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MENSCH IS ALL ABOUT WORKING TOGETHER TO CREATE POSITIVE SOCIAL CHANGE IN SOUTH AFRICA.

To do this we are partnering with our communities shuls, schools and organisations on change-making activities all the time. We invite you to join us! Be in touch if you would like to collaborate, to create something or join one of our activities.

In February we worked with SAZF and the Israel Centre and took the leadership of 'PartnershipTogether' to visit and learn about three Mensch Network members' organisations.



**KERRY HOFFMAN & CARYN GOOTKIN
SOUPER TROOPERS**



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URBAN HARVEST EDIBLE GARDENS**



**AMANDA SOLOMON
H18 FOUNDATION**

In March we started working with the Gardens Shul on their Bnei Mitzvah programmes. Our first initiative was to deliver hamentaschen baked for Purim by the barmitzvah group to those in need. Thank you to Caryn Gootkin and the Troopers for helping arrange and deliver!



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INSIDE AND OUT

Josh Hovsha, Executive Director of the Cape South African Jewish Board of Deputies

It is 3 April 1968; the Vietnam war is at its height, US President Lindon B. Johnson has announced that he will not seek re-election and Martin Luther King Jr is speaking in Memphis, Tennessee, on what will be his last night of life.

He is thinking about history, the struggle ahead, of his life and the fortune of having been born into his time. He explains to the audience:

"If I were standing at the beginning of time... and the Almighty said to me, 'Martin Luther King, which age would you like to live in?'"

In answering this question, Dr King reviews the flow of human history. He touches on moments of height: The Jewish People leaving Egypt, Plato debating in Greece, Abraham Lincoln ending slavery in the United States, FDR declaring that "we have nothing to fear but fear itself." Again and again, Dr King describes the power of the moments and adds "But I wouldn't stop there." Instead, his answer is simply "If you allow me to live just a few years in the second half of the 20th century, I will be happy."

He explains this strange choice:

"But I know, somehow, that only when it is dark enough can you see the stars. And

I see God working in this period of the twentieth century in a way that men, in some strange way, are responding.

Something is happening in our world. The masses of people are rising up. And wherever they are assembled today, whether they are in Johannesburg, South Africa; Nairobi, Kenya; Accra, Ghana; New York City; Atlanta, Georgia; Jackson, Mississippi; or Memphis, Tennessee — the cry is always the same: "We want to be free."

Time passes on. It has been over five decades now since Dr King's final night. Much is still happening in the world and the same cry "We want to be free" is heard. Right now, the Cape Board is engaged in fighting for the reopening of the Refugee Reception Office in Cape Town. An essential government facility which ensures rights to those seeking asylum in South Africa. This stance is not enough to fix our world, but it may help some to live with dignity and humanity.

It is a place to start as we help move our world towards justice.



The masses of people are rising up. And wherever they are assembled today ... the cry is always the same: 'We want to be free.'

The importance of remembering the Holocaust



Programme cover designed by Lila Kibel, Herzlia High School

A quote of George Santayana is widely used when talking about the Holocaust: "He who does not learn from History is doomed to repeat it".

Yom Hashoah is a time to ensure that the importance of the Holocaust is not forgotten, no matter how many years pass, as memories are passed on to the next generation. We are lucky to have this opportunity to safeguard the memory of the Holocaust, promote tolerance and protect the multicultural society in which we live. And most importantly, to teach our children.

This year, we had children from Herzlia Schools and Jewish youth movements participating in the commemoration event. Not only was this an opportunity for them to hear testimony from survivors, but also a means to connect with their community.

Out and about with the Board in Cape Town

After MPP Sharon David's antisemitic remarks in the Western Cape Legislature in February, members of the Board and its professional team met with parliamentary members who raised objections in the sitting.



DA Chief Whip Mark Wile, Deputy Speaker Piet Pretorius, Adv Michael Donan, Viv Anstey, MPP Masizole Mnuasela, Rael Kaimowitz, Joshua Hovsha, Liza Saban and MPP Denis Josephs

After 10 years of effort the Cape Board along with their civil society partners have succeeded in bringing a Hate Crimes Bill to Parliament.



Cape Board Director Joshua Hovsha with leaders of Sonke Gender Justice, the Triangle Project and Lawyers for Human Rights, handing a petition for Hate Crimes Protection to Deputy Minister of Justice John Jeffery



Protecting the rights of refugees in the Western Cape

From page 1

Our ally organisation Sonke Gender Justice shared this update on the 4 April 2018:

Department of Home Affairs in breach of Supreme Court of Appeal order — again

In July 2012, the Department of Home Affairs closed the Cape Town Refugee Reception Office (CTRRO) for new asylum applications. The closure meant the CTRRO was no longer fully-functional and would operate only for those asylum-seekers who had lodged claims prior to the closure.

Asylum-seekers who arrived after the closure had to apply at the remaining RROs — Durban, Musina and Pretoria — and then return to the RRO of application for any further administration of their claims, including permit renewals. The practical reality thereof is that many have to travel very far distances (up to 2000km) every 1-6 months to renew their permits, which is costly — both financially and emotionally — places heavy burdens on families, and makes asylum-seekers vulnerable to abuse, sexual violence and extortion.

In September 2017, the Supreme Court of Appeal (SCA) ordered the Department of Home Affairs to open a fully-functioning CTRRO for new asylum applications, citing the Department's decision to close the second busiest Refugee Reception Office in South Africa as "irrational and unlawful". The action was brought by Scalabrini, the Somali Association of South Africa and others and were represented by the Legal Resources Centre. The Court gave the Department until 31 March 2018 to re-open the CTRRO. It also instructed the Department to provide regular progress reports on how its preparations towards re-opening were advancing.

The Department has failed to provide any progress updates.

Throughout this period, various civil society organisations tried to engage the Department of Home Affairs to seek information and updates, but received none. On 27 March, representatives from human rights and migrant organisations staged a silent protest at the Portfolio Committee on Home Affairs in Parliament to urge the Department

to comply with the court order, while also embarking on a Count Down campaign to raise awareness of the number of days left before the SCA deadline.

Representatives from the Department eventually met with 11 civil society organisations on 28 March. This meeting arose out of an initial visit to the RRO in which we attempted to ascertain the readiness status of the RRO and was not part of the court process, nor the official progress report as ordered by the SCA. We were informed that the RRO would not be fully operational by 31 March, as it was now up to the Department of Public Works to secure premises, and that further questions pertaining to the re-opening should be referred to their Legal Services.

We reject the Department of Home Affairs' reasoning for this delay, and their complete lack of accountability.

The Department is currently, and remains, in breach of the SCA order and is actively defying the rule of law.

As civil society organisations, we demand:

1.) that the Department of Home Affairs immediately opens

fully-functional Refugee Reception Offices in Port Elizabeth and in Cape Town, following the court orders issued by the Supreme Court of Appeal in 2015 and 2017 respectively;

2.) for contempt of court proceedings to be urgently instituted against the Department, that the Department is appropriately fined, and that the Department of Home Affairs officials responsible for the contempt of court actions be cited in their personal capacities too, and to be held personally liable as per section 165(5) of the Constitution; and

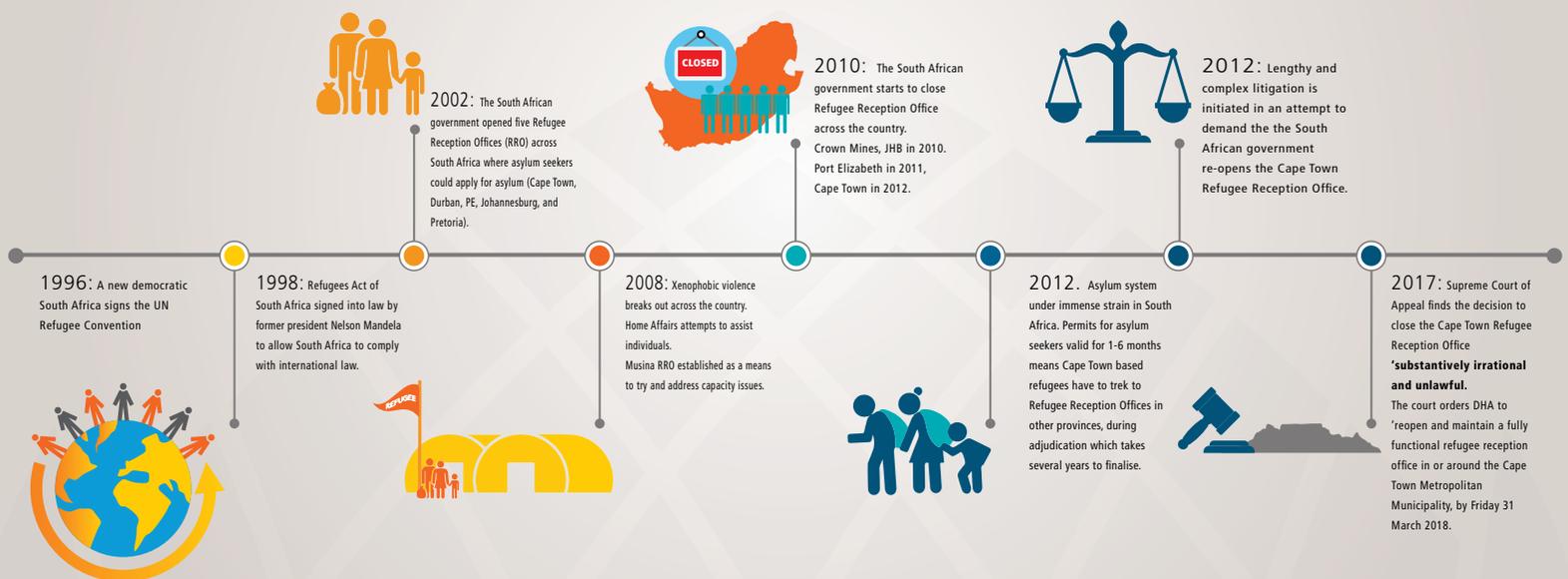
3.) that the South African Human Rights Commission rigorously monitors and ensures that the CTRRO extends all available service as per the Refugees Act to new-comers, to asylum-seekers who applied at other RROs, and to asylum-seekers who wish to join their families in Cape Town, and that migrant rights are fully respected.

There is no doubt that the situation for asylum-seekers in our region is dire, follow our Facebook page for updates.

A Timeline of Refugee Rights in South Africa

What Life Without a Refugee Reception Office Means

For a person seeking asylum access to a Refugee Reception Office is a matter of survival. Without an office in Cape Town, asylum seekers must travel to Pretoria, Durban or Musina every two to six months to renew their papers. This is a journey which must be completed with every member of a family seeking asylum, again and again until their final status can be determined. This is a process which takes five years on average and in some instances up to eighteen or twenty. Last year the Supreme Court of Appeal ordered the Department of Home Affairs to re-open the Refugee Reception Office by 31 March 2018. We have yet to see any signs of this ruling being implemented. This is something which we cannot accept. The Refugee Reception Office in Cape Town must re-open, now.



To date there are no signs of the RRO (Refugee Reception Office) in Cape Town being reopened.



B'H



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DR. TZVI SIMON BRINGS THE HUMAN FACTOR TO SERIOUSLY ILL CANCER PATIENTS AT SHEBA MEDICAL CENTER

BY KEN STEPHENS

Dealing with cancer stricken individuals is a profoundly challenging and delicate issue for doctors treating patients on a daily basis. For Dr. Tzvi Simon, the Director of the Radiation Oncology Department at Sheba Medical Center in Ramat Gan, Israel, providing a friendly smile and an upbeat perspective is a critical component of his job where more than 160 patients are irradiated each and every day (over 2000 per year).

The Sheba Medical Center at Tel Hashomer in Ramat Gan is the largest and most comprehensive medical center in Israel and the Middle East, and is renowned for its compassionate care and leading-edge medicine. It is also a major medical-scientific research powerhouse that collaborates internationally with the bio-tech and pharmaceutical industries to develop new drugs, treatments and technologies, and a foremost global center for medical education.

“My father, who was a top physician in South Africa, was revered for his excellent bedside manner, something that I hope I inherited from him and try to pass on to the doctors on my staff, because in Israel, they don’t always spend enough time teaching this to medical students,” Dr. Simon revealed. “In South Africa, doctors are also taught to be more like detectives, and not just rely on technology. This automatically creates more personal interaction between patients and doctors, and actually helps with clinical education skills.”

Dr. Simon has vast experience in the medical field, having made Aliyah to Israel from Johannesburg in 1978 and serving as a front-line combat physician in the Israel Defence Forces. He’s also honed his medical skills at the University of Michigan in the USA and Hadassah Hospital in Jerusalem. Dr. Simon joined the staff at Sheba Medical Center in 1999.



Dr. Simon’s Radiation Oncology team is part of the medical center’s Institute of Oncology, one of the largest in Israel and renowned internationally for its exceptional clinical cancer care. In fact, the department serves as the forefront of clinical and laboratory research in order to participate in improving the cure of cancer patients, and in reducing the side effects of therapy. Within this realm, Dr. Simon’s department is endowed with cutting-edge medical equipment.

“The main goal of our radiotherapy department is to find effective methods of radiotherapy aimed at the destruction of the source of the cancer without damaging surrounding healthy tissue or organs,” said Dr. Simon. “The radiotherapy department conducts studies of drugs, specifically looking for those drugs that increase the sensitivity and response of cancer cells to radiation therapy and those drugs that will inhibit the growth of cancer that has metastasized. The radiotherapy department also relies on innovative research into the genetic characteristics of tumors to determine the best course of treatment for each patient when it comes to chemotherapy and radiation therapy.”

Most importantly, Dr. Simon has taught his staff to empower patients so that they

know exactly what they are dealing with. “I encourage my staff to engage in eye to eye communication, as medicine should be a dialogue conducted on a level playing field.” Dr. Simon explained. “In general, the goal of our department and Sheba Medical Center, is to offer more personalized medicine, from the humility of the doctor to the actual medical care, which in today’s technological terms can be uniquely personalized based on each patient’s medical history and genetic disposition.”

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CONSCIOUS LIVING



VIEW FROM THE CHAIR



Jewish students take the moral high ground at the University of CT

By Rowan Polovin,
Chairman, SAZF Cape Council

The annual 'Israel Apartheid Week' hate fest was held at the University of Cape Town (UCT) during March. This poisonous event occurs with the University's consent and co-operation at the most strategic and high-trafficked location on campus, and is designed to beguile impressionable students into the vile world of anti-Israel hostility. It is characterised by an atmosphere of anti-Semitism, hatred, intimidation and propaganda, and it is left to a brave Jewish minority on campus to stand up for Israel and Jewish identity.

The UCT Palestine Solidarity Forum (PSF), a BDS-aligned pressure group that organises IAW, erected a large wall at the centre of the University's Jammie Plaza and spray-painted the slogan "From the river to the sea, Palestine will be free". This made

it absolutely clear to anyone with a moment's doubt that this radical group and its allies call for the extermination of the Jewish State. It is coded hate speech that falls outside the ambit of hate speech law, and the University of Cape Town thus permits it under the banner of freedom of speech.

The University also appears to tolerate incitement, since there will likely be no repercussions for the chanting of the slogan "One settler one bullet" at the aggressive anti-Israel rally held during the week. A settler, to the PSF and their allies, is any Jew who lives within any part of Israel, not just the West Bank. It is part of group's magical transformation of the noble quest for Jews to live in their historic homeland into those of "colonialists" and "settlers" and twist history towards their malicious intent. It is part of their desperate attempt to steal South Africa's apartheid legacy away from those who suffered under it, and paint Israel as an apartheid state that is inherently evil and as a consequence should cease to exist. They will appropriate any invogue language representing evil and label Israel as the archetype of it. In the past year, this has been the notion of white supremacy and Israel has thus been depicted as a white-supremacist state. Next year this will no-doubt be whatever hateful term is currently in fashion. The PSF also resurfaced a ceremonial Israeli

flag that was illegally stolen from the South African Zionist Federation during its Yom Ha'atzmaut celebration at the university theatre in 2017. They desecrated the flag of the Jewish State with the spray-painted slogans "Blood on your hands" and "Apartheid State". This aggressive and malicious act is consistent with the unlawful and intimidatory tactics of an organisation that believes that hatred, bullying and bigotry is an acceptable means of engagement. The South Africa Police Service came onto campus and confiscated the stolen flag from the PSF and an investigation is currently underway.

The South African Union of Jewish Students (SAUJS), in contrast, put on a courageous defence of Israel and the Jewish People during the week, and engaged in dialogue and candour with any student that approached them. They succeeded in showing many students that discussion and engagement is the way forward, and not the persistent hatred, intolerance and harassment that emanates from the anti-Israel campaigners. SAUJS gave strength and support to the minority group of Jewish students on campus that they represent, many of whom feel intimidated during the week and hesitate to identify openly as Jews on campus throughout the year as a result.

By witnessing SAUJS being

present and active during the week, Jewish students took comfort and encouragement in knowing that there is an organisation on campus defending their identity, their inherent connection with Israel, and their rights as a minority group on campus and in South Africa. Jewish students will not get such comfort from UCT management, which has shown an unwillingness to enforce its own rules on the protection of such rights on campus, and has engaged ineptly with the Jewish community over these concerns. The way UCT deals with these issues going forward alongside ongoing Israeli boycott campaigns tainting the institution will likely determine the future of Jewish participation at the University.

It is always a difficult time for Jews when their identity is questioned and undermined, but our proud Jews at UCT prevailed and maintained the moral high-ground. UCT ought to cancel an event like this which has nothing to do with freedom of speech, but rather manipulates this liberal value to its own mendacious purpose, creates a climate of anti-Semitism, and does significant harm to good relations between students on campus. Either way, the Jews have shown an exceptional ability throughout history to prevail over their enemies and excel in spite of them, and nothing on Jammie Plaza is about to change that.

SAZF CAPE COUNCIL



Former Miss Israel visits CT

By Julie Berman,
Executive Director, SAZF Cape Council

On 7 April 2018 Miss Israel 2013, Titi Ayenaw, landed in Cape Town for her whirlwind trip to assist the SA Union of Jewish Students during the Israel 'Apartheid' Awareness Campaign. Titi was a hit with the Herzlia pupils who were not only in awe of her height, beauty and warm personality, but also with her life's story from Ethiopia to Israel. Titi addressed a mixed gathering of UCT students on campus as well as engaged with the Jewish community and Christian Zionists at a cocktail party in Sea Point in her honor. Titi was a wonderful Ambassador for Israel conveying an interesting story as well as praise for Israel who gave her opportunities she could never have even dreamed of.



Esta Levitas (deputy chairman of the SAZF) and Miss Israel 2013, Titi Ayenaw

SA FRIENDS OF ISRAEL



Pesach Seder

By Julie Berman,
Executive Director, SAZF Cape Council

During Pesach, we are free to tell our story of our exile from slavery in Egypt and our journey to the Promised Land. We chose to do this with our loyal and true Christian Zionist friends. On Tuesday 27 May 2018, Rabbi Thurgood led us, with charisma and animation that only he can do, through the Haggadah of that journey and explained in detail the reasons for and why we celebrate with all our traditions and of course, delicious food from Norrie Caterers. As we all recited Ma Nishtana, I really wondered "why this night was different from all other nights?" It was different as although we are free, freedom can mean so many different things and have so many different stages. Yes we are no longer in Egypt, but we are still fighting for our Promised Land. As we all recited 'Next year in Jerusalem' I always say: In peace with our neighbours.



Guests enjoying the Pesach Seder

BNEI AKIVA



We Have Been Busy!

By Chanan Suiza,
Chairman

Mini Mach 2018 has been our main focus for the last month. As we all know, camp takes a lot of prep and has many layers. With the wonderful fun that is Mini Mach, we also have the incredible and exciting prospect of new madrichim coming into our system. The Morasha age group (current Grade 11's) are our newest batch, with a record number of 16 madrichim coming into the system who are still inspired after last year's Sayeret Morasha Israel and Leadership programme.

This gave us the opportunity to have a great maddies training session. We prepare new madrichim by educating the fundamentals of being a madrich, this also involves passing over of skills, advice and some pretty hilarious stories. There is always a great atmosphere which arises when senior and junior madrichim get together. From personal experience of being a Morasha maddie, there is a lot of pride to be had when your chanichim become madrichim.

With our Rosh Mini Mach Marc Lipshitz, a great time was had by all. Meals were great (personal opinion of the Rosh Midbach), activities were fun and engaging and Havdallah was magical. With the new madrichim around, this was their first opportunity to put their new skills and training to work, and it was evident to see that the new horizon of madrichim is a bright one.

Mi Anachnu?!
BNEI AKIVA!



Mini Mach!

DILLER TEEN FELLOWS



Leadership Shabbaton

By Lee Lobel,
Programme Co-ordinator

In February, the Diller Teen Fellows set off for Onrus to have their Leadership Shabbaton which was entirely run by the fellows and it was an absolute success.

Kayla Botha, a fellow from Diller Cape Town writes: "Our leadership Shabbaton was definitely one to remember. Not only did it allow us to explore our leadership and management capabilities, but to further bond as a group. Workshops were run by our fellows, making them that much more inspiring and thoughtful, allowing everyone to engage effectively. Ultimately, the leadership Shabbaton provided us with knowledge and skills that we otherwise would not have been exposed to. A true bonding experience."



Diller Cohort 3

HABONIM DROR



April success!

By Jess Levitt,
Mazkira Klalit

April saw our annual Shomrim and Bogrim 1 leadership seminar take place on the Habonim Campsite. Approximately 100 channichim and madrichim came together during the Pesach break to engage with what it means to be in Habonim Dror Southern Africa as well as learn how to become skilful, compassionate and brilliant madrichim.

This year all of the Yom's fell during April, so we were incredibly busy with the various Yom Hashoah and

Yom Hazikaron tekesim across the country as well as celebrating Israel's 70th birthday alongside the rest of the Jewish community on Yom Ha'atzmaut.

At the end of April, this year's Machaneh VP (Steering Committee) began working on Machaneh 2018 and it's promising to look like one of our most exciting and fun filled machanot ever. Keep an eye out for the release of the Machaneh name over the next few weeks!

SAUJS



UCT is no safe space for minority groups

By Nicole Lee,
Director

March saw the annual 'Israel Apartheid Week' take place at UCT this year. This event, which is hosted by the Palestinian Solidarity Forum – an anti-Israel society - is characterised by hatred, intimidation, antisemitism and propaganda. Despite this, SAUJS ran a very successful campaign under the overarching theme of "dialogue, not division" and created artworks to capture attention and generate meaningful discussion.

A week before IAW, SAUJS launched an independent RESPECT campaign to create awareness around discrimination, particularly of minority groups. However, no respect was shown towards Jewish students at UCT when the campaign, and, in particular, the poster defining anti-semitism, was vandalised. SAUJS is still waiting for UCT to take the appropriate disciplinary action. For a full account of this incident, visit our Facebook page (@SAUJSWC).



SAUJS committee members extend a hand of friendship after a gruelling week.



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Years

Consider This

By Rabbi Malcolm Matitiani

Tikkun Leil Shavuot – an opportunity to celebrate a heavenly wedding

The tradition of tikkun leil Shavuot (studying Torah throughout the night of Shavuot) is first mentioned in the Zohar (on Vayikra 23). It records that a select group of people, calling themselves Chasidim, used to stay awake the night of Shavuot learning Torah in order that the bride (the Shechinah) would be adorned appropriately to meet her husband (God) in the morning.

While Rabbinic literature describes the Revelation at Mount Sinai as a wedding between God and the People of Israel, the kabbalists understood the giving of the Ten Utterances (the anniversary of which is celebrated on Shavuot) as a wedding between God and the Shechinah (the Divine Presence). Just as at a Jewish wedding the bride is adorned and praised by her retinue, so the Chasidim would study Torah throughout the night in order to adorn the Shechinah for her 'wedding'.

In the 16th century, Yosef Caro (author of the Shulchan Aruch) brought his custom of staying awake all night on Shavuot studying Torah to the Land of Israel where it became widespread in the town of Sefat. Avraham Gombiner (known as Magen Avraham), a 17th century Polish rabbi and Talmudist opined another non-mystical reason for tikkun leil Shavuot. Basing his explanation on a midrash (Shir HaShirim Rabbah 12:1, 2), Magen Avraham taught that the reason for observing tikkun leil Shavuot is to rectify the error of the Israelites who left Egypt and slept through the night preceding the Revelation at Mount Sinai. The midrash quotes Rabbi Yudan who claims that they slept so soundly that not a flea bothered them. God had to wake them with thunder and lightning (Exodus 19:16). The rebuke of Isaiah (50:2) is viewed by this midrash as a taunt about this mistake on the part of our ancestors: "Why, when I came, was there no one? When I called, was there none to answer?"

Most Jewish communities and congregations around the world observe tikkun leil Shavuot in some form: either studying the prescribed texts as set down by the kabbalists of 16th century Sefat or the amended version of Rabbi Isaiah Horowitz (1555-1630); or studying texts chosen at the discretion of the community or

individuals. The rabbinic meaning of Shavuot as zeman matan Torateinu, "the time of the giving of our Torah" lends itself to the practise of all night study. Just as the



Israelites had to prepare themselves spiritually and emotionally to accept the precepts of the Ten Utterances (Exodus 19:10-13), so each year we prepare ourselves for receiving Torah. We do so by actively engaging with our sacred texts and the commentaries and writings of the sages, scholars, philosophers and thinkers of preceding and current generations.

By studying, discussing and critically analysing the teachings and observations of our predecessors and contemporaries and learning from each other, we adorn our traditions and values as guests at a wedding adorn the bridal couple with song, blessings and festivity. In addition to engaging with the words of Torah we are obliged to infuse our actions and speech with the inherent ethics and morals of Jewish tradition. Shimon HaTzadik (Pirkei Avot 1:2) had good reason to teach that Torah study and acts of lovingkindness are two of the three pillars of Jewish worship upon which the world stands (the third being avodah – service). These bring us closer to God and assist us in our task as partners with God in repairing the world. Such activity should be the regular daily practise of all Jews, indeed of all human beings. It is on the night of Shavuot that we emphasise this ideal by undertaking communal study until "the time to recite the morning Sh'ma has arrived" (the Pesach Haggadah). Just as wedding guests rejoice with the bride and groom, so we rejoice in Torah by studying and debating the words and ideas of our sacred texts. We remain awake determined not to lose the opportunity to glory in the Shechinah. As a form of atonement for our ancestors' lapse we show our determination to grasp the opportunities that life affords us to grow spiritually and intellectually and to make a positive contribution towards the betterment of the world.

Wishing you all Chag Sameach and a meaningful Shavuot.

Bimbam Shabbat for young families

In March, our musical intern, Marshall Voit ran an outdoor fun family Bimbam Shabbat with prayers, songs and challah baking. The morning was thoroughly enjoyed by all — grandparents, parents and kids. Be sure to look out for more of these events at Temple Israel in the future.



Bimbam Challah Bake



Shabbat Morning Bimbam with Marshall

Shavuot
Saturday 19 May @ 6pm
Temple Israel Green Point

Tikkun Leil - all night study
KTA graduation
Quiz Parachute debate
Guest speaker
Annual Cheesecake Competition
Kids activities for all ages

Mazaltov to those who celebrated Bnei Mitzvah with us last month:



Ethan Barham-Smith
7 April



Liam Stewart
14 April

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BURNING BRIGHTLY

SHAVUOT – A CELEBRATION OF DIVERSITY

RABBI SAM THURGOOD [BEIT MIDRASH MORASHA - ARTHUR'S ROAD]

Shavuot is my favourite of all the Chagim. Okay, I will confess that when Pesach was close, I said the same thing about Pesach – and around Sukkot time I tend to think about how much I love Sukkot, but right now, Shavuot is the best of all.

Shavuot is the time in which we celebrate the giving of the Torah. The Kotzker Rebbe, one of the great Chassidic Masters of the 19th century, points out that Shavuot is not when we celebrate receiving the Torah – we receive the Torah every single day as we study it – but we do celebrate it being given 3330 years ago. The reason for this is because the Torah is who we are – it is the essence of being a Jew. In a world of global connectedness and shared consciousness, in which the question of *"What makes me, me?"* is both more important and more difficult to answer than ever before, the Torah provides that answer. As a Jew, Torah is the source of my identity in a way that race, nationality, social status and achievement are not. Torah is both my identity document, and my mission statement.

I remember when I was teaching in Durban and we received a visit from Mr Ralphy Jhirad, a leader of the Mumbai Jewish community. He came to speak at the school at which I was Head of Jewish Studies – a school that was very diverse in its ethnic and religious makeup. In a pronounced Indian accent, Ralphy said the *Shma Yisrael* and told us of Jewish life in India and his international experiences. The point that I made to my students afterwards was that although we look and sound very different, we have a deep and special family connection to Ralphy – through the Torah.

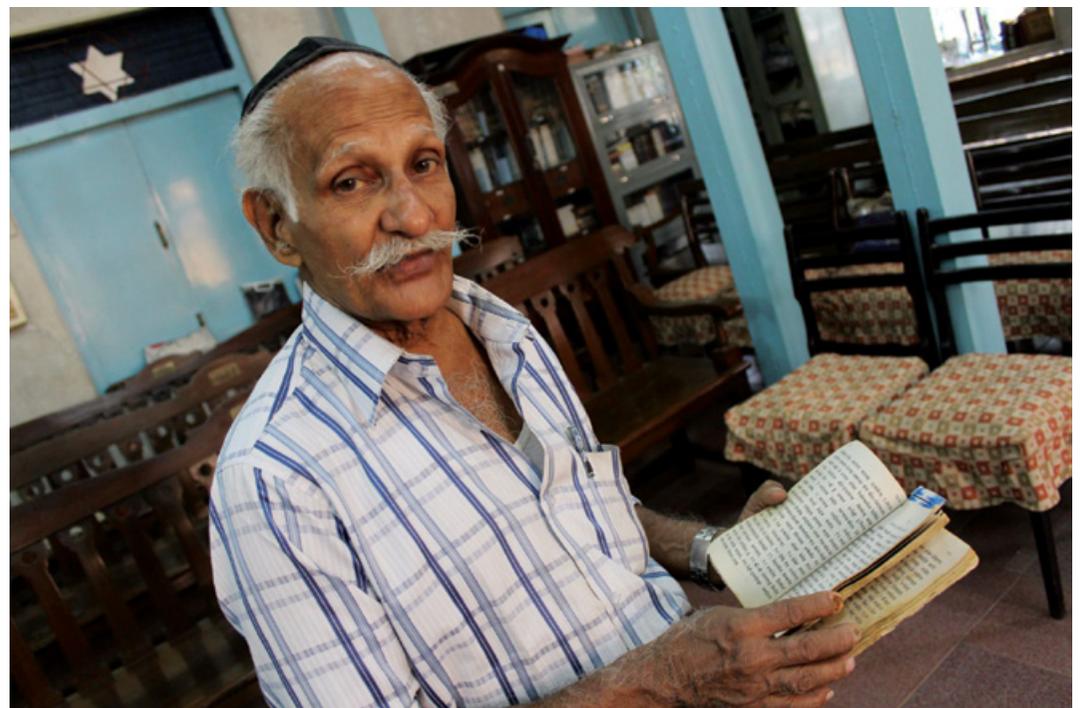
We are bonded together in a covenant of faith and a covenant of fate. Our ancestors stood together at Mount Sinai and declared *"We will do and we will listen."* And we have kept that charge across the four corners of the earth, in different languages and cultures, with different tunes and flavours – but we celebrate the same Shabbat, we study the same Torah, and we long together for the ultimate redemption. Over 1000 years ago, Rabbi Saadia Gaon (the father of Judeo-Arabic literature, amongst other things) declared *"Our nation is a nation only through Torah."* And I truly experience this in

Israel today, seeing the beginning of the biblical prophecies of our prayers coming true as I behold our family coming together from the four corners of the earth.

However, ours is not an exclusive diversity, not a club that only includes some by virtue of excluding others. Rather, through coming together as a Torah nation, a nation as diverse as any that has been in human history, we have the power to contribute to all mankind and all life on earth through the power of Torah that Hashem has given us. It is through Torah that we become 'a holy nation', and through Torah that we will see the fulfilment of the vision of Isaiah 2:4 *"They shall beat their swords into ploughshares and their spears into pruning hooks; nation shall not lift the sword against nation, neither shall they learn war anymore."* How is this great vision to be achieved? Isaiah himself says so in the next verse: *"O house of Jacob, come and let us go in the light of Hashem."*

Shavuot is the day on which we all merit to experience the light of Hashem, the light that uplifts and unifies us, the light that unites and inspires. The light of Torah that makes a nation of diversity, unified.

"The Torah is who we are – it is the essence of being a Jew. In a world of global connectedness and shared consciousness, in which the question of "What makes me, me?" is both more important and more difficult to answer than ever before, the Torah provides that answer. As a Jew, Torah is the source of my identity in a way that race, nationality, social status and achievement are not. Torah is both my identity document, and my mission statement."



Keeping the faith – The Cochin Jews of India continue to practice Judaism today.



Small things make a difference

Time

It is said that time is a man-made concept. I wonder if this is true? I think time began with The Creation, which we find in all things. The year is measured by the changing seasons, and the earth's journey around the sun. Our months are measured by the waxing and waning of the moon. And so we number our days, weeks, months and years with the passage of precious time.

For some years now, I have tried to live by the motto that we should live each day as if it were our last, at the same time planning for the future as if we grasp eternity in the palms of our hands. This quote, by an unknown author describes this in a nutshell: -

Do not look back and grieve over the past, for it is gone.

Do not be troubled about the future, for it has not yet come.

Live in the present and make it so beautiful that it will be worth remembering

Gratitude

Thank you is such an important word that can so easily be forgotten or half-heartedly said. It is something I really try to always say, whatever the assistance is. Therefore, this newsletter gives me the opportunity to give thanks for so much.

My sincere thanks to our valuable committee and volunteers — words are really inadequate to express how much we appreciate everything you do — you give generously and unselfishly of your time and energy in so many ways at each of our branches. Whether it is daily, weekly, monthly or occasionally, your contributions are certainly valued.

Thanks too, to our members who support us by attending the various functions and activities that we organise. We know that you appreciate what we do for you and this is shown by your continued attendance

Our auxiliary staff deserve so much thanks. They are the support of the professional staff and certainly make our lives much easier by being there and assisting in many ways. This organisation is blessed to have professional staff who certainly go far, far beyond what is expected of them to ensure that each and every member is treated with respect and love whenever they attend any event. Home visits, counselling services and advice are all part of the day and nothing is too ever too much trouble. CJSA is certainly like one big family — our members are incredibly warm, mostly enthusiastic and energetic and many of you have taught us so much about life.

Finally, my thanks and much appreciation goes to all of my colleagues for their interest, suggestions, constructive criticism and continued support. Our weekly team meetings give us time to debate, report and generally give and receive advice. It is an incredibly tight-knit group of professionals from diverse backgrounds, beliefs and ages, each with their own families, each having both happy situations as well as being compromised times too, but united in our quest to always give our best even when there are troubles at home.

It is therefore with a heavy heart that we bid farewell to one of our team who has made an incredible mark on this organisation. Social Worker Yvonne Reynolds has worked with the team for three and a half years, running the Southern Suburbs Branch of CJSA. Her incredible warmth, spirit and zest for life, together with compassion and sense of humour has endeared her to every person with whom she has come into contact. She took it upon herself to introduce Ageless Grace exercise classes which have been greatly enjoyed at every branch. The innovative Volunteers Thank You Brunch last year was her brainchild and a much talked about event. She leaves us to pursue her love of working with the deaf, knowing that we will miss her dreadfully, but wish her well with her new endeavour. Thank you, Yvonne, for all you have meant to all of us — we are certainly richer for having had you in our lives — you will always be in our hearts.

Diana Sochen, Executive Director

Just for Today

Smile at a stranger
Learn something new, then teach it to someone
Tell someone you're thinking of them
Don't hold a grudge
Don't be afraid to say "I'm sorry"
Look beyond the face of a person into their heart
Make a promise, and keep it
Stand up for what you believe in
Cherish all your TODAYs

Out and about with members



Sea Point members with Alon Ashel learners



Hillcrest Berry Farm in Stellenbosch. Miriam, Ivan and Ralph Poswel, Bernard and Rose Brenner, Ruth Goldman, Linda and Robert Levin, Judy Kramer, Alma Bur, Pam Poswel, Maureen Nates and Reina Hurwitz

SOCIAL AND PERSONAL

Births

Eleanor Farber—Grandson
Sadie Graziani — Great grandson
Audrey Katz — Great grandson
Rene Kleinman — Great grandson

Bar/ Batmitzvah

Ettie Buch — Great Grandson
Dinky and Lester Braun
— Granddaughter

Engagements

Henny Bernstein — Granddaughter
Ida Surovsky — Grandson

Marriage

Denise Bernstein — Granddaughter
Diana and David Sochen — Daughter

Birthdays

Janie Casper 90th
Doreen Levinsohn 90th
Bessie Gordon 90th

We extend our sincere condolences to members who have recently lost family members:

Harold Gochin — Wife, Adelaide
Michael Jaffe — Sister
Wendy Johnstone — Brother

We extend our sincere condolences to family of members who recently passed:
Joan Knopp

We welcome New Members to the CJSA family:
Shirley Levitt, Cecile Lilian Pelman

Special Events and Outings. Booking essential

Fri 4 May 10.30 Milnerton, **Wed 16 May 10.00** Southern Suburbs and **Fri 25 May 10.30** Sea Point Men's Schmooze: A morning with Adv Paul Hoffman speaking on Ramapholia and accountability R10

14 May Southern Suburbs Outing to Chardonnay Deli R20

17 May Shavuot Tea in Claremont with Rebbetzin Ann Harris speaking on the African Jewish Congress

18 May Shabbat Supper in Claremont: R80 for members R170 non-members

22 May Twilight Supper Sea Point: Jonathan Bloch talking on local market 2018 – R60

24 May Milnerton Twilight Supper with Adv Michael Donen R60



Cape Jewish Seniors



Monday 4

Sea Point 10.00 Talking Point with Colin R10.
11.15 Ageless Grace with Yvonne R20
2.00 Bridge R10
2.00 Bridge classes with Harold R10
2.00 Reminiscing afternoon R10

Milnerton 10.00 Pop In: A morning with Tony Lawrence talking on child protection issues R10
2.00 Musical Appreciation with Doreen Kantor R10

S/Suburbs 9.30 Outing: Tour of CTICC building R20. Tea own account
10.00 Scrabble R5
2.00 Yiddish mit Rita R5

Tuesday 5

Sea Point 10.00 Jenny du Toit speaks on Gift of the Givers and her experience with humanitarian service R10
2.00 Yoga with Leina Sank R10

Milnerton 9.30 Outing: Tour of CTICC building R20 Tea own account
1.00 Kalooki set tables R10
1.45 Line Dancing with Hannah Seinik.

S/Suburbs 9.30 Social Bridge R10 New members welcome
10.00 Kalooki R10
2.00 Knitting Group. All welcome R10

Our CJSA Kosher Kiddush Wine has certainly been a hit this year. Whether it was due to the fact that the wine is Kosher or whether we have had extra support from the community, it has been a wonderful fundraiser and in no time at all we have sold out. Thanks to everyone who supported this project

Monday 11

Sea Point 10.00 Talking Point with Colin R10
11.15 Ageless Grace with Yvonne R20
2.00 Bridge classes with Harold R10
2.00 Bridge R10
2.00 Reminiscing with Hazel R10

Milnerton 10.00 Bnoth Zion
12.15 Milnerton Committee Meeting R10

S/Suburbs 9.15 Outing to Chavonne's Battery Museum R70 incl tea.
2.00 Yiddish mit Rita R10

Tuesday 12

Sea Point 11.30 Pop In: Steve Abrahamse talks Fire Fighting in Western Cape R10
2.00 Yoga with Leina R10
5.30 Twilight Supper with Judge Dennis Davis R60

Milnerton 10.00 Birthday Pop In with Liz Campbell who speaks on her trip to Singapore R20
1.00 Kalooki set tables R10
1.45 Line dancing with Hannah Seinik

S/Suburbs 9.30 Social Bridge R10 New members welcome
10.00 Kalooki R10
2.00 Knitting Group. All welcome R10

Muizenberg 10.30 Pop In with Patti Blamire speaking on Body Stress Release R10

West Coast 9.30 Outing: Tour of CTICC building R20 Tea own account.

Please note that the programme might change. All of our presenters are volunteers and give of their time, however things do crop up and sometimes we have to find replacements at very short notice.

Monday 18

Sea Point 10.00 Talking Point with Roni R10
11.15 Ageless Grace with Yvonne R20
2.00 Bridge R10
2.00 Beginners Bridge with Harold R10
2.00 Reminiscing with Hazel R10

Milnerton 10.00 DVD Morning R10
3.00 Shiur with Rabbi Bernstein R10

S/Suburbs 9.30 Ageless Grace with Yvonne R10
9.30 Outing: Casa Labia Cultural Centre and Cafe. Tea for own account R30

Tuesday 19

Sea Point 10.00 Birthday Pop in: Entertainment by the Companions. R15
2.00 Yoga Classes R10
2.00 Mosaics with Yvette R30

Milnerton 9.15 Outing to Anna Beulah Farm R30. Tea for own account
1.00 Kalooki R10
1.45 Line dancing with Hannah Seinik.

S/Suburbs 9.30 Social Bridge R10 New members welcome
10.00 Kalooki R10
2.00 Knitting Group. All welcome R10

Sunday 10

Milnerton 2.30 Temple Israel Chesed Band entertains R40 including tea

Monday 25

Sea Point 10.00 Talking Point with Marcia R10
11.15 Ageless Grace with Yvonne R20
2.00 Bridge R10
2.00 Beginners Bridge with Harold R10
2.00 Reminiscing with Hazel R10

Milnerton 10.00 Pop In: Sea Rescue and the importance of NSRI on our shores. A morning with Brad Ross R10

S/Suburbs 9.30 Ageless Grace with Yvonne R10
9.30 Outing to Oom Samie se Winkel in Stellenbosch. Tea for own account.

Tuesday 26

Sea Point 10.00 Pop in: Enjoy a reality TV morning with Hymie Liebman R10
2.00 Yoga Classes with Leina R10

Milnerton Bingo and socialising morning with Noah Home. Milnerton members host Noah Home residents at Milnerton R10
1.00 Kalooki R10
1.45 Line dancing with Hannah Seinik

S/Suburbs 9.30 Social Bridge R10 New members welcome
10.00 Kalooki R10
2.00 Knitting Group. All welcome R5

West Coast 9.15 Outing to Suikerbossie Restaurant R30. Tea own acc

DIRECTOR: Diana Sochen 021 434 9691 director@cjsa.org.za ADMIN: Amanda 021 434 9691 admin@cjsa.org.za www.cjsa.org.za

THE CAPE JEWISH CHRONICLE RECORDS ITS APPRECIATION OF

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Events Calendar JUNE 2018



						<p>Friday 1</p> <p>Sea Point 9.30 Shopping with Malcolm R20</p> <p>Milnerton 10.30 Men's Schmooze group with Councillor Stuart Diamond R10</p>
<p>Wednesday 6</p> <p>Sea Point 9.30 Craft morning with Yvette and Jeannette R20 1.45 Bridge and Kalooki R10</p> <p>Milnerton 10.00 Craft R10 10.00 Knitting Morning. Bring your own knitting R10 12.00 Art Class with Karen Cohen R25 2.00 Ageless Grace with Yvonne R20</p> <p>S/Suburbs 10.15 Ageless Grace with Yvonne R15 10.00 Bnoth Meeting</p>		<p>Thursday 7</p> <p>Sea Point 10.00 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10</p> <p>Milnerton 9.30 Kalooki R10</p> <p>S/Suburbs 10.30. Birthday Pop In with entertainment by the Companions R20 1.00 Bridge and Kalooki R10</p> <p>West Coast 11.30 Pop In: A morning with Albert Glass Pharmacist, Toast Master and organiser of One to One R10</p>		<p>Friday 8</p> <p>Sea Point 9.30 Shopping with Malcolm R20 10.00 Manicures with Adele R100. Booking essential.</p>		
<p>Wednesday 13</p> <p>Sea Point 9.30 Outing: Tour of CTICC building R20. Tea own account. 1.45 Bridge and Kalooki R10</p> <p>Milnerton 9.30 Craft R10 10.00 Knitting Morning. Bring your own knitting R10 12.00 Art Classes with Karen Cohen R25 2.00 Ageless Grace with Yvonne R20</p> <p>S/Suburbs 10.00 Men's Schmooze group with Councillor Stuart Diamond R10 10.15 Ageless Grace with Yvonne R20</p>		<p>Thursday 14</p> <p>Sea Point 10.00 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10</p> <p>Milnerton 9.30 Kalooki R10</p> <p>S/Suburbs 10.30 Pop In: A morning with Tony Lawrence talking on child protection issues R10</p> <p>West Coast 10.30 Pop In: Sea Rescue and the importance of NSRI on our shores. A morning with Brad Ross R10</p>		<p>Friday 15</p> <p>Sea Point 9.30 Shopping with Malcolm R20</p>		
<p>Wednesday 20</p> <p>Sea Point 9.15 Outing to Suikerbossie Restaurant R20. Tea own acc 1.45 Bridge and Kalooki R10</p> <p>Milnerton 10.00 Craft R10 12.00 Art Classes with Karen Cohen R25</p> <p>S/Suburbs 10.15 Ageless Grace with Yvonne R15 18.00 Twilight Supper: An evening with Advocate Michael Donen R60</p>		<p>Thursday 21</p> <p>Sea Point 10.00 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10</p> <p>Milnerton 9.30 Kalooki R10</p> <p>S/Suburbs 10.30. Steve Abrahamse talks Fire Fighting in Western Cape R10 1.00 Bridge and Kalooki R10</p> <p>West Coast 11.30 A morning with Rev Derek Pratt speaking on Family History R10</p>		<p>Friday 22</p> <p>Sea Point 9.30 Shopping with Malcolm R20</p>		
<p>Wednesday 27</p> <p>Sea Point 9.30 Outing to Anna Beulah Farm R30. Tea own account 1.45 Bridge and Kalooki R10</p> <p>Milnerton 9.30 Kalooki R10 10.00 Craft Morning R15 2.00 Art Classes with Karen Cohen R25 2.00 Ageless Grace with Yvonne R20</p> <p>S/Suburbs 10.15 Ageless Grace with Yvonne R15 12.00 Light Lunch and Movie: Tony Bennet <i>The Art of the Singer</i> R30</p>		<p>Thursday 28</p> <p>Sea Point 10.00 Yiddish mit Veronica R10 11.15 Exercises with Mariamne R10 1.45 Bridge and Kalooki R10</p> <p>Milnerton 9.30 Kalooki R10 18.30 Twilight Supper An evening with Dr Tzili Reisenberger R60</p> <p>S/Suburbs 10.30 Pop In: A morning with Albert Glass Pharmacist, Toast Master and organiser of One to One R10</p> <p>West Coast 10.00 Art with Sharon Lopis R35</p>		<p>Friday 29</p> <p>Sea Point 9.30 Shopping with Malcolm R20 10.30 Men's Schmooze group with Councillor Stuart Diamond R10</p>		
<p>www.cjsa.co.za Facebook: Cape Jewish Seniors Association — CJSA</p>						

SOCIAL WORKERS: **S/Point:** Monique Nieuwenhuys 021 434 9691; **Milnerton:** Hajjera Safidien-Maloon 021 555 1736; **S/Suburbs:** 021 761 7960; **W/Coast:** Melanie van Emmenes 074 405 5186

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JCS @ Work Anxiety disorders in children

Anxiety runs in families and is increasing in children in South Africa. Anxiety falls on a continuum with worry being a lower level and panic being the worst:

WORRY	FEAR	PANIC
-------	------	-------

Anxiety in children can present as worry, fear or shyness and this can lead to children coping by avoiding certain situations.

Physical Symptoms of Anxiety include heart palpitations; sweating; tension and pains; heavy and rapid breathing; dizziness; fainting; indigestion; diarrhoea; and, stomach aches and sickness (especially in young children). Psychological signs of anxiety include mind going blank; fear that something bad is going to happen; catastrophising (mother arrives 10 minutes late and the child thinks she may have died in an accident); inability to control thoughts or to relax; feeling out of control; difficulty falling and staying asleep; and, perfectionism.

A child needs to be carefully assessed to ascertain whether they are suffering from an anxiety disorder. Symptoms of anxiety often overlap with ADHD, Autism spectrum disorders, bi-polar disorder, obsessive compulsive disorder and even depression.

There are different types of anxiety disorders. Separation Anxiety Disorder (developmentally inappropriate fear or anxiety regarding separation from someone to whom the child is attached. Selective Mutism (consistent failure to speak in certain situations); Specific Phobia (such as fear or anxiety about flying, heights, animals, injections, blood or even using lifts — these fears are normal in pre-school children); Social Anxiety Disorder (fear or anxiety around social situations with adults and peers — speeches, eating or drinking, having a conversation); Panic Disorder (surge of intense fear reaching a peak within minutes); Agoraphobia (fear or anxiety of using public transport, being in open or enclosed spaces, standing in queues or in crowds, being outside of the home alone) and, Generalised Anxiety Disorder (excessive anxiety lasting more than six months about work or school performance).

The parenting style of the anxious parent can include representing the world as dangerous to the child, the parent conveying to the child that they are not sure if the child is up to the task, saying

that a child's best efforts are not good enough or doing everything for the child. All these methods can lead to the child becoming anxious, however there is good news! Parents of anxious children are more compliant than with other conditions. With anxiety disorders it is important to first look at behavioural changes before moving onto pharmaceuticals as behavioural changing methods are mostly effective with anxiety disorders.

It is important to treat severe anxiety in children as this can affect their confidence, self-esteem and emotional well-being and lead to negative coping mechanism being adopted which can affect their ability to function. Anxiety should first be treated with therapy for the child and support for the family. Involving the child's teacher is crucial. Medications can also be considered if necessary.

Parents can assist their children by sticking to a routine. They can help children identify their worries and anxiety symptoms and problem solve fears with the child. Instead of saying it is OK to not go to the party, the parent could ask what would make you feel safe, for example having a predetermined message the child could text you if they want to be collected. Place a worry box in the house and ask your child to draw or write the worry down and post it in the safe box. Parents also need to prepare children for changes such as a house move or new guests arriving for lunch or to stay. Tell them what the new situation is, when it will happen, what it will be like, so they expect the changes rather than having to endure them. Teach the child breathing techniques or counting techniques to distract them or play games with them in the car on the way to a party to alleviate anxiety. Other techniques are available on MoodCafe: <http://www.moodcafe.co.uk/for-children-and-young-people/relaxation-for-children.aspx>

Should any of the above resonate with you and you are not sure where to turn, please contact the intake social worker at JCS 021 462 5520. After an initial assessment of your situation, appropriate support services and professional interventions can be put in place.

Family Announcements

CONDOLENCES — THANK YOU

JUDY BENJAMIN (3.12.1935 – 1.03.2018)

On behalf of the Benjamin / Jaffe families we would like express our heartfelt thanks to everyone who gave us their support during this very difficult time.

We are appreciative of the services rendered by Rabbi Wineberg of the Marais Rd Shul and Rabbi Green of the Constantia Hebrew Congregation. We would also like to thank friends, community and family members for their visits, messages and meals, and support of the prayer services during the week of Shiva.

Our mother, sister, aunty and grandmother will be sorely missed by all who knew her. She was a very special person.

Shawn, Anton, Anne, and Louis Benjamin and families
Michael Jaffe and family

To place a family announcement, email: chron@ctjc.co.za
or phone Tessa 021 464 6736 (am)

Israeli summer will be two months longer by 2100

By Israel21c

A new study predicts an extended hot season in the eastern Mediterranean that will impact regional ecosystems and human health.

Summer in the eastern Mediterranean is already a brutally hot dry period of four months, with steady temperatures in the high 80s and 90s. Now, a new study says that by 2100, climate changes caused by global warming will extend the region's summer season by two full months.

"Our research shows that the climate changes we are all noticing today are likely to intensify in the coming decades," said Assaf Hochman of Tel Aviv University's School of Geosciences, who led the research. "It is very important to understand this to try to prevent the deterioration as much as possible, or at least prepare for the change."

Winter, which is the region's rainy season, will accordingly shorten from four to two months, the study says. The research is based on global climate models and points to an expected rise in greenhouse gases as the main driving factor of the seasonal changes.

The study, published in the International Journal of Climatology, was overseen by Prof. Pinhas Alpert and conducted by Hochman, Tzvi Harpaz and Prof. Hadas Saaroni, all of TAU's School of Geosciences.

Using an algorithm developed by Alpert, the scientists examined the impact of human behavior on climate in the eastern Mediterranean region — an area that covers Israel, Egypt, Jordan, Syria, Lebanon and southern Turkey — and came to disturbing conclusions.

"Pending no significant change in current human behavior in the region, the summer is expected to extend by

25% by the middle of the century (2046-2065) and by 49% until its end (2081-2100)," Hochman said. "The combination of a shorter rainy season and a longer dry season may cause a major water problem in Israel and neighboring countries."

Hochman added that serious consequences are foreseen that have the ability to significantly impact lives: shrinking and degrading of water sources and their quality, increased risk of brushfires, worsening pollution and altered timing and intensity of seasonal illnesses and health hazards.

"One of the main causes of these changes is the growing concentration of greenhouse gases emitted into the atmosphere as a result of human activity. We have sought to examine what is expected in the 21st century as a direct result of the greenhouse effect on the climate," said Hochman.

In an attempt to minimize the effects of climate change on the region, the research team is currently exploring the possibility of establishing a multidisciplinary regional center for climate adaptation.

Alpert's climate-change research projects involving Americans, Europeans, Jordanians and Palestinians have been featured several times in ISRAEL21c.

Already in 2014, Alpert told ISRAEL21c that he was worried about the effects of climate change on sub-tropic areas, including the Mediterranean region. He predicted reduced rainfall and increases in heat and drought.

"Nearly all the models show that rainfall is going down, and at the end of this century we will have reductions, a reduction that we already see here in the last 30 and 40 years. We are just at the beginning and the models predict it will be much worse," Alpert said.

DID YOU KNOW?

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THE ART OF PERFORMANCE

More than just bad optics on immigration?

By Jonathan S. Tobin

Netanyahu's African migrant flip-flop was an embarrassment. But Jewish groups' criticisms say more about American sensibilities than the merits of the case.

Israeli Prime Minister Benjamin Netanyahu has had a lot of bad days recently. But the humiliating spectacle of his April 2nd flip-flop on a deal cut by the Israeli government with the United Nations for dealing with African migrants was a recent low point.

However, the question facing friends of Israel about this incident is not how it will affect the prime minister's future but whether the bad optics of the move threatens the country's ability to rally Diaspora support.

After months of absorbing criticism over plans to deport the 39,000 Africans who had entered the country illegally, Netanyahu seemed to have found a way out of a dilemma that had created awful public relations for the Jewish state.

The deal with the United Nations High Commissioner for Refugees (the U.N. agency that deals with all non-Palestinian refugees) would have involved Western nations granting asylum to approximately 16,000 of the migrants while the rest would remain in Israel.

However, within hours of announcing the deal, Netanyahu reneged on it.

Furious pushback from grass roots members of his Likud Party and his right-wing coalition partners over what they saw as Netanyahu's betrayal of the country's interests soon followed. Weakened as he is by the corruption charges hanging over his head, the prime minister felt he had no choice but to reverse course. That left Netanyahu looking like a man interested in nothing but in holding onto office.

In response, Netanyahu lashed out at left-wing supporters of the migrants, particularly the New Israel Fund. While the NIF — which funds some pro-BDS and other groups that are viciously anti-Zionist as well as many other Israeli groups that deal with domestic political debates — is unpopular, the issue here isn't so much about them as it is about the potential cost of a controversy that, notwithstanding the merits of the case, makes Israel rather than just the prime minister look bad.

While Netanyahu ought to be

embarrassed by acting like a weathervane, it's also true that most Israelis are not far from unsympathetic to efforts to enforce the law and deport those who entered the Jewish state illegally. That's in stark contrast to the strong criticism that Netanyahu has gotten on the issue from a wide array of Diaspora groups.

Criticism isn't limited to groups directly aligned with the Israeli left on security issues like the NIF. The leaders of both Reform and Conservative Judaism in the United States

— which together represent the overwhelming majority of affiliated American Jews — condemned the government's policy and called for the illegals to be granted asylum.

Nor was this reaction confined to religious groups. Anti-Defamation League CEO Jonathan Greenblatt had likened the African immigrants to the Dreamers, the group liberals have embraced as part of their in opposition to the Trump administration. Even more damaging

was his claim that deporting the migrants would make Israel appear racist.

Others make direct analogies to the plight of Jewish refugees fleeing for their lives during the Holocaust.

That's a stand that diminishes the enormity and the historical uniqueness of the Shoah in a way that would be labeled anti-Semitism in another context. The migrants were not marked for death as Jews were and no one who hides them is in any danger.

Though many African migrants are now seeking asylum, few fit the traditional definition of someone fleeing threats to their lives.

Most came to Israel seeking a tiny island of prosperity, not a refuge from imminent death. If their only need was for a safe haven, they might have ended up in any number of African countries closer to their homes.

It was Israel's first world economy



African migrants gather during a protest outside the Supreme Court in Jerusalem on 26 January last year

that attracted them.

Moreover, those who speak up for the migrants seem indifferent to the cost of this illegal immigration on the south Tel Aviv neighborhoods where they have gathered — and whose original residents were at the forefront of the pressure on Netanyahu. That already poor section has been further devastated by the arrival of a population that has no legal work and who strain the city's already overburdened resources.

The absurdity of asking the tiny Jewish state to solve the economic and security problems of the vast African continent seems to be lost on many who seem more interested in accusing Israelis of racism than anything else.

While some assert that Israel ought to act like a normal liberal democracy and accept as many refugees as possible, it is not unreasonable to argue that the country's specific purpose as a haven for Jews should take precedence.

But while supporters of granting asylum to the Africans haven't made much headway among Israelis, many American Jews, including some of the most ardent advocates for Israel like Alan Dershowitz, believe Israel is in the wrong.

And that is a problem that neither Netanyahu nor his defenders can ignore.

As much as criticisms of Israel's policy toward the migrants are

hypocritical and unfair, the immigrant experience and sympathy for newcomers is at the core of American Jewish identity. For Americans who favor 'sanctuary' in their own country for illegal immigrants, the notion of denying asylum to anyone, let alone Africans, is tantamount to Israel trashing their idea of Judaism.

Immigrants may have built Israel, but that does not deprive it of the right to decide who may enter the country and who may stay, especially when the arguments for asylum are

weak. But the sympathy for African migrants and the notion that deporting them is contrary to Judaism no matter what the facts of the case might be, is a powerful argument that can undermine support for Israel perhaps even more than arguments

about settlements.

The bad optics of Netanyahu's zigzag policy aren't so much about a weak prime minister as they are about a Jewish state that needs to try to balance the need to avoid antagonising

Diaspora supporters with the imperative to defend its sovereignty. Right now, that seems to be just one more intractable problem that seems beyond the capacity of its leaders to solve.

Jonathan S. Tobin is editor in chief of JNS — the Jewish News Syndicate. Follow him on Twitter at: @jonathans_tobin.

Criticism isn't limited to groups directly aligned with the Israeli left on security issues like the NIF. The leaders of both Reform and Conservative Judaism in the United States — which together represent the overwhelming majority of affiliated American Jews — condemned the government's policy and called for the illegals to be granted asylum.

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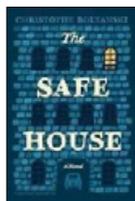
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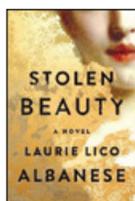
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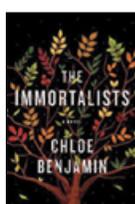
FICTION



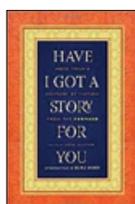
THE SAFE HOUSE by CRISTOPHE BOLTANSKI. Three generations of Christophe's family lived in isolation in their Parisian mansion. Reigning over them was their disabled grandmother. Boltanski's grandfather divorced his wife as the Nazis arrived in France, returning to hide for the duration of the war. The portrait of the family fluctuates between darkness and light, melancholy and joy.



STOLEN BEAUTY by LAURIE LICO ALBANESE. This historical novel intertwines the drama of two extraordinary women Adele Bloch-Bauer and her niece Maria Altmann. It flips from the glamorous wealthy world of early twentieth century Vienna to the darkening years of the Nazi occupation. Chapters are skilfully narrated bringing to life the story behind Gustav Klimt's remarkable painting.

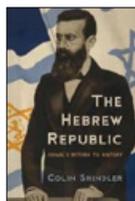


THE IMMORTALISTS by CHLOE BENJAMIN. A mystical story of the four adolescent Gold children who secretly visit a travelling psychic. She predicts the exact dates of each one's death. Spanning 50 years, Benjamin reveals how they find love and suffer loss living with the knowledge of when they will die. Each chapter focuses on one sibling taking the reader on their different paths.



HAVE I GOT A STORY FOR YOU edited by EZRA GLINTER. This Yiddish collection of fiction from the Forward spans the era from before the First World War to modern times. Most have never been translated into English before. Dara Horn explains in her introduction that it is a panoramic view into the funny and bittersweet experiences of Ashkenazi Jews — a real mechayah.

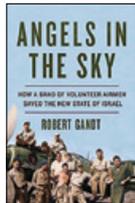
ISRAEL



THE HEBREW REPUBLIC by COLIN SHINDLER. Drawing on his reviews, interviews and essays, Shindler has interwoven into thematic sections the history of Israel in a vivid manner. He has blended peace seekers, militarists, believers and atheists, socialists and capitalists. One section chronicles Israel's links with pariah regimes from apartheid South Africa to Pinochet's Chile.



RABBI SHEAR YASHUV COHEN: BETWEEN WAR AND PEACE by YECHIEL FRISH and YEDIDYA HACOHEH. As a descendent of Torah luminaries, Rabbi Cohen was born into greatness in 1927 and soared with it studying under Rabbi Kook. During the 1948 War of Independence he was severely wounded and imprisoned in Jordan. After his return, he became IDF chaplain, then Chief Rabbi of Haifa. An inspirational rabbi who loved Jerusalem and his people.

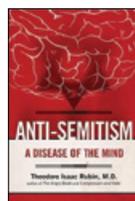


ANGELS IN THE SKY by ROBERT GANDT. The stories of heroic American airmen who risked everything to fight for Israel in its early years when it was under siege from the Arab states. Gandt captures the spirit that animated these fighter pilots who had to find countries to sell them planes often violating the embargo of shipment of these to Israel. An untold war story of the past.

HOLOCAUST



SOMETHING BEAUTIFUL HAPPENED by YVETTE MANASSIS CORPORON. Seventy years after her grandmother hid a Jewish family on the Greek island of Erikousa, Yvette managed to reunite with their descendants in Israel. Days after this, her cousin's child was tragically gunned down in Kansas by a Neo-Nazi. A heartfelt story about kindness and courage to face great evil.

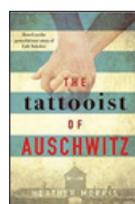
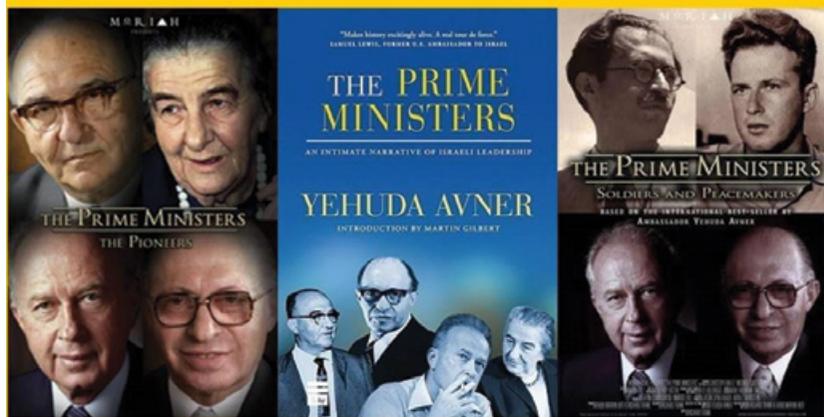


ANTI-SEMITISM: A Disease of the Mind by THEODORE ISAAC RUBIN. Psychiatrist, Dr Rubin, centres his work on the psychodynamics of bigotry and anti-Semitism. He learnt from childhood onwards that deep-seated prejudices can only be treated by understanding the source. Rubin sheds light on one of mankind's most destructive illnesses, offering hope and healing for the future.

DVD OF THE MONTH

NEW DOCUMENTARY FILMS

Based on the bestselling book by Yehuda Avner, *The Prime Ministers: An Intimate Narrative of Israeli Leadership*

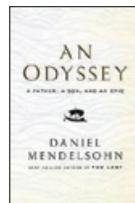


THE TATTOOIST OF AUSCHWITZ by HEATHER MORRIS. This is the heart wrenching story of Lale Sokolov and Gita Fuhrmannova who survived Auschwitz. Lale was the predominant tattooist of the camp when he fell in love with Gita. Amidst the calculated brutality of the camp, Lale provided selfless acts of love helping many. Their shared past remained secret for seventy years.



THE SEVEN: A FAMILY HOLOCAUST STORY by ELLEN G. FRIEDMAN. The title is derived from the closeness that set Friedman's family apart from many other refugees in the Gulags. She provides a glimpse into the repercussions of the Holocaust felt by one extended family who survived because they were loyal to each other, lucky and enterprising. She blends past and present experiences.

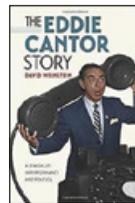
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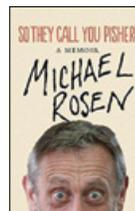
AN ODYSSEY: A FATHER, A SON AND AN EPIC by DANIEL MENDELSON. When 81 year old Jay Mendelsohn enrolls in his son Daniel's seminar on the Odyssey, the two find themselves on an emotional, intellectual adventure. They explore Homer's work in the classroom followed by a journey retracing Odysseus's steps. A moving memoir not only about this legend but fathers and sons.



JULIUS ROSENWALD by HASIA R. DINER. This is the biography of compassionate multimillionaire Rosenwald, one of the greatest philanthropists devoted to the idea of repairing the world tikkun olam. Rising from humble beginnings he successfully headed one of America's largest companies Sears Roebuck. Rosenwald supported both Jewish and African American causes.



THE EDDIE CANTOR STORY by DAVID WEINSTEIN. An illustrated biography of one of the most important entertainers of the twentieth century. Catching Ziegfeld's eye, his rag-to-riches stage career began and he starred in theatre, film, radio and television culminating in his blackface performances. Weinstein documents his life as performer, philanthropist and activist.



SO THEY CALL YOU PISHER! by MICHAEL ROSEN. In this humorous memoir, Children's Laureate, Rosen, discusses the first twenty years of his life. The book is a tribute to his parent's achievements as educators and his own attempt to investigate family secrets. From his writing it is clear that although he is not a Zionist, he has always cherished his Jewish roots and our rich Yiddish culture.



SUNDAY 17 JUNE 2018

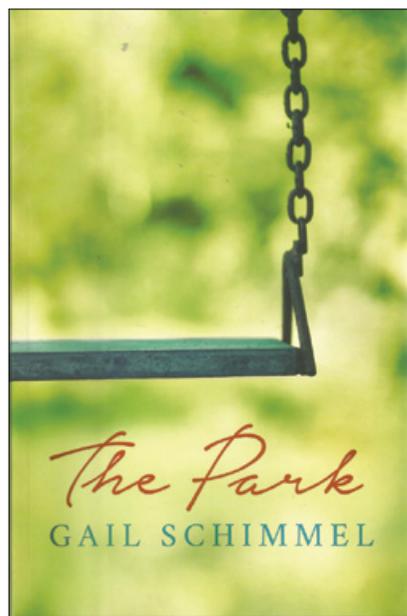
Gail Schimmel — Juggling the words

In conversation with Beryl Eichenberger

An introduction to Gail Schimmel's novels had me devouring all three within a very short space of time and wanting more. Insightful, unpredictable and cleverly plotted they are at once stories of very real situations and how we resolve them but always with a twist that keeps you guessing. Never formulaic Gail has an extraordinary talent for producing page turners and how she does it amidst her hectic schedule is nothing short of amazing.

Born and bred in Johannesburg, she happily admits that she has lived in the same small section all her life and loves it; 'We have the best weather and warm people and great schools.'

By day, Gail is the CEO of the Advertising Standards Authority (ASA) and a qualified attorney.



She runs her own consultancy as a specialist in advertising law and lives in Craighall with her family. By night she is a mother of two children. She's not really sure when she finds time to write a children's book, three novels (Marriage Vows (2008), Whatever happened to the Cowley Twins? (2013) and 'The Park' (2017) and a text book. If you could explain it to her, she'll be very grateful.

Delightfully candid, Gail's obvious talent for words stems from an early age having written stories since she could put pen to paper. She didn't become a writer up front once her father, an artist, told her it was very hard work because you have to rewrite and edit. She chose law:

'I started out studying law and psychology with a view to being a psychologist — but law was really easy for me for some reason, and because I am very lazy, I chose the easy option. I kept changing my mind — and as a result I have four degrees. They are only useful in arguments.

I now have my dream day-job as the CEO of the ASA — it is challenging and difficult and some days I want to cry — but I love it.

Unfortunately, it isn't leaving me time to breathe, let alone write much.'

So how does she juggle her time and put the words on the page? 'Theoretically, I write 500 words first thing in the morning at the start of my work day. I should be doing it now, actually. But this is strictly theoretical at the moment.

This week, I wrote 'Start with the joy' in my diary to inspire me to write before anything else... Hasn't

worked.'

Each of her books are quite different; her work in law and decision making contributing somewhat to her character's careers: 'Marriage Vows' explores secrets within a marriage, the passing years and decisions; 'Whatever happened to the Cowley Twins' — an unsolved disappearance of twins decades ago, the brother left behind, a very curious reporter and connections; 'The Park': young mothers, friendship that is not always what it seems and a chilling twist. Gail uses her psychology training to clever effect.

She says that 'stories are everywhere. Often they seem to hover

around my toes in the bath. But lots of ideas don't have a book in them. There is a particular feeling I get when I know that I have found a book — and that is a lot to do with being able to see the whole skeleton of the plot arc. I am a plotter — I need to know how a book ends or I get lost on the way. There are a few half written things which fizzled out because I didn't know where they were going.'

Luckily for readers she did find her way and a new novel is in the works and will hopefully be on the shelves early in 2019. She tells me that her stories always start from the "what ifs" in real lives. The new novel is provisionally called The Accident, and is about the lives of a woman and her daughter after an accident when the daughter is a baby changes their lives completely. It has some twists

This week, I wrote 'Start with the joy' in my diary to inspire me to write before anything else... Hasn't worked.'

... 'stories are everywhere. Often they seem to hover around my toes in the bath. But lots of ideas don't have a book in them.'



and turns that she hopes surprise the reader.

And using social media to connect with her readers? 'Tweeting is fast, immediate feedback, and allows me to keep in touch with my readers. I love Twitter — I really do — although I also love the peace of Instagram where no-one has political fights. I use each platform slightly differently — which is why I don't accept strangers'

Facebook requests. I do have a writer page people can follow.'

As a thriller junkie my final question was to ask her if that was on her schedule — an enigmatic 'I think

that the one after 'The Accident' might have a thriller element to it...' was the answer.

Whatever comes after we can be assured that despite Gail's busy life her focus will be sharp, highly readable and thought provoking.

Gail Schimmel will be at the Cape Town Jewish Literary Festival on 17 June

For more information: www.jewishliteraryfestival.co.za

Bookings via Quicket: www.quicket.co.za



HERZLIA IN FOCUS

Our Pesach Story

Geoff Cohen
Director Education, UHS

Blood, fire and columns of smoke – blood, frogs, vermin, beasts, cattle disease, boils, hail, locusts, darkness and the death of the first born – there is no shortage of drama in the story of our Exodus from Egypt and liberation from slavery. This year was certainly no exception when it came to the annual Pesach Seders across our 10 Herzlia school campuses. The Pesach story came to life from the Pre-Primary Schools to High School, with creativity and imagination.

The halls and corridors of Herzlia were filled with the happy sounds of Pesach as the songs of celebration echoed around the schools. From Chai2Chai – 18 months to 18 years our pupils, some dressed as slaves, went through the Haggadah singing all of our favourites; 'Manishtana', 'Let my people go' and 'Echad mi Yodei'a', ending with a Pesach meal of eggs in salt water, chicken soup and *kneidlach* and for dessert a sweet treat of chocolate mousse.

The halls were beautifully decorated by our PTA mothers who worked hard setting tables and preparing the Pesach meals. A huge thank you to all our teachers and parents who made this wonderful Pesach celebration possible.

“Pesach is the most universally celebrated of all festivals on the Jewish calendar. The story that Pesach commemorates is timelessly enduring. For generation after generation the retelling of the details of the struggle for our freedom, of our Exodus from Egypt, of our receiving the Torah at Mount Sinai, and of the birth of our Jewish nation, has remained freshly topical and inspiring.”

Mark Todes (The Herzlia Haggadah - 4th Edition)



Constantia Primary: Order of the Seder.



Constantia Primary: The meal is served.



Highlands Primary: Seder in the High school hall – chicken soup and *kneidlach* are served.



Sarah Bloch Daycare: Seder time in Suzie's class.



Kerem Pre-Primary: Pharaoh, Baby Moses and the Israelites.



Gan Aviv Pre-Primary: Making matzah.



Alon Ashel Pre-Primary: This is the matzah.



Weizmann Primary: Seder plates all lined up.



Highlands Primary: Check this out; Mr Ford's at my table.



Middle School: I know one...



High School: Rabbi or Pharaoh Cannon?



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Rebecca Lieberman (Grade 2, Herzlia Constantia).

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For more information please contact Amanda Zar on +27 21 286 3472 or email azar@herzlia.com

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My Zionist Dream

By Harris Green

The State of Israel is celebrating its 70th birthday. Telfed is also in the midst of staging a series of events to commemorate its 70th anniversary.

To put things into perspective, I'm two years older than both of them and I consider myself privileged to be living my life in parallel to this remarkable chapter in Jewish history.

Without the State of Israel, my Zionist dream would have remained just that. Without Telfed's helping hand and Israel's remarkable immigrant absorption infrastructure, I could never have acclimatised to an environment so different to the one in which I was raised. I was given the tools at a crucial stage in my life to maximise the opportunities afforded to me to fulfill my Zionist dream.

As a youngster growing up Cape Town, I was burdened with my own identity issues. Was I South African Jew or was I Jewish South African? South Africa was plagued with the injustices of Apartheid. Change was essential. I had a role to play. In its first 19 years — less than a generation after the Holocaust had claimed the lives of one third of our People — Israel had fought three major wars. Its future couldn't be

taken for granted. I had a role to play. These were the challenges I encountered. I had to step up to the plate. But which plate? I couldn't be in two places at the same time. The Six Day War resolved my dilemma.

Phyllis and I made Aliyah 48 years ago. Our Aliyah was ideological. We immigrated to Israel. We never emigrated from South Africa. We came because we wanted to come, not because we had to leave. True, there were push factors but, for us, the pull factors clearly prevailed.

We were amongst the first in our family and circle of friends to leave the comforts and tranquility of Cape Town. Leaving our dear parents, our close-knit families and a large circle of friends was heart wrenching. I was 24. Phyllis was 21. We'd only been married 6 months. In many ways, it was the sort of gamble that younger, less mature people make without giving adequate consideration to the risks and consequences of their actions.

The past 48 years have been a riveting experience. We've had our ups and downs. We've experienced wars, intifadas and long periods of uncertainty.

For me, Israel's greatest achievement has been her ability

to successfully integrate Jews from more than 90 different countries and transform them into useful citizens. This intriguing cocktail with its different cultures, languages, customs and political traditions was, and remains, a formidable sociological challenge. The Hebrew language — indigenous to the Jewish people and the Land of Israel — was reborn. Nothing short of a miracle.

We've experienced enormous change in Israel. We waited eight years for our first telephone. Today, issues like this are resolved within hours. Service providers are infinitely more service orientated than they were 48 years ago. Israel's sophisticated road and rail systems have shortened travel times while enhancing accessibility and road safety. The skylines of Israel's cities have changed her horizons. Her water technologies have changed her landscapes. Her health system has advanced the life expectancy of her citizens.

Israel has a robust economy. Her military capabilities are formidable. They have to be. In this neighbourhood, you can't survive without them. Israel merits its reputation of being the world's Start-Up Nation. Her people are



her most valuable resource. Israel's technologies are innovative and game-changing. Her citizens enjoy a standard of living comparable with any Western country.

Like everything else in life, there are things that could and should have been done differently but our half-filled glass periodically overflows. We're proud of what we've achieved in the short space of 70 years.

Whether we, personally, made a difference to Israel's unqualified success is debatable but we feel we made a contribution, albeit small, to Tikkun Olam. I guess this sense of self-satisfaction is the most we could have realistically hoped for. We are indeed fortunate to be living our lives at this time in history. Mick Jagger couldn't "get no satisfaction". We did. We fulfilled our Zionist dream.

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“ An insightful exhibition particularly apt for South Africa in such a time as this.” *High School Teacher - Cape Town*



The exhibition is now at the Stellenbosch University Museum and will return to Cape Town in December 2018

Stellenbosch University May Programme

Monday 7 May, 3-7pm	Disability Panel ; Beyond the right to life: Disability: Personhood & Participation Prof Leslie Swartz (chair), Dr Brian Watermeyer, Assoc. Professor. Judith Mackenzie and 2 others
Tues 15 May, 6:30pm	“Skin” Screening the story of Sandra Laing with Q&A with Bonita Bennett of the District Six Museum
Monday 28 May, 6:30pm	Close of the exhibition Professor Pumla Gobodo-Madikizela (Stellenbosch University)

For enquiries contact Ulrich Wolff at Stellenbosch University Museum uw2@sun.ac.za or Tel: 021-808 3029

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Why should the law be involved in sport?

By Anton Katz

My late father loved nothing better than to take to me to watch Western Province take on Transvaal or Northern Transvaal at rugby at Newlands.

I cherish these memories. We went almost every Saturday to Newlands to watch club rugby and loved watching provincial cricket at Newlands as well. When I took my oldest son to the 3rd Proteas/Australia Test last week my memory went back to my dad taking me as a small boy to two days of the 1970 Cricket Test between South Africa and Australia.

As amateur sport in South Africa during the 80s and 90s became professional in the era of Naas Botha and the du Plessis brothers (Micheal and Carel) the stakes for the players, fans, sponsors and all others became exponentially higher and more intense. No national or provincial player could perform his or her sport satisfactorily and at the same time hold a full time decent job. Livelihoods were stake. The pressure to perform and win, always powerful became overwhelming.

As South African sport developed and 'caught up' to American sports culture clubs, franchises, unions, sponsors and players began to employ lawyers on a regular basis. I remember my dad querying why a sportsman should ever need a lawyer in relation to his sport. He would understand that a player may need a lawyer for his or her divorce or motor vehicle collision. But not for the playing of sport. I often wonder about his musings. As my law practice developed, I was briefed in a number of sports cases. In *Coetzee v Comitis* a young player, Coetzee, had a limited term contract to play for a particular soccer team. He was injured and his potential was not realised, but the club had already made its investment. After his contract expired he was offered a new contract by another club, Hellenic. But his first club demanded a fee to 'release' Coetzee. Hellenic refused to pay the first club a fee for a player "out of contract." Coetzee approached the High Court in Cape Town. He asked for and obtained an order that the league rules which permitted him to be dealt with as chattel, and not as a free dignified human being were unconstitutional and unlawful. The league rules unjustifiably violated his dignity, the court ruled. He could join Hellenic without his prior club having to pay a cent. The case is now a precedent in restraint of trade cases.

In *Santos v Igesund*, Santos employed a successful and in-demand coach on a two year contract.

He coached brilliantly and in his first year Santos won the league. At the end of his first year another wealthier club approached coach Igesund with a better and far more lucrative coaching contract. He accepted the "better" contract, and tried to break his Santos contract. The Court accepted Santos's argument that it had an election to accept the cancellation or it could enforce the contract and effectively compel the coach to continue coaching Santos for the remaining year. The case is now the leading case on specific performance. Quite apart from these unusual cases sports generate contractual issues on a daily basis.

Interestingly, following South Africa successfully hosting the rugby world cup in 1995, in 1997 President Mandela established a commission of enquiry into rugby affairs, including possible mismanagement and corruption. The rugby authorities complained to the courts that the President had acted unlawfully on numerous of bases. The case ended up in the Constitutional Court. One of the arguments was that rugby was not of a "public concern", and therefore the President was not entitled to establish a commission of enquiry because his powers were limited to matters of public concerns. The SARFU (South African Rugby Football Union) case has set many precedents concerning the powers of the President and administrative law in general. What is of interest is the Constitutional Court's analysis of rugby in South Africa. It held: "The game of rugby is a national sport and that, like other sports in South Africa, the playing of rugby was deeply affected by apartheid law and policy. Black South Africans were prevented from representing South Africa in the national team and few facilities were provided for the playing of rugby in those areas in which black people were required to live. The policy of apartheid attracted international condemnation and protest and resulted in many foreign teams refusing to play against the South African team.

The conflict-ridden nature of sport in South Africa and, in particular, the racist manner in which national sports were managed and funded in the past, is a legacy which has direct implications for the conduct of sport today. The evidence shows that there was indeed concern expressed in both rugby circles and the media on various matters of importance which affected the image of rugby and its potential for promoting national reconciliation."

The rugby authorities did not dispute the fact that the game of rugby is a matter of great public interest. They disputed, however,

that there was any legitimate interest in the internal affairs, financial and others, of SARFU and its affiliates on the ground that they were private institutions. The Constitutional Court rejected the contention and stated: "There can be no doubt that the administration and management of the game of rugby is a matter of great public concern."

Turning to the Australian cricket cheats, the ghost of Hansie Cronje, the Proteas's cricket captain looms large. He admitted to cheating in matches for money. His fraud extended to providing information to book makers so that more money could be made. He did this for a hefty price. He also manipulated matches; so for example he would tell his corruptors before and during matches who would be bowling in which order and for how many overs in a spell. The United Cricket Board of South Africa banned him from all cricket related activities for life. He challenged the ban in court and lost, rightly in my view. The court ruled that as long as he was given a fair process in his disciplinary proceedings the court would not interfere. In the recent Test series between South Africa and Australia all manner of ill-discipline,

cheating and indeed criminal fraud crept in. Kagiso Rabada's passion landed him in hot water and he copped a two match suspension, which was overturned on appeal. Australia's captain and vice-captain have been banned for some time. They have lost huge sponsorships resulting from their ball tampering cheating.

Sport is all about fair play – or, at least, it should be. But with so much money involved in sport today, is it at all not surprising that sport has become a victim of corruption.

Turning back to my Dad's sweet comment about the need for lawyers in sport, I think of Hansie Cronje, Lance Armstrong and all those like them. We need the law and courts because humans require regulation in our dealings with each other.

Sport is a healthy instance of our interaction, but players are often best served by being represented by lawyers and so it is that sports lawyers exist.

Anton Katz SC is a practicing advocate at the Cape Bar and is a member of the United Nations Human Rights Council Working Group on Mercenaries.



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11 beautiful posters from Israel Independence Days past

By Rachel Neiman for Israel21c

Each year, ever since the founding of the state, an official poster is issued in celebration of Israel's independence. Some of these images, created by leading Israeli graphic artists, have risen to iconic status.

Often, these posters serve as didactic tools to illustrate an annual theme. In all cases, they present a moment in Israel's national history: its concerns and achievements during the past year, as well as hopes and goals for the coming one.

The following selection of some of the most important and beautiful posters issued over the past 70 years is taken from Israel's State Archive.

In 1949, Israel's first year, the mood was somber, and the graphics done in Socialist Realist style by German-born award-winning Israeli painter, illustrator and set designer Yohanan Simon. The text was taken directly from the young state's Proclamation of Independence: "This right is the natural right of the Jewish people to be masters of their own fate, like all other nations, in their own sovereign

State."

Ten years later, in 1958, Israeli archaeologists were embarking on what would be known as the second golden age of biblical archaeology, and the national passion for uncovering ancestral roots was reflected in that year's Independence Day poster by Israeli sculptor, painter and graphic artist Miriam Karoly.

A new decade and a new generation of native-born Israeli 'Sabras' was celebrated in this 1960s poster by wall-hanging artist, painter and graphic artist Kopel Gurwin.

Gurwin went on to design one of the most memorable of Independence Day posters, a wall hanging honoring 20 years of independence in 1968.

In the late 1960s through the 1970s, Israeli artists were influenced by the counterculture in music and the arts, ushering in a wave of fairly trippy Independence Day posters. These also served as educational outreach to young Diaspora Jews, more of whom were spending time in Israel, and in need of some colorful dorm-room wall décor.

The 1971 poster for Israel's 23rd Independence Day, again by Gurwin,

echoed this spirit by portraying the Sabra not as a hard-working, folk-dancing pioneer, but rather as a flower child.

The 1976 28th anniversary poster featured artwork by Siona Shimshi, an Israeli painter, sculptor, ceramist and textile designer.

The following year's poster, *The 29th Anniversary of the Unification of Jerusalem, 1967-1977* was produced by Ora and Eliahu Schwartz.

Israel's 30th Independence Day was marked with two posters: *Independence Day 5738* featured a drawing by a child from Korea, a participant in the *Children of the World Draw Jerusalem* exhibition.

The other, *Thirty Years of Israel's Independence* features an iconic image by leading graphic artist David Tartakover. It was also no less than prophetic, coming out just prior to Egyptian President Anwar Sadat's surprising arrival in Jerusalem and the beginning of the peace process with Egypt.

Ten years later, Israel's 40th anniversary was marked with a totally 80s rainbow-hued poster.

In 1996, with the advent of the dot.com era, and the emergence of what would be called the Start-up Nation, the Independence Day poster celebrated *Education & Industry* with bitmapped computer graphics by



Independence Day 2009's poster marked the centenary of Tel Aviv. Photo courtesy of Israel State Archives

Shmuel Zafrani.

In 2009, the centenary of the first modern Jewish city, Tel Aviv, with an architectural history ranging from Bauhaus to Azrieli, was recognised in the 61st Independence Day poster by Ohad Elimelech and Avi Haltovsky.

For a full gallery of Israel Independence Day posters, check out the Israel State Archives online, or head over to the wonderful Nostalgia Israel website for its collection of posters and more.



Poster issued for Independence Day 1960. Photo courtesy of Israel State Archives



Siona Shimshi's Independence Day 1976 poster. Photo courtesy of Israel State Archives



Kopel Gurwin's Independence Day wall hanging, 1968. Photo courtesy of Israel State Archives



Poster issued for Independence Day 1988. Photo courtesy of Israel State Archives

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Astra's Annual Braai

Perfect weather ensured another successful annual braai held by the committee for Astra workers and their families. Committee members

and 'master braaiers' made sure the meat was grilled to mouth-watering perfection and a wonderful time was had by all.



Lara Osrin with Greg Gelb who added some 'magical' entertainment to the day



Arthur Levin, Peter Greenberg, Ivan Katzenellenbogen and Doran Jaffe



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Glendale activities now on YouTube — search 'Glendale Cape Town'

Spelling error allows banned Irish mayor into Israel

JNS.org

Dublin Mayor Mícheál Éamonn MacDonncha said he would travel to Ramallah in solidarity with Palestinians "who suffer violence by the Israeli forces, as we saw recently in Gaza with shooting at protesters."



Dublin Mayor Mícheál Éamonn MacDonncha. Credit- Sin Fein via Wikimedia Commons

A spelling snafu at Ben-Gurion Airport enabled Dublin Mayor Mícheál Éamonn MacDonncha to enter Israel, despite his presence on a blacklist for entry to Israel.

MacDonncha, who led a push to expel Israel's ambassador from his city, made it through security at the airport due to an inaccurate spelling of his name. The Population and Immigration Authority blamed the Ministry of Strategic Affairs, saying that office provided the incorrect spelling. The Ministry of Strategic Affairs denies making the mistake.

A day before MacDonncha's arrival in Israel, the Dublin City Council resolved to expel Israel's ambassador in response to the Israeli military's killing of rioters who attacked the Gaza border fence as part of the Hamas "March of Return" demonstrations.

MacDonncha said he would travel to Ramallah in solidarity with

Palestinians "who suffer violence by the Israeli forces, as we saw recently in Gaza with shooting at protesters."

The Dublin City Council also adopted a resolution to boycott Hewlett-Packard because "its technology is used by the Israeli government at checkpoints in the territories," and "is used in identification cards and naval systems that enable Israel to impose apartheid on the Palestinian people."

In May 2017, the council approved the flying of a Palestinian flag above its building for a month to support Palestinians "suffering from brutal apartheid and the 50th anniversary of the occupation."

Israeli Interior Minister Aryeh Deri said he would ensure that when MacDonncha leaves the country, he will be handed a written letter banning him from entering Israeli territory in the future.

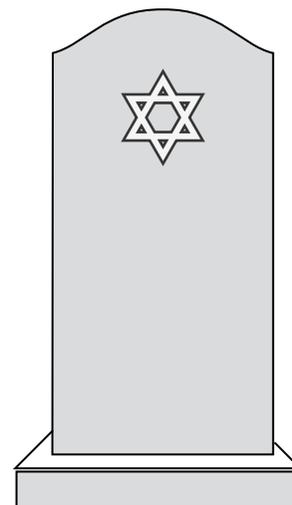
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USING MY NUDEL

Home is where the heart is

By Craig Nudelman



Whenever my mother-in-law goes away, which is quite a rarity, Gabi, Jessie, Charlie (my cockatiel) and I move in with my father-in-law.

It is quite lovely; there is always food for us, we have all the help in the world and we don't have to worry about anything material. After a few days, however, I start to miss home. I think that's the same as any holiday; we take a while to settle in and then begin to miss the comforts of our own space which we've made. The possessions we have bought; the furniture and pictures which we've arranged; the pillows upon which we rely for a good night's rest — these are all things which we begin to miss.

But surely this is a contradiction for my title and a truly over-used idiom, 'Home is where the heart is.' My wife, child and pet were with me, I was with my wife's family, which is in turn my family, and my heart was here, not back in my flat, which was empty. So home, in this sense, isn't a physical place. But why does one still feel so unsettled? (And I don't think it's because we still pay for our Wi-Fi and DSTV while away).

Dr. Frank McAndrew from Knox College, in *Psychology Today*, also writes about the ephemeral nature that is 'home'. He speaks about our attachment to a certain place, and how "a strong attachment to the place that you live results in greater satisfaction with your home and expectations of future stability in that place." He goes on to explain that these feelings go above the people with whom we share these surroundings. Rather, with the passing of time, we feel an emotional attachment to the physical area in which we live. He continues, "Because our physical surroundings play such an important role in creating a sense of meaning and organisation in our lives, it is not surprising that our sense of the place we live is closely tied to our sense of who we are."

Our home is an extension of who we are. As I am from Johannesburg, which is still very much a home to me: I have a key-hanger made out of the Jo'burg skyline and a poster of that wonderful City of Gold in our lounge. We also have a poster of Cape Town, New York's Central Park and Paris. Although the latter two may seem like clichés, these are places which have special meaning for us, and which we want to show to others. There is also a beautiful painting my wife made of Clifton which always warms my heart.

In an article by Julie Beck in *The Atlantic*, she criticises the 'Western' notion that the individual remains unchanged, regardless of location. She posed the question, "People and the places where they reside are engaged in a continuing set of exchanges; they have determinate,

mutual effects upon each other because they are part of a single, interactive system." She continues, "on some level we do recognise the importance of place. The first thing we ask someone when we meet them, after their name, is where they are from, or the much more interestingly-phrased "where's home for you?" We ask, not just to place a pushpin for them in our mental map of acquaintances, but because we recognise that the answer tells us something important about them."

Recently there was a South African-born Australian who wrote to the Cape Times, speaking about the diplomatic spat between these two countries. The Australian Minister for Home Affairs commented that he wanted to prioritise visas for white South Africans. Our Minister of International Relations, Lindiwe Sisulu, quite correctly took umbrage with this statement. There were many comments in the communities of both countries. And for this new Australian citizen this resonated deeply for him. He perceived the comments as naïve and racist. Maybe these issues about race and land, issues which have driven South Africans away from our shores, created a feeling of empathy for those who were affected by these statements, causing him to respond.

I am privileged enough to be going on March of the Living with the Grade 11s from Herzlia and King David. This incredible programme, created by the South African Holocaust and Genocide Centre, is no doubt an amazing experience, and I shall certainly be writing about it for next month's Chronicle. But for now, I will be thinking about what home is, and how our ancestral home, der heim, was destroyed during the Holocaust. This gives the opportunity for many to feel that physical sense of what was once many of our ancestors' homes; i.e. our collective memory. Perhaps it will enlighten me as to how our spiritual or emotional home, as a Jew, evolved from our historical homes.

And so, when I return, I will be returning to Cape Town, my physical and current home, via Johannesburg, my childhood home, from Poland, my ancestral home. I am laying down memories for the future, which have been shaped by my childhood memories, and the collective memory that holds us together as Jews. Home definitely is where the heart is.

It is both the physical manifestation of where we have created and still create memories, and the emotional connection to these spaces or areas. Wherever you live, I hope that you have a home where you feel safe, sheltered and happy. I certainly do.



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SPORT

Cycle Tour Success for Maon and Ariel



Maon and Ariel Saxe

Maon Saxe recently completed his 30th Cape Town Cycle Tour riding tandem with his son Ariel who is 16. This was Ariel's first tour. They did a respectable time of 3H 54Min.

"I was two years younger than Ariel when I did the very first Argus Tour as it was called in 1978" Maon recalls. "We had very limited road closures back then for the race, my father seconded me the entire route handing me water from his moving car!"

"Cycling has always been my passion. Whenever I see old school mates or friends that live overseas, the first thing they ask me is, 'Are you still cycling?'"

"Back in 1978 when I was part of the 446 starters I would never have imagined how this sport would grow to the 36000 riders that take part now," he says.

Maon rides regularly with the Schleppers, a fairly serious group of riders many of whom broke the sub-3-hours mark for this year's event.

Maccabi enjoys a day out in Khayelitsha

On Sunday 25 March, Maccabi Western Province paid a visit to the CTC Ten Foundation in Khayelitsha where they played friendly soccer matches against boys and girls from the area.

A group of 60 boys and girls from Maccabi WP participated in the event which was run by the CTC Ten Foundation facilitators. They started off the day with some dancing and team building games for the children which were thoroughly enjoyed by all participating, as well as the travelling supporting parents.

After the initial dancing and team building activities were done, the soccer games commenced with the u13 boys and u17 girls playing first, followed by the u15 and u17 boys. The quality on show was high, with both the boys and girls from Khayelitsha and Maccabi displaying exceptional skills and talent. The games were played in great spirit and respect for

each other.

The day concluded with Maccabi boys and girls donating old clothes, books, equipment, toys and shoes to the CTC Ten Foundation. Ronen Cohen, chairman of Maccabi WP said "The relationship between Maccabi WP and the CTC Ten Foundation is a very important one for us and we strive at all costs to make sure that it flourishes so that it can continue to help those children who are less fortunate than ourselves. It is our way of giving back to the broader community of South Africa and strengthening the bond between Jews and non-Jews in South Africa."

The facility is part of a broader community development project run by an NGO called Amandla Edufootball and sponsored by an American group who not only provide funding but also sponsor university graduate volunteers to come out for a year from America to work with the project. <http://www.edufootball.org>.



Amphiwe Cebisa and Kai Seeff enjoy pre-match ice breakers at the Maccabi/ CTC Ten Foundation Soccer day in March



Children from Maccabi and CTC Ten Foundation dance together before the soccer games



Combined team picture of the Maccabi u17 and CTC Ten soccer boys after their friendly match

Matt and Chloe make waves in Durban

Chloe Gershuny and Matt Carroll performed brilliantly at the South African Junior National Championships at Kings Park Aquatic Centre in March.

Chloe has now achieved full Western Province colours and

achieved a gold medal in the 100m backstroke and a silver medal for 50m backstroke. She got through to five finals and achieved a top 10 position in the country for 50m backstroke, 100m backstroke, 200m backstroke, 100m butterfly and 400m freestyle. Matt achieved 9 personal bests over the five days.



Chloe and Matt at the South African Junior National Championships in Durban (Kings Park Aquatic Centre)



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