



# Cape Jewish Seniors

# Events Calendar AUGUST 2018



	<p><b>9 National Women's day 1-7 CANSA Care week</b></p>		<p><b>Wednesday 1</b></p> <p><b>Sea Point</b> 10.00 Craft with Yvette and Jeanette R15 1.45 Social Bridge and Kalooki R10</p> <p><b>Milnerton</b> 10.00 Beginner's Kalooki with Doreen Kantor R10 12.00 Art classes with Karen Cohen R25 10.00 Knitting Morning. Bring your own knitting R10 10.00 Ageless Grace with Cathy Hudson R20 10.15 Ageless Grace with Yvonne R15</p>	<p><b>Thursday 2</b></p> <p><b>Sea Point</b> 10.00 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 9.30 Kalooki R10</p> <p><b>S/Suburbs</b> 10.30 Pop In: Jaco from the South African Archives R10 1.00 Bridge and Kalooki R10</p> <p><b>West Coast</b> 11.30 Pop In: A representative from CANSA will speak on Woman's Health to celebrate Cancer Awareness Month R10</p>	<p><b>Friday 3</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20</p> <p><b>Milnerton</b> 10.30 Men's Schmooze Group: A morning with Michael Bagraim R10</p>
	<p><b>Monday 6</b></p> <p><b>Sea Point</b> Ot Azey Yiddish Week 10.00 Pop In: A representative from CANSA will speak on Women's Health to celebrate Cancer Awareness Month R10</p> <p><b>Milnerton</b> 2.00 Musical Appreciation with Doreen Kantor R10</p> <p><b>S/Suburbs</b> 9.30 Outing to Vergenoegd to enjoy the Duck Parade R80 Tea for own account. 10.00 Scrabble R10 2.00 Yiddish mit Rita R10</p>	<p><b>Tuesday 7</b></p> <p><b>Sea Point</b> Ot Azey Yiddish Week 10.00 Pop In: Jaco from the South African Archives R10</p> <p><b>Milnerton</b> 1.30 Mosaic Classes with Sonia Norrie R30 1.45 Line Dancing with Hannah Seinik</p> <p><b>S/Suburbs</b> 9.30 Social Bridge R10 New members welcome 10.00 Kalooki R10</p> <p><b>West Coast</b> 2.00 Knitting Group. All welcome R10 9.15 Outing to the Breweries (Steps and walking) R30</p>	<p><b>Wednesday 8</b></p> <p><b>Sea Point</b> Ot Azey Yiddish Week 9.00 Outing to the Breweries. (Steps and walking) R30</p> <p><b>Milnerton</b> 10.00 Beginner's Kalooki with Doreen Kantor R10 12.00 Art classes with Karen Cohen R25 10.00 Knitting Morning. Bring your own knitting R10 10.00 Ageless Grace with Cathy Hudson R20 10.00 Bnoth Zion Meets</p>	<p><b>Thursday 9</b></p> <p><b>Women's Day</b></p>	<p><b>Friday 10</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20 10.00 Manicures with Adele R100</p>
<p><b>Sunday</b> 2.00 <b>Milnerton</b> Movie and Tea R25 Movie to be announced</p>	<p><b>Monday 13</b></p> <p><b>Sea Point</b> 10.00 Talking Point with Colin R10 2.00 Reminiscing with Hazel R10 2.00 Bridge R10</p> <p><b>Milnerton</b> 10.00 Bnoth Zion 12.15 Milnerton Committee Meeting</p> <p><b>S/Suburbs</b> 9.30 Enjoy a morning at the Green Point Urban Park and tea at the tearoom in the park R30 Tea for own account</p>	<p><b>Tuesday 14</b></p> <p><b>Sea Point</b> 10.00 A special morning with Alon Ashel Learners R10 12.00 Bridge classes R10 2.00 Yoga Classes with Leina R10</p> <p><b>Milnerton</b> 17.30 Twilight Supper: An Evening with Albie Sachs R50 10.00 Birthday Pop In: Marthe Muller speaking on <i>The Power of South African Women</i> R10</p> <p><b>S/Suburbs</b> 1.30 Mosaic Classes with Sonia Norrie R30 1.45 Line dancing with Hannah Seinik</p> <p><b>Muizenberg</b> 9.30 Social Bridge R10 New members welcome 10.00 Kalooki R10</p> <p><b>West Coast</b> 1.45 Mosaic Classes with Sonia Norrie R30 2.00 Knitting Group. All welcome R10 10.30 Pop In: A representative from CANSA will speak on Woman's Health to celebrate Cancer Awareness Month R10 9.30 Outing to Butterfly World R90 Tea for own account.</p>	<p><b>Wednesday 15</b></p> <p><b>Sea Point</b> 10.00 Pop In: Movie Morning: Enjoy 13 Minutes A true story about a great Resistance fighter who tried to kill Hitler 1.45 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 10.00 Beginner's Kalooki with Doreen Kantor R10 12.00 Art Classes with Karen Cohen R25 10.00 Knitting Morning. Bring your own knitting R10 10.00 Ageless Grace with Cathy Hudson R20</p> <p><b>S/Suburbs</b> 10.00 Men's Schmooze Group: A morning with Michael Bagraim R10 10.15 Ageless Grace with Yvonne R15</p>	<p><b>Thursday 16</b></p> <p><b>Sea Point</b> 10.00 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 9.30 Kalooki R10 18.30 Twilight Supper: An evening with Daniel Silke South Africa — Can Ramaphosa Deliver? R60</p> <p><b>S/Suburbs</b> 10.30 Pop In: A representative from CANSA will speak on Women's Health to celebrate Cancer Awareness Month R10</p> <p><b>West Coast</b> 11.30 Pop In: A morning with Ken Andrew speaking on Yesterday, Today and Tomorrow. SA In transition R10</p>	<p><b>Friday 17</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20</p>
	<p><b>Monday 20</b></p> <p><b>Sea Point</b> 10.00 Talking Point with Roni R10 2.00 Bridge R10 2.00 Reminiscing with Hazel R10</p> <p><b>Milnerton</b> 10.00 Pop In Movie Morning: Enjoy <i>13 Minutes</i> A true story about a great Resistance fighter who tried to kill Hitler</p> <p><b>S/Suburbs</b> 3.00 Shiur with Rabbi Bernstein R10 9.30 Outing to Butterfly World R90 Tea for own account. 2.00 Yiddish mit Rita R10</p>	<p><b>Tuesday 21</b></p> <p><b>Sea Point</b> 10.00 Pop In: A morning with Ken Andrew speaking on <i>Yesterday, Today and Tomorrow. SA in transition</i> R10 12.00 Beginners R10</p> <p><b>Milnerton</b> 2.00 Yoga Classes R10 9.00 Outing to the Breweries (Steps and walking) R90</p> <p><b>S/Suburbs</b> 1.30 Mosaic Classes with Sonia Norrie R30 1.45 Line dancing with Hannah Seinik. 9.30 Social Bridge R10 New members welcome 10.00 Kalooki R10 2.00 Knitting Group. All welcome R10</p>	<p><b>Wednesday 22</b></p> <p><b>Sea Point</b> 9.30 Outing to Butterfly World R90. Tea for own account. 1.45 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 10.00 Beginner's Kalooki with Doreen Kantor R10 12.00 Art Classes with Karen Cohen R25 10.00 Knitting Morning. Bring your own knitting R10 10.00 Ageless Grace with Cathy Hudson R20 10.15 Ageless Grace with Yvonne R15</p> <p><b>S/Suburbs</b> 5.30 Twilight Supper: Rayne Stroebel <i>Wishing you a long life — a blessing or a curse?</i> You decide how you will age. A talk on quality of life R50</p>	<p><b>Thursday 23</b></p> <p><b>Sea Point</b> 10.00 Yiddish mit Veronica R10 1.45 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 9.30 Kalooki R10</p> <p><b>S/Suburbs</b> 10.30 Pop In: A morning with Dr Craigie Dietrich R10</p> <p><b>West Coast</b> 10.00 Pop In: Feminist Gertrude Fester, a Commissioner on the Gender Commission, speaks on her time in solitary confinement</p>	<p><b>Friday 24</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20</p>
<p>Please note that the programme might change. All of our presenters are volunteers and give of their time, however things do crop up and sometimes we have to find replacements at very short notice.</p> <p><a href="http://www.cjsa.co.za">www.cjsa.co.za</a> Facebook: Cape Jewish Seniors Association — CJSA</p>	<p><b>Monday 27</b></p> <p><b>Sea Point</b> 10.00 Talking Point with Marcia R10 2.00 Bridge R10 2.00 Reminiscing with Hazel R10</p> <p><b>Milnerton</b> 10.00 Pop In: Feminist Gertrude Fester, a Commissioner on the Gender Commission, speaks on her time in solitary confinement</p> <p><b>S/Suburbs</b> 9.30 Outing to Coffee Time R20 Tea for own account.</p>	<p><b>Tuesday 28</b></p> <p><b>Sea Point</b> 10.00 Pop In: Enjoy a reality TV morning with Hymie Liebman R10 12.00 Beginners Bridge R10 2.00 Yoga Classes R10</p> <p><b>Milnerton</b> 9.30 Outing to Butterfly World R90 Tea for own account 1.30 Mosaic Classes with Sonia Norrie R30 1.45 Line dancing with Hannah Seinik</p> <p><b>S/Suburbs</b> 9.30 Social Bridge R10 New members welcome 10.00 Kalooki R10 2.00 Knitting Group. All welcome R10</p>	<p><b>Wednesday 29</b></p> <p><b>Sea Point</b> 9.30 Outing to Hout Bay Museum R40 includes transport, tea and biscuits 1.45 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 10.00 Beginner's Kalooki with Doreen Kantor R10 12.00 Art Classes with Karen Cohen R25 10.00 Knitting Morning. Bring your own knitting R10 10.00 Ageless Grace with Cathy Hudson R20 10.15 Ageless Grace with Yvonne R15</p> <p><b>S/Suburbs</b> 10.15 Ageless Grace with Yvonne R15</p>	<p><b>Thursday 30</b></p> <p><b>Sea Point</b> 10.00 Yiddish mit Veronica R10 11.30 Exercises with Mariamne R10</p> <p><b>Milnerton</b> 1.45 Bridge and Kalooki R10 9.30 Kalooki R10</p> <p><b>S/Suburbs</b> 10.30 A special morning with DA Councillor Stuart Diamond R10</p> <p><b>West Coast</b> 10.00 Art with Sharon Lopis R35</p>	<p><b>Friday 31</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20 10.30 Men's Schmooze Group: A morning with Michael Bagraim R10</p>

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