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## Building of 'Lost Shtetl Museum' begins in Lithuania



Students representing the local high school and Jewish ORT Solomo Aleichemo High School in Vilnius laying the cornerstone of the museum. Photo: Eli Rabinowitz

The construction of a new museum in Lithuania to commemorate Jewish life lost in the Holocaust began in May, after a ceremony attended by Lithuania's Prime Minister, Speaker of Parliament, Foreign Minister, senior diplomats and Jewish leaders.

Designed by a Finnish company that also designed the award-winning POLIN Museum of the History of Polish Jews in Warsaw, the state-of-the-art museum in Šeduva, 175 kilometres northwest of Vilnius, will open in 2020.

The museum complex will include a sprawling Jewish cemetery which was completely restored and opened

in 2015, monuments at three separate sites of Holocaust mass executions and burials, and a symbolic sculpture in the middle of the town.

"It will tell the story of the life of what was once the largest European Litvak Jewish population living in shtetls. Lifestyle, customs, religion and the social, professional and family life of the Jews of Šeduva will serve as the centrepiece of the museum exhibition. Museum visitors will be taught the tragedy of Šeduva's Jewish history, which ended in three pits near the shtetl in the early days of World War II, concluding five centuries of the history of the Jews of Šeduva," says the museum's website.

Continues on page 46

## Miracle Drive 5778 a huge success



At the Miracle Drive dinner, Rabbi Mendel Popack, guest speaker, Adv. Thuli Madonsela and Avigail Popack

For the full story see page 17

## Mamanet magic inspires Cape Town community



When Mamanet member and paediatrician, Dr Miriam Herman reached out to Bnoth Zion WIZO in Cape Town, she quickly understood the power of the Cape Town community.

At a presentation hosted by WIZO and its members, Mamanet founder and Chairwoman, Ofra Abramowitz and Dr Herman spoke to a keen audience, including Marc Falconer, Principal of Herzlia High School, Tina Brenzel, Head of Herzlia Sports; Kerry Hoffman and Karen Gootkin from Souper Troopers; Daphne Miller from the Union of Jewish Women and Michal Ilan from the South African Zionist Federation Israel Centre and Partnership2gether. Mamanet (Catchibol) is a team

sport similar to volleyball, and is unique in that it is exclusively for mothers, and is the largest community sport enterprise of its kind in the world. Started in Israel 13 years ago to combine sports and social responsibility to build stronger communities, it has grown in popularity across the globe. Mamanet leagues "give mothers the chance to work out, have fun, meet other women from their children's schools, and set an active example to their kids".

Abramowitz said they were awed by the response from the Cape Town community, with offers to help with the establishment of Mamanet here pouring in. "This is how a community is built", said an emotional Abramowitz.

## Putting the mitzvah in Bat Mitzvah



Kaylee Dirmeik, Liron Dirmeik and Zack Carpel pack baby bags with friends at Kaylee's Bat Mitzvah celebration.

For the full story see page 13

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# Lindy with a why

## Why small acts of mindfulness can change everything



By Lindy Diamond, Editor Cape Jewish Chronicle

**I recently started recycling. I used to love to clear up, throw away what I no longer needed and start fresh.**

I was basically a high consumer who aimed for *visual* minimalism. Not a good combination for effective waste reduction. Now I can see my environmental footprint decrease with every item I choose to recycle. Plastics in the plastic bin, paper with the paper. It's a nuanced and positive place from which to operate: Every positive action, no matter how small, has value.

I remember as I child being keenly aware of my lack of autonomy. I couldn't wait to grow up and take up 'real and valuable' space in the adult world. I would argue for the sake of arguing and speak to fill any gap in the conversation. I think my family would say that this hasn't changed much, but I really am trying to refine this into something closer to my new project of recycling. Everyone has value, but I can't hear what you have to say if I talk more than I listen. And most importantly; I can take up less space in this world and still add value.

In fact, taking up less space allows a freedom to operate and hopefully conveys a humility and willingness to see the potential value of everything. Smaller ships have smaller turning circles and can move faster in an ever-changing world. I want to make sure I take more time to listen, so that I can hear the ideas that already exist in this world that I need to help me develop.

When I brought the concept of recycling into our home my daughters took it a step further, as young, fresh minds are want to do. They didn't just see the environmental value of recycling. Plastics in the plastic bin, paper with the paper. They saw the potential to turn this stuff into something entirely different.

Plastic lids into doll's house plates, paper into Chinese lanterns. I have really learned from them through this process. Not only the value of recycling, but of upcycling too.

I think it's amazing how taking one small step in a direction you wouldn't choose normally can take you on a journey and expose you to ideas you didn't even know were possible.

You can download TED talks onto your phone and listen to one a day, on random. This week I learned about oceanography, parenting, business management and literature, disparate subjects, I know. But all fascinating.

You can talk to someone you would never usually talk to, and spend most of the time really listening, instead of waiting for your turn to speak.

You could sit down and create something that could never have existed before you made it so. Find something you think needs your input in this world and instead of talking, take that extra step and get involved.

My own journey of small steps to mindfulness has taken me from meat-free Monday to meat-free May to meat-free-forever, to running a kosher home, to mainly plant-based eating to recycling to exploring cruelty free, every step something new and yet connected to what came before. Your journey could be anything! Just be sure to start it if you haven't already.

Perhaps we can repurpose, reuse and recycle all the great ideas that came before us?

There is so much value that exists in the world already and I think we can travel so much further in life if we tread gently.

With the planet *and* with other people.

*This column was inspired by a one minute 'where I'm coming from' speech I gave at the Eliot Osrin Leadership Institute's first module for 2018.*

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# Community Noticeboard

## CT HOLOCAUST AND GENOCIDE CENTRE

Forthcoming exhibitions and events:  
Srebrenica: Remembering the victims and survivors of the Srebrenica genocide  
White Rose Creative Project: exhibition and awards evening  
Special screening: The story of Holocaust survivor Lina Amato  
See page 40

## LIMMUD IN THE HOOD — Cape Town 2018

9 – 12 August Herzlia Middle School Campus See page 6

## MENSCH - MANDELA DAY

Community-wide day of action!  
Classes, workshops, talks, kids activities and more.  
Sunday 15 July. See page 28 for full programme

## SOUTH AFRICAN JEWISH MUSEUM

Mandela Day – 18 July  
Opening of exhibition to mark the 75th anniversary of SHAWCO.  
SHAWCO's rich history has many intersections with the Jewish community of Cape Town who have been strong supporters over the past 75 years. We are honoured and excited to be able to help them acknowledge this important milestone.

## PHYLLIS JOWELL JEWISH DAY SCHOOL

Open Family Day. Sunday 19 Aug. See page 14



The following organisations are affiliated to Jewish Care Cape  
Cape Jewish Seniors Association • Glendale • Highlands House •  
Jewish Community Services • Nechama • Oranjia • ASTRA Centre  
(Jewish Sheltered Employment and Rosecourt Group Homes)

[www.jewishcare.org.za](http://www.jewishcare.org.za)

AGM 29 August 5 for 5.30  
Gardens Community Centre Hatfield Street  
See page 22

## MOVED HOUSE?

REMEMBER TO UPDATE YOUR ADDRESS  
email: [chron@ctjc.co.za](mailto:chron@ctjc.co.za)



## Shabbat and Yom Tov Times

Date	Portion	Candle lighting	Ends
6 July/23 Tammuz	Pinchas	5.32pm	6.27pm
13 July/1 Av	Matot/Massei	5.36pm	6.32pm
20 July/8 Av	Devarim/Chazon	5.40pm	6.35pm
27 July/15 Av	Ve'etchanan	5.45pm	6.39pm

N.B. Please note that the times indicated are the earliest times for candle lighting. Please consult your Rabbi.

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***“As a ballet dancer from an early age, I love living where I am still kept on my toes”***

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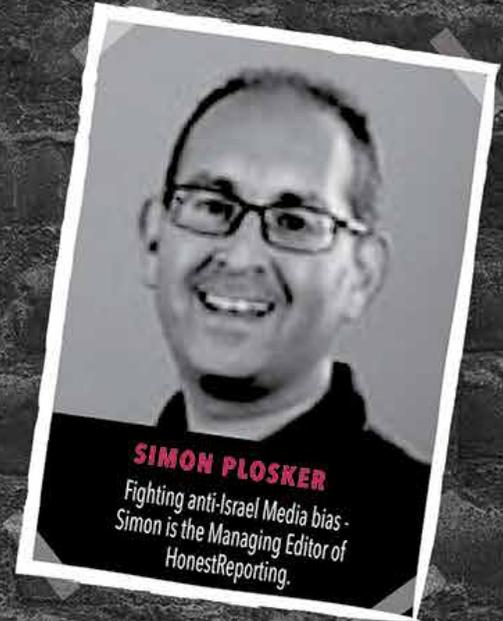
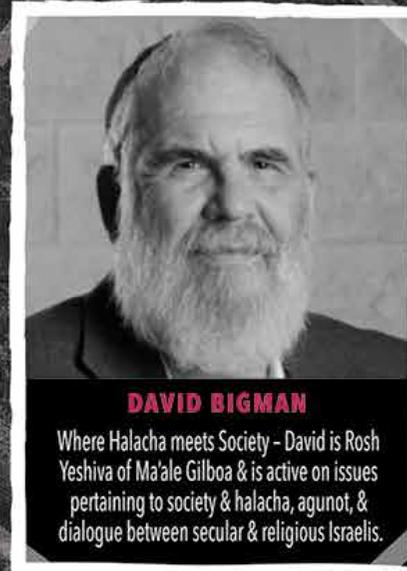
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## USING MY NUDEL

## On being a Dad

By Craig Nudelman



We see quizzes of all sorts on Facebook, asking what character we are from which show or book or movie: for example, “Which character from Harry Potter are you?”.

Now, everyone wants to be from Gryffindor house from J.K. Rowling’s Hogwarts. That’s because it’s associated with courage and bravery. And you certainly don’t want to be placed in Slytherin, since its association with evil and the Dark Arts is not particularly popular. These quizzes are often one dimensional and don’t really accommodate to our whole selves. We have lots of different characters inside ourselves. Just before Father’s Day, ads keep popping up online bandying about the qualities of being ‘the perfect dad’. This has got me wondering what paternal characteristics I have, and also which ones I want to imbue.

I’ve been a father for two and a half years, and it’s been an amazing journey so far. I went to kiddies’ class ‘Top Tots’ the other day with Jessie, and it was such fun! At the end, as it was the last session of the term, Jessie was given all of her artwork that she had done for the past few months. I was told not to page through them, but I figured out that one of them was Jessie wishing me a happy Father’s Day (I’m not just a pretty face, you know). I’ll admit to having been quite happy. It’s not every day that being a father is celebrated, and I realise that for most of my life I hadn’t really appreciated the magnitude of the role (so thanks, Dad). But what kind of dad do I want to be? For inspiration, I turn to the dads that have played a central part of my family’s life for the last few years — those that appear in Jessie’s favourite entertainment.

The ones I’ll be speaking about are complex, and they really make an impact and can give you insight into parenting. So, here are my thoughts about being a dad from the father figures of children’s fiction.

First up, Daddy Pig, from Peppa Pig. Daddy Pig is a very complex... pig. He sees himself as a typical Alpha male, strong, knowledgeable and able to do almost everything. From hanging up a picture to reading a map, he believes he is the most capable of people. However, we find that in reality, he is not. He can’t read a map, breaks the wall when he tries to hammer in the nail for the painting, and is constantly making a fool out of himself; he is quite an inept individual. However, he can always laugh at himself. He is an excellent father, his deep resonant voice assuring Peppa and George that they are the most important things in his life.

I want to move on to the King of Arandelle from Frozen. Now, when

his daughter with special powers (Elsa) accidentally injures her sister (Anna), he panics.

Rushing both girls to the Realm of the Trolls, the Troll King warns that Elsa’s powers will only grow stronger, and if she doesn’t learn to control them, she may cause great harm. Instead of saying that he’ll happily accept that she has powers and ensure she controls them with love and affection, he locks her away in her room, all alone. With the motto, “conceal it, don’t feel it,” making her a nervous wreck, she eventually breaks free and “lets it go”, becoming a rather dangerous menace to society (just what the Troll King warned she would become). From this, we can see that even though he loved his daughter and wanted to protect her, he just didn’t know how to harness her special gifts. Maybe that’s something we can all learn: harness our children’s individual talents and guide them with openness and love. That way your child won’t create an eternal winter, wherever you live.

The next father figure who is central to Jessie’s life is Maurice, Belle’s father from Beauty and the Beast. He is quite an eccentric man, an inventor, who seems to enjoy seclusion, owning a plot of land outside the town. Being a single parent, he has showered all his love and attention to his special, beautiful daughter. He has given her a love of books and learning, and ensured that she is interested and interesting. Being a quirky inventor is just the thing that has made him so accessible as a father figure — he plays around with his imagination, and perhaps we too can play around with our children and their imaginative world.

Finally there is Mr. Brown, Paddington Bear’s foster father. A bit of a neb, he is described as “a hapless but well-meaning City of London Risk Analyst.” He is serious and pragmatic, and seems to be a bit of a kill-joy (based on my seeing the films, which are excellent!). But we all do need to be slightly serious. There are those times when we can’t give all the fun our children want. Sometimes we have to set boundaries and ensure that laughing doesn’t lead to crying. In those times, being stern is best — even if it means I don’t get a hug at the end of the day...

So, what kind of dad am I? I hope to be the best I can. There are days when I don’t feel like being an adult, when I want to go to a movie or to a show and not have to worry about a baby-sitter.

But the joy that I have when I see Jessie laugh or be a bit of a clown is incomparable to any other feeling. I am truly #blessed to have her in my life and to be her ‘Daddy’.

## On the ball



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## INSIDE AND OUT

Josh Hovsha, Executive Director of the Cape South African Jewish Board of Deputies

**This past month we marked ten years since the 2008 Xenophobia attacks which shocked our country.**



These assaults did not stop in 2008, seven years later a second mass wave carried through the country. Beyond the large waves, acts of xenophobia and Afro-phobia occur daily in our country. Government inaction or willful blindness often support these acts.

These daily attacks deny the hope that the pogroms of 2008 were a unique moment – an aberration, both shameful and easily defeated. Instead, we are forced to pause and once more search intensely for the systemic problems still at play.

Ten years later and we need to be obsessed with justice, with history, with the many borders that divide our planet and the numerous more connections which break those boundaries.

Ten years later and we are forced to acknowledge that there are countless stories of suffering which have not yet been told.

Xenophobia is not the only societal hatred which we confront. The early hours of 1 January 2018 opened with the murder of Noxolo Mabona in the Strand. She was killed because she was a proud lesbian and nothing else.

In these pages, you will read about the SAJBD's event "Coming Out: the Jewish Experience", where we had the chance to listen with humility to those willing to share their lived experiences with us. We heard first-hand accounts of powerful and uplifting journeys. And we were reminded that beyond Xenophobia hatred of LGBTQI individuals continues to threaten lives up to this very day.

Some of the work which I am most proud of is the Board's role as a founding member of the Hate Crimes Working Group (HCWG) – a coalition of civic organisations formed to protect the most vulnerable members of society. The HCWG promotes education and legislation to stand against racism, gender violence, antisemitism, Islamophobia and prejudices towards refugees, LGBTI groups and religious minorities.

This work matters so much because Jewish experience and history taught us what it means to be weak in a world of power. We know the dangers of radical hatred. Today we find ourselves in a country with constitutional ideals which echo our commitments to shared humanity, dignity, freedom and life.

But we understand that the rule of law is only valuable when it guarantees protection for all without exception.

The great Irish American playwright Eugene O'Neill wrote: "There is no present or future-only the past, happening over and over again now."

This is a pattern from which we must escape. The past has not been good enough, and if justice is to have a place in a world which at times seems uninterested, then we are the ones who have to fight for it.

## Coming out, the Jewish experience...

The Cape Board recently hosted a 'No Place for Hate' event at Café Riteve to cultivate understanding and show unity with LGBTQIA+ individuals in our community, when it came to light to many Jewish gay and trans people feel like they need to choose their religious or LGBTQIA+ identity. They hide their private lives from family members, rabbis, the community for fear of homophobia and exclusion.

As the Cape Board, we believe that through dialogue and providing safe platforms for community members who happen to be LGBTQIA+, we have a role to play in combatting harmful misconceptions and discrimination that this community faces.

Using a combination of subtle signals and bold statements, communities, institutions and organisations like ours can create an inclusive atmosphere that permeates throughout our community. The solutions can, as we experienced with this event, be simple and yet have extremely positive outcome; all that is required is an open mind and responsible leadership.

Education is key, as is the desire to embrace people for who they are, not who they love.

The Board is thankful to Marlene Silbert who facilitated the evening with openness and compassion, and to our speakers Fiona De Kock, Dr Anastacia Tomson and Ross Levin for sharing their lived experiences and stories with us all, it was truly a privilege.

Complimentary booklets on this topic are available at the Cape Board for community members who are interested.



Director Josh Hovsha welcomes guests to the event. (Marlene Silbert seated)



Rabbi Nissen Goldman speaks from the heart



Marlene Silbert acts as a facilitator at the LGBTQIA+ event



Luke Uriah speaks to the panelists about his experiences



Guest speakers, Fiona de Kock, Ross Levin and Dr Anastacia Tomson

## World Refugee Day

**On World Refugee Day, held every year on 20 June, we commemorate the strength, courage and perseverance of millions of refugees. This year, World Refugee Day also marks a key moment for the public to show support for families forced to flee.**

**Looking Back...Helping a stranger.**

It was 10 years ago that the Jewish community rallied to help a group of displaced refugees, sheltering outside of the Caledon Police Station in the freezing rain. Victims of xenophobic attacks, the Cape Board under the leadership of Li Boiskin at the time, were approached by the TAC to assist this group of 180 people.

Viv Anstey, the current Vice-Chairman, worked

tirelessly with group of concerned Jewish women to raise funds and provide safe shelter and daily provisions for 'the Caledon Square Group' who were housed in the Herzlia Weitzman School Hall. Along with providing temporary relief to the refugees, Viv and her volunteer team were able to facilitate the repatriation of 20 Burundi nationals, raise funds for the refugee camps in the region, organise collection of food and essentials as well as reintegrate the group back into society.

The noble efforts of the Cape Board were recognised by an invitation to attend a seminar in Pretoria, hosted by the Human Sciences Research Council and the British Consul General, to review and discuss the crisis and its aftermath.

# INNOVATIVE DOCTORS AT SHEBA MEDICAL CENTER-TEL HASHOMER ARE INJECTING NEW LIFE INTO AILING PATIENTS

BY KEN STEPHENS

Some of the best doctors in the world are injecting new life into gravely ill patients of all ages at Sheba Medical Center (also known as Tel Hashomer) in Ramat Gan, Israel, where innovation is the essence of the hospital's daily DNA.

Sheba Medical Center is the largest and most comprehensive facility of its kind in Israel and the Middle East region, as a whole. It was established 70 years ago during Israel's War of Independence to treat wounded soldiers. As it has grown and developed with the State of Israel, Sheba Medical Center has transformed itself into an all-encompassing medical city. The Center is divided into two hospitals - acute and rehabilitation - which account for over one million visits annually and offers cutting-edge, multi-faceted care in nearly every discipline of medicine.

The current edition of Forbes Magazine's "Best Doctors in Israel" (Hebrew), named 188 medical professionals at Sheba Medical Center as being the best in their specific fields of medical expertise.

The government of Israel also recently chose Sheba Medical Center to become the nation's

first "City of Health", where revolutionary technological innovations will help improve the quality of life and longevity of the Jewish State's citizens.

"Israel serves as a global incubator of innovative ideas for a variety of reasons," said Dr. Eyal Zimlichman, Deputy Director General, Chief Medical Officer and Chief Innovation Officer at Sheba Medical Center. "First of all, it's in our genes. Secondly, there is the military aspect, where we are taught to improvise when necessary in the field. These things allow us to be naturally innovative. This has trickled down into the medical field, where we are offering the highest level of medical care."

Dr. Zimlichman recently unveiled Sheba's plans for its futuristic Innovation Center at a meeting for potential donors and investors in Manhattan.

Prime examples of Sheba Medical Center's innovative efforts revolve around combating potentially fatal diseases such as cancer with immunotherapy, oncology's new medical "magic bullet" and targeting hemophilia with a novel drug. Global pharmaceutical

and biotech companies routinely conduct hundreds of clinical trials at Sheba during the year because of the medical center's elite research and laboratory facilities.

Immunotherapy is a treatment that literally uses your body's own immune system to invade and destroy cancer.

CAR-T (Chimeric Antigen Receptor) and TIL (Tumor Infiltrating Lymphocytes) cancer immunotherapies are not universal cancer cures at this stage. However, on-going clinical trials (conducted for major pharmaceutical companies and America's National Institute of Health) at Sheba Medical Center's oncology unit, where "end stage" cancer patients are being treated with CAR-T, which specifically targets leukemia and lymphoma, and TIL that zeroes in on melanoma and ovarian cancer patients, have injected new hope into dozens of patients, who were only weeks or months away from certain death.

Seventeen cancer stricken people were treated at Sheba during an initial CAR-T trial, after all of these patients had displayed zero improvement in the wake of traditional chemotherapy treatments and bone marrow transplants. Of those seventeen, 75% had a complete response to the CAR-T treatment. One of those CAR-T patients, an 8 year-old girl from Bnei Brak, was the first child to achieve COMPLETE remission from childhood leukemia. A Sheba Medical Center oncologist boasted, "When we came to give her the CAR-T cells, she was very, very sick. She couldn't even get out of bed. When we came back to visit her three weeks later, she was going back and forth on her rollerblades!"

There have been equally incredible results in the treatment of hemophilia.

Recently, a 1 year old boy, became the youngest patient in the world suffering from both severe Hemophilia A and an unusual allergy to be treated at Sheba Medical Center with a novel drug that only recently was approved for use in the USA. The drug developed by a biopharmaceutical company in the USA, contained a "bispecific antibody" that was injected into the child. According to clinical trial results published in the renowned New England Journal of Medicine, the new drug has shown a 90% reduction in bleeding in children and a 70% reduction in adults.

"This is a new exciting era with many novel options for improved care and even complete cure of patients with hemophilia," boasted Professor Gili Kenet, Director of the National Hemophilia Center at Sheba Medical Center. "The child's mother is so happy with the new treatment. The child had experienced a head trauma, but required no further therapy at all. Usually, this type of injury with a hemophiliac patient would involve hours in the Emergency Room ER with repeated doses of intravenous coagulation factors. However, there were no complications as his hemostasis (blood factors) was completely normal!"

At Sheba Medical Center, a troubling diagnosis is never a reason to give up hope. With its talented doctors discovering and working with new therapies, Sheba Medical Center is providing patients with the prescriptions for long and healthy lives.

## SHEBA – ISRAEL'S LARGEST MEDICAL CENTER

Sheba is the beating heart of Israeli medicine. Every year, 1 in 5 Israelis are treated at Sheba. Sheba's world-class innovation and medical research are changing the face of modern medicine, in Israel and around the world. With an emphasis on patient care and integrated medicine, Sheba is doing more than treating illness ... it is changing lives.

-  Sheba treats **1.5 million** people per year.
-  Sheba's staff of **8,060** includes **1,425** doctors.
-  Sheba performs **260,000** diagnostic imaging exams per year
-  Sheba conducts **1,600,000** lab exams per year

[eng.sheba.co.il](http://eng.sheba.co.il)

The Chaim Sheba  
Medical Center at  
Tel HaShomer  
ISRAEL'S CITY OF HEALTH  
SINCE 1948



Innovative surgical techniques at Sheba Medical Center.



## VIEW FROM THE CHAIR



## Supporting those who support us

By Rowan Polovin,  
Chairman, SAZF Cape Council

In early June we hosted the South African Friends of Israel conference in Cape Town themed “Bringing Israel to Africa”. Over 300 Christians filled an auditorium and embraced Israel and the Jewish community with unconditional love, support and solidarity. Jews who do not regularly engage with our Christian friends are often astounded at such an outpouring of passion and devotion to the Jewish State and the Jewish People.

It can be unexpected and surprising to see such a display of friendship and allegiance given our People’s history of persecution, often at the hands of

Christians. Yet, notwithstanding the past, we ought to embrace the Christian Zionists with as much authenticity and honesty as they do us. They believe in our just Jewish State and our inalienable rights to it more than most, and will loudly and proudly defend us with remarkable conviction at any opportunity. If only more of us had as much fire, passion, pride and conviction as they do about Israel.

Zionism is intrinsic to Jewish identity, yet not enough of us in our community come out and support others who are defending our very essence. This ought to improve if we want to secure our future in this country, particularly after the viciously anti-Semitic

statement of the ANC in May 2018, where Israel was compared to a Nazi-state and Jews were told to cut off our connection to our spiritual homeland. Most South Africans are Christian, and the Zion Christian Church is the largest African-originated church in Southern Africa.

Is it important that we encourage these potential Christian allies to speak up and out against the ruling party and government when it veers into anti-Israel and blatantly anti-Semitic rhetoric, and particularly when its foreign policy agenda gets hijacked. We need to help them as voters send an unequivocal message to the ruling party that its continued hostility to the Holy Land means that it will increasingly erode

support with the majority of South Africans. Likewise, other political parties should understand that equivocating on Israel, the only democracy in the Middle East, may cost them in support and votes. Without us Jews working with our Christian friends to turn South Africa into an Israel-loving nation, we may be unable to secure our own present and future certainty in this country.

It is thus imperative, for our own self-interest and self-identity, that we support those who support us, and do so at any opportunity. Our South African Friends of Israel Conference was an overwhelming success, and we again thank everyone who attended. See you next year.

## SAZF CAPE COUNCIL



### Orly Castel-Bloom book launch

By Jacqui Rodgers,  
Head Librarian,  
The Jacob Gitlin Library

Orly captivated the entire audience from the moment she began her talk. She told the story of how she began writing and her motivation for writing her books. It was most touching when she shared the trauma she experienced when her father died and how she dealt with her loss through

#### writing short stories in each of which someone died.

She focused on her postmodern classic Dolly City as well as An Egyptian Novel, which was semi-biographical as her parents were originally from Egypt. Her entertaining snapshots about her family, especially her 91-year-old mother, amused everyone as well as her descriptions of her latest novel, which is set in her apartment in Tel Aviv.

She left the audience inspired to read her books.

It was a privilege for the Jacob Gitlin Library, SAZF and WIZO to be part of this event and I thank the Israeli Embassy for making this possible.

SA FRIENDS OF ISRAEL



## Bringing Israel to Africa Conference

By Rodney Mazinter,  
Vice-Chairman, SAZF (Cape Council)

**Some 300 enthusiastic, committed registrants gathered in friendship and solidarity at the "Bringing Israel to Africa" conference at the beautiful Hugo Lambrechts Auditorium in Parow for a colourful and happy gathering from Cape Town's Christian and Jewish communities. Registration revealed that delegates from across all religious, racial and cultural divides attended in support of Israel and gave to the lie to Israel being an "apartheid state".**

The solidarity with, and the admiration and love for the embattled Jewish state, was inspirational to behold. Singing, dancing and musical interludes from the STAC Foundation Singers and Erez Shaked that involved the entire audience, underpinned the more serious presentations from both local and visiting luminaries.

Julie Berman, Executive Director of the South African Zionist Federation (Cape Council), set the tone in her opening remarks as Master of Ceremonies when she underlined the cooperation between Christians and Jews in South Africa and the support each gave the other in bringing Israel to Africa, and taking Africa to Israel. SAFI (South African Friends of Israel) has as its foundation position that the future of Israel relies on "spreading the truth" while reaching out to all communities in order to find solutions.

"As a flagship initiative of the South African Zionist Federation, SAFI is at the forefront of changing attitudes towards Israel and global Jewery."

SAZF chairman, Rowan Polovin, in a rousing speech galvanised the audience and set the tone for the speakers who followed. He told us that an overwhelming number of South African Jews and Christians supported Israel as a modern, humane, innovative country that brought hope to the world by the example it set. He emphasised how ridiculous and destructive organisations such as BDS are; the very antithesis of bringing peace and prosperity to the region. SAFI's goal is to strengthen ties between Israel and its allies across the African continent and to always build new relationships through dialogue between the South African Jewish community and the broader South African Faith, Cultural, Political and Civil Society."

### Guest Speakers

**Rabbi Carlos Tapiero** – Deputy Director General and Director of Education at the Maccabi World Union spoke about Israel's 70 years of existence and the role played by Christians in supporting and standing shoulder to shoulder with the Jews of the Holy Land.

**Sivan Ya'ari** – Founder and CEO of Innovation Africa, brought the audience to its feet in a prolonged standing ovation by giving delegates an emotional presentation in word and

video of how an Israeli woman with drive, love and a belief that anything is possible can make a difference in the most primitive of situations bringing light, food and water to the most abysmal existences to be found on the African continent.

**Professor Eytan Gilboa** – Professor of Communications and Internal Relations at Bar-Ilan University demonstrated through slides and words how Israel has always been willing to compromise in the search for peace but how on seven occasions between 1937 and 2012 the Palestinians rejected the outstretched hand.

**Vivienne Myburgh** – Director Israel Christian Embassy in Jerusalem in a rousing speech concentrated on converting words to action and that the time had come for all who had the best interest of the Jewish state at heart to stand up to intolerance and hate.

**Steve Swart** – Member of Parliament for the African Christian Democratic Party's national executive dealt with the egregious decision of the ANC to withdraw our ambassador from Israel and to downgrade our diplomatic representation.

**Archbishop Mbulelo Mvubu** - the Council of churches of South Africa-

told the audience how he decided to "see for himself" and how he came away from his visit to the Holy Land with an entirely changed perspective and, more importantly, as an advocate for Israel.

**Rev Barry Isaacs** – CPT Transformation Africa. Spoke about promoting Israel through the church. With his own radio programme he reaches many listeners around Cape Town and retains and grows a listenership that increasingly looks for and responds to the truth presented in a cultured and educated fashion.

**Jamie Mithi** – SA National debating champion and political commentator, a young man with a law degree who made a deep impression on all who had the privilege of listening to him, spoke of his turnaround when his refusal to accept what was being fed to him without verification led him to find out for himself and found that far from being the bogymen being depicted, Israel was a modern, ethical and humane country the equal of any other in the world.

The conference demonstrated that SAFI exemplifies the principles of peace, love, unity, education and truth that sought to promote mutually beneficial connections between Israel and Africa and to change for the better the hearts and minds of the continent.



Christians and Jews stand together for Israel



Executive Director of SAFI Gavi Sacks and Archbishop Mbulelo Mvubu (SAFI Pastor's Tour 2018)



SAZF (Cape Council) Chairman Rowan Polovin, Rabbi Carlos Tapiero, Sivan Ya'ari, MP Steve Swart and Professor Eytan Gilboa

**BNEI AKIVA**



**The crazy times we live in**

By Chanan Suiza,  
Chairman, Bnei Akiva Cape Town

**HABONIM DROR**



**Mid-year Habo Magic**

By Jess Levitt,  
Rosh Machaneh 2018

Is there anything better than getting together with all your friends, eating great food, having fun and learning together? I think not. Shavuot was a magical night of learning and celebration. We spent most of the night in the warm and wonderful shul that is Morasha. With a guest appearance of Rabbi Kaplan who joined us from Johannesburg, we had an unbelievable night of learning, growth and fun.

As we approach the middle of the year we begone to build up to one of our most incredible annual events! WINTER CAMP! That's right, winter camp is on its way with our incredible Rosh Winter Camp, Ryanne Fox. Returning for her second year as Rosh winter camp and as expected it's going to be incredible ;).

Setting up in the wonderful West Coast National Park, it's going to be pretty amazing. Sand dunes, canoeing, snake shows and hikes of the most beautiful landscapes. We are looking forward to a fun packed winter camp. This also presents us with another opportunity to see our younger madrichim continue to build on the strong connections they made on mini mach with their chanichim. But one aspect about winter camp which makes it just that much more special, is that all the chanichim will be together on one camp site. All the way from grade 3-9. Being in this special environment really does bring the whole of Cape Town Bnei Akiva together. In preparation for winter camp, we had a big maddies launch to build the hype and let people know that it's going to be a camp full of fun, adventure, hot chocolate and bonding.

We also had our final session of the Sayeret Orot program this month. This was the last session before the members who are going on hadracha leave for Israel. They will be dearly missed, but we know they are going to have the most unbelievable experience.

HDSA has been having a whirlwind month of June with activity in the kenim, our Machaneh name for 2018 being launched, Shorashim, Israel Leadership Tour and our first ever Bogrim Taglit tour all gearing up to head over to Israel

**NETZER**



**The best is yet to come**

By Jason Bourne,  
Rosh Cape Town

**SAUJS**



**SAUJS WC**  
reaffirms its stance at UCT

By Nicole Lee,  
Director

Following the appalling incident with the Israeli flag during this year's Israel/Jewish hate fest - 'Israel Apartheid Week' - SAUJS took a 'go big or go home' approach to celebrating Yom Ha'atzmaut and Yom Yerushalayim, two of the most highly celebrated Israel/Jewish-related events, at UCT.

SAUJS hosted both events on Jammie Plaza/Memorial Steps, one of the busiest locations on the campus, to ensure maximum exposure to and participation of all UCT students. Both events were extremely well-received.

for the summer. We will have over 100 chaverim creating memories of a lifetime and exploring Israel top to bottom this July and we could not be more excited and proud of this incredible feat.

Machaneh 2018 is just around the corner and we're very excited to have just released our name for 2018. HDSA's מילוןחמה18 (Machaneh18: Ha'Cholmim – The Dreamers) is shaping up to be an incredible experience on our gorgeous campsite in Onrus. This year's Machaneh Va'ad Poel felt that this name really captures the movement's essence of 2018.

With Machaneh preparations well underway and our Va'ad Machaneh soon to be announced, we have loads of exciting things coming your way. Machaneh will be happening from the 12th-30th December 2018.

With the school holidays fast approaching, we've got tons of exciting things planned for our channichim across the country including our winter day-camps in both JHB and CT. Please be in touch with roshkenct@habo.org.za to find out more information about our day camps for Garinim (grades 3-4) and Shtilim (grades 5-6).

**After an amazing Winter Machaneh, Netzer is feeling rejuvenated and is excited for what the rest of the year holds.**

Even though our next biggest event is our end of year Summer Machaneh, don't you worry. Netzer will still be hosting plenty of exciting events and activities to keep you busy till it's time to pack your bags for two weeks of amazing fun and friendship under the summer sun.



Winter Machaneh



Yom Ha'atzmaut and Yom Yerushalayim on campus

THE ISRAEL CENTRE



### Israel Programmes and Aliyah Expo

By Michal Ilan, Community Shlichah



Dorrin Kline and Ariela Siegel – Telfed delegates to the expo



P2G school Twinning Delegation at Tel Azeka

THE ISRAEL CENTRE



### P2G School Twinning Teachers Delegation

By Michal Ilan, Community Shlichah

Two teachers from each Herzlia primary school together with teachers from Johannesburg, left for a week long seminar in our P2G region of Beit-Shemesh and Mateh Yehudah.

They taught classes at their twinning schools, learnt more about different challenges Israel faces, visited a centre for innovation in education, interacted and worked with their counterparts as well as prepared new and exciting programmes for the remainder of the year.

**What a joy it was to watch people leave with a smile after entering the expo with many concerns and questions.**

Visitors were able to have one-on-one meetings with 22 different delegates from Israel who represented different organisations and institutions. They were given specific information for their needs in order to help them make plans for the future. The delegates also presented at Herzlia High School to give learners information about their possibilities for higher education and gap year options in Israel.

[www.sazfcape.co.za](http://www.sazfcape.co.za)

Find us SA Zionist Federation - Cape Council @SazfC



## Putting the mitzvah in Bat Mitzvah

On 27 May, Kaylee Dirmeik, a pupil at Sinai Academy, celebrated her Bat Mitzvah at Coffee Time.



Kaylee Dirmeik with UJW Fundraiser Shelley Levy and UJW Chairperson Patsy Fivelman

The UJW were thrilled to be part of Kaylee's special day when she chose to include *Baby Bags for Beginners* as the main activity for her Bat Mitzvah. By doing this, she was able to celebrate her special day and at the same time do a wonderful mitzvah.

The Dirmeik family gave a generous donation towards purchasing the contents for the new born baby bags which were packed by Kaylee, her family and her friends on the day. These 40 bags will be delivered to the Social workers at Somerset Hospital who will ensure they are given to indigent mothers who would otherwise not have been able to afford these items.

*Baby Bags for Beginners* is one of the newest initiatives of the Union of Jewish Woman. They have been working closely with the social workers at Somerset Hospital to support new mothers, many of whom face daunting

challenges. These mothers do not have access to pre-/post-natal care and issues like poverty and single parenthood are the norm. Many are from previously disadvantaged backgrounds, are unemployed, live in rural areas and are totally reliant on their

monthly government grant of just over R300.

Each new mom is presented with a bag containing many of the essentials they will need to take care of their new born baby. The Idea behind the UJW's *Baby Bags for Beginners* is to give every new born baby a better start to their lives whilst supporting their mothers. The UJW hopes this will develop into a long term ongoing project. The Union of Jewish Women looks forward to participating in many more Bat/Bar Mitzvahs in the future and would be delighted to link *CJC* readers with one of their many projects uplifting and assisting those in our community who desperately need help.

For more information call Shelley on 021 434 9555 or email [fundraising@ujwcape.co.za](mailto:fundraising@ujwcape.co.za)



Selwyn Bloch

Market Toyota Culemborg

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# NURTURING TOMORROW'S JEWISH LEADERS



## ACADEMICS

Scholastic excellence combined with a love of learning and curiosity.

## COMMUNITY

Who, what and where we are and how we fit into the world around us.

## ISRAEL

Our heritage.  
Our homeland.  
Our birthright.

## BALANCE

Development of Mind, Body and Neshama are equally valued and pursued.

Make the best choice for your child!

You have heard about us, now come and see what the buzz is about!

Join the #IAMPJ family

# OPEN FAMILY DAY

**SUNDAY 19 AUG, 2018**

**TIME: 10:30 - 1:00**

Here is your opportunity to be part of the PJJDS experience!

Fun for kids from playgroup to Primary School!



## Supporting, celebrating and educating our community

When sirens were sounded in the northern communities in the early hours of the morning on Thursday 10 May, residents knew to take shelter in reinforced security rooms. Shortly after the warning sirens, over 30 missiles were launched from Syria. Four entered Israeli airspace and were intercepted by Israel's legendary Iron Dome. In response, Israel retaliated in the largest Israeli attack in Syria since 1974.

Concerned with the wellbeing of our olim in the Golan Heights, Telfed staff members made contact with former Southern Africans to confirm that they were out of harm's way and to provide them with the relevant information, in English, on safety procedures. For many olim, the call from Telfed provided reassurance and reiterated the importance of being a part of a community. The Home Front Command (or Pikud Ha'Oref in Hebrew) prepares safety guidelines for Israeli citizens to ensure that the public is informed about safety measures in the case of an emergency.

**A**BBA and Celine Dion launched award-winning music careers after their Eurovision victories. This year, Neta Barzilai reigned supreme — paving the way for Eurovision 2019 in Jerusalem. There was a buzz of excitement throughout Israel, and one very enthusiastic South African Oleh came to inform Telfed staff of the South African connection. The award winning song Toy was co-written and composed by Doron Medalie, the grandson of South African Olim, Dr. Jack and June Medalie. The Medalies moved to Israel in 1948 and served as Machalniks (overseas volunteers) in the War of Independence. This was the start of a remarkable contribution to the State of Israel. Dr. Medalie went on to head the Family Medicine Unit at Tel Aviv University. Doron is associated with some of Israel's leading performers. Witnessing how Southern African immigrants make significant contributions to Israeli society — in all fields, from medicine to music — is both heartwarming and inspiring. These are proudly South African-Israeli moments!

**T**elfed staff members attended the Aliyah Expo in Johannesburg and Cape Town in May 2018 to provide information and advice. Telfed CEO, Dorron Kline, was accompanied by representatives from Telfed's Aliyah and Klita, Housing and Employment Departments. While the technicalities associated with the aliyah process fall under the jurisdiction of the Jewish Agency for Israel and the Israel Centre in South Africa, Telfed plays an invaluable role as the representative body of the Southern African community in Israel. The diverse and extensive pre-Aliyah and absorption services that Telfed offers are unique amongst the 23 Olim organisations in Israel.

Telfed staff were impressed with the interest shown, and used the meetings to provide individual advice. Ariela Siegel, Head of Aliyah and Klita at Telfed, said that 'people were thirsty for information, and appreciated our presence at the Expos. People are looking for a better future and hope to find it in Israel.'

Dorron Kline, Telfed CEO, noted the growing interest in tertiary education in Israel. With thanks to benevolent donors, Telfed coordinates the SASI



Telfed Employment Counsellor, Yael Strausz, providing valuable advice at the Aliyah Expo in Cape Town

(Southern Africans Studying in Israel) Scholarship Programme, which provides accommodation scholarships based on need to those who come to study in Israel as tourists. Most SASI students choose to study in English, however, owing to the higher costs of studying in English at private institutions, there is a growing interest in commencing with a Mechina (pre-academic) Programme which enables students to significantly improve their Hebrew skills and gain entrance into Hebrew speaking public universities at much cheaper tuition rates.

Telfed will be opening scholarship applications for both SASI tourist students and Olim students in mid-June. More information is available on our website — [www.telfed.org.il/SASIProgramme](http://www.telfed.org.il/SASIProgramme).

### MOST SOUTH AFRICAN JEWS ARE ENTITLED TO EUROPEAN CITIZENSHIP AND ACCORDINGLY, AN EU PASSPORT

**A COMMON MISCONCEPTION IS THAT SOUTH AFRICAN JEWS WITH ASHKENAZI HERITAGE ARE OF LITHUANIAN DESCENT AND THAT ONLY THOSE WHO ARE ABLE TO PROVE THEIR ELIGIBILITY FOR LITHUANIAN CITIZENSHIP ARE ABLE TO OBTAIN A EUROPEAN PASSPORT. THE FACT IS THAT MOST SOUTH AFRICAN JEWS DO QUALIFY FOR EUROPEAN CITIZENSHIP, WHETHER THEY CAN PROVE THEIR LITHUANIAN LINEAGE OR NOT, AND MOST SOUTH AFRICAN JEWS OF SEPHARDIC HERITAGE ARE ELIGIBLE FOR EUROPEAN PASSPORTS TOO.**



Adv. Avi Horesh has in depth knowledge of the applicable legislation and in his experience, the majority of South African Jews have ancestors who were illegally deprived of citizenship. As their descendants, these Jews are eligible for European citizenship which will result in their obtaining a EU passport.

**Adv. Avi Horesh is a leading Israeli lawyer who specialises in the field of European immigration and citizenship. He has in-depth knowledge of the applicable legislation and advises that the majority of South African Jews have ancestors who were illegally deprived of citizenship, and accordingly, their descendants are eligible for European citizenship, which would result in their obtaining a EU passport.**

**Horesh explains that many South African Ashkenazi Jews of Lithuanian origin have been refused Lithuanian citizenship because their heritage is actually Polish. They would accordingly be entitled to Polish citizenship and an EU passport.**

***In addition, many Sephardi South African Jews of Greek, Moroccan or Turkish origin, amongst others, are entitled to Portuguese citizenship, and an EU passport.***

#### **Ashkenazi:**

Adv. Horesh advises that eligibility for a Lithuanian or Polish passport depends on the city from which your grandparents (or their parents) hailed. After WWII borders in Europe changed, resulting in the countries in which cities were found changing. The adjacent map of Poland and Lithuania illustrates that cities such as Vilnius, which was a Polish city until 1939, is now a Lithuanian city. The resultant effect for descendants of Jews who were born in Vilnius is that their application for Lithuanian citizenship will be declined, but an application for a Polish passport may very well be successful.

#### **Sephardi:**

Descendants of Sephardi Jews (who were exiled 500 years ago) are most likely eligible for a Portuguese passport. If applicable, Adv. Horesh is able to obtain an official certificate confirming such eligibility, on the basis of which an application for Portuguese citizenship can be made and will most likely be successful.

Adv. Horesh currently resides in Israel,

but has spent seven years in Poland, and is recognised as a leading lawyer in the field of European citizenship. He has a full understanding of local immigration laws.

Living in Israel — a four-hour flight from Warsaw and Vilnius — provides Adv. Horesh with quick and easy access to Poland and Lithuania. Accordingly, he is able to work closely with local professionals who assist him in tracing documentation required for successful applications for European citizenship.

In addition, and as a result of his close ties with Portuguese authorities to date he has a 100% success rate with applications for Portuguese citizenship.

**ADV. HORESH IS AVAILABLE TO DISCUSS YOUR SPECIFIC DETAILS. HE IS REGULARLY IN SOUTH AFRICA AND CAN MEET IN PERSON TO DISCUSS YOUR SPECIFIC NEEDS. E-MAIL:**

**[adv.avi.n.horesh@gmail.com](mailto:adv.avi.n.horesh@gmail.com)**

# A Mitzvah a Day

Enjoy a month of mitzvot with young family members, brought to you by PJ Library®. Cut out this mitzvah chart and try a new activity each day. There are 30 activities in total — that's one for every day of the month — to inspire a life filled with mitzvot.

- Invite someone new to Shabbat  
**welcoming guests**
- Clean out the closet and donate clothes you don't wear  
**clothing the needy, tzedakah**
- Make a "Get Well Card" for a friend who doesn't feel well  
**visiting the sick**
- Help a bug find its way outside  
**kindness to animals**
- Help a parent with a chore  
**respecting parents**
- Volunteer at a soup kitchen  
**respecting the poor**
- High five someone from the other team and say "good game," even if you lose.  
**honoring friends, cooperation**
- Share your favorite toy with a friend or sibling  
**not coveting**
- Compliment someone  
**respect, joy**
- Sit with a lonely kid at lunch  
**friendship, tikkun olam**
- Collect canned goods for a food bank  
**feeding the hungry**
- Sort the recycling  
**not wasting needlessly**
- Help a friend find something they've misplaced  
**returning lost objects**
- Invite a new classmate to sit with you at lunch  
**welcoming guests**
- Make a bird feeder  
**kindness to animals**

- Visit residents at a nursing home and read stories together  
**honoring the elderly**
- Interview a grandparent, aunt, or uncle, and write down their story  
**passing on traditions, honoring elders**
- Settle an argument between siblings or friends  
**peace, respect**
- Plant a tree  
**caring for the environment**
- Pay for someone else's lunch  
**loving others**
- Write "thank you" notes  
**gratitude**
- Make no-sew blankets and donate them to a shelter  
**tikkun olam**
- Send care packages to deployed soldiers  
**tikkun olam**
- Count your blessings  
**gratitude**
- Introduce yourself to a new neighbor  
**welcoming guests**
- Put toys away  
**peace in the home, honoring parents**
- Decorate "no-slip" socks to donate to hospitals or nursing homes  
**tikkun olam, visiting the sick**
- Participate in a local park or beach cleanup  
**caring for the environment, tikkun olam**
- Turn old t-shirts into something new, like a grocery bag or pillow  
**not wasting needlessly**
- Grab a few friends and pack lunches for a shelter  
**feeding the hungry**





# Miracle Drive 5778 — Inspiration, Strength, Hope

By Rabbi Oshy Deren

**'Miracles of Goodness and Kindness' defined the glitzy and glamorous Miracle Drive on Sunday 27 May at the Cape Sun Ballroom.**

The ever entertaining Nik Rabinowitz had the crowd in stitches as he introduced ARK, Chabad's project encouraging 'Acts of Random Kindness' for South Africans of all backgrounds and races, spearheaded by Rabbi David Masinter of Chabad Johannesburg.

Thuli Madonsela, South Africa's ever fearless past public protector gave a moving address with a soft-spoken strength encouraging us all to place South Africa on a pedestal of hope. In introducing Thuli, MP Michael Bagraim touched on the three line letter of hope that the Lubavitcher Rebbe sent his family in 1976 which inspired his decision not to flee the country. The Rebbe's words, he suggested, hinted at a future where people of Thuli's courage and stature would ensure our continued positive growth.

The dancing fiddler Daniel Ahaviel from Israel wowed the crowd with a mind-blowing flourish of his violin-playing talent on display throughout the night.

Eli Beer of Israel's United Hatzolo shared the emotionally charged story of how a 6 year old boy's trauma at the site of a tragic terrorist attack in Jerusalem ultimately led to the establishment of United Hatzolo's ambulances with an emergency response time of anywhere from 3 minutes to as little as 90 seconds.

Merle Rubin's delectable cuisine rounded out the night's five star experience while amazing draws and prizes ensured that everyone was a winner — seeing that the real winners, the thousands of beneficiaries of Chabad's vital work, are secure in the knowledge that thanks to the Miracle Drive, Chabad will be there for them, with selfless love and care.



*Michael Bagraim*



*Advocate Thuli Madonsela*



*Melanie and Dave Shapiro and Dov Werb*



*Brian and Nicole Schachat*



*Daniel Ahaviel*



*Renee Ziman, Colin Goodman and Nick Rabinowitz*



*David Shochot, Alan Trope, Lawrence Kleiman and Rael Kaimowitz*



*Devorah Parshan, Esti Zwick, Batsheva Lipsker and Faigi Herson*



*Rabbi Levi Popack, Lawrence Kleiman, Jina Kleiman and Rosie Popack*



*Daniel Ahaviel with Rabbi Popack*



*Issy Danon and Eli Beer*



*Gary Shap, Searl Derman, Nik Rabinowitz and Ian Hooper*



*Sue and Leslie Stern*



UNION OF  
ORTHODOX SYNAGOGUES  
OF SOUTH AFRICA  
איחוד בתי הכנסת האורתודוקסים  
בדרום אפריקה  
CAPE COUNCIL

# THE MIKVEH PROJECT מקווה פרויקט



[WWW.UOSCAPE.CO.ZA](http://WWW.UOSCAPE.CO.ZA)



## Refreshing renewal for our Cape Town mikveh

Chief Rabbi Dr Warren Goldstein

**The Cape Town Jewish community is embarking on an exciting and inspiring new project: the complete renovation, upgrading and rebuilding of our city's mikveh, the Mikveh Aaron, located in Sea Point.**

It is long overdue. The state of the current mikveh is not befitting the respect and dignity due to the women of our community. Our sages teach us that *"in the merit of the righteous women, we were redeemed from Egypt, and in their merit we will be redeemed in the future"*. The women of our community ensure its vibrancy and vitality. The renovation of the mikveh is a tribute to them and seeks to reflect the creativity, sparkling brilliance and loyalty of the women of the Cape Town Jewish community.

A better mikveh is about a functional and effective mikveh that is user-friendly, dignified, hygienic and welcoming. It is also about its aesthetics and beauty. Our sages learn from the Torah that we must do mitzvot in a beautiful way. We try to acquire a beautiful tallit, build a beautiful succah, and wear beautiful clothes on Shabbat. When something is really important, we put in the effort and do it beautifully, and this enhances the spiritual experience. A city with such magnificent mountains and ocean,

such beautiful views, a city which is a sparkling jewel in South Africa and a cosmopolitan hub of people throughout the globe, needs a magnificent, beautiful mikveh – one which reflects the beauty of the city in which it is contained.

Capetonians understand better than anybody on earth the blessing of what water is. At the heart of the mikveh is the blessing of water, the power and the spiritual energy of its life-

*"The women of our community ensure its vibrancy and vitality. The renovation of the mikveh is a tribute to them and seeks to reflect the creativity, sparkling brilliance and loyalty of the women of the Cape Town Jewish community."*



# BURNING BRIGHTLY

giving forces. The power of spiritual purification, the power of re-inspiration, the power of rejuvenation – that is what water is all about. And that is what the mikveh is all about. The mitzvah of family purity, the physical separation between husband and wife, and their loving and passionate reunification through the mikveh, is about the rebirth and renewal of a marriage. And in the same way that water rejuvenates, replenishes and revives physical life on earth, so too do the waters of the mikveh revive and replenish and re-inspire the relationship between husband and wife, which in turn revives and replenishes the positive energy in a family. And this, in turn, revives and replenishes the positive energy in the community.

This is not only a project about the bricks and the mortar, the cement and the artwork – it is about reviving the mitzvah of mikveh for our community. The vision to renew, rejuvenate and uplift the Cape Town mikveh is also about the vision of including more people in this very special mitzvah.

The more inviting and pleasant and inspiring the experience of going to the mikveh is, the more people will want to use it. What can be a more precious outcome of this initiative than more people using the mikveh?

This is one of our most precious mitzvahs; a

foundational pillar of what it means to be a Jew and what it means to live in a Jewish community. It's what the Jewish family is all about. Ultimately, the strength and vibrancy of the Cape Town Jewish community is directly dependent on the strength and vibrancy of the families that make up our community. The vibrancy and positivity of these families is directly dependent on the marriage and the positive energy between husband and wife, which the mikveh and its laws nurture and instil.

So let us come together as a community to rebuild our mikveh in the best possible way. Let us come together in the spirit of partnership and friendship, the spirit of unity.

Each one of us can make a contribution to this great mitzvah. If we all contribute together then we can create something truly magnificent and something that brings an energy of inspiration and vitality into the centre of our community. It is so wonderful as a community to have a project that unifies us, that brings us together across all of our different backgrounds, in a spirit of unity, so we can truly strive together to achieve something great.

**For more information about The Mikveh Project, or to find out how you can contribute to this community unity initiative, email [admin@uoscape.co.za](mailto:admin@uoscape.co.za) or contact Eric Berger at the UOS on 021 461 6310.**

*"A city with such magnificent mountains and ocean, such beautiful views, a city which is a sparkling jewel in South Africa and a cosmopolitan hub of people throughout the globe, needs a magnificent, beautiful mikveh – one which reflects the beauty of the city in which it is contained."*



# JEWISH LIFE ON <sup>(& off)</sup> CAMPUS

A monthly recap from The Samson Student House - Powered by Chabad on Campus



## THATS A WRAP!

Rabbi Nissen & Ariella Goldman, Co-Directors



Dear Capetown Yid,

The year is half complete. And we look back at the first semester (how we calculate time on campus) with mixed emotions. On the one hand, so much has been accomplished in the last six months, from launching (successfully) the weekly Ikeys Minyan, a first for UCT, to reaching new levels of participation for Shabbat dinners at the Samson Student House (maxed out at capacity 40 students).

On the other hand, there is so much that has yet to be accomplished! We have a long list of untouched ideas geared towards building community, strengthening identity and having plain old kosher fun, that have yet to be implemented. Then there are the alleged "hundreds of Jewish students" out there, whose paths we've yet to cross.

This perhaps, is why Hashem created the idea of tomorrow. There's a second semester about to start and we have so much to look forward to. The knowledge that we haven't even scratched the surface of our mission; To reach every 18-25 Yid in Cape Town is in fact motivating more than anything else.

And so too in all of life. It is so important to remember that. Instead of being crushed by the thought of what we haven't accomplished, we can be inspired by the fact there is more we can do to change the world! This is the heart of the Jewish mission. No matter how far we as a nation and we as humanity have come, we ain't done! Until our actions compel Moshiach to descend.....tomorrow is another day!

## HONOURING OUR SCHOLARS!

A graduation ceremony was held at the Samson Student House, honouring the nine Sinai Scholars who, collectively devoted 250+ hours during first semester to invest in their Jewish Knowledge and Torah study. Having successfully completed our 8-week course- "Think Jewish", they were inducted as fellows of the International Sinai Scholars Society, a global Jewish academic society where thousands of millennials across hundreds of universities are discovering the Heritage they were born into - Judaism. At the ceremony, which was attended by friends, family and Sinai Scholars Alumni, the scholars presented a summary of their research papers. Topics included: The mitzvah of Tzedaka, What is a Jew, Coincidence VS Divine Providence, The right to die - Judaism on Euthanasia, Jewish continuity through marriage, Judaism on gun control, Organ Donation in Halacha, A Jewish view on Autism and Mindfulness in Judaism. We are extremely proud and inspired by the scholar's dedication and commitment to furthering their Jewish journeys. We want to thank our supporters for making this experience possible.



TOP L-R: Jordyn Fitzpatrick, Emma Botha, Jamie Sundelson, Shevy Shulman, Rebbetzin Ariella, Kevin Pogrund BOTTOM L-R: Alyssa Kleiner, Jessica Alhadeff, Rabbi Nissen, Jadon Wolffs. MISSING: Johnathan Shkedy

## CHABABE OF THE MONTH:

NAME:

Jamie (Me'ira) Sundelson.

AGE: 21

BORN: Cape Town

SCHOOLING: Reddam House Constantia and now UCT

COURSE: Honours in Organisational Psychology

SINGLE/TAKEN: Single

WHAT IS YOUR IDEAL

DATE? Anything outdoors.

MOST ATTRACTIVE

QUALITY IN A PARTNER? Confidence! SOCIETIES DO YOU

BELONG TO? Chabad on Campus, SAUJS, The Organisational Psychology Students Society and The Ubunye Outreach Society

WHAT DO YOU WANT TO BE WHEN YOU GROW UP? "The boss"

IN YOUR OPINION, WHAT IS THE SECRET TO BEING HAPPY?

Gratitude. I don't think that happiness comes from getting what we want but rather from appreciating what we already have.

CAN YOU SHARE A REAL LIFE CONFLICT THAT YOU'VE

EXPERIENCED BETWEEN YOUR JEWISH IDENTITY AND THE

DEMANDS OF VARSITY LIFE? The first year I was old enough to go to Rocking the Daisies, it fell on Yom Kippur. It was especially difficult

to have to miss out while most of my friends went but fasting at a festival would have been a bit harder. In hindsight and having now been to Daisies many times, I definitely didn't miss out on much.

NAME AN UNDER-APPRECIATED UCT TREASURE?

The iced-coffee on Middle Campus. It's well worth the schlep.

WHAT IS YOUR FONDEST JEWISH MEMORY AS A CHILD?

My brother's Barmi - I just had so much nachas.

IF THERE WAS ONE PERSON YOU COULD HAVE DINNER WITH WHO

WOULD IT BE, AND WHY? Sheryl Sandberg. She's the COO of Facebook and a very intelligent and successful Jewish woman. I have read her books and have a few follow-up questions :)

WHAT'S YOUR FAVOURITE DISH AT CHABAD? Ash's sushi salad

HOW HAS CHABAD ON CAMPUS IMPACTED YOU? So, having never attended a Jewish school I felt there was more I should know about my religion. I also felt disconnected from the community to some extent. I recently completed the Sinai Scholars course which was an incredible

opportunity for me to learn more about Judaism. In fact, I not only know much more about Judaism now but it taught me a lot about myself!



Batsheva Shulman presenting her paper before parents, friends and Sinai Scholars alumni

f CHABAD ON CAMPUS CT | i JEW\_CT | 📞 18-25? SIGN UP! tinyurl.com/jewct

Keeping the flame alive.

Samson Student House  
4 Bollihope Crescent, Upper Mowbray 7700  
rabbi@jewct.com | 072 363 0351 | Chabad.edu

A proud beneficiary of



OUR COMMUNITY GARDNER



**SAJM**  
South African Jewish Museum

# Dani Dreidel's awesome books are here!

Sunday 27 May saw a crowd of excited children piling into the museum for the launch of Dani Dreidel's activity books.

For over an hour kids happily ran around the museum, completing crosswords, scavenger hunts, artwork pages, word games, a memory challenge and a dress up activity where they posed for photos wearing old-time shtetl costumes.

The day included a very enjoyable story-time session at the Gitlin Library. The morning ended with a raffle for great prizes and a delicious cupcake for each child. Even one or two parents got stuck in...

Introduced by the SAJM's new mascot, Dani Dreidel, the SAJM activity books enhance children's visits to the museum. There are two books: one designed for ages 5-8 and the other for ages 9-12. These books help children engage with the museum's exhibits through activities that get them thinking about what they are seeing, keeping children interested in their surroundings while allowing accompanying adults to get the most out of their time in the museum.

The books are available free of charge to children visiting the museum with their parents or other adults and can also be used as a learning tool during school visits.

The launch was a great success. Look out for future children orientated events coming up soon at the SAJM!



*Racing to find answers*



*Kicking off in the Old Shul*



*The littlies also had a ball*



*The raffle draw was nail-biting*



*Awesome storytelling at the Gitlin*



*Shtetl dress up was a hit*

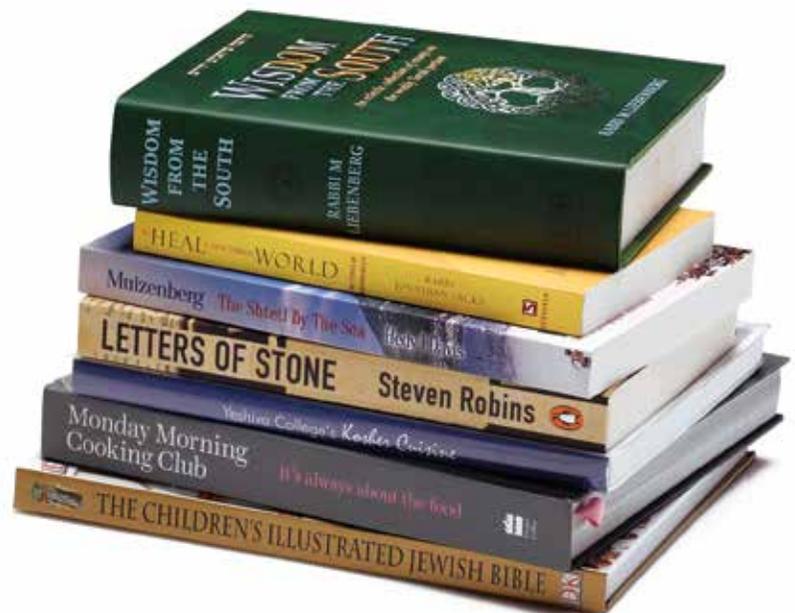
## A good read.

Fiction, Non-Fiction, South African Jewish History, Politics, Religion, Cookbooks and more, we have it all.

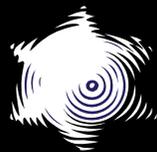
### The SAJM Gift Shop stocks a wide range of Judaica and Yomtov gifts:

Candlesticks, Jewish Books, Cookbooks, Children's Stories, Gift Cards, Jewish Themed Toys and Games, Kippot, Taleisim, Jewellery, CD's and DVD's, Keyrings, Menorahs and Chanukiah's.

[www.sajewishmuseum.co.za](http://www.sajewishmuseum.co.za)



LIQUID CRYSTAL / 4505 / BOOKS



**SAJM GIFT SHOP**

**CAPE TOWN'S ONE-STOP JUDAICA SHOP**

88 Hatfield Street, Gardens, Cape Town. Telephone +27 21 465 1546  
Email [shop@sajewishmuseum.co.za](mailto:shop@sajewishmuseum.co.za)

# Family Announcements

## RECUPERATION — THANK YOU

### LUCIE SORIANO

I, together with my children and their families, would like to express my heartfelt thanks to family, friends and the community for their messages of support and prayers during my recent illness and time in hospital.

With love and gratitude  
Lucie Soriano, Simon and Debbie Soriano, Elton and Robbi Soriano and Rosie and Jonathan Bernstein and their families

## DECEASED

### JOSEPH BRAUDE

It is with deep sadness that we announce the tragic death of Joseph, on 14 May. A kind intelligent and humble gentleman.

Deeply loved and sorely missed by his siblings, nephews, nieces and great nephews and nieces and Jackie.

### GERT GUTTMANN (24/2/1934 – 8/5/2018)

Gert passed away in Israel surrounded by his wife Merle, brother Leslie, daughters, their husbands and grandchildren. Gert was born in Konigsberg and was a graduate of architecture from UCT. Amongst his numerous designs is Beit Protea, well known to many South Africans. Gert and Merle emigrated in 1962.

His life and achievements will be remembered by all who knew him.

## CONDOLENCES — THANK YOU

### GRETA GLASER

We wish to thank family and friends who were kind enough to send condolences on Greta's passing. We will always remember the support given to us

Greta was a role model for all the folks she met from her days as chairlady of the Nursery School Association until her days as a South African bowls champion.

We will miss her love and guiding wisdom  
Leon and daughters

### MAURICE GUY SORIANO

It is of great comfort to know that you are thinking of us as we grieve Maurice's passing. Maurice was a caring, loving husband, father and grandfather.

The legacy Maurice has left is one that will be carried with pride within the family and down the generations. Maurice touched so many lives and it is comforting to know how much he will be missed by those who knew him.

Your thoughtfulness is appreciated and will help us in the difficult times ahead.

With love and gratitude,  
The Soriano and Bernstein Families

To place a family announcement, email: [chron@ctjc.co.za](mailto:chron@ctjc.co.za) or phone Tessa 021 464 6736 (am)

## Jewish Care Cape AGM Invitation



### 10th Annual General Meeting

Wednesday

29th August 2018

17h00 for 17h30 sharp

Gardens Community Centre  
Hatfield Street  
Cape Town

Refreshments will be served at 17h00

Guest speaker: to be announced

*Jewish Care Cape AGM – your opportunity to gain an understanding of the core values of the seven welfare bodies operating under the Jewish Care Cape umbrella and to engage with the leadership of the organisations.*

See you there!



- Astra Centre
- Cape Jewish Seniors Association
- Glendale
- Highlands House
- Jewish Community Services
- Nechama
- Oranjia

For further information contact Shifra Jacobson  
T 021 462 5520  
C 083 509 7154  
E [shifra@jewishcare.org.za](mailto:shifra@jewishcare.org.za)

Parking at the Jewish Museum



## GARDENS SHUL CHORISTERS

The Gardens Shul Choir is looking to recruit additional Choristers.

Interested persons should contact the Choir convener, Solly Berger. 082 568 3670 or email [sollymb@isoft.co.za](mailto:sollymb@isoft.co.za) and provide a brief resumé of their experience.



**bargains galore**  
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[bargainsgaloreofficial@gmail.com](mailto:bargainsgaloreofficial@gmail.com)  
[@bargainsgalore](https://www.facebook.com/bargainsgalore)  
[@bargainsgaloreofficial](https://www.instagram.com/bargainsgaloreofficial)

Bargains Galore is a Jewish Community Services project that provides gainful employment to those in need. We rely on the kindness of people within the community who donate goods and stock to our store. Please think of us when moving house or cleaning out your cupboards. We have a collection service if you are unable to drop off your donation.

Help us make a difference in our community and to the lives of those less fortunate.

*Bargains Galore is a charity store run under the auspices of JCS (Cape.)  
A registered welfare organisation NPO no 003 - 172*

## IMPORTANT INFORMATION:

**ALL DONATIONS TO GLENDALE ARE TAX DEDUCTIBLE**

*Thank you most sincerely for your continued support.  
Our residents are most grateful*

Our well-known Shabbat, miniature Shabbat and Yartzeit candles are now available from all supermarkets and at our office.

**GETTING MARRIED OVERSEAS?** Ask your guests to donate to Glendale Home in lieu of wedding gifts. An appropriate letter will be sent to the bride and groom advising them of your donation. No amount will be disclosed. For further details contact the office.

**GLENDALE GREETING SERVICE:** Letters can be sent to loved ones for birthdays, wedding anniversaries and chaggim or any special occasion. Make use of this service, which is available worldwide.

**TINS:** If your tin needs collecting, please phone the office  
tel: (021) 712 0270 fax: 086 559 6640

10 Galway Road Heathfield • PO Box 40 Bergvliet 7864  
[www.glendalehome.co.za](http://www.glendalehome.co.za) • email: [hazel@glendalehome.co.za](mailto:hazel@glendalehome.co.za)

Glendale activities now on YouTube — search 'Glendale Cape Town'



## I wish you enough

An uplifting story:

A mother and daughter were standing together at the airport as the daughter's departure had been announced. They hugged and the mother said, "I love you, and I wish you enough." The daughter replied, "Mum, our life together has been more than enough. Your love is all I ever needed. I wish you enough, too, Mum."

They kissed and the daughter left. Then the mother walked over to the window where she stood, wanting and needing to cry. A man, nearby, tried not to intrude on her privacy but she welcomed him in by asking "Did you ever say good-bye to someone knowing it would be forever?" "Yes, I have," he replied. "Forgive me for asking, but why is this, a forever good-bye?" She responded that she was old and that her daughter lived far away. She went on to say that she had challenges ahead and the reality was that the next trip back would be for her funeral.

The man replied "When you were saying good-bye, I heard you say, 'I wish you enough.' He enquired what she meant by that?" She began to smile and responded by saying "That's a wish that has been handed down from other generations. My parents used to say it to everyone." She paused a moment and looked up as if trying to remember it in detail, and she smiled even more. "When we said 'I wish you enough' we were wanting the other person to have a life filled with just enough good things to sustain them."

She then turned towards the man and shared the following, reciting it from memory

*I wish you enough sun to keep your attitude bright.*

*I wish you enough rain to appreciate the sun.*

*I wish you enough happiness to keep your spirit alive.*

*I wish you enough pain so that the smallest joys in life appear much bigger*

*I wish you enough gain to satisfy you wanting.*

*I wish you enough loss to appreciate all that you possess.*

*I wish you enough hellos to get you through the final good-bye!*

She then began to cry and walked away.

It is said that it takes a minute to find a special person, an hour to appreciate them, a day to love them, and an entire life to forget them.

TAKE TIME TO LIVE! To all my loved ones — I WISH YOU ENOUGH!

**Sometimes it is good to take advantage!**

The words "take advantage" can be used in two ways – the one is detrimental to the person concerned as it means that one is either abusing a situation or person by unfairly benefitting from someone

or something that they are involved with. Taking advantage in this way, leaves a bad taste in one's mouth when you find out that abuse of a situation has been made. On the other hand, 'take advantage' can be used to encourage persons to obtain the best out of a situation, to enhance or increase one's joy.

The second meaning is certainly what the CJSA committee and team want for all of our members. We encourage each member to view our monthly programme in order to take advantage of everything that is on offer. We really wish for full houses whenever possible, for guest presenters to benefit from members who enjoy whatever is offered and for members to spread the word that one gets good value, good service and wonderful fellowship when crossing our threshold.

### Twilight Suppers

We have hosted some great evenings recently with a different crowd attending and enjoying the delicious supper and information that is imparted. In our line-up for the next few months are people who have great insight to a variety of topics, so make sure that you book timeously to enjoy excellent fare and stimulating conversation.

### Ot Azey 2018 — the Yiddish Mikvah

We have already had a number of enquiries for the event which we are hosting from 6 – 8 August. Our resident Yiddish teachers are already hard at work planning a fun programme. We cater for those who have never spoken the language to those who had Yiddish as their mother tongue. It is truly amazing to see how many people are showing interest in a language that was slowly becoming extinct. Thanks to a small band of dedicate Yiddish enthusiasts, children at various Jewish Day schools are learning to love the expressive sounds. Our recently released film Leah, Teddy & the Mandolin which was shown to packed houses in Cape Town and Johannesburg has now been accepted at the Chicago Summer Film Festival of Yiddish Culture. The fact that a city at the tip of Africa has produced a world class Yiddish documentary is truly amazing. Well done to Heather Blumenthal and her incredible Spirit Sister team and to Philip Todres for his ongoing enthusiasm for Yiddish revival.

### New Beginnings

We welcome Lara Stein, a registered counsellor, to the Professional CJSA team and hope that she has many happy years with us enhancing the caring group that perform the duties for each one of you. We are planning new programmes which will be under her guidance and look forward to introducing her to the CJSA family and our various friends.

*Diana Sochen Executive Director*

## Out and about with members



Miriam Atlas, Temma Gad, Sylvia Seeligsohn and Rebbetzin Ann Harris at the Claremont Shavout Tea



Social worker Melanie van Emmenes and a guest from Eric Miles Home enjoying the cake decorating competition



Guest from Eric Miles Cheshire Home enjoying the cake icing competition at our Milnerton Branch



Highlands House visit: Maureen Lurie, Myra De La Harpe, Sarah Kelly and Jenny Dinsdale



Southern Suburbs members enjoying a drumming morning with Nidhi

## SOCIAL AND PERSONAL

**We extend a hearty mazeltov on the following special occasions:**

### Marriage

Eric and Wendy Burger — son  
June Benjamin — grandson  
Kenny Penkin — granddaughter  
Rita Shorkend — grandson

### Anniversary

Maureen and Roy Summerfield 59 years

### Birthdays

Keile Gross  
Miriam Levy 90th

**We extend our sincere best wishes to our members who have not been well**  
Dave Goodman

**We extend our sincere condolences to our members those who have lost family members:**

Leon Glaser — wife  
Kerry Hoffman — father  
Debbie Jowell and family — mother Ruth

**We welcome new members to the CJSA family:**

Jowynne Campbell, Rosa Kolevsohn, Oonah Kuhn, Merle Thomson, Henry and Jean Nieuwenhuizen

## Special Events and Outings July — booking essential

### Men's Schmooze

Rabbi Bryan Opert speaking on Jewish Jokes  
Fri 2 July Milnerton 10.30  
Wed 11 July S/Suburbs 10.00  
Fri 27 July Sea Point 10.30

### Twilight Supper

Rabbi Nissen Goldman, Campus Rabbi at UCT  
Tues 17 July 5.30 Sea Point  
Thurs 19 July Milnerton

### Outing to Oom Samie se Winkel in Stellenbosch

Tues 24 July Milnerton  
Wed 25 July Sea Point

### Outing to Boeresjiek Restaurant

Mon 23 July 9.30 Sea Point

### Outing to the Norval Art Gallery

Mon 30 July S/Suburbs



# Cape Jewish Seniors



**9 National Women's day  
1-7 CANSA Care week**



**Monday 6**

**Sea Point** Ot Azey Yiddish Week  
10.00 Pop In: A representative from CANSA will speak on Women's Health to celebrate Cancer Awareness Month R10  
2.00 Musical Appreciation with Doreen Kantor R10

**Milnerton** 9.30 Outing to Vergenoegd to enjoy the Duck Parade R80  
Tea for own account.  
10.00 Scrabble R10  
2.00 Yiddish mit Rita R10

**S/Suburbs**

**Tuesday 7**

**Sea Point** Ot Azey Yiddish Week  
10.00 Pop In: Jaco from the South African Archives R10  
1.30 Mosaic Classes with Sonia Norrie R30  
1.45 Line Dancing with Hannah Seinik

**Milnerton** 9.30 Social Bridge R10 New members welcome  
10.00 Kalooki R10  
2.00 Knitting Group. All welcome R10

**S/Suburbs** 9.15 Outing to the Breweries (Steps and walking) R30

**West Coast**

**Sunday 12**

Sunday  
2.00 **Milnerton** Movie and Tea R25  
Movie to be announced

**Monday 13**

**Sea Point** 10.00 Talking Point with Colin R10  
2.00 Reminiscing with Hazel R10  
2.00 Bridge R10

**Milnerton** 10.00 Bnoth Zion  
12.15 Milnerton Committee Meeting

**S/Suburbs** 9.30 Enjoy a morning at the Green Point Urban Park and tea at the tearoom in the park R30 Tea for own account

**Tuesday 14**

**Sea Point** 10.00 A special morning with Alon Ashel Learners R10  
12.00 Bridge classes R10  
2.00 Yoga Classes with Leina R10  
17.30 Twilight Supper: An Evening with Albie Sachs R50

**Milnerton** 10.00 Birthday Pop In: Marthe Muller speaking on *The Power of South African Women* R10  
1.30 Mosaic Classes with Sonia Norrie R30  
1.45 Line dancing with Hannah Seinik

**S/Suburbs** 9.30 Social Bridge R10 New members welcome  
10.00 Kalooki R10  
1.45 Mosaic Classes with Sonia Norrie R30  
2.00 Knitting Group. All welcome R10

**Muizenberg** 10.30 Pop In: A representative from CANSA will speak on Woman's Health to celebrate Cancer Awareness Month R10

**West Coast** 9.30 Outing to Butterfly World R90 Tea for own account.



**Monday 20**

**Sea Point** 10.00 Talking Point with Roni R10  
2.00 Bridge R10  
2.00 Reminiscing with Hazel R10

**Milnerton** 10.00 Pop In Movie Morning: Enjoy *13 Minutes* A true story about a great Resistance fighter who tried to kill Hitler  
3.00 Shiur with Rabbi Bernstein R10

**S/Suburbs** 9.30 Outing to Butterfly World R90 Tea for own account.  
2.00 Yiddish mit Rita R10

**Tuesday 21**

**Sea Point** 10.00 Pop In: A morning with Ken Andrew speaking on *Yesterday, Today and Tomorrow. SA in transition* R10  
12.00 Beginners R10  
2.00 Yoga Classes R10

**Milnerton** 9.00 Outing to the Breweries (Steps and walking) R90  
1.30 Mosaic Classes with Sonia Norrie R30  
1.45 Line dancing with Hannah Seinik.

**S/Suburbs** 9.30 Social Bridge R10 New members welcome  
10.00 Kalooki R10  
2.00 Knitting Group. All welcome R10

**Please note that the programme might change.**  
All of our presenters are volunteers and give of their time, however things do crop up and sometimes we have to find replacements at very short notice.

[www.cjsa.co.za](http://www.cjsa.co.za)  
Facebook: Cape Jewish Seniors Association — CJSA

**Monday 27**

**Sea Point** 10.00 Talking Point with Marcia R10  
2.00 Bridge R10  
2.00 Reminiscing with Hazel R10

**Milnerton** 10.00 Pop In: Feminist Gertrude Fester, a Commissioner on the Gender Commission, speaks on her time in solitary confinement

**S/Suburbs** 9.30 Outing to Coffee Time R20 Tea for own account.

**Tuesday 28**

**Sea Point** 10.00 Pop In: Enjoy a reality TV morning with Hymie Liebman R10  
12.00 Beginners Bridge R10  
2.00 Yoga Classes R10

**Milnerton** 9.30 Outing to Butterfly World R90 Tea for own account  
1.30 Mosaic Classes with Sonia Norrie R30  
1.45 Line dancing with Hannah Seinik

**S/Suburbs** 9.30 Social Bridge R10 New members welcome  
10.00 Kalooki R10  
2.00 Knitting Group. All welcome R10

DIRECTOR: Diana Sochen 021 434 9691 [director@cjsa.org.za](mailto:director@cjsa.org.za) ADMIN: Amanda 021 434 9691 [admin@cjsa.org.za](mailto:admin@cjsa.org.za) [www.cjsa.org.za](http://www.cjsa.org.za)

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# Events Calendar AUGUST 2018



<p style="text-align: center;"><b>Wednesday 1</b></p> <p><b>Sea Point</b> 10.00 Craft with Yvette and Jeanette R15 1.45 Social Bridge and Kalooki R10</p> <p><b>Milnerton</b> 10.00 Beginner's Kalooki with Doreen Kantor R10 12.00 Art classes with Karen Cohen R25 10.00 Knitting Morning. Bring your own knitting R10 10.00 Ageless Grace with Cathy Hudson R20 <b>S/Suburbs</b> 10.15 Ageless Grace with Yvonne R15</p>		<p style="text-align: center;"><b>Thursday 2</b></p> <p><b>Sea Point</b> 10.00 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 9.30 Kalooki R10</p> <p><b>S/Suburbs</b> 10.30 Pop In: Jaco from the South African Archives R10 1.00 Bridge and Kalooki R10</p> <p><b>West Coast</b> 11.30 Pop In: A representative from CANSA will speak on Woman's Health to celebrate Cancer Awareness Month R10</p>		<p style="text-align: center;"><b>Friday 3</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20</p> <p><b>Milnerton</b> 10.30 Men's Schmooze Group: A morning with Michael Bagraim R10</p>	
<p style="text-align: center;"><b>Wednesday 8</b></p> <p><b>Sea Point</b> Ot Azey Yiddish Week 9.00 Outing to the Breweries. (Steps and walking) R30</p> <p><b>Milnerton</b> 10.00 Beginner's Kalooki with Doreen Kantor R10 12.00 Art classes with Karen Cohen R25 10.00 Knitting Morning. Bring your own knitting R10 10.00 Ageless Grace with Cathy Hudson R20 <b>S/Suburbs</b> 10.00 Bnoth Zion Meets</p>		<p><b>Thursday 9</b></p> <p><b>Women's Day</b></p>		<p style="text-align: center;"><b>Friday 10</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20 10.00 Manicures with Adele R100</p>	
<p style="text-align: center;"><b>Wednesday 15</b></p> <p><b>Sea Point</b> 10.00 Pop In: Movie Morning: Enjoy 13 Minutes A true story about a great Resistance fighter who tried to kill Hitler 1.45 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 10.00 Beginner's Kalooki with Doreen Kantor R10 12.00 Art Classes with Karen Cohen R25 10.00 Knitting Morning. Bring your own knitting R10 10.00 Ageless Grace with Cathy Hudson R20 <b>S/Suburbs</b> 10.00 Men's Schmooze Group: A morning with Michael Bagraim R10 10.15 Ageless Grace with Yvonne R15</p>		<p style="text-align: center;"><b>Thursday 16</b></p> <p><b>Sea Point</b> 10.00 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 9.30 Kalooki R10 18.30 Twilight Supper: An evening with Daniel Silke South Africa — Can Ramaphosa Deliver? R60</p> <p><b>S/Suburbs</b> 10.30 Pop In: A representative from CANSA will speak on Women's Health to celebrate Cancer Awareness Month R10</p> <p><b>West Coast</b> 11.30 Pop In: A morning with Ken Andrew speaking on Yesterday, Today and Tomorrow. SA In transition R10</p>		<p style="text-align: center;"><b>Friday 17</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20</p>	
<p style="text-align: center;"><b>Wednesday 22</b></p> <p><b>Sea Point</b> 9.30 Outing to Butterfly World R90. Tea for own account. 1.45 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 10.00 Beginner's Kalooki with Doreen Kantor R10 12.00 Art Classes with Karen Cohen R25 10.00 Knitting Morning. Bring your own knitting R10 10.00 Ageless Grace with Cathy Hudson R20 <b>S/Suburbs</b> 10.15 Ageless Grace with Yvonne R15 5.30 Twilight Supper: Rayne Stroebel <i>Wishing you a long life — a blessing or a curse?</i> You decide how you will age. A talk on quality of life R50</p>		<p style="text-align: center;"><b>Thursday 23</b></p> <p><b>Sea Point</b> 10.00 Yiddish mit Veronica R10 1.45 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 9.30 Kalooki R10</p> <p><b>S/Suburbs</b> 10.30 Pop In: A morning with Dr Craige Dietrich R10</p> <p><b>West Coast</b> 10.00 Pop In: Feminist Gertrude Fester, a Commissioner on the Gender Commission, speaks on her time in solitary confinement</p>		<p style="text-align: center;"><b>Friday 24</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20</p>	
<p style="text-align: center;"><b>Wednesday 29</b></p> <p><b>Sea Point</b> 9.30 Outing to Hout Bay Museum R40 includes transport, tea and biscuits 1.45 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 10.00 Beginner's Kalooki with Doreen Kantor R10 12.00 Art Classes with Karen Cohen R25 10.00 Knitting Morning. Bring your own knitting R10 10.00 Ageless Grace with Cathy Hudson R20 <b>S/Suburbs</b> 10.15 Ageless Grace with Yvonne R15</p>		<p style="text-align: center;"><b>Thursday 30</b></p> <p><b>Sea Point</b> 10.00 Yiddish mit Veronica R10 11.30 Exercises with Mariamne R10 1.45 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 9.30 Kalooki R10</p> <p><b>S/Suburbs</b> 10.30 A special morning with DA Councillor Stuart Diamond R10</p> <p><b>West Coast</b> 10.00 Art with Sharon Lopis R35</p>		<p style="text-align: center;"><b>Friday 31</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20 10.30 Men's Schmooze Group: A morning with Michael Bagraim R10</p>	

SOCIAL WORKERS: **S/Point:** Monique Nieuwenhuys 021 434 9691; **Milnerton:** Hajiera Safidien-Maloon 021 555 1736; **S/Suburbs:** 021 761 7960; **W/Coast:** Melanie van Emmenes 074 405 5186

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# Generation Sinai at CTTH and Highlands House

In what has become an annual tradition, CTTH students visited Highlands House as part of the Chief Rabbi's Generation Sinai Initiative to learn with the seniors, and connect to them.

The students prepared a class and discussion about the laws of tzedaka, charity, from a Jewish and Halachik point of view. Upon arrival and greetings, the students divided up and presented to the seniors in groups and in pairs. The seniors enjoyed meeting the young passionate learners!

While the usual model for Generation Sinai is for parents to come learn with their primary school children, at CTTH we have taken the parent-child learning to the next level, as young high school children learn with the 'community parents' in Highlands, bridging the generation gap over the words and ideas of Torah.



*Eli Shnaps reads to Sylvia Coleman, Jean Berman, Marcelle Kerbel and Julie Peires*



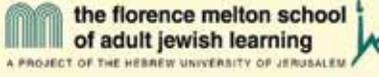
*Sasha Katz and Benni Dorfman with Gruna Verblun, Rebecca Vincent, Jos Shaff, Helen Shaff and Sylvia Walters*



*Esther Sacks reads to Tuvya Opert*



*Nissim Brett and Jamie Abrahams in conversation with Eva Cohen, Sheila Benjamin, Julie Berge and Perry Hurwitz*


  
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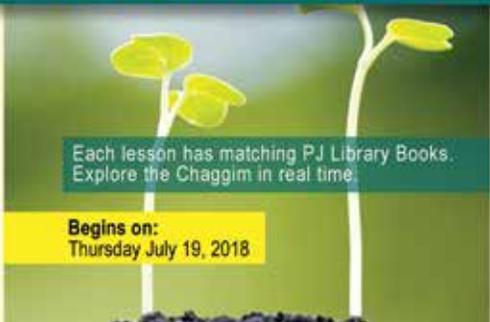
**THE STAR AND THE CRESCENT**
  
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**Begins on:**
  
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 RSVP: **Lauren Snitcher**, Recruitment, [lsnitcher@jafra.com](mailto:lsnitcher@jafra.com) 082-8802257

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Consider This

By Rabbi Malcolm Matitiani

## Shavuot, Tisha B'Av and the Yamim Nora'im – Some reflections



On Motzei Shabbat, 21 July, Jews around the world will begin to commemorate Tisha B'Av. I write this article two weeks since our celebration of Shavuot and it struck me that there are many parallels between this festival and the commemoration of Tisha B'Av.

Shavuot is ritually connected to Pesach through sefirat ha-omer, “the counting of the omer”. The Torah (Lev. 23:15-17) commands that we count seven complete weeks from the day after the “sabbath” of Pesach until the day after the seventh week – fifty days. Our sages understood “sabbath” to mean the first day of Pesach (as opposed to the Saturday during the week of Pesach) and so we count the omer every night from the second night of Pesach for seven weeks. The next day we celebrate Shavuot, which became the anniversary of giving of the Ten Utterances at Mount Sinai (originally Shavuot was the celebration of the First Fruits, “Chag ha-Bikkurim”).

Similarly Tisha B'Av occurs seven weeks before Rosh HaShanah, a fact that is marked by the seven “Haftarot of Consolation”, starting with Shabbat Va'etchanan, the first Shabbat after Tisha B'Av. This Shabbat is also referred to as Shabbat Nachamu (“Sabbath of Comfort”) because this haftarah is followed by six more prophetic readings from the Book of Isaiah all with the theme of God comforting the People of Israel after their suffering. The mood of these seven weeks linking Tisha B'Av to the beginning of the Yamim Nora'im (“the Days of Awe”) is in stark contrast to the haftarat of the three weeks preceding Tisha B'Av. These prophetic readings, taken from the Books of Jeremiah and Isaiah are termed “Haftarot of Affliction” in which the prophets warn their audiences of the dire consequences of not observing God's ethical laws. Thus the three weeks leading up to Tisha B'Av are preparation for mourning the destruction of the two Temples and other tragedies that befell the Jews of Europe, just as the three days leading up to Shavuot are preparation for hearing the Ten Utterances being chanted from the sefer Torah on the morning of the festival. These three days are known as Sheloset Yemei Hagbalah (“the three days of limitation”), based on Exodus 19:12 and 15 where God instructs Moses to make sure that the Israelites are ready to witness the revelation at Mount Sinai.

The ritual counting of the omer every night for seven weeks forces us to make a conscious link between Pesach (the Festival of Freedom) and Shavuot (the Festival of the Giving of Torah), illustrating the importance of moral and ethical laws to ensure true freedom and the safe guarding of human dignity. Similarly the chanting of the seven haftarat of consolation on the seven Shabbatot linking

Tisha B'Av to the High Holy Days should instil an awareness of a connection between the two events in our spiritual calendar. The original reason for commemorating the fast of the ninth of Av (as well as the fasts of 17 Tammuz, 3 Tishrei and 10 Tevet) was to mourn the destruction of the First and Second Temples in 586 BCE and 70 CE respectively.

The Talmud (Yoma 9b) teaches that the First Temple was destroyed by the Chaldeans because the People of Israel were guilty of idolatry, immorality and bloodshed. Even though the populace of Judaea occupied themselves with Torah study and the observance of the mitzvot and acts of loving kindness during the times of the Second Temple, the sanctuary was destroyed by the Romans because of the prevalence of causeless hatred (sinat chinam) among the Jews (Yoma 9b). The historical record of the destruction of the Second Temple bears out this Talmudic assertion. Intolerance and hatred of the followers of one Jewish sect towards those of another simply because they had different interpretations of Torah or views on how to relate to the non-Jewish world led to inter-factional fighting that eventually enabled Rome to destroy Jerusalem and the Temple.

So while the Ten Days of Repentance from Rosh HaShanah to Yom Kippur is a time of personal atonement and soul-searching, Tisha B'Av should be a day of national self examination and evaluation. The ninth of Av should be a reminder of the dangers of intolerance and self-righteousness. Jewish communities world-wide are comprised of Jews that differ in religious practice and interpretation of Torah, political views (pertaining to the State of Israel and beyond), ethnic backgrounds and spiritual journeys. Some are born into the Jewish people and others find their way to Judaism. Tisha B'Av warns us that it is imperative to accept that we are a people that are at once diverse and united under God and Torah. Rabbinic literature is replete with argument and discussion LeShem Shamayim (“for the sake of heaven”). Similarly every Jew who is committed to tikkun olam and relating to the elevation of the mundane into the realm of the holy has a path to the Most High. As long as we express ourselves from the premise that we must be “light of nations” (Isaiah 42:6, 49:6) we must have a safe space to articulate our views without fear of being ostracised or worse. Needless hatred and fear of diverse opinions not only leads to the destruction of a society or a people, but it also inhibits individual growth because being challenged is the only way to undertake sincere personal examination, a task that we are supposed to undertake during the Yamim Nora'im.

## Torah, teens and too much cheesecake!

What is the most compelling reason to be Jewish?

What happens if a single Jewish rugby ref has a son through surrogacy? And who makes the best cheesecake in Cape Town? These and other questions were the issues of the night as Temple Israel members once again packed out the shul for Shavuot. There were so many highlights, many of which are now annual events, such as the cheesecake competition, chicken soup debate and Jewish quiz night.

18 fantastic cheesecakes were tasted and voted on with Vanessa Bourne crowned the new reigning cheesecake maestro. Gill Saks, Rahla Xenopoulos, Grant Sieff, Heidi-Jane Esakov and Dalene Morris all offered their most compelling reasons to be Jewish, ably chaired by David Jacobson. Craig Nudelman was in his usual fine form running the Jewish Shavuot Trivia quiz.

But a new highlight this year was the graduation of our brand new Kabbalat Torah Academy (KTA) teens. KTA was launched last year as a focused post-bar/bat mitzvah programme to study Jewish leadership and ethical problem solving. We were proud to see seven of our amazing teens reading from the Ten Commandments and participating in the service. Dr Max Price gave the graduation address to them and emphasised Jewish Leadership.

The traditional tikkun leil study sessions including amazing conversations with Joanne Jowell and Jonathan Kaplan about his child by surrogacy and Community Shlichah Michal Ilan on Israeli society today, went on late into the night and much cheese and coffee was consumed by all. A huge yashar koach to everyone involved.



The KTA graduates and their madrichim. (Back) David Jacobson, Jarred Durbach, Mani Kuti-Alexander, Shallya Samakosky, Maya Reitstein, Samuel Castle, Daniella Beswick. (Front) Ashley Fischhoff, Nathan Amato and Jacob Lund



In conversation with Jonathan Kaplan and Joanne Jowell



Ready to parade the bikkurim

Mazaltov to those who celebrated Bnei Mitzvah with us last month:



Samantha Berk  
23 June

and

Ben Stoltzman  
16 June



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### 12.30PM - 1.30PM

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### 2PM-3PM

## JEWS AND SOCIAL JUSTICE

ADAM MENDELSON: WHAT ROLE HAVE JEWISH VALUES PLAYED? INSIGHTS FROM CIVIL RIGHTS & ANTI-APARTHEID MOVEMENTS



### 3.30PM-4.30PM

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## JCS @ Work: JCS FoodBank

In the current economic climate the need for food assistance has become critical.

In order to proactively address this need, JCS initiated the JCS FoodBank in 2016. This was to ensure that a steady supply of non-perishable foods, basic toiletries and cleaning materials was available at the office to dispense immediately for assistance in a crisis situation.

Since its inception we have seen the need for emergency food parcels grow from 10 to over 40 clients per month in need of assistance. We have also watched the FoodBank grow from a little cupboard into two fully stocked rooms situated at Highlands House. The growth is a clear indication of the need which we have been able to provide for, thanks to the generous donations from our caring community.

Please see our criteria below on how to access the services of the FoodBank.

- To access the FoodBank, all recipients need to be members of the Jewish Community and in need of food assistance.
- To access the FoodBank, recipients need to be clients of Jewish Community Services (JCS)
- JCS client requests are sent to the FoodBank via the recipient's



Case Managing Social Worker, by Monday of that week for allocation, after the initial assessment by the social worker to establish the client's need

- Should a recipient be a new client, the request will be regarded as a once off pending their allocation to a social worker for further assessment
- Should a recipient not be a Jewish Community Services client the request will be regarded as a once off, pending a full assessment to gauge the recipient's current circumstances and any other needs that may require further JCS intervention
- Families, children and older persons will take priority when it comes to emergency parcels

For more information, please contact Lynne Hendricks on 021 4625520 or email: [lynne@jcs.org.za](mailto:lynne@jcs.org.za)

## Rewarding cross-cultural peace efforts

By Rebecca Stadlen Amir for Israel21C

Three pairs of Israeli Jews and Muslims were awarded the 14th annual Institute of International Education (IIE) Victor J. Goldberg Prize for Peace in the Middle East in Jerusalem on 13 June, recognising their work toward advancing peace and reducing tensions in the region.

"This award recognises innovation, and rewards those who are courageous and committed enough to work together to overcome the religious, cultural, ethnic and political issues which divide the Middle East," said former IBM executive Victor J. Goldberg, a longtime IIE trustee who created and endowed the prize in 2005.

The three winners include Mosaica Religious Peace Initiative, the PeacePlayers, Middle East Tamra/Naharia All-Star team, and Change Agents. The prize awards \$30,000 split among the three pairs of individuals involved.

Religious Peace Initiative director Roie Ravitzky and Raed Badir, director of the Adam Center for Interreligious and Intercultural Dialogue in East Jerusalem and Kfar Kassem, accepted the award together. They are working to bridge divides in religious leadership in the

region and amplify existing voices of leaders who aspire to peace.

PeacePlayers uses basketball to bring together Jewish and Muslim women from the communities of Tamra and Nahariya. The team, led by coaches Shadi Khatib and Dor Dayan, made history in 2016-2017 season as the first female Israeli Jewish and Muslim team to advance to the national division after winning the regional championship.

Change Agents, led by Nava Sonnenschein and Harb Amara, features courses designed to connect Palestinian and Israeli professionals to create dialogue and implement action around areas of need. Created by the School for Peace in 2006, Change Agents engages Palestinian and Israeli lawyers, mental health professionals, journalists, environmentalists, architects and planners, physicians, and politicians and teachers.

The IIE awards the Goldberg Prize each year to recognise outstanding collaborative work by two individuals, one Muslim and one Jewish, working together to advance the cause of peace in the Middle East.

The winners are chosen by a selection committee that includes leaders from business, academia, the not-for-profit sector, and government.

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# HERZLIA IN FOCUS

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Students often ask the question: Why do we have to do Science? Firstly, Science helps our understanding of the world around us. Everything we know about the universe, from how trees reproduce to what an atom is made up of, is the result of scientific research and experiment. Human progress throughout history has largely rested on advances in Science. From our knowledge of gravity to cutting-edge medicines, students of Science have shaped our modern world.

All of these advances can trace their origin back to individuals learning about Science as students. That's why it is in the interests of governments, companies and wider society to promote Science as a subject at schools; it ensures the next wave of progress in all of the fields that affect our daily lives. In schools across the world, Science is typically initially broken down into the three classical fields: Biology, Chemistry and Physics.

At Herzlia we are extremely fortunate to have modern Science and Life Sciences laboratories in both the Middle and High Schools.

Herzlia is well known for the large number of entries in the annual Eskom Science Expo for Young Scientists where students have a chance to show others their projects about their own scientific investigations. By participating at expo students increase their awareness of the wonders of Science, add to their knowledge and broaden their scientific horizons. Annually, at the prestigious Eskom Expo for Young Scientists International Science Fair (ISF), selected students from 35 Expo Regions in South Africa compete against the best young scientists from around the country and around the world. Over the years our pupils have produced some incredible work that has earned them places in the International Science Expo in America and Taiwan.

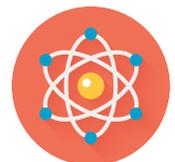
## Creating Young Einsteins – Science in the primary schools

By Jane Avis  
(Deputy Principal, Constantia Primary)

I quickly learnt that primary school children are enthusiastic, have a love of learning and are super enthusiastic and super keen to learn about Science! Jos Horwitz, tried an experiment in assembly after attending a Science Workshop at Kirstenhof. This proved to be so successful that we added a Science slot to our assembly. We started with videos, which led to demonstrations, resulting in us supplying each class with materials for the experiment. The key criteria for assembly experiments is that they must be easy to do in front of an audience and safe enough to repeat at home.

One day two Grade 1s came to tell me that they were mixing Science potions at break and they suggested that we formed a Science Club. Our first meeting took place in the Learning Centre and thereafter we moved into the Art Room and a Grade 1 classroom. We now have over 60 pupils attending Science Club as an extra mural. We use simple equipment, the most popular including eggs, balloons, salt, oil, plastic bottles and cornflour! Our most exciting addition is working with the University of Stellenbosch (thanks to Aimee Chiat) on citizen Science projects which are linked to North Carolina. We have investigated dinosaur body structures, shark teeth and had an ants picnic!

Albert Einstein once said, **“I have no special talents. I am only passionately curious.”** At Herzlia we strive to develop that passion.



Middle School: Grade 9 pupils Keryn Shochot, Jared Gibson, Mia Shaked and Josh Blecher watch closely as Mr Joseph, overseen by Mr Tshado, brings a Science experiment alive.



Snake Charmers – Joseph Sweijd, Harold Cohn and Cieran Holmes.



An inertia experiment demonstrated at Herzlia Constantia's assembly by Alex van Breukelen.



High School: Grade 10 science class making 'elephant toothpaste'



High School: Tannah Israel and the test tubes.



Highlands Primary: Grade 6 pupils demonstrate their Electricity Projects.



Weizmann Primary: Leo Feldman and Judd Jocum present their Science Project.



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**“There are stars whose light only reaches the earth long after they have fallen apart. There are people whose remembrance gives light in this world, long after they have passed away.” – The Talmud**

The Herzlia Foundation Trust is proud to announce the launch of our Legacy Campaign. This is the opportunity to leave a lasting legacy, the ultimate gift – helping to ensure that every Jewish child at Herzlia has the opportunity of a world-class Jewish education. By investing in The Herzlia Foundation Trust, you are playing a vital role in ensuring the continuity of Jewish education by planning for the future.

Bequests are a very personal matter and can be made in a number of ways to reflect your particular wishes. Bequests can comprise a specific amount of money or a percentage of your estate after you have provided for your family and friends. Every bequest, large or small, is an opportunity for you to make a very real difference in the life of a Jewish child. Your legacy will be directed to The Herzlia Foundation Trust's Endowment Fund which provides

bursaries for Jewish children who, without your gift, would not have the opportunity to receive a world-class Jewish education. Your commitment through a bequest to The Herzlia Foundation Trust is a lasting way of ensuring the strength and viability of Jewish education and of contributing to the future of the Cape Town Jewish Community as a whole.

We recommend that you involve your family in your decision to make a gift to The Herzlia Foundation Trust and, together with your attorney, prepare a codicil to include the Foundation as a beneficiary. Your bequest will help to ensure a bright future for our Jewish Community.

For more information contact Amanda Zar on +27 21 286 3472 or email [azar@herzlia.com](mailto:azar@herzlia.com)

The Herzlia Foundation Trust's vision is to future-proof UNITED HERZLIA SCHOOLS by building the Endowment Fund to ensure that no Jewish child is denied a Jewish education for genuine financial reasons; and that HERZLIA remains an affordable Jewish community school providing educational excellence with world-class facilities.



[www.herzlia.com](http://www.herzlia.com)



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\*Offer available from Jaguar Financial Services. Deal parameters are flexible but will affect rate and payment. Contact dealer F&I manager for options. These payments are indications only and may change depending on date of first payment, etc. Changes in the prime rate, currently XX.XX%, will cause changes to this schedule unless calculated on a 'Fixed Rate' basis. Customer responsible for Balloon Payment when and if applicable. Subject to normal credit approval as per Jaguar Financial Services credit criteria. Retail prices subject to change without notice. Advertised monthly payment includes initiation fee of RXXXX.XX and RXX.XX monthly service fee. Terms and conditions apply and while stocks last. Jaguar Financial Services, a product of WesBank. WesBank is a division of FirstRand Bank Limited. An Authorised Financial Services and Credit Provider. NCRCP20. \*\*Active Driveline is available with D240 and P300 engines.



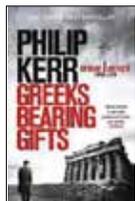
# JACOB GITLIN LIBRARY

Please visit [www.gitlinlibrary.co.za](http://www.gitlinlibrary.co.za) to view all new books and the entire Gitlin collection

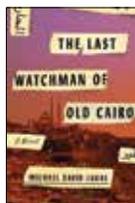
## FICTION



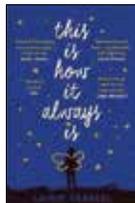
**SADNESS IS A WHITE BIRD** by MORIEL ROTHMAN-ZECHER. The story begins with Jonathan sitting in an Israeli military jail. Before his nineteenth birthday, he formed a friendship with the Palestinian twin son and daughter of his mother's friend. Their intimacy is threatened when Jonathan's draft date approaches and he wrestles with emotions of loyalty to his own people and feelings for outsiders. A vibrant collage of cultures celebrating youth and love.



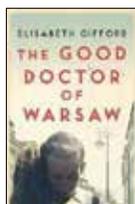
**GREEKS BEARING GIFTS** by PHILIP KERR. In this spy thriller, Bernie Gunther has moved to Greece and is working for an insurance company to investigate a fellow German's claim that his ship had been sunk. Bernie discovers that the ship belonged to a Greek Jew deported to Auschwitz and is convinced that this was not an accident. When the claimant is murdered, Bernie is drawn back into the dark history of the Second World War and the fate of the Jews of Salonika.



**THE LAST WATCHMAN OF OLD CAIRO** by MICHAEL DAVID LUKAS. A spellbinding, richly textured novel of a graduate student who travels from California to Cairo to try to understand a puzzling gift left to him after the death of his Egyptian father. Jacob is the descendant of generations of watchmen at the Ibn Ben Ezra synagogue in Old Cairo which contained sacred texts. Lukas blends fictional with real life characters including Rabbi Schechter.



**THIS IS HOW IT ALWAYS IS** by LAURIE FRANKEL. An intimate story of Penn and Rosie whose youngest son Claude declares that he wants to be a girl. The parents find themselves trying to balance his safety and happiness in a world where he might be bullied as "Poppy". The entire family are soon sharing Claude's secret even moving to another state. The deception begins to unravel until ultimately Poppy and her family have to embrace his chosen identity.

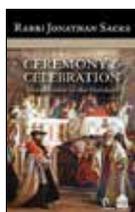


**THE GOOD DOCTOR OF WARSAW** by ELISABETH GIFFORD. Beginning in Warsaw as the Second World War looms, this poignant novel intertwines the story of Dr Janusz Korczak, who cared for two hundred children in his orphanage within the Warsaw ghetto with young couple Misha and Sophia who helped Korczak there. Gifford's research is meticulous and the reader, even knowing the history, feels the dread of the couple who cannot believe that the Nazis will go so far. Powerful themes of love, loss and hope.

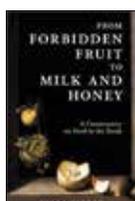
## JEWISH INTEREST



**THE JEWISH JOURNEY: 4000 Years in 22 Objects** by REBECCA ABRAMS. The book provides tantalising glimpses into Jewish history through the author's personal selection of objects from the Ashmolean Museum. Her book shows the cultural, social and historic context of each piece reflecting daily life over the centuries. She includes coins, pottery, jewellery, sacred items, musical instruments and paintings. The journey brings to light these amazing treasures.

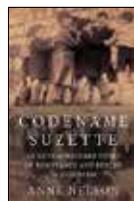


**CEREMONY AND CELEBRATION** by JONATHAN SACKS. In this richly detailed book, Rabbi Sacks examines each of the key Jewish holidays mentioned in the Torah. Devoting a chapter to each one, he takes the reader on a journey through Tanach-era texts; a history of Jewish practises and philosophical thoughts. Sacks provides explanations of the background of the holidays and shows the values that the holidays once held and why they matter today.



**FROM FORBIDDEN FRUIT TO MILK AND HONEY** by DIANA LIPTON. In her book, Diana has collected short essays by accomplished scholars, analysing the foods mentioned within the weekly Torah portions. The book deals with the role food plays from Biblical times to today. She gives insightful comments including her own verse-by-verse commentary on eating in the Bible. She spotlights how food is used to explore themes including love and desire, belonging and exclusion and life and death. A fresh look on Biblical culture.

## HOLOCAUST



**CODENAME SUZETTE** by ANNE NELSON. An uplifting book about Suzanne Spaak, a wealthy Catholic Belgian who married into a prominent family. Living in Paris when it fell to the Nazis, Suzanne joined the resistance. Using her social status, she enlisted wealthy Parisians and church groups to help her save hundreds of Jewish children from the gas chambers. A masterpiece of research, painting a vivid picture of wartime Paris and a remarkable woman.



**THE NAZI HUNTERS** by ANDREW NAGORSKI. This book deals with the Nazi hunters who tracked those who perpetuated the crimes of the Third Reich including well-known figures such as Wiesenthal. The author also provides a portrait of others such as German Prosecutor Fritz Bauer and Polish Judge Jan Sehn. They pursued lower ranking Nazi criminals who wanted to rebuild their lives in a new Europe. A relentless struggle for justice rather than revenge.



**THE WOMAN WHO FOUGHT AN EMPIRE** by GREGORY J. WALLANCE. The story of Sarah Aaronsohn who led a life of intrigue. Daughter of Romanian born Jewish settlers in Palestine, she became the leader of a Middle Eastern spy network within the Ottoman Empire during World War I. Sarah with her siblings and friends formed Nili, the anti-Turkish spy ring. They furnished vital information for Britain believing the Ottoman's defeat could save the Jews.



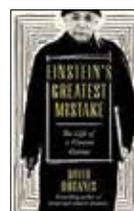
**THOU SHALT INNOVATE** by AVI JORISCH. In his engaging and personal narrative, Jorisch outlines how Israelis have made the world a better place through their advances in medicine, agriculture, water independence and conservation. Israel has had to survive many wars and is always the first medical rescue unit on the scene of an international disaster. Jorisch writes that Israel fulfils the biblical injunction to be "a light unto the nations."

## ISRAEL

## BIOGRAPHY



**THIS IS GOING TO HURT** by ADAM KAY. A hilarious and heart-breaking recollection in diary form of Adam's days as a doctor within Britain's NHS. Peppered with anecdotes and informative footnotes, he takes the reader through his medical journey. Revealing the dark comedy of hospital life, the book builds up to a career ending incident, that left the author fearful of making decisions about patients' treatment and his emergence as a comedian.



**EINSTEIN'S GREATEST MISTAKE** by DAVID BODANIS. An illustrated biography of Einstein that reveals his genius and fallibility. Bodanis believes that Einstein's earlier findings, which have moulded modern thinking about relativity, were overshadowed by his later refusal to accept the discoveries of younger rivals in the field of quantum physics. He touches on his life from his time as a student to becoming the world's most brilliant physicist and then his fall from grace.



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youth programmes  
function as a talent  
pipeline for developing  
**Jewish leaders**  
of tomorrow.



*#FollowTheSeed*

## YOUTH AND YOUNG ADULT ORGANISATIONS

Youth movements. Student unions. Sporting and cultural organisations. Cape Town boasts a colourful array of youth and young adult organisations offering something for young people of every age, background, ability, and interest. These youth organisations provide the fertile soil in which Cape Town Jewish youth can enrich their lives, expand their minds and gain valuable life experience, bringing shape and meaning to their Jewish identity.

## South African Union of Jewish Students WC



Jewish student life at tertiary campuses across the Western Cape is alive and well. Much of it due to SAUJS WC who represent Jewish and Zionist students at tertiary institutions across the province. Its aims are to foster and support vibrant, engaged Jewish life on these campuses, protecting and upholding Jewish values and practices, defending the rights of Jewish students, and doing what they can to ensure students feel safe and comfortable expressing their support for Israel. SAUJS WC coordinates various platforms for people who wish to learn and engage on Zionism and Israeli-South African politics and to discuss and debate the difficult questions that relate to these topics. The organisation also celebrates Jewish and Israeli cultural events, serves the broader community via a number of outreach and welfare initiatives, and provides its members with a vibrant social scene, hosting various parties and social gatherings.

## Maccabi WP



The Maccabi organisation is about more than just grooming “elite” Jewish athletes for a quadrennial international sporting contest. Maccabi Western Province’s mandate is to provide grassroots sporting and recreational programmes all-year-round for Jews of all ages and abilities, while also nurturing top talent and assembling globally competitive teams. To this end, Maccabi WP complements school sports through, for example, school holiday sports clinics; provides professional coaching and high-quality facilities to assist with the identification and development of talent; and supports existing community sporting events, such as Ride4Israel. And it’s not just about sport. An affiliate of the South African Zionist Federation (SAZF), the organisation’s vision is to strengthen Jewish pride, cultivate Jewish identity and foster Jewish friendships, all through sport – and to bring Jewish people of all ages closer to Judaism and Israel in a way that transcends politics and sectarianism.

## Chabad on Campus



One’s university years are when our world-views take shape, and we figure out who we are and how we should live. For the past three years, Chabad on Campus (CoC) has been giving Cape Town’s students something proudly and substantially Jewish to build that identity around. Founded by a young Rabbi, Nissen Goldman, and his wife Ariella, CoC’s mission is simply “to connect young Jews to each other, to their heritage and to their Jewish future” – and provide a 24/7 experience for Jewish students from all of Cape Town’s universities. Headquartered in the newly established Student House in the heart of studentville, the Goldmans host Friday night meals (bringing in anywhere from 18 to 50 students). There are also dinners for the Jewish festivals, spirited Shul services, intimate musical evenings, leadership talks, student braais and a monthly girl’s Rosh Chodesh Club. Outside of the Student House’s welcoming walls, CoC coordinates various on-campus lunch ‘n learn sessions, as well as the Sinai Scholars Society (Jewish academic courses) at both UCT and Stellenbosch. There are also Channukah and Purim bashes that can compete with the best student parties on offer, and a host of international leadership and touring programmes.

## Moishe House



Inclusivity is the byword at Moishe House – a place every bit as warm and inviting as it sounds. Moishe House is the global leader in peer-led Jewish young adult engagement, providing a space for over 60,000 young adults in 20 countries around the world to create meaningful, welcoming Jewish experiences for themselves, their friends, and their friend’s friends. Moishe House launched in 2006 when four Jewish 20-somethings began hosting Shabbat dinners in Oakland, California for their friends and networks. The idea sparked a global movement. Moishe House Cape Town is one of more than 100 chapters of the organisation. The house, situated in Sea Point, is an open, welcoming space, maintained by a group of carefully selected young adults who plan and implement 60+ programmes a year – enriching the lives of young Jewish adults across the community.

Habonim Dror



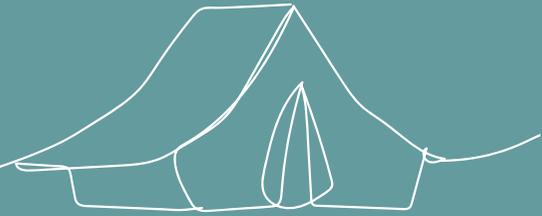
Every December, the campsite in Onrus, just outside Hermanus, has provided an idyllic setting for Jewish kids to have the time of their lives. But Habonim Dror is about more than just a fun summer holiday. The movement, active in South Africa for decades, stands on three pillars – Zionism, Judaism, and Equality and Service to Humanity. Everything it does is informed by them. Habonim Dror is actually a fusion of two separate movements – Habonim, founded in England over 80 years ago as a Jewish scouts group, and Dror, a Socialist-Zionist youth group founded in Poland 14 years earlier, and which played a central role in the Warsaw Ghetto Uprising. Set up in 1930, Habonim Dror Southern Africa (HDSA) has the distinction of being the first international chapter of the movement. From small beginnings, today HDSA has over 1000 active members, and in addition to the three-week December “machaneh”, runs regular camps throughout the year, and sends around 150 members on various annual Israel tours and programmes.

Netzer

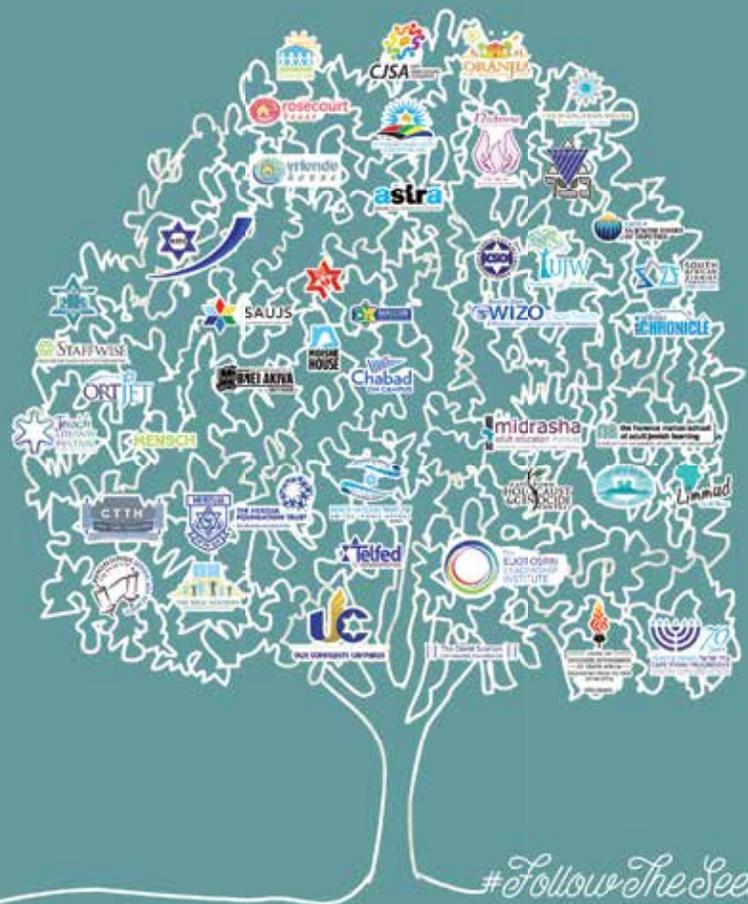


“Netzer is for dreamers, explorers, philosophers, and artists. Netzer is for everyone.” These are the sentiments that greet visitors to the Netzer South Africa website and participants in Netzer events alike – the feeling of being welcome. Netzer, a youth movement representing the ideals of Progressive Judaism, prides itself on inclusivity. Through its 10-month Israel programme, annual winter and summer camps, and activities throughout the year, the movement aims to encourage youth to think critically about the issues being faced in the world today. Netzer was formed in Australia in the late 1970s. Today there are over 16,000 members active in various chapters located in more than a dozen countries around the world.

Bnei Akiva



The mission statement of Bnei Akiva is Torah v’Avodah. The oldest and largest religious Zionist Youth Movement in the world, Bnei Akiva is about balance, Judaism within the modern world, Zionism and Jewish pride with a collective responsibility to society as a whole and fun with learning and responsibility. The movement’s mandate is to help instil in Jewish youth a love of “The Land of Israel, the Torah of Israel and the People of Israel”. It functions as a talent pipeline for developing Jewish leaders of tomorrow. The South African Jewish community’s top business, spiritual and communal leaders spent their formative years with Bnei Akiva, finding their voice and discovering their leadership abilities. Bnei Akiva’s presence in South Africa dates back to its initial establishment in 1929. Today, Bnei Akiva hosts weekly activities for thousands of Jewish kids in Johannesburg, Cape Town, PE, and Durban, together with Winter Camps, Seminars and a life-changing Summer Camp, just outside of Mossel Bay.



#FollowTheSeed

## A VIEW FROM THE BAR

## Who is the judge?

By Anton Katz

**The importance of the identity of the judge in every matter should never be underestimated. Indeed, there is well known adage that a good lawyer knows the law, but a brilliant lawyer knows everything about the judge.**

In every case, whether it is about the best interests of a child, monetary issues, social justice or shipping matters, international, constitutional and administrative law, housing, sports, divorce or criminal law every person will have a view what the correct solution is. And judges are not machines, but are all men and women with their own individual personal family and professional history, prejudices, likes and dislikes. They are not like slot machines, where you put the tokens (the facts of the case) into a slot, and the machine processes the law and out pops a result.

But how can that be fair? Surely every person appearing before a court has the right to a fair trial, whether it be civil or criminal case. If the judge has prejudices, one way or the other, surely that cannot be

regarded as fair? Yes, and no. There can be no doubt that if a Judge, who ought not, because he is biased, to preside at a trial, nevertheless does so he commits an irregularity in the proceedings every minute he remains on the bench during the trial.

So, if a litigant feels that the judge hearing her matter is biased she can ask the judge to recuse herself. The recusal right is derived from one of a number of rules of natural justice designed to ensure that a person appearing before a court of law should and indeed must have a fair trial. The Constitution protects this notion. It requires courts to apply the law "impartially and without fear, favour or prejudice" and the oath of office of judges requires each judge to swear that he or she "will uphold and protect the Constitution... and will administer justice to all persons alike without fear, favour or prejudice, in accordance with the Constitution and the law." So a judge who sits in a case in which she or he is disqualified from sitting because, seen objectively, there exists a reasonable apprehension that such judge might be biased, acts in a

manner that is inconsistent with the Constitution

A cornerstone of any fair and just legal system is the impartial adjudication of disputes which come before the courts and other tribunals. This applies to both criminal and civil cases as well as to quasi-judicial and administrative proceedings. Nothing is more likely to impair confidence in proceedings, whether on the part of litigants or the general public, than actual bias or the appearance of bias in the official or officials who have the power to adjudicate on disputes.

In applying the test for recusal, the Constitutional Court has recognised a presumption that judicial officers are impartial in adjudicating disputes. It stated that legal training and experience prepare judges for the often difficult task of fairly determining where the truth may lie in a welter of contradictory evidence.

But the Constitutional Court also appreciated that absolute neutrality on the part of a judicial officer can hardly if ever be achieved. This consideration was elegantly described as follows by Cardozo J1:

"There is in each of us a stream of tendency, whether you choose to call it philosophy or not, which gives coherence and direction to thought and action. Judges cannot escape that current any more than other mortals. All their lives, forces which they do not recognize and cannot name, have been tugging at them — inherited instincts, traditional beliefs, acquired convictions; and the resultant is an outlook on life, a conception of social needs... In this mental background every problem finds it[s] setting. We may try to see things as objectively as we please. None the less, we can never see them with any eyes except our own.

Deep below consciousness are other forces, the likes and the dislikes, the predilections and the prejudices, the complex of instincts and emotions and habits and convictions, which make the [person], whether [she or he] be litigant or judge."

It is appropriate for judges to bring their own life experience to the adjudication process. As it was put by the Supreme Court of Canada: "It is obvious that good judges will have a wealth of personal and professional experience, that they will apply with sensitivity and compassion to the cases that they must hear. The sound belief behind the encouragement of greater diversity in judicial appointments was that women and visible minorities would

bring an important perspective to the difficult task of judging."

How far does this principle go? I think the answer is well captured by Hlophe J:

"Equally, the apparent prejudice argument must not be taken too far; it must relate directly to the issue at hand in such a manner that it could prevent the decision-maker from reaching a fair decision... Professor Baxter gives a commonly cited example, namely, the mere fact that a decision-maker is a member of the SPCA does not necessarily disqualify him from adjudicating upon a matter involving alleged cruelty to animals. By the same token, the mere fact that the presiding officer is white does not necessarily disqualify him from adjudicating upon a matter involving a non-white accused. The converse is equally true. Otherwise no black magistrate or Judge could ever administer justice fairly and even-handedly in a matter involving white accused.

For the reasons set out above, the argument that the white magistrate erred in refusing to recuse himself upon being asked to do so at the appellant's trial is both unfortunate and untenable. The fact that he is a white person, does not disqualify him from presiding in a case involving an accused belonging to a different race."

Nevertheless, In South Africa in particular, bearing in mind the diverse nature of the population, it is crucial that judges come from a range of different backgrounds, cultures, religions and languages. The best judges need to have a deep sense of justice and obviously integrity. It is desirable that they are learned in law. But I suppose ultimately a clever judge who knows the law very well but has little sense of justice is far from ideal. If given the choice I prefer to appear before a judge with common sense and a deep desire for justice rather than one who knows every nook and cranny of the law, but who applies the law in a mechanical and functional manner. Not that I advocate for judges who simply ignore or are ignorant of the law. But rather judges who search for that part of the law which best promotes justice.

*Anton Katz SC is a practicing advocate at the Cape Bar and is a member of the United Nations Human Rights Council Working Group on Mercenaries.*



## Fantastic opportunity!

### Director

#### Cape Jewish Board of Deputies

The Cape SA Jewish Board of Deputies is looking to appoint an inspirational Director to lead the organisation, its projects and its professional team. The Director is responsible for synchronising activities and strategy in leading our community in its engagement with government, civil society, other communities and the media.

If you have strong influencing skills coupled with a passion for protecting the civil rights of the South African Jewish community, this could be an exciting career opportunity for you. The Board is a forward thinking organisation that advocates on behalf of the Jewish community. It is committed to fighting antisemitism, racism and all forms of prejudice; promoting dignity, freedom and respect for all in South Africa.

- **Location:** Samson Centre - Gardens
- **Reporting to:** Chairman
- **Hours of work:** full time
- **Nature of contract:** permanent.
- **Salary Range:** R50,000-R60,000 per month
- **Benefits:** Pension and Medical Aid Contribution, 13<sup>th</sup> cheque, Parking, All Jewish Holidays

### Interested?

Email Loren for a detailed spec & application form: [loren@ctjc.co.za](mailto:loren@ctjc.co.za)

Closing date: 6 July

*If you have not been contacted within 2 weeks of submitting your application, kindly consider your application to have been unsuccessful*



1 Benjamin Cardozo was the second Jewish justice to be appointed to the Unites States Supreme Court in 1932. He is remembered for his significant influence on the development of American common law in the 20th century, in addition to his philosophy and vivid prose style.

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## EXHIBITION & AWARDS EVENING

To honour the high school learners and their teachers who have contributed to the White Rose Creative Project

THURSDAY 26 JULY | 5PM  
CAPE TOWN HOLOCAUST & GENOCIDE CENTRE,  
88 HATFIELD ST, GARDENS



RSVP: 021 462 5553 or [admin@holocaust.org.za](mailto:admin@holocaust.org.za) | refreshments will be served.

GENEROUSLY SPONSORED BY THE FAMILY OF MERVYN SMITH.

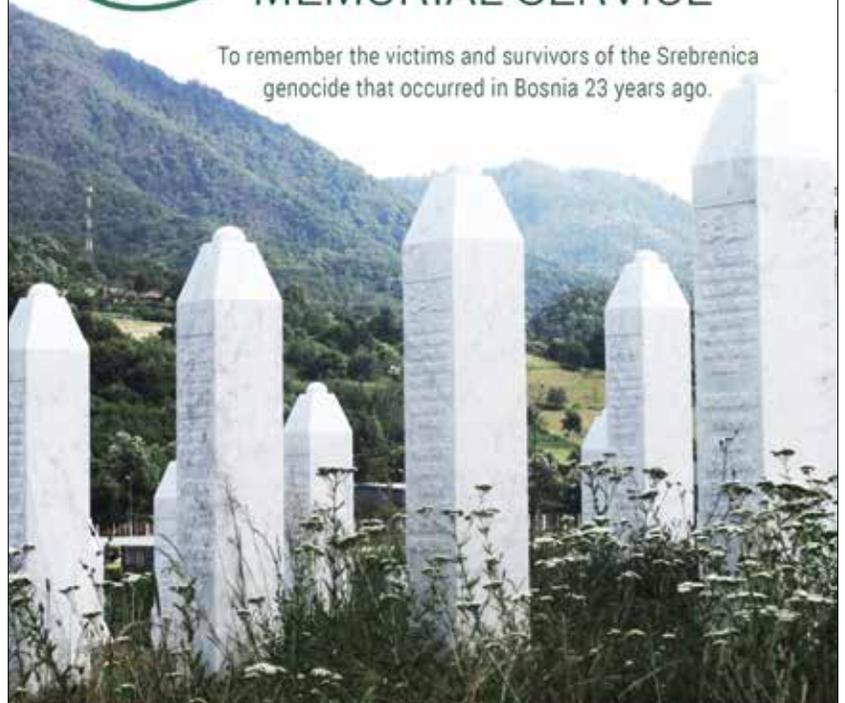


Artwork from left to right by Adria Bransen, Harriet Connolly and James Jaffe

# Srebrenica

## MEMORIAL SERVICE

To remember the victims and survivors of the Srebrenica genocide that occurred in Bosnia 23 years ago.



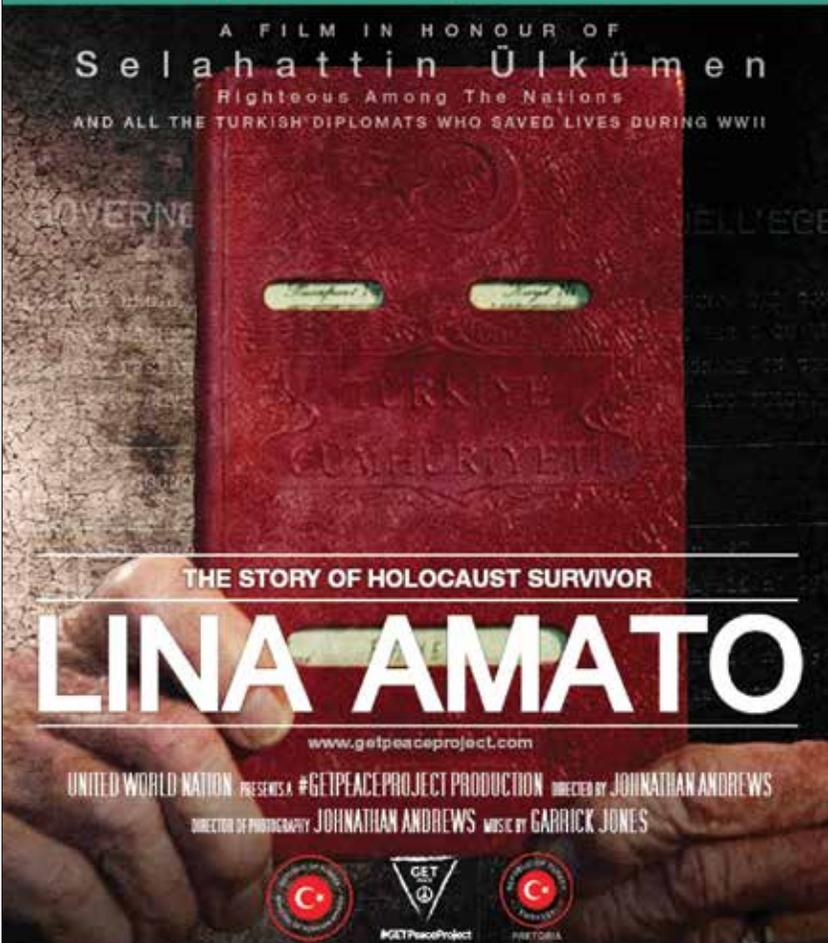
Sunday 8 July, 2pm

Cape Town Holocaust & Genocide Centre, 88 Hatfield St, Gardens

Light Refreshments will be served booking essential: 021 462 5553 or [admin@holocaust.org.za](mailto:admin@holocaust.org.za)



Join Us For a Special Screening of Lina Amato  
*The Story of Lina Amato* a film by Johnathan Andrews



Thursday 12 July, 6pm  
Cape Town Holocaust & Genocide Centre, 88 Hatfield St, Gardens

Light Refreshments will be served booking essential: 021 462 5553 or [admin@holocaust.org.za](mailto:admin@holocaust.org.za)



### Director:

Cape Town Holocaust & Genocide Centre

The CTHGC is the first Holocaust centre to be established in Africa and one of 3 regional centres of the South African Holocaust and Genocide Foundation. It houses a permanent exhibition and conducts educational programmes for schools, educators and diverse adult groups.

The CTHGC is recruiting a visionary Director to lead its educational and outreach programmes, activities and events. The Director is responsible for project funding as well as its day-to-day operations including the management of its professional staff and financial management. The Director is further responsible for the coordination and implementation of citywide and national strategies and partnerships.

- **Location:** Cape Town
- **Reporting to:** Chairman of the Advisory Board of Cape Town
- **Hours of work:** full-time
- **Salary range:** R40 000 – R60 000 (Commensurate with skill and experience)
- **Benefits:** Contribution towards RA, disability insurance.
- **Start date:** January 2019

### Interested?

Email Loren for a detailed spec & application form: [loren@ctjc.co.za](mailto:loren@ctjc.co.za)

*If you have not been contacted within 2 weeks of submitting your application, kindly consider your application to have been unsuccessful*





## Why the Mosque came for dinner

By Rabbi Greg Alexander, Cape Town Progressive Jewish Congregation



Prayers in the shul



Imam Taj and Rabbi Greg

### Jews and Muslims breaking bread together in shul — how did this come about?

Three years ago we reached out to the Open Mosque to build a bridge between Muslims and Jews in Cape Town. We offered to host an Ifthar, a traditional breaking of fast that happens each night of the month of Ramadan. For Muslims this is a period of introspection and prayer similar to our High Holy Day period over Elul and Tishrei. We felt that given the tensions that had grown between our communities, largely focused on the violence in Israel and Palestine, we needed to do something to build bridges and show that Jews and Muslims in South Africa can be friends.

Dr Taj Hargay of the Open Mosque was an enthusiastic partner, and what we absolutely agree on is that we do not want those disagreements about Israel to poison the relationships between our communities. Jews and Muslims have long histories of good relations not only here in South Africa but all over the world and we wanted to make sure that our communities could work together for better understanding.

So we started to plan our first Ifthar. We suggested that our guests arrive as the sun was setting, that they did their Adhan (call to prayer) in our shul sanctuary — we laid out rugs for them — and that we would then provide the traditional tea, dates and samosas for breaking the fast. They would then join us for our Kabbalat Shabbat service and then we would have the Friday night dinner together.

Both our communities were very nervous in the days leading up to the event. Our security was getting calls from community members who felt that we should move the event to a neutral venue or cancel outright, and the mosque was getting pressure from their members as to why they had to supply names of all guests in advance

(this was a requirement from our side so that we could manage who was going to come in the gate). To keep things calm we decided that Dr Taj and I would greet each person at the gate, which we did. Despite some really nasty emails and phone calls, we went ahead and on Friday night the group arrived.

It was incredible — our shul was packed out. I joked with many of the congregants that I now know how to fill the shul every Shabbes — invite Muslim guests! It felt like a yom tov, with everyone excited and greeting each other, asking about why they do what they do and why we do what we do. And our community watched them pray their evening prayers and then they watched (and joined) ours too. It was a remarkable thing to see how everyone went from fearful to celebratory in one evening.

Dr Taj was clear that he wanted to reciprocate our hospitality and we eventually came up with Chanukah — he would host one night of Chanukah in his mosque. So last year in December a big group of congregants turned up at the Open Mosque in Wynberg with their chanukiot and Dr Taj had laid on a huge kosher meal including latkes. We sang, we explained the history and symbolism of Chanukah and we lit many chanukiot there that night.

On Shabbat Naso last week, the biggest group of Muslims (over 60) came and joined us for Ifthar and we now knew many of them from previous years. The weeks leading up were tense with the protests at the Gaza Fence and Dr Taj and I kept in touch to reassure each other that we were going ahead. In his words, “we must do this all the more now.”

This year was the third year, and as we learn in Kohelet, “A threefold cord is not easily broken”, and so we will PG continue this tradition in years to come. We will continue to reach out to other mosques and Muslim groups and encourage continued dialogue and friendship between our communities.



Kiddush together

## Humans have wiped out 83% of mammals, Israeli census shows

By ISRAEL21c Staff



Brown cow cattle in Harz forest of Germany. Photo via shutterstock.com

The largest wildlife census in history shows that humans make up just 0.01% of living things on Earth, but have wiped out 83% of mammals, and half of plants. This ground breaking new census of all life on the planet reveals that when it comes to life on Earth, the world's 7.6 billion humans are just a tiny sliver compared to trees, bacteria and even viruses.

Despite representing a mere 0.01% of all living things, however, humanity has caused the loss of 83% of all wild mammals and half of plants, the study says.

The new work, conducted by researchers at Israel's Weizmann Institute of Science and the California Institute of Technology, is the first comprehensive estimate of the total biomass of different life forms on Earth and the impact of humanity on all of this biomass. Many of the findings suggest that much of what we think we know about the topic is based on assumption, outdated research, or incomplete estimates.

“We know that humans affect the biosphere,” says Prof. Ron Milo of the Weizmann Institute, who led the work, “but now we are able to start showing the real numbers — to quantify our impact.”

According to the study, published in Proceedings of the National Academy of Sciences, 96% of all mammals on Earth are livestock and humans, while only 4% are wild animals. Similarly, farmed poultry makes up 70% of all birds on the planet, while just 30% are wild.

“It is pretty staggering,” said Milo. “In wildlife films, we see flocks of birds, of every kind, in vast amounts, and then when we did the analysis we found there are far more domesticated birds.”

To compare the biomass of diverse life forms, from bacteria and plankton, to termites, trees, animals and humans, the researchers evaluated carbon units for each group, measured in gigatons.

They found plants to be the most dominant organism on Earth, outweighing people by about 7 500 to 1, and making up more than 80 percent of the world's biomass. Bacteria are also a major life form, making up 13% of everything. All other creatures, from insects to fungi, to fish and animals, make up just 5% of the world's biomass.

These numbers may not be exact, but understanding the relative estimates for biomass is what enables one to look at the “big biomass picture”, the study authors said.

Another surprising discovery is that even though most of Earth's surface is covered by ocean, marine life represents just 1% of all biomass, while the majority of life is land-based. The impact of humankind, with three centuries of whaling, has left just a fifth of marine mammals in the oceans.

“I would hope this gives people a perspective on the very dominant role that humanity now plays on Earth,” Milo said, adding that our dietary choices in particular have a vast effect on the habits of animals, plants and other organisms.

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Jann Lurie and Darren Blair

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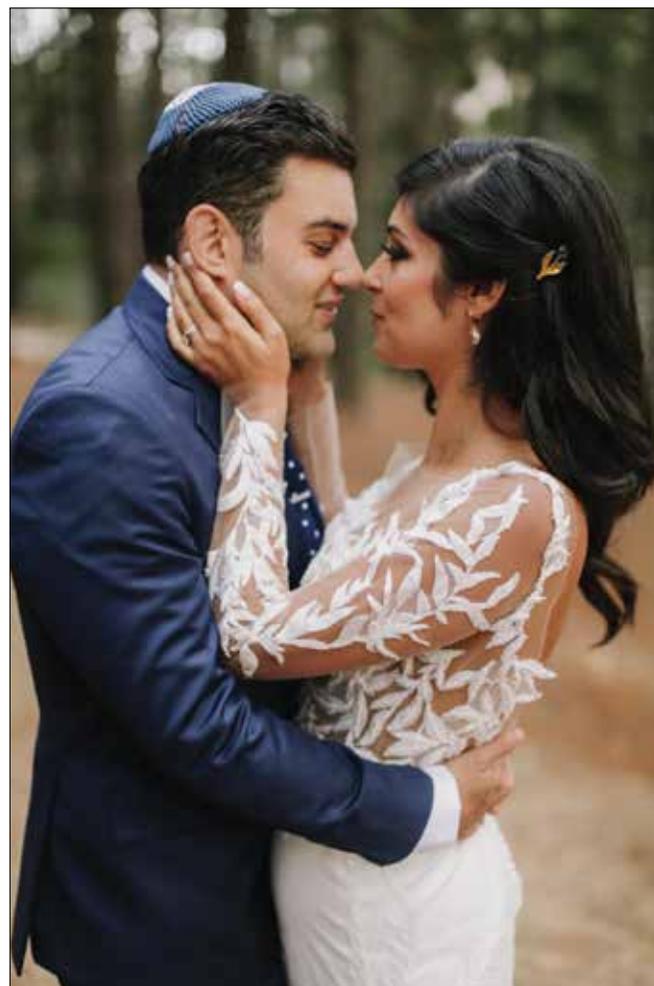


# SIMCHA SNAPS



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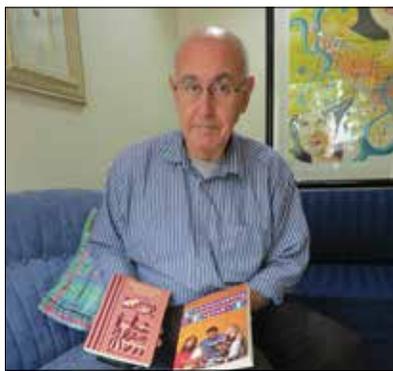
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## Cape Town's drought: A warning from the past

By Tali Feinberg

As Day Zero loomed over Cape Town earlier this year, Dr Solly Lison remembered something: his late brother Joe Lison had practically predicted this crisis when he recorded the Cape's history of water problems in his thesis entitled 'From Rivulets to Reservoirs: The Story of Cape Town's Water Supply from 1500 to the future', published four decades ago.



Solly Lison with his late brother's award winning text books

"We grew up in Vredehoek, and Joe would climb the mountain, where he became fascinated by the history of Cape Town and its water," recalls Dr Lison. Joe was somewhat of a genius — after matriculating from Herzlia he studied at the University of Cape Town, then volunteered in Israel during the Six Day War. It was when he returned that he decided to research and write his paper on the Cape's drought history, spending hours in the archives. He completed it in 1972 after which his mother typed it up, but it was turned down by publishers who said no one would be interested in reading it.

And so it remained in the Vredehoek home where Dr Lison now lives. Meanwhile, Joe decided he wanted to go back to Israel, but was turned down because he had developed Hodgkin's Lymphoma and was feared to be a burden on the state. He was eventually allowed to make Aliyah at the intervention of Golda Meir, who herself suffered from the disease.

The Jewish State can be greatly indebted to Joe Lison, who went on to write an award-winning English matric textbook that is still used across Israel today. But back in Cape Town, his water thesis remained untouched. Yet the research is startling: He demonstrated that water crises, drought and the strain on water due to population growth have always been the norm in the Cape — not the exception.

"Fresh water was always to be found at the Cape. That was, after all, the main reason for establishing the settlement. Yet from the outset there were water problems. The problem at the Cape is that although rainfall is good, it is confined to the winter months, and for the supply to be available all year round, suitable steps must be taken to store water," he wrote.

He describes the building of the first reservoirs in 1663, and how water restrictions began as early as in 1761. "During the 18th century, every tiny spring on the sides of Table Valley had been sought out, and its water piped down," he wrote.

He records that in 1822, one W. Bird says of Cape Town's water supply: "A

scarcity of [water] is one of the curses of South Africa." A notice dated 23 August 1826 warned "all persons not to commit any damage against the waterworks, on pain of a fine of 100 rix dollars or being imprisoned for three months."

His research continues: "During the winter of 1834, very little rain fell, and restrictions were imposed. In April 1835 there was an urgent need for reducing the supply of private water leadings because of 'the great diminution of the stocks of waters.' In 1835 the Water Committee resolved to advertise (in the Gazette) the quantity of water stored in Cape Town so that the population should control the use of water and not be surprised if restrictions were imposed.

"In 1840, both shipping and the population were increasing rapidly, and something had to be done to increase the water supply. In 1949 a severe drought reduced the river to a flow of only 2 gallons a minute. The Superintendent reported that the scarcity of water was so great that he had stopped street services, to keep a reserve for fire-fighting. This was followed by agitation to increase the water supply. This led to the reservoir constructed below De Waal Park in 1846."

It was later that the Molteno reservoir was built. 1880 was a very dry year, and water was still rationed. After many leaks and collapses, the reservoir was finally completed in 1886. Lison goes into great detail about the building of reservoirs on Table Mountain.

1901 was a year of serious drought, and by 1903, Cape Town was so short of water that in summer supplies had to be cut off for certain periods during the day. Years passed, and nothing was done to alleviate the problem, though it was spoken of constantly for about ten years by this time.

1916 was another year of crisis. Restrictions were again imposed, but by May, 'welcome rain' fell. Still nothing constructive was done to solve Cape Town's problem.

A severe water shortage hit the Peninsula after October 1919. By February 1920 the position was becoming critical. The Council

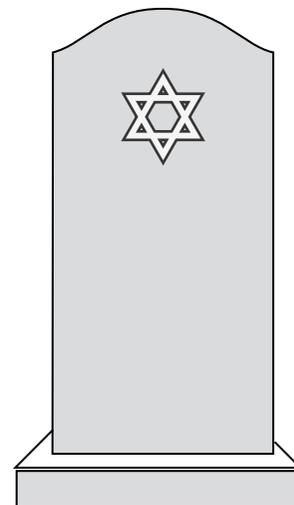
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was forced to send a letter to all consumers entitled 'Conservation of Water Supply, calling everyone to 'exercise the strictest economy in the use of water so as to ensure against a serious shortage before the end of the dry season' and further water restrictions. People were liable to fines and many private individuals began boring for water on their premises. Still no rain fell. On 2 April, a notice in the Cape Times informed that there was only enough supply of water to last 28 days.

Prayer services were held, in the hope that this would bring rain. On 1 May 1920 an advertisement warned that there was only enough water for 13 days! Two days later the newspapers began to tell a very different story: Welcome rain on 3 May 1920. By 26 May all restrictions were withdrawn. On 24 June the Cape Times reported: "The reservoirs are now full."

Water crises continued almost every year. Finally, in 1929, a new wall at Steenbras Dam was completed, and from then on there was no shortage of water in Cape Town for 26 years. The city once again experienced water restrictions during the summer of 1949, and in 1952 the Steenbras dam wall was raised again.

In addition, construction of the Wemmershoek Dam near Paarl and Franshoek began in June 1953, as this area had the highest rainfall in the Republic of South Africa. The Voelvllei dam was built in 1971.

Lison's thesis closes with discussion of the upcoming construction of

the Theewaterskloof Dam, and his suggestions for drought-proofing the Cape. "We will be able to stretch supply if some of the water is re-used," he writes, suggesting that "the re-use of sewage and industrial effluent constitutes a substantial water resource," and this is indeed done in Israel today. He also writes that "it is probable that the city will be one of the first in South Africa to utilise desalinated seawater."

Lison concludes: "The important thing is that it takes time to initiate and develop any new ideas. As this story shows, the past history of water supplied to Cape Town is not a particularly happy one — indeed it has proved to be a record in which one crisis followed another. Whatever steps are taken in the future to provide Cape Town with sufficient water, one can only hope that the planners will not repeat the blunders of the past by waiting until too late before embarking on schemes too inadequate."

Perhaps if Joe Lison had been here today, he would have shouted this warning from the rooftops. Tragically, he passed away on 17 May 1981, the day after his 36th birthday. He left behind his wife Shoshana and one year old miracle baby Gillit, who were supported by the royalties of his bestselling textbook.

"It was voted Israeli teachers' favourite textbook in 2006, 25 years after his death," says Dr Lison, who still mourns his brother and how much more he could have contributed to the world.



# WIZO speaker brings the Zionist dream to life

WIZO launched its SA Biennial Campaign on 14 May with a heartwarming address by Adeno Danny Abebe – who, through his own eyes as an 8-year-old child, described his family’s incredible 800km journey on foot from a small village in Ethiopia to Sudan, and ultimately to Israel.

The audience of over 200 community members were mesmerised by this soft-spoken, humble man, who is today an acclaimed journalist in the Israeli media, currently working in South Africa as Habonim Olami and World Zionist Organisation Shaliach.



A musical tribute was performed by Tali Scher, Saskia Todes and Gila Schulman, accompanied by Ivor Joffe.



Suzanne Luck, Ed Castle, Moonyeen Castle, Shelley Friedman, Li Boiskin, Jojo Mallel and Adrienne Judes

Adrienne Judes, Chairman of BZA WIZO Cape Town, thanked the sponsors of the evening: The Eliot & Myra Osrin Trust; The George Elkin Trust; and Benny Rabinowitz, as well as WIZO’s benefactor, Sheila Samson, and patrons and donors for helping to make the evening the great success that it was.

“As an organisation working tirelessly to uplift women and children in Israel and in South Africa with our wheelchair project, BZA WIZO has played an invaluable role for 117 years in the miracle that is Israel today — which is 47 years before the declaration of the State of Israel 70 years ago to the day,” said Judes.

The biennial campaign is WIZO SA’s foremost fundraising event in the community, as well as a



Hazel Levin, Julie Berman, Danny Abebe and Suzanne Ackerman-Berman



Liz Campbell, Louisa Nhonho Xabela, Danny Abebe and Vuyokazi Matu

fantastic opportunity to strengthen the bond between Israel and world Jewry. Moonyeen Castle, President of WIZO SA added: “With your help, we can continue to educate, empower change lives, and contribute to the wellbeing of disadvantaged women and children in the State of Israel.

“We thank all who have already pledged their donation to our campaign, and look forward to the support of every member of the community to ensure the continuation of the important work we do.”



Barbara Flax, Donné Querido, Li Boiskin, Moonyeen Castle, Myra Osrin, Shelley Friedman, Miriam Lichterman, Adrienne Judes, Suzanne Luck, Danny Abebe, Anna Berkowitz, Felicity Isserow, Linda Saban, Barbara Sandler and Gill Raphael with Melanie Uranovsky and Tamar Lazarus.

From page 1

Ex-South African educator Eli Rabinowitz, who now lives in Perth, attended the ceremony and spoke on behalf of the Litvak Diaspora, especially South African Jews: “Many Litvaks migrated to South Africa, aptly named, the ‘goldene medina’. Jewish life in the small South African country towns often mirrored the Litvak shtetl. We often heard stories from ‘der heim’, describing the rich Jewish cultural life throughout Lithuania, which had existed over many centuries,” said Rabinowitz in his speech.

“Those Litvaks who left Lithuania before the Holocaust were indeed lucky – more than 95% of the Lithuanian Jews were murdered in the Holocaust, a greater percentage than any other country. In the future, when we visit this museum, we will be able to access the past with a better understanding of history. We

## Building of ‘Lost Shtetl Museum’ begins in Lithuania

will view the collection of objects and artifacts, giving us an insight into how our ancestors lived their cultural, religious, work and home lives. We will learn about their values from their daily lives and from the items they kept and used,” he added.

“The museum will showcase the richness and the importance of Litvak shtetl life of years gone by. It will also reflect on the Jewish world that was destroyed by the Holocaust. The museum will educate Lithuanians and visitors to Lithuania and so provide an opportunity to learn from our history and strive for a better world.”

Speaking to the Jewish Report from Lithuania, Rabinowitz said he thinks the museum is being built now as politicians and historians have realised that this past is being lost to history. He emphasises that the location is important: “Our Litvak heritage stems from the shtetls in this geographical region in Lithuania — not the bigger cities of Vilnius or Kaunas.”

At the ceremony, “it was moving to hear different politicians and diplomats talk about the importance of Jewish memory in Lithuania and to rebuild this in the form of a museum. My

By Tali Feinberg



Eli Rabinowitz with Sergey Kanovich (Šeduva Jewish Memorial Fund) in the background. Photo: Eli Rabinowitz



Eli Rabinowitz with ambassadors to Lithuania of Finland, the UK and the USA. Photo: Eli Rabinowitz

speech came across strongly as I represent the voice of Litvaks around the world.”

Lithuanian President Dalia Grybauskaitė said the laying of the cornerstone “heralds the reconstruction of an important part of Lithuanian history closely interlinked with the history of Lithuania’s large Jewish community and its tragic fate. The Lost Shtetl Museum will bring

back from oblivion the names and faces of many families, friends and neighbours, as well as their customs and traditions.”

Said Lithuanian Foreign Minister Linas Linkevičius: “This unique museum will capture not only the memory of the Šeduva but also the Jewish communities of Lithuania as a whole.”



An architect’s drawing of the new Lost Shtetl Museum. The large pitched roofs take their form from vernacular architecture. Photo: <http://www.arklm.fi/projects/culture/the-lost-shtetl/>



The ceremony in Šeduva, Lithuania. Photo: Eli Rabinowitz



## Eliot Osrin Leadership Institute kicks off first module of 2018

Cape Town has joined the global trend of offering Jewish leadership programmes of excellence.

Having researched local and international business models, both general and Jewish, the Eliot Osrin Leadership Institute has customised a programme to meet the needs of our community. The scope covers in depth knowledge of our community and organisations, self-reflection and development, ethical leadership and best practice. In this course, participants are exposed to theory, practice, projects and peer learning as well as coaching and mentorship.

The Institute will act as an active hub and incubator of leadership programmes that reflect Eliot Osrin's (z"l) legacy of inclusivity, compassion, mentorship, community cohesion and financial discipline, all of which he will be remembered for.

The cohort of 2018 has just completed the first module of the programme, with two more to follow in July and August. Below are reflections on the programme from some of the participants as they finished module one.

### Dalia Katz

It's about embracing the diversity of our community. We are all Jewish but that means something different to all of us. It's about making meaningful connections and being receptive to the diversity within the room. You can't lead if you can't connect. If you want to lead you need to understand the broader community."

### Michael Jowell

The most important thing is that the community is investing in itself, providing mentorship for our future leaders. It's given me an insight into the broader community and how the community functions as a whole.

### Joel Merris

The first module has provided some interesting insight into the dynamics of and tools required for effective leadership. It has provided a space for some critical debate, amongst a diverse group of people, on important issues that are facing the Cape Town Jewish community which will impact on the way we move forward as a community.

### Andrea Milwidsky

It has been a good opportunity to gain a deeper understanding of the Jewish organisations and initiatives that serve and hold the community so well.

### Hazel Levin

I am proud to be part of this incredible initiative, the trainers are of the highest calibre, and I'm having the opportunity to learn and relearn to empower myself, as a leader to serve the community in any capacity.

### Bev Da Costa

This has been an amazing opportunity to make us think outside of the box and take us out of our comfort zones. It's helping us shape our leadership roles.

### Heather Blumenthal

The course has provided a unique opportunity for self-reflection, defining who you are and identifying the role one can play in the community.

### Leora Hessen

The EOLI programme is a way to engage with other community minded leaders in a constructive and meaningful manner. The programme provides an important tool in helping to understand yourself and how your role as a leader affects the human lives in your community.

### Audrey Berkovitz

A connection is developed between diverse groups within the community to encourage our curiosity and develop leadership skills to bring about change.



Back row: Jos Horwitz, Dalia Katz, Leora Hessen, Hazel Levin, Lisa Sandler, Michelle Scher, Sheila Valentini, Shane Brorson, Sion Gelgor and Roberto Franco. Middle row: Heather Blumenthal, Audrey Berkovitz, Cheryl Lazarus, Cara Saven, Adrienne Jacobson, Desiree Hutchison, Nicki Wingerin, Simone Sulcas, Andrea Milwidsky, Janene Currie, Michael Jowell, Jodi Ramsay and Elaine Chernotsky. Front row: Beverly Da Costa, Lindy Diamond, Natalie Altman, Jonny Altman, Rowan Polovin, Robyn Slot, Joel Merris, Lesley Katz and Shelley Segal

## The Board comes out for the LGBTIQA community

By Jacqui Benson

The evening was distinctive, the conversation was far from the usual and the energy was palpable for the nearly 60 people who gathered in the auditorium of the Hatfield Street Campus at 6pm on Thursday 24 May.

Coming Out. The Jewish Experience, the brainchild of Jacqui Benson and Dan Brotman, proposed a need to highlight the unheard voices in our community — the voices of those who identify as LGBTIQA+. The SAJBD understood this need and came on board to facilitate.

Talking publically about sexual and gender identity is not something we usually do in the Jewish community, never mind people addressing their very personal experiences when they have to confront that they are 'other'. The fact that they do not conform to society's norms and that many pretend to be heterosexual (cisgender) completely denies them any real sense of personal freedom.

Stop for a moment and imagine: You put on a mask every day before you leave your house, because you believe that is the best and safest way to fit in to the world around you. For some, wearing a mask in your own home is necessary because you are afraid of being rejected by the people closest to you, the ones you love. That is a real and lived experience for most LGBTIQA+ people all the time as they navigate the road of coming out, a journey they are on for a lifetime.

Rabbi Nissen Goldman set the tone for a very frank and authentic discussion when he acknowledged how 'nerve-wracking' it was to be speaking on this topic. He shared with the audience that halachically the Torah actually forbids bigotry and therefore homophobia. Little mention is made of homosexuality in the Bible and then only in relation to men, but there is no mention of treating LGBTIQA people differently. Instead the Torah has a strong focus on Ahavat Yisrael — unconditional love. What we need to confront is how we elicit the best of our humanity to contribute to a Torah environment that is happy and wholesome. The challenge put before us as a Jewish community is how to remain connected to one another, in spite of the theological differences, and support one another in this process.

Feedback from audience members acknowledged the panel of Fiona de



Jacqui addresses the gathering

Kock, Ross Levin and Dr Anastascia Tomson, for the tremendous courage they showed sharing their personal stories so openly and allowing the audience to engage with their lived experiences. Each speaker illustrated dilemmas they faced as they came to terms with the impact of their coming out on partners, families, friends, their relationship to their Judaism and their experience of the Jewish community, and even the impact on their work and careers. They all shared how in having negotiated their own path,

**The challenge put before us as a Jewish community is how to remain connected to one another, in spite of theological differences, and support one another in this process.**

it was easier for those who follow, and why this evening was so important.

Our panel facilitator Marlene Silbert highlighted this. She cited examples of how great strides are being taken in Jewish communities around the world to

create safes spaces for LGBTIQA+ people to be themselves and address issues that are relevant to them, the work is just beginning. She emphasised the need for training in sensitivity that is required at organisational level, particularly in schools and the education system, as young people in grappling with identity issues often face backlashes such as bullying from their peers, and how there is a high incidence of suicide amongst LGBTIQA youth.

In summation of the evening, I invited everyone present to come out as an LGBTIQA+ Ally. That they would be a much needed voice for those who were still living in fear of speaking their truth, and in fact there is a responsibility not just in the Jewish community, but as South Africans, who have privilege to stand up for the rights of those in other communities where hate of LGBTIQA+ people has ended in violence, 'corrective' rape and murder.

If you would like to know more and follow this conversation, please feel free to email [Jewishnqueerincpt@gmail.com](mailto:Jewishnqueerincpt@gmail.com)



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