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Ladles of Love smashes sandwich-making world record



Marc Lottering, Brendan van Rhyn, Jenny Morris, Abigail Donnelly, Thabiso Makhubela and Siba Mtongana in The Kitchen Collective studio during the live stream of the event.

Over the last three-and-a-half months, *Ladles of Love* has extended its work into making sandwiches.

Within a couple of weeks of starting, the organisation was supplying communities with between 10 000 and 15 000 sandwiches a week. To cope with the influx of support, *Ladles* automated the sandwich drive system and introduced depots around the city to further its reach. Today, the organisation makes around 28 000 sandwiches a week from its hub at the Greek Club. Another hub will be opening at Grand West.

With Mandela Day approaching, *Ladles* aimed to break the world record for how many sandwiches could be made in an hour. Initially, it was believed that the record was set at about 57 000 sandwiches, so *Ladles* aimed to produce 100 000. However, with a week to go before the big day, it was discovered that the real record was 107 418 sandwiches. So, much like leavened bread, *Ladles* rose to the challenge by aiming for 125 000 sandwiches.

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Educare centre closes

One of the Union of Jewish Women's longest running projects, Kensington Educare Centre has closed its doors.

The centre, specifically targeted at working mothers in the Kensington and Windermere areas, was opened in 1942. It had always been a place where children were holistically cared for by being educated as well as fed, and from very early on it received grants or subsidies either from the municipality or local government.

In the current climate very few parents have been choosing to send their children back to the centre and subsequently the fees which the crèche depended on for its survival have not been coming in. There is great uncertainty about whether the Educare centre will reopen this year.

"We have managed to pay the staff

a little each month while the centre has been closed but unfortunately that money is running out and teachers can no longer claim UIF. The committee of Kensington and the Executive of the UJW have therefore decided to give each staff member a retrenchment package from funds that were put aside solely in the event that a situation such as this should arise. In this way teachers can claim UIF and have their retrenchment package.

"We are devastated by this development especially in light of our 78 year commitment to this important project. COVID-19 has taken a heavy toll on all of us. We are extremely grateful for the dedication of the teachers and staff who have worked at the centre over the last 78 years as well as our wonderful principal Wendy Claasen." Said UJW Cape Town branch Chairperson, Patsy Fivelman.

Lockdown graduation

This month, Diller's Cohort 5 was welcomed into the Diller Alumni Network.

We are so proud to welcome this generation of Jewish Leaders into our Alumni, and into our Cape Town Jewish community," said Cape Town Diller Coordinator, Martine Kawalsky.



Cohort 5 graduates: Dylan Friedman, Gilad Sherman, Jonty Schkolne, Jake Videtzky, Julia Kaimowitz, Jesse Sher, Jade Rahmani, Jethro Klitzner (staff), Joseph Marcus (staff), Adam Julian, Mia Shaked, Daniel Marsden, Tziyona Cohen, Ariella Cohn, Rachel Rod, Shallya Samakosky, Rebecca Schwartz, Martine Kawalsky (staff), Allana Morris, Rachel Wohlman, Benjamin Zar, Eva Maraney (staff), Georgia Helfrich and Kaila Jaffee

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Lindy with a why

Why new connections broaden your horizon

By Lindy Diamond, Editor Cape Jewish Chronicle



On the first day of lockdown, which seems like a million years ago, I received a Whatsapp voice note from some guy named Chad, who was looking for a media partner so that he could go out and document the lockdown with his GoPro.

He was the guy, he explained to me in the email that followed, who had filmed the UJC's latest video so I knew his request was above board but the ink had barely dried on the legislation involved in lockdown reporting and I had planned to spend the first afternoon of lockdown contemplating my new dystopian reality. It felt like a bit much to add governmental red tape to the schedule.

But I spent the afternoon researching which gazette annexures I needed to fill in, and which other forms were required, and after a few calls to the South African National Editors' Forum I had Chad, and another photojournalist he had introduced me to, Josh, ready to go out legally and document lockdown. That part felt pretty good actually. Here we were, a small community paper, with our very own lockdown photojournalists. Wow!

I lay in bed that night worrying. I was giving Chad and Josh permission to go out and shoot a city that had been shut down to most of its citizens. Would they be safe? Would the police see the permits I issued them and arrest them for non-compliance for something I had overlooked? Did they have enough PPE to stay safe? What if they got sick? What would their moms say? But it was done, and they were very eager to get on with their work.

And boy, it was exceptional. Within a day I was receiving images to our shared Dropbox that sent chills down my spine. Our beautiful city, quiet like we had never seen her before.

Chad and Josh, better known by their Instagram tags *Gingerwithagopro*

and *Joshwideawake*, both have very active social media followings.

Within a week, content was being shared all over Instagram and Facebook, credited as having been taken on assignment for the Cape Jewish Chronicle. They were taking us into cool forums we had never been able to access. A little like getting into VIP because you are 'with the band'.

Josh had his work picked up by *News24* and the *You/Huisgenoot/Drum* magazine stable, he was also interviewed by *eNews*, *Beautiful News*, and many other Facebook news pages, and he and Chad were interviewed together on a Zoom panel for Limmud Cape Town. Chad's work was being shared by news channels like *News24*, *The Jewish Report*, *GoodNewsGuy*, *Times Live*, *Sowetan Live*, *Social TV* and *WITS Vuvuzela*. Both were also having their work admired and shared by their online followers — thousands of them. *The Chronicle* was a part of something big, and we were so proud.

Then Chad told me that he had come up with an idea. He was refocusing his attention onto the NGO's supplying food to people with dire food insecurity. After documenting the work of organisations like *Ladles of Love*, Chad started *Raising Hope*, a Backabuddy campaign that exceeded his initial funding goal of R150 000 in just three days. We were even prouder. To date they have raised over R560 000 to assist more than 30 organisations with funds to alleviate hunger in South Africa.

Lockdown has been a rollercoaster ride, with good days and bad. But one of the days that will stick with me for my whole life, is day 1, when instead of contemplating my new life on the inside, I decided to answer a voice note from some guy named Chad.

Follow both Chad and Josh on Instagram at *gingerwithagopro* and *joshwideawake*.

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| Date | Portion | Candle lighting | Ends |
|---------------|------------|-----------------|--------|
| 7 Aug/17 Av | Eikev | 5.53pm | 6.47pm |
| 14 Aug/24 Av | Reeh | 5.58pm | 6.51pm |
| 21 Aug/1 Elul | Shoftim | 6.03pm | 6.56pm |
| 28 Aug/8 Elul | Ki Teitzei | 6.08pm | 7.00pm |

N.B. Please note that the times indicated are the earliest times for candle lighting. Please consult your Rabbi.

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Continued from page 1

Ladles of Love smashes sandwich-making world record

By Jaime Uranovsky

All participants were required to register online and could either purchase a kit (consisting of five loaves of bread and jam tin) or source their own supplies. While it is difficult to track the number of sandwich makers, all 3500 of the available kits were sold. Volunteers also had to sign affidavits attesting to the fact that sandwiches were made during 10:00 and 11:00 on Mandela Day. Once the hour was up, participants would drop off their sandwiches at predetermined depots.

Danny Dilberto, *Ladles'* Founder, says, "We received a lot of comments on Friday [the day before] that supermarkets were running out of bread and that's when I realised we would probably get in 200 000 sandwiches".

On 18 July, *Ladles* did a countdown via Facebook Live to kick off the event. Danny says, "The spirit was unbelievable and our social media was just going berserk with comments and posts and pictures. By 11:15, the first sandwiches started arriving. At around 13:30 we hit 125 000 sandwiches. So, we celebrated, but I knew there were still thousands arriving. At around 16:30, we packed away the final sandwich and we came in at 304 583 sandwiches! Cape Town made me proud, that's for sure, and it made South Africa proud. People really pulled together."

For more information about *Ladles of Love's* sandwich drive and its other projects, visit www.ctloved.co.za

Continued from page 1

Lockdown graduation

Cohort 5 faced challenges during lockdown, but each and every fellow proved the strength of their commitment to the programme, their leadership potential and their unbelievable tenacity in the face of adversity.

"Graduation from the Fellowship marks an important milestone in the Diller journey, opening fellows to new networking, outreach, travel and enrichment opportunities. We are so proud to welcome this generation of Jewish Leaders into our Alumni, and into our Cape Town Jewish community," said Cape Town Diller Coordinator, Martine Kawalsky.



**JEWISH
COMMUNITY
SERVICES**
CAPE TOWN

www.jcs.org.za



SPECIAL GENERAL MEETING

CAPE BOARD OF GUARDIANS
t/a JEWISH COMMUNITY SERVICES ("the Organisation")

NOTICE TO ALL MEMBERS

Notice is hereby given that A SPECIAL GENERAL MEETING of members of the Organisation will be held via electronic video conferencing on 25 August 2020 at 13h00 for the following business:

1. To approve the adoption of a revised Constitution which inter alia, allows the organisation to better promote and achieve its objectives.

The General Committee invites all Members to register their intention to attend the Special General Meeting by contacting **Jewish Community Services** at info@jcs.org.za. Further information, including a copy of the proposed revised Constitution, will be made available to Members who register their request.

Please Note that, in terms of Section 9(c) of the Constitution, a member in good standing shall be entitled to vote, but shall not be entitled to vote by proxy. A husband and wife shall each have one vote.

By Order of the General Committee

PAUL BERMAN
Chairperson, Jewish Community Services



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YOM TOV GREETING SERVICES

Every year we promote the organisations in our community that offer personalised greeting services in lieu of Rosh Hashana gifts for family and friends.

This year we do the same, but the context is slightly different. Not only will we not be having large gatherings as we usually do, but many of our communal organisations are really struggling during lockdown to provide the services we have been accustomed to receiving.

Perhaps in place of the big dinners and other associated costs of the holiday, those of us who can, could channel some funds into these worthwhile causes.

For those who usually use these e-card services, please continue. For those who don't, please consider adding your support this year. Every bit helps.

Shanah Tovah Umetukah from all at CSO Cape Town!

Support CSO Cape Town so we can continue protecting
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This year more than ever we need your support.

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ALL DONATIONS ARE TAX DEDUCTIBLE
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Contact: Daniella Hayman (dhayman@ctjc.co.za), by 31 August to have your Yom Tov message sent.



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I AM WITH HIM IN HIS SORROW

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Women of Action

Shanah Tovah Umetukah from all at the Union of Jewish Women!



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It's giving time

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WIZO Cape Town
Women's International Zionist Organization



ROSH HASHANA GREETINGS

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Your donations will be greatly appreciated



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KEEPING IT REAL

No place for hate

Stuart Diamond, Executive Director, Cape SAJBD

Our elections are coming up under the Cape SAJBD's new democratic constitution, and seems appropriate to take this opportunity to explain the Cape SAJBD's stance on forms of hatred.



At its inception, our organisation had two main functions — to safeguard the civil rights of the Jewish community and prevent threats of discrimination and to contribute to the enhancement of Jewish communal life. It had little contact with individuals but dealt with the affiliated organisations and congregations. Now, 116 years later, our mission statement declares that we are “committed to a new South Africa where everyone will enjoy freedom from the evils of prejudice, intolerance and discrimination.”

We have moved beyond just safeguarding our own civil rights, to the realisation that our civil rights are indivisible from the civil rights of others. We have become nearly as much an advocacy agency, as the pure defence agency we started off as, and our message is simple — there can be no space for hatred in South Africa and in the world we share.

Through the Cape SAJBD's 'No Place for Hate' campaign, we will fight hatred directed against anyone in order to combat a culture of racism, antisemitism and prejudice in our country. This is all the more important in a world fighting a COVID-19 pandemic where people are looking for scapegoats to blame.

The South African Constitution has a preamble that states: “We, the people of South Africa: Recognise the injustices of our past; Honour those who suffered for justice and freedom in our land; Respect those who have worked to build and develop our country; and Believe that South Africa belongs to all who live in it, united in our diversity.”

These are ideas and ideals that the Cape SAJBD shares wholeheartedly. We also identify with the succeeding clause in the Constitution, which expresses hope that government representatives will adopt laws to “heal the divisions of the past and establish a society based on democratic values, social justice and fundamental human rights” and “build a united and democratic South Africa.” Our Bill of Rights enshrines the rights of all people in our country and affirms the democratic values of human dignity, equality and freedom. This is the sort of country in which Jews are able to flourish and contribute and this is a future to which the Cape SAJBD subscribes and wants to work towards.

We take antisemitism seriously and ask members of our community to bring incidents to our attention as we closely monitor and investigate all acts of antisemitism in South Africa. We work closely with a legal team and the relevant authorities to assist members of our community who have experienced discrimination based on their Jewish faith and/ or identity.

While our core focus is antisemitism, issues around race, xenophobia, sexism, Islamophobia and homophobia are included under this umbrella. We have added our voice when attacks have been made on mosques or the supply of halaal food, and when there are outbreaks of xenophobia or gender violence. We have stepped in to assist refugee communities when they were confronted with physical attacks and have formally complained to the Department of Home Affairs when they were slow to adopt Court orders to open the Cape Town Refugee's Office. We run ongoing workshops among the men in our community to discuss attitudes to gender violence and we organise events with the LGBTQIA+ community, such as our recent focus on Pride Month.

Through millennia, the Jewish people have experienced persecution because of our religious faith and ethnic background. Today, we find ourselves in a Republic of South Africa whose ideals echo our deepest commitments to shared humanity, respect, dignity, freedom and life.

We acknowledge that other groups have also suffered persecution and, to quote Hillel in the *Ethics of our Fathers* we recognise that: “If I am only for myself, what am I?”

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The One To One Event usually takes place around this time of the year to bring disabled people face-to-face, one-to-one with caring community members to break down barriers between disabled and other communities. The twinning exercise combats stigma surrounding disability and proves an enriching experience for everyone.

We would be participating in the annual One To One event this year, if it weren't for COVID-19.

Instead, we're teaming up with One To One to make sure every disabled person has the Hygiene Haul they need to stay safe.

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**JUSTIN
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Justin Asher is an entrepreneur at heart and enjoys giving back and getting involved at any opportunity, enforcing his drive for social impact.

Justin matriculated from Herzlia High School and received a BA Marketing Communications degree (AAA School of Advertising) and is completing a BA LLB (UNISA).

He has worked in the retail sector, advertising agencies and start-ups. He hosted the SMME Opportunity Roadshow in Cape Town for three years and was a keynote speaker at the NAAMSA Automotive Conference at Kyalami.

Communal involvement: Justin is the chairman of the Rygersdal Football Club (based in Rondebosch) since 2014 and is Junior Chairman of Cape Town Tygerberg Football Association. He founded the Kimberly Rose Cancer Foundation after losing his sister to cancer. He has been involved in Jewish leadership initiatives like the first edition of Ignite!, the Keshet - The Julia Koschitzky Seminar for Keren Hayesod International Young Leadership (held in Israel) and attended the Launchpad Retreat.



**JACQUI
BENSON**

Jacqui Benson is the 2nd generation owner of Les Collectables, a specialist shop in restored brass hardware, fixtures, antiques and collectables. She has been an entrepreneur since her school days, gaining accolades in scholar competitions. Jacqui matriculated from Herzlia High (1994), followed by Shnat Netzer (Machon) and completed a B.Soc Sci (Human Resource Management) and a Post-Grad Diploma in Enterprise Management at UCT. She has been fulfilling her passion to make a difference in the world, by training and leading personal development programmes and seminars, coaching hundreds of people of all ages and walks of life.

Jacqui has completed 13 Two Oceans Half-Marathons.

Communal involvement: A member of Netzer (formerly Maginim) Jacqui was Rosh Cape Town, Rosh Machaneh, and a madricha for an RSY-Netzer(UK) tour to Israel and in 1999 chaired the SAZF Youth Council. She is a keen volunteer and supporter of Souper Troopers, an organisation that cares for the homeless. She attended Launchpad (2018), and is an advocate for LGBTIQ+ people

both in the Jewish and the broader South African community and in this connection has given and organised talks and presentations to numerous organisations on LGBTIQ+ advocacy and education, including the SAJBD, CJSA, the SAUPJ and UCT, and had numerous articles published.



**ANN
HARRIS**

Ann Harris is a retired lawyer. She came to South Africa in 1987 with her late husband Chief Rabbi Cyril Harris.

Mrs Harris is a graduate of University College London. She qualified as a barrister and a solicitor and practiced as a solicitor in the City of London for more than twenty years. She was a partner in the firm of Adlers. In South Africa she joined the staff of the Campus Law Clinic at Wits University where she worked for 10 years, acting as the Clinic's Director for 3 years.

Communal Involvement: Mrs Harris was a Founder Board Member of Afrika Tikkun which invests in the development of disadvantaged youth from cradle to career and has won many awards for its work.

Mrs Harris serves as President of the African Jewish Congress which

helps the small Jewish communities of twelve African countries to retain their links with world Jewry, give them viable and vibrant Jewish spiritual lives and co-ordinate the fight against Antisemitism. She is the Vice Chairperson of the Small Jewish Communities Association, made up of country communities formerly under the National Board. Mrs. Harris is a Trustee of the Cape Town Holocaust and Genocide Foundation and Chair of the Chief Rabbi Harris Memorial Foundation.

She has 2 sons, 6 grandchildren and 2 great-grandchildren.



BARBARA MILLER

Barbara Miller is a fundraiser at Ikamva Labantu and a trustee on the Board of Sakha Isizwe, an empowerment and skills development organisation operating in Delft and Blikkiesdorp.

She was educated at Herzlia School, at the Cape Peninsula University of Technology (teaching), Judaic Studies (UNISA) and achieved a Diploma in Counselling (UNISA).

She has had a successful career in community development work, beginning as founding Executive Director of the Cape Town office of Afrika Tikun for 12 years, followed by a 10-year tenure as senior manager at Etafeni Day Care Centre Trust, Nyanga.

Communal involvement:

Barbara was a counsellor at Nechama; a founding member of the Egalitarian Minyan; a long-time member of a Rosh Chodesh Group and a member of the Jewish LGBTIQA and their Allies group. She served on the Programming Committee and was co-chair of Limmud and currently serves on the Va'ad Poel of the Jewish Democratic Initiative. She

was counsellor, facilitator, trainer and member of the LifeLine Board; she facilitates weekend workshops at the Healing of the Memories, established by Father Michael Lapsley, enabling participants to take first steps towards healing from traumatized discrimination during Apartheid and served on their Counselling Working Group; she also served on the Executive Committee of Klipfontein Multi-Sectoral Action Team, an umbrella networking and support body of NGOs.

Barbara Miller lives with her partner, Stephen Paul, and has two daughters and four grandchildren.



DAWN NATHAN-JONES

Dawn Nathan-Jones is a social entrepreneur, business coach and professional speaker.

Dawn attended the Durban Girls High School. She studied Business Administration and completed her EDP at Wits Business School and GIBS business school respectively.

She was one of the early pioneers of the Imperial Car Rental company, known more recently as Europcar, co-founding the car rental businesses Imperial, Europcar, Tempest and other car rental and tourism brands and businesses in the Group and becoming its CEO. She has served as president, SA Vehicle Rental and Leasing Association and was a member of the Tourism Business Council and the ASATA board and is on the Board of One SA with Mmusi Maimane. In 2016 she was the only female Shark in the M-Net reality show, Shark Tank South Africa.

Dawn was the recipient of the *Woman of the World Award*, an initiative of Chabad, Rebbetzin Rochel Goldman; the *Transnet Boss of the Year Award* and

the *Nedbank Business Woman of the Year* Finalist in 2006 and 2008.

Communal involvement:

Dawn is an ORT Jet mentor and has been guest speaker at many Jewish organisations in Johannesburg and, since her move to Cape Town three years ago, to local organisations including WIZO- Bnoth Zion Association. She was a major partner/donor to Miracle Drive, was the founder of the Women in Leadership category of the SA Jewish Achievers Award, and has been the judge of many Leadership and business categories. She is the Executive Director and major shareholder in Over the Rainbow, a social enterprise company, specialising in providing training, mentoring and investment opportunities to small business and entrepreneurs. She is also involved in social enterprise projects that are based in rural communities, that focus on education and teaching the youth the mindset and skills of entrepreneurship.

She has a son at Herzlia.



RAYMOND TREVES SCHKOLNE

Raymond Schkolne was the Chief Human Resources Officer for Sanlam Investments Group for eighteen years, after nine years at Old Mutual including Head of Remuneration & Benefits.

During five and a half years in Israel, he led the "Galilee Lavender" factory and Kibbutz Tuval's Public Services having been Human Resources & Organisation Study Practitioner at Eskom for four years prior to Aliyah.

Raymond matriculated at Theodor Herzl School in Port Elizabeth before studying at UCT and UNISA: (B. Bus. Sc. (Hons); Datametrics Diploma; BSc. (Information Systems & Operations

Research). He was a Springbok Scout and served as a Commissioned Officer in the South African Navy, and in Tzahal (Israel Defence Force).

Communal involvement:

In 2019 he co-chaired Cape Town Limmud and fundraised to restore the desecrated Wellington Jewish Cemetery. In 2018 he was a founding member of the Jewish Democratic Initiative (South Africa). From 2004 to 2009 he was a member of the Western Province Zionist Council. He has been a sustained participator since 2007 in the United Jewish Campaign's donor Tele-Campaign to help raise funds to support our community and is a committee member of the Hermanus Hebrew Congregation. He was also Treasurer (1979) and Rosh (1980) of Habonim Cape Town.

He is married to Sheryl with two "Sabra" children and two grandchildren.



**MICHELLE
STEIN**

Michelle Stein is Head of Philanthropy at the Zeitz Museum of Contemporary Art Africa at the V&A Waterfront.

Michelle matriculated from Herzlia and gained an MA from the University of Cape Town.

After moving to the UK, she worked in fundraising for over ten years for charities spanning faith, international development, arts and heritage. These included the British Museum and Commonwealth Secretariat where she worked with some of the biggest philanthropic families in the UK. She is also a fundraising consultant and has trained fundraisers in the UK, Europe, Australia and South Africa.

Communal involvement:

Michelle is a long-standing Limmud volunteer. She helped organise Limmud UK events for several years and trained Limmud volunteers across Europe for Limmud International. She was on the organising committee of two independent minyanim in London, the Golders Green partnership minyan and Grassroots Jews, which organises community run services for over 500 participants over Rosh Hashana and Yom Kippur. In Cape Town she has joined the team organising the monthly Egalitarian minyan and is on the programming committee for Limmud Cape Town.

She is a graduate of the UK's Adam Science Foundation Leadership Programme.



**ARIEL
SUMERUK**

Ariel Sumeruk is the owner and CEO of a digital advertising and analytics agency.

Ariel grew up in Israel, moving to South Africa when he was 14, attending High School in East London followed by a MA in Cosmology at University of Cape Town and work as a Quantitative Analyst at a Derivative Trading Firm.

In 2000, following his passion for academia, Ariel relocated to the USA where he completed his PhD in Physics from University of Texas, returning to South Africa in 2006 where he became immersed in the digital world, becoming Head of Business Intelligence and later MD of a Digital Advertising company.

Communal involvement: While at UCT, Ariel was actively involved with SAUJS. Ariel has been involved with ORT Jet over the last 5 years using his skills to help emerging businesses. Ariel is a member of the 2020 Eliot

Osrin Leadership Institute cohort, and a member of the Muizenberg Hebrew Congregation.

Ariel is married and has three children.

All individual members who are registered on the communal database will be eligible to vote for a maximum of three (3) nominees in the digital public ballot election, which will run from 27 July 2020 to 18 August 2020. The five (5) nominees who receive the majority of this vote will be announced on 21 August 2020, and will serve for two (2) years (2020-2022) as members of the Cape SA Jewish Board of Deputies.

*#Standing Up,
#Opting In*





VIEW FROM THE CHAIR

By Esta Levitas, Chairman, SAZF Cape Council

'Annexation' – some historical and legal background



For my *View from the Chair* this month, I would like to share part of an opinion piece that my husband, Ben, had published in the Cape Argus as I feel his overview is essential reading for us all.

There has been an intense discussion about whether Israel will or will not 'annex' part of the area known as Judea and Samaria. Without taking sides about the merits or demerits of such an action, it is important to know the historical and legal facts.

International law is not made by the United Nations General Assembly — these resolutions are non-binding without the agreement of the states concerned in the dispute. To be invalid, they need to breach a treaty between the nations that is recognised as binding. As there is no Palestinian nation, nor has there ever been, there are no such treaties.

The British Mandate exercised authority over an enlarged Palestine that included the East Bank, which subsequently was hived off to form the Emirate of Trans-Jordan in 1921. This was the choice of the Arab delegations at the Paris Peace talks in 1919, when the French assumed responsibility for Syria and the British for Palestine and Iraq. The rights of the Jews to the land in the area to the West of the Jordan was first recognised by the British in 1917, by means of the Balfour Declaration and the subsequent ratification by the leading powers of the League of Nations, at the San Remo Conference in 1920. Israel's legitimacy in International law is premised on the international backing for the decisions made at San Remo. San Remo went a step further, as it recognised the rights of the Jewish people to "reconstitute" their National Home, thereby implicitly recognising a pre-existing historical right and not creating a new right.

In the light of the above narrative, Israel would not be in breach of any international law, were it to annex parts of Judea and Samaria, as these territories were included in the areas granted at San Remo to the 'reconstitution' of Jewish rights to their historic homeland. Simply put, one cannot annex territory which is considered yours by right.

Annexation is a pejorative term immediately invoking concepts of illegality. In Israel's case these territories were conquered in a defensive war where the Arab armies expressly set out to annihilate the Jewish state and the relevance of International law is therefore questionable. A more accurate description if 'annexation' were to occur is that Israel would be extending its laws and jurisdiction to the people of those parts of Judea and Samaria that are contiguous to Israel.

Already Israel is facing a barrage of condemnation and calls for sanctions to be imposed and the Jewish community and Israel need to be prepared for a rather torrid time during the next few months ahead.

Linking Cape Town with Israeli technology

By Galya Tregenza

Hagai, the volunteer food delivery app that is being used in Cape Town, was brought to SA by the South African Zionist Federation (Cape Council).

so much easier, but it is also so convenient to use either on my cell phone or computer. Noam is an absolute star and has the patience of an angel".

The connection with Noam, developer of the app, was made through our Partnership2Gether programme.

We thought it would be interesting to follow up with those using the app to see how it has been working. We contacted Jewish Community Services and Cape Jewish Seniors, both of whom gave very positive feedback.



Lauren Cohn, the Jewish Community Services Tikvah Foodbank Co-ordinator said: "Noam's app has been revolutionary in so many ways from immediate feedback from volunteers to ease of updating of information. It has minimized my admin, not to mention my paperwork! Not only is the app making things

Diana Sochen, Executive Director of Cape Jewish Seniors Association said:

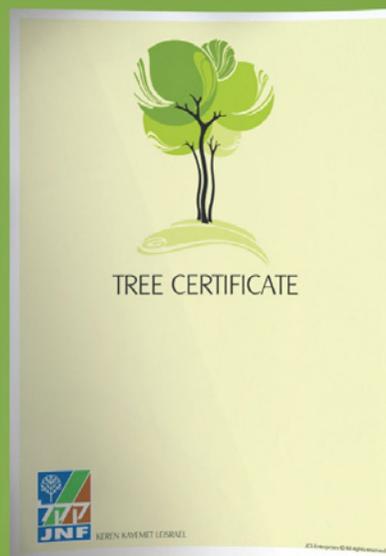
"CJSA were the first organisation outside Israel to use this app. Noam was amazing in assisting us to get up and running. The Hagai app is very user friendly enabling even the basic user to be able to fully utilise the app. It has been a great experience to interact across borders and collaborate with Noam who has been happy to share his knowledge and talent. Thank you Noam, Hagai and the SAZF Cape Council for introducing us".

The SAZF Cape Council is thrilled at how successful and beneficial this app has been and is committed to strengthening the ties between Israel and our local community.

DO YOU NEED A GIFT FOR A SPECIAL PERSON?

OR WANT TO ACKNOWLEDGE SOMEONE'S SPECIAL BIRTHDAY OR SIMCHA?

Why not purchase a Certificate from The Jewish National Fund?*



TREE CERTIFICATE
Participate in planting trees in Israel.

*Certificates will be sent digitally but hard copies can be collected when normal office life resumes.

BAR/BAT MITZVAH CERTIFICATES
Name of the child will be inscribed in the KKL - JNF Book of Honour in Jerusalem.



For more information, contact **MAXINE BOYD** at jnf@ctjc.co.za or telephone her at **082 7726251**. She is waiting to hear from you!!



Making Aliyah in the midst of a pandemic

Aliyah doesn't stop.

COVID-19 changed the world. It put many aspects of our lives on hold and as we went into lockdown and the sky closed, it affected the plans of many who were planning to make Aliyah and start a new chapter in Israel.

Martine David is one of our olim who has been affected. Martine was planning on leaving and packed up her life. She completed her Aliyah file and is now just waiting for one more document from Home Affairs to allow her to start anew — but they don't produce those documents at this stage of lockdown.

Like Martine, there are many others struggling to get required documents and complete the process.

Martine has been planning to make Aliyah for quite a long time: "I come from a very Zionist family and emotionally it is something I have always wanted to do, but the practicality of it made me scared. What really frightened me was the

language, because I am a doctor and you can't be more or less with the language. You have to be very precise."

After visiting her brother who made Aliyah and starting Hebrew lessons, Martine realised she could do it. "Home is home and you have got to be somewhere where you don't have to apologise for being you". Speaking

to Martine, she puts many Hebrew words and phrases naturally into her sentences and feels that in her mind, she is half here. "Making the decision was the hardest part", Martine says. "Once the decision was made, it was relatively easy".

At the Israel Centre we see that making the decision is the hardest

part for many of our olim. Many open their file but take months, sometimes even years to complete it while they are contemplating their decision. Opening a file does not mean that one commits to making Aliyah. A file can be opened for many years and never completed and we try to make sure that whoever follows through with the process does not do it on a whim, but, like Martine, gives it a lot of thought and consideration and makes sure that it is the right decision.

Once lockdown started, many olim who were ready to leave got very nervous. For a couple of months we had to stand still and wait to figure out how to assist them. On 14 June, 19 olim from all around the country boarded a repatriation flight on their way to their new home. On 1 July, 11 more olim made their way to Israel and on 15 July, 24 olim followed suit.

We hope that soon Martine can get her documents and join her brother in Israel and that many more olim will be able to join her.



South African Olim with Israel Centre staff and Ambassador Lior Keinan getting ready to leave for Israel.

In tribute to two Christian Zionist friends

Pat Rolleston

South African Friends of Israel and the South African Zionist Federation are deeply saddened by the untimely passing of a gentle giant, a man in a million, on 19 June 2020.

Patrick Rolleston was a man of deep religious conviction and an unequivocal supporter of Israel and the Jewish people. He was never too scared to stand up for what he believed. Pat organised amazing events including many *Nights to Honor Israel* and *6 Million Reasons why we say Never, Never Again!*.

He worked hard to raise funds for a medi-cycle for Israel and also took part in a *Standing with Israel* run from Gardens Shul to Claremont Shul along the Main Road. Another real highlight was a motorbike cavalcade including both Jewish and Christian riders who proudly adorned their bikes with Israeli flags and rode from Desire for All Nations Church to Aquila Game Reserve.

Every event he organised was extremely well attended and it is clear that through his work and devotion to Israel, Patrick inspired many.

Our thoughts are with his incredibly supportive wife, Elaine and his children Jill, Lauren and Robyn and all their families who have lost an incredible man of valour.

We will miss Patrick's beautiful smile and many words of encouragement. There is definitely another angel in heaven who will watch over us.



June Douglas Hamilton

Faans Klopper, a board member of the International Christian Embassy Jerusalem, used to take an annual tour to Israel for the Feast of Tabernacles, and June Douglas Hamilton accompanied him on many such tours.

She also sponsored people who could not afford the tours. In 1996 June kindly sponsored Rose McKenna on a tour, where Rose saw people protesting in Jerusalem outside the President's house. The next morning Rose woke up with a revelation to take Israel to the streets.

On her return to Cape Town, Rose did just that. Together with Emmy Goodenough and Pierre De Jager, they started standing outside Parliament with Israeli flags and quotes from the Bible. For the past 24 years these avid Christian Zionists and Jewish supporters have continued to stand every single Friday lunchtime, come rain or shine, outside parliament until COVID-19 set in.

June also sponsored people to attend prayer meetings held in different countries each year. She was philanthropy personified and although always keeping a low profile, she was a dynamic person in heart and soul.

On one occasion she met an Israeli, Avi Givati, who wanted to open a rehabilitation centre for children. June made Avi's dream a reality by donating generously. This home in Haifa is still in existence today.

June passed away a week before her 91st birthday and she will be sorely missed. A true ESHET CHAYIL!





SOUTH AFRICAN ZIONIST FEDERATION CAPE COUNCIL



Adapting to a changing world

Over the past few months, Habonim Dror has been learning to adapt to a new reality and an uncertain future.

We have been putting out a lot of 'how to' videos, webinars and so much more on our social media to engage all of our chaverim. We have been having many Zoom calls ranging from machaneh reunions, engaging chinnuchic peulot and debating about current affairs.

Our bogrim have been committed to planning and running activities for our channichim to help them escape the reality outside. They have also been continuing to have their weekly meetings to have fun and stay engaged with the world around them.

It is difficult to keep our chaverim involved right now but we are



Shtilim kids (grades 5 and 6) playing soccer at machaneh

constantly doing our best to make sure Habonim is always thriving and is there for our chaverim and we cannot wait to be able to run programmes for everyone when we are able to!



My year with Netzer South Africa, July 2019-July 2020

By Hannah Taylor

One of my favourite Netzer traditions is how we celebrate Havdallah. The entire camp stands in a circle with their arms around one another and blesses the separation between Shabbat and the new week with prayer and music.



Hannah Taylor going through some music for Shabbat with Cailin Groll

After the flame is extinguished, the community goes around the circle to wish *Shavua Tov*, a good week, to each person individually. Seeing the connection that the entire community has with one another made it clear to me that anyone can find a home in Netzer. Netzer is not a physical place, it's something that lives in our hearts, our minds, and our hands.

I know that I will be taking a part of Netzer South Africa with me wherever I go.



Zoom Info Session for Cohort 6 (2020-2021)

All young Jewish teens from Cape Town in Grade 10 going into Grade 11, applications for the Diller Teen Fellows programme are opening soon!

For more information all teens and parents are welcome to join our Cohort 6 information session taking place on **Wednesday, August 19th at 6pm on Zoom.**

For details on the zoom session, applications and interviews please fill out this short form to ensure that you're added to our mailing list

<https://forms.gle/jtJ2ypvBjgGgP4R99>

Please feel free to contact our coordinator Martine Kawalsky at diller@ctjc.co.za



Ain't nothing stopping us

Winter is here, but due to the Coronavirus pandemic, we were unable to run our annual winter camp — but nothing stopped us from going ahead with the camps anyway!

It was a very different and unique experience. The online Winter Camp was a series of fun and exciting Zoom events for all ages. Everyone who joined had an absolute blast. There were events for all different age groups, from Ktan-Tanim all the way through to Dorot. There was Pictionary, Bingo, Kahoot, leadership sessions and more. There was a variety of activities for everyone.



We have continued with our EQT learning every single Sunday night where madrichim and channichim get together to learn about current affairs through the eyes of Torah. We cover amazing topics like the environment, Black Lives Matter and Israel.

We wish everyone good health as Coronavirus peaks in South Africa. Stay safe.

Hayden Norrie, Bnei Akiva CT Chairman

CO-EXISTENCE IN ISRAEL

Part 1

This series will explore different examples of co-existence in Israel and highlight constructive developments happening in Israeli society that serve to break down barriers and warm ties between the people who share the land.



THE FREDDIE KRIVINE INITIATIVE

Bringing Arab and Jewish Children Together Through Tennis

Bringing Communities Together Through Sport and Positively Impacting the Future
Equality | Empowerment | Leadership

Israel's 'Mr Tennis', Freddie Krivine (1920-2005), understood that for many people, tennis is just a sport but for some, it is a means to so much more. The Englishman settled in Israel in 1984 and worked tirelessly to further Israeli tennis. He had success in this regard but the legacy he has left surpasses any success on the tennis court.

- ① The Freddie Krivine Initiative (FKI) runs co-existence and social equality programmes for Arab and Jewish children and teens through the sport of tennis.
- ① The FKI focuses on underprivileged Arab children who would not have an opportunity to participate in sports leagues or groups. By mixing them with their Jewish peers, all participants have the opportunity to play together and concentrate on their similarities instead of their differences.
- ① Through the tennis and shared society programmes, the FKI works to reduce discrimination and improve the social conditions of participants so that Arab Israeli children can develop their potential and overcome barriers to full inclusion into Israeli society.
- ① The FKI works with children of all backgrounds and skill levels and strives to bring together a co-existence community of Arab and Jewish parents, coaches, players, teachers and volunteers.
- ① The FKI believes in creating a safe, positive, and welcoming environment for all young tennis players. The coaches are also in close contact with

the families of the players, promoting involvement in a shared society for those in the most isolated communities.

- ① FKI programmes attract both boys and girls; the Initiative is providing a sport that religious and traditional families feel comfortable sending their girls to participate in as it is a non-contact sport.
- ① By improving schooling outcomes and providing all-inclusive programmes that close the gender gap, the FKI is recognised by the local authorities as one of the organisations that works to alleviating poverty through sport.
- ① Sheikh Morad, the Mayor of Jisr, has said that the FKI programmes are one of the main elements preventing at-risk youth from being exposed to negative influences.

This year the Freddie Krivine Initiative celebrates 20 years of co-existence programmes between Arab and Jewish children and is a shining example of the core values that Israel represents – inclusiveness, equality and justice.



Through tennis Arab children can feel a part of Israeli society and are treated equally in the sporting and civil arenas.



Empowerment curriculum that fosters inter-cultural dialogue, fairness, social inclusion, gender equality and youth engagement.



Leadership training programmes, internships, assistant coaching opportunities for both boys and girls.

The Freddie Krivine Initiative has seen great success over the years and as of 2020 has achieved the following:

- 7000 Arab and Jewish families have been reached through tennis clubs and training
- Tennis equipment provided in low socio-economic communities
- 25 Sponsorships and support for Higher Education granted
- 1000 Volunteers and donors involved

MORE THAN JUST TENNIS:

The FKI runs an After-school Tennis and Homework Club in Jisr a-Zarqa that is staffed by volunteers and professional tennis coaches. Sport activity, homework assistance and English tutoring is provided.



Providing grants for outstanding players



After-school tennis in the community, dozens of morning programmes in elementary schools



Equal opportunities with 50:50 ratio boys and girls



**SOUTH
AFRICAN
ZIONIST
FEDERATION
CAPE COUNCIL**



Exploring extremism with Dr Martin Sherman

By Galya Tregenza

The SAZF Cape Council's Media Committee hosted Dr Martin Sherman for an academic briefing on 'Extremists and Extremism' on 7 July.

Around 150 people registered to listen to Dr Sherman give his presentation. He gave an enlightening historical overview of extremism and also provided a thorough exposition of certain political views pertaining to the notion of a two state solution. The national identity of the Jewish people was highlighted during his talk, along with the very real security threats facing Israel today. Dr Sherman pointed out that any steps taken in any deal or agreement must ensure that Israel's borders remain completely defensible.

Dr Sherman, who is the founder and CEO of the Israel Institute of Strategic Studies, spoke with great insight and clarity and gave a frank and honest viewpoint to some complicated issues.

The SAZF Cape Council supports the notion of two states existing peacefully and with secure borders but welcomes various viewpoints and ideas on these important matters. It is healthy to engage and have respectful dialogue around difficult topics and we are pleased that the opportunity was given to do just that.



Find us SA Zionist Federation - Cape Council @SAZF_Cape @sazfcapecouncil

 SOUTH AFRICAN ZIONIST FEDERATION CAPE COUNCIL
Executive Director

The SA Zionist Federation Cape Council, an umbrella organisation for all Zionist organisations in the community, provides the bridge between the Jewish community in the Western Cape, South Africa and Israel. It also acts as a point of contact for stakeholders in Israel and SA interested in furthering the Israel – SA relationship.

They are looking for a passionate and strategic thinking Executive Director to drive their projects and oversee their operations going forward.

- **Location:** Cape Town
- **Reporting to:** Chairman
- **Hours of work:** full-time
- **Salary range:** R40 000 – R60 000 a month CTC Package (Commens. with skill and experience)
- **Benefits:** Pension & medical aid, Discretionary Performance-based bonus, all Jewish Holidays off, Parking, petrol reimbursement and cell phone allowance.
- **Start date:** 15th November 2020

Interested?

Email Loren for a detailed spec & to apply: loren@ctjc.co.za

Closing date for applications: 7th August 2020

If you have not been contacted within 2 weeks of application deadline, kindly consider your application to have been unsuccessful

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MOST SA JEWS (BOTH, OF ASHKENZI & SEPHARDIC HERITAGE) ARE ELIGIBLE TO REINSTATE EUROPEAN CITIZENSHIP AND ACCORDINGLY AN EU PASSPORT

A common misconception is that European citizenship and EU passport can only be obtained if one has documents proving his/her lineage. The fact is that not having any documents proving lineage, doesn't lead to disqualification of eligibility! Jews of Ashkenazi heritage can rely on documents obtained in Lithuanian or Poland.

Jews of Sephardi heritage need no proofs at all!

In his experience, majority of South African Jews are descendants of Jews whose European citizenship was illegally deprived, and therefore they are entitled to reinstate it, and accordingly obtain a EU passport!



Adv. Horesh has been operating in SA market with the Jewish community since March 2018. He arrives regularly to South Africa, and can meet in person with Jews who are interested to do so.

Ashkenazi: This ad refers to Jews of Polish & Lithuanian heritage only.

The most important things is the understanding that prior to the end of WW-I European map was very different than the one we know today.

Countries like Poland & Lithuania did not exist as independent countries, and till 1918 these territories were only known as Lithuanian or Polish regions/counties of the Great Russian Empire who ruled all of north eastern Europe, and in accordance till 1918, residents of these territories were Russian citizenship, as Polish & Lithuanian citizenships didn't exist. Therefore, since applications for reinstatement of these citizenships can only be based once one's ancestor was a Polish or Lithuanian citizen, whoever is a descendant of an ancestor who left Europe prior to 1918- will not be eligible.

In addition, it is highly important to remember that since borders in Europe were shifted once again during and after WW-II, one's eligibility for Polish or Lithuanian citizenship depends on the city from which his/her ancestor hailed. Horesh explains: Shifted borders resulted in cities changing nationalities, and that the resultant effect for descendants of Jews left Vilnius is that their application for Lithuanian citizenship will be declined whereas a similar application for reinstatement of Polish citizenship may very well be approved!



Adv. Avi Horesh is an Israeli attorney, who lived 7 years in Poland.

Sephardi: This ad refers to all Jews of Sephardi heritage – that includes Jews who arrived from north Africa, Middle east, Turkey, Greece, Italy, Yugoslavia as well as many descendants of Jews arrived from Holland and the UK.

Most of descendants of Sephardi Jews (who were exiled 500 years ago), are eligible to reinstate Portuguese citizenship and in accordance an EU passport. If applicable, Adv. Horesh will apply and obtain (on behalf of the applicant) for an official certificate confirming such an eligibility, on the basis of which, an application for Portuguese citizenship is most likely to be approved.

Horesh is recognized in Israel as one of the leading lawyers in the field of reinstatement of European citizenship. Horesh resides in Israel – a four-hour flight from Warsaw and Vilnius – enabling him to arrive easily to Poland and Lithuanian, as well as to Portugal, where he closely collaborates with local professionals who assist him in tracing documentation required for successful applications of reinstatement of European citizenship.

Adv. Horesh closely collaborates with professionals who assist him in tracing in Europe documents required for successful applications of reinstatement EU citizenships.

Due to Corona Virus I'm forced to suspend planned visits to South Africa.

You are most welcome to contact me on adv.avi.n.horesh@gmail.com or +48-783-953 223.

[back to contents](#)

#HERZLIA80



#MySchool #MyCommunity

GEOFF COHEN

Director of Education, United Herzlia Schools

2020 is Herzlia's 80th anniversary. It is also the year COVID-19 threw us a curve ball that nobody could have predicted. We have been confronted with unexpected challenges that have put all our celebrations on hold but through it all, one thing is abundantly clear – we always will provide an educational home for all the Jewish children of Cape Town.

When we reflect on it, our brave founding fathers created a Jewish school in Cape Town, at the tip of Africa at a time when our brothers and sisters were being decimated in the Holocaust. Im Tirzu, published on Herzlia's 50th anniversary, noted: "They (our founding fathers) understood very clearly that Jewish education is indispensable to the survival of the Jewish people and as far back as 1934 it was stated that the school belonged to the community and as such share the responsibility. In 1940 at the AGM of the United Hebrew Schools, Chairman Isaac Mauerberger said, "The culture of our people is being systematically destroyed as well as our places of worship and learning". It was this kind of message which awoke people to the need for Jewish educators and for the community to share the responsibilities of educating children in a Jewish environment."

An Authentic Jewish Experience. This is what separates us from other schools

in that it offers Jewish pupils the opportunity of completing their school education at an institution where their faith and traditions are part of their everyday life, where Judaism and close ties with the State of Israel are the basis on which all experience is built."

Herzlia is a strong academic institution, but so are many other schools. We are an inclusive school, but again so are some other schools. We offer a rich arts and culture programme, but so do many other schools. And yes, many other schools offer robust sports and outreach programmes. Other schools can teach Jewish Studies but what they cannot provide is a Jewish ethos that stretches back thousands of years through our history, and has been reinforced over the past 80 years. Herzlia ensures that our children leave school as proud young Jews with a sense of belonging to *Klal Yisrael*, reflecting the words of our school song: "We're from Herzlia, we know who we are."

2020 has also highlighted a number of opportunities that Herzlia has embraced – online learning; teacher agility and project based learning. We are always looking at ways to reinvent our world class school to keep up with the constantly evolving world. The aim of United Herzlia Schools is to provide the best possible Judaic, secular and cultural education, to produce pupils who are actively engaged, confident, courageous and resilient global citizens. Based on core Jewish values, we aim to enhance their potential for participation in both Jewish and wider society.

Herzlia's offering is best summed up in the words of alumnus, Gilad Stern, Herzlia alumnus (1968): "The twelve years I spent at Herzlia were the foundation of my whole life – an introduction to community and camaraderie. Our four kids were at Herzlia for their full school lives, and they had the same experience: belonging to an extended family, sharing a common bond. And that's before the education, which was and remains, the best available. Herzlia is not an elite school for smart kids: it's an inclusive school, a community school. Here's to community and continuity!"

"I feel that being associated with Herzlia is not only about being Jewish – it's about creating a deep and lasting sense of belonging to a community. It's about roots. And Herzlia gives us those."

Richard Goldstein – Herzlia Parent

in Cape Town. This is why those founding fathers chose to create a Jewish School in 1940. This is why so many of our community's families still choose to send their children to Herzlia.

As events have shaped South Africa and the world, Herzlia has, since 1940, stood as a beacon of light in our Jewish Community. We have developed and evolved, adjusting to the needs of our community as a whole.

We have often been referred to as the Jewel in the Crown of the South African Jewish Community – a school that develops mensches with seichel and chutzpah with a strong Jewish identity, a love of Israel and a well-developed sense of self-worth. Our 7000+ graduates scattered around the world today are testament to our ongoing success.

Herzlia is integrally tied to the Cape Town Jewish community. When we achieve the whole of Cape Town celebrates, we make everyone proud. You can't separate the community from the school and the school from the community.

Herzlia is, and always will be, a world class Jewish Community School. It is interesting to read a letter from the Department of Education and Culture written in 1989: "Herzlia is exceptional



Consider This

COVID-19 – the beginning of a new era

By Rabbi Malcolm Matitiani



By the time you read this article we would have recently commemorated Tisha B'Av, the fast mourning the destruction of the First and Second Temples and other national catastrophes that befell the Jewish People over the centuries.

The demolition of the First Temple by the Babylonians in 586 BCE and the exile of the upper echelons of Judean society to Babylon led to the introduction of formalised community prayer services that were held at the times when sacrifices would have taken place had the Temple not been destroyed. This early form of synagogue service became the sole means of communal worship until the Second Temple was built in approximately 350 BCE. During the Second Temple period the nascent synagogue service took place alongside the biblical sacrificial service performed by the kohanim in the Temple precincts, and began to develop into the service that we know today.

The destruction of the Second Temple at the hands of Titus and his Roman legionaries in 70 CE resulted in the permanent end of the ancient sacrificial based worship of God and the idea of worshipping God through *avodat ha-lev*, 'worship of the heart' (i.e. prayer) became the norm. While both *churbanim* were national catastrophes, resulting in loss of life and sovereignty, they were also catalysts for change.

According to the Mishnah, Rabbi Yohanan ben Zakai escaped the Roman siege of Jerusalem and founded a yeshivah in the small village of Yavneh. Gathering his students and followers around him, Rabbi Yohanan restructured Jewish practise so that worship and community life could continue without the Temple and its hierarchy of Kohen, Levi and Yisrael with the accompanying animal sacrifices, meal offerings and wine libations. We can thank this famous and ingenuitive sage and his talmidim for creating Judaism as we know it. Leaving behind the need for a sacred space in which the sacrifices had to be slaughtered and offered, Judaism is based on worshipping God by means of the three daily set prayers of Ma'ariv, Shacharit and Minchah; study of Torah and rabbinic teachings; and the performance of the ritual and ethical mitzvot. Sacred time was and is emphasised over sacred space.

This new focus made Judaism more portable and Jewish communities spread and thrived all over the world. A new era of our history had begun.

We Jews use the acronyms BCE (Before the Common Era) and CE (Common Era) when referring to Gregorian dates. Since the rise of the worldwide COVID-19 virus some of us use the newly coined BCE (Before the COVID Experience) and CE (COVID Experience). While slightly amusing, this new meaning of BCE and CE does suggest that humanity has entered a new reality and indeed Judaism has had to adapt once again to changing circumstances. Funerals and the mourning process are now very different CE than they were BCE. Attendances at the cemetery are limited, physical distancing must be maintained, and masks worn throughout. The natural tendency for loved ones to embrace one another to give comfort during times of sorrow has to be curbed.

Progressive, Reform and Liberal synagogues around the world have resorted to Zoom and Facebook to live stream our Shabbat services and most of us count ten adults with their video images on in Zoom as a minyan. In doing so we follow in the footsteps of Rabbi Yohanan ben Zakai who made revolutionary changes 2000 years ago in order to drag Jewish practise into the new post-Temple era.

Faced with the new reality of the dangers of congregating to celebrate Shabbat and the chaggim, we are forced to think creatively to ensure that congregants are able to observe Jewish ritual and have a sense of community. While we all pray and are hopeful for a vaccine, we would be foolish to think that life will go back to what it was BCE.

This pandemic has caused untold physical, mental, economic and social suffering and hardship and Judaism, along with other faith practises, has had to adapt to the new reality in order to assist its practitioners to cope with life during and, please God, post COVID-19.

Taking your BM simcha online at Temple Israel

By Rabbi Greg Alexander

When lockdown was announced, Temple Israel had to move fast.

Not only did we have to work out how to do Shabbat services (and everything else) online, but that week we had a B'Mitzvah planned and more in the weeks to come. What would we say to the families?



Keiran Bloom's Zoom Barmitzvah



Kai Washkansky's Online Barmitzvah

It would be heartbreaking to cancel an event that had been planned for more than a year. Yes, it could be postponed but they would have to learn a new Torah portion and haftarah and what about all the family and friends who were invited? And further, there was no guarantee that they would be able to hold it in 6 months or even a year given the lack of clarity in the Coronavirus world.

In the end, some families chose to postpone and some chose to go ahead. And here is what we did.



Daniel Cohen celebrating his barmitzvah

Firstly the rabbis made a decision that everything we were doing in the physical synagogue that was possible to do online we would. That included being called up to the Torah, leading the service, giving their droshes and even throwing sweets! The question was how to do them.



Cole Rubin and family on his barmitzvah day

We met with each family online to go through how to be part of our 'Zoom shul'. When to unmute, stand sit, sing and more. The parents gave their BM their tallis, blessed them and

sat by their side as each one confidently led the service with our team of rabbis, layleaders and musicians. And when it was all done, a giant community on Zoom and Facebook erupted in shouts of 'mazel tov', parents and siblings showered their proud BM with sweets and there was simcha, laughter and a few tears of happiness.

And there were even unexpected bonuses, like uncles and aunts in Canada or Israel being able to join and the family getting a full recording of the service to keep forever.

And what about the brochah? That is still something that even Zoom can't solve for now, but with the pace that technology is evolving, who knows what the future holds? Watch this space.

Mazaltov to those who celebrated Bnei Mitzvah with us last month

Finley Bauer
4 JulyAidan Raphael
18 JulyLiam Wolman
18 JulyZach Keys
25 July



SA Jewish
Response
COVID-19
& BEYOND

Supporting the poor and vulnerable in South Africa

Join a community campaign to help those in need, proudly as a caring community. Powered by Mensch.

www.mensch.org.za/covid-19-beyond



South Africa — COVID-19 and beyond

Supporting the poor and vulnerable
in South Africa

Our Jewish values compel us to support both our own community and the poor and vulnerable around us.

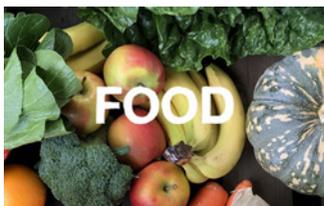
South Africa's socio-economic challenges did not start, nor will they end as a result of this crisis. We are expected to reach the peak of local infections in the coming weeks, but the 'hangover effect' on South Africa's economy will be felt for months and years to come. Right now we need support immediate needs, as well as help build resilience and future-proof poorer communities.

This campaign calls on us all to help those in need in whatever way we can. Acting collectively as a Jewish community allows us to amplify and extend our impact.

In this unprecedented global crisis, our already vastly impoverished population are under even more pressure just to survive. We can help!

By acting together, we can support a wide range of vetted, on-the-ground organisations. The Jewish community can be proud of our targeted, measurable impact.

Challenges



A few months into COVID-19 lockdown, donations are dropping, but winter is in full swing and the need for food, protection from disease and the elements is growing.

Vulnerable families depend upon community feeding schemes which need our on-going support

COVID-19 has created a physical and mental health crisis. Both PPE and counselling are desperately needed.



Poor communities are often at the mercy of cold, wet winters and need our help to stay warm and dry.



Solutions

This campaign is a collective effort to raise support for vetted, sustainable solutions that empower people, communities and projects, solving the most pressing issues during and beyond COVID-19. On this platform you will find ways to support financially or in-kind, learn about issues, and play a part in co-creating sustainable solutions.

For more information please visit: www.mensch.org.za/covid-19-beyond

MENSCH CHANGE-MAKERS OF THE MONTH

Masks for Medics – a disaster management initiative

By Dr Lauren Lee and Dr Anthony Smith



Dr Lauren
Lee

Dr Sonia
Hough

Dr Anthony
Smith

Dr Natalia
Novikova

Dr Julie
Etellin

Dr Sarahan
Brophy

It was only nine months ago that the first COVID-19 case was confirmed in China and the world as we know it abruptly changed. Less than four months later, on 4 March, we in South Africa had our first positive COVID-19 diagnosis.

As GPs working in the community, it was imminently clear that the simple task of visiting and examining a sick patient would now place us and our families at high risk. But it was not only doctors who would be at risk of contracting COVID-19. The entire framework of healthcare workers (HCWs) would be at risk: doctors, nurses, carers, physios, OTs, psychologists, social workers and funeral undertakers. How would those HCWs not affiliated to large hospitals or organisations access the appropriate Personal Protective Equipment (PPE) to keep themselves safe? Who would care for our communities if we were sick?

In trying to answer these difficult questions Masks for Medics was born. Our self-defined mandate is to raise funds to procure medical-grade PPE and provide it to these community-based HCWs throughout the Cape Town Metropole. This includes gloves, varying masks, gowns, visors, and sanitiser. When handing over the PPE, we aim to train these HCWs in the safe putting on, removal and disposal of what we give them; much of which is reusable.

Since Masks for Medics launched in mid-May, we have been astounded at the enormous need for protection and support throughout a wide range of healthcare setting. Old age and residential facilities, homes for disadvantaged youth, carer agencies, The Muslim Burial Association, The Chevra Kadisha, and so many individual physiotherapists and OTs.

We also working with Ikamva Labantu to

provide PPE to their social workers and carers so their elderly projects can restart. Along the way, we identified an additional need for monitoring equipment such as thermometers and pulse oximeters, which we are now providing. Our application process is seamless, and all requests are risk stratified and pass through our ethics committee if needed.

The enormity of this initiative could not be achieved without our phenomenal team. We, together with Dr Sonia Hough, Dr Julie Etellin and Dr Sarahan Brophy, and the tireless help from Amanda Zar, Suzy Davies, Li Protheroe and Jaco Janse van Rensburg have given life to Masks for Medics.

Masks for Medics has recently embarked on a magnificent sister project! COVID-19 patients who have been admitted to ICU, high care, ERs and the general hospital wards are alone and scared. Their loved ones feel helpless. Through a generous donation from Maverick Telecommunications, we have provided 20 tablet devices to various hospitals throughout CT; Mitchells Plain hospital, Khayelitsha Day Hospital, Heideveld CHC, Groote Schuur ICU, DP Marais, Melomed Gatesville Hospital and Douglas Murray Home. They have 20G of data preloaded and are being used for patients to communicate with their family; and sadly, to say goodbye before they are put on a ventilator.

Without exception, every time Masks for Medics hands over PPE, the relief and gratitude for what this protection confers is palpable.

Dr Anthony Smith and Dr Lauren Lee are members of Mensch, an NGO that supports Jewish change makers bringing their knowledge, skills and commitment to social justice to all in South Africa. Contact gina@mensch.org.za to join the Mensch Network of change makers. www.mensch.org.za.

www.mensch.org.za/covid-19-beyond

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REDDAM HOUSE CONSTANTIA

EDUCATIONAL EXCELLENCE FOR EVERY CHILD

JOIN US FOR A **PRIVATE ONLINE MEETING**

SIGN UP: constantia.reddamhouse.com/events



WE CELEBRATE ALL FAITHS & RELIGIONS JOIN OUR SCHOOL COMMUNITY

We're fortunate to have many Jewish families who are part of our Reddam House Constantia school community. This is because we understand the importance of providing an excellent education while simultaneously supporting the needs of the Jewish faith.

At Reddam House Constantia, we nurture individuality, talent and self-assurance in a secure, relaxed, self-disciplined environment. We offer an internationally respected curriculum that has an integration of Jewish Learning through our offering of Hebrew and Jewish Studies.

Our environment allows for total religious freedom whilst fostering mutual respect and tolerance – we observe all major religious Jewish holidays.

This optimal learning space and expert guidance inspire true excellence in education, ensuring all our students are confident and prepared for their future.



HEBREW & JEWISH STUDIES

Nurturing individuality & self-confidence



CELEBRATING RELIGIOUS HOLIDAYS

Respecting traditions



KOSHER FOOD

Healthy, nutritious meals



ONSITE SUPPORT UNIT

Personal growth & emotional wellness



ACHIEVEMENT THROUGH SPORT

Excelling in Waterpolo & other sports, offering a platform for international success

LEARN MORE: constantia.reddamhouse.com | **TEL:** 021 702 2322 | **EMAIL:** info.constantia@reddam.house An **inspired** school



Cape Jewish Seniors Association

DIRECTOR: Diana Sochen 021 434 9691 director@cjsa.org.za ADMIN: Amanda 021 434 9691 admin@cjsa.org.za search CJSA on Facebook

Kindness matters

For many years in our busy, complicated, modern world we have noted people living with success and wealth beyond imagination.

We have brilliant writers, genius scientists, powerful world leaders, teachers, doctors, philosophers and intellectuals. Success is everywhere! But while peace and security are certainly two important components of an ideal lifestyle, more often than not, they are not part of our lives.

Since lockdown at the end of March we have all had a lot of time to reflect. Apart from the fact that the pandemic has affected so many people, I believe that we have all received a gift in the last 100+ days. We have had enough time to reflect on our lifestyles, the frenetic treadmill that so many of us have been on, and what really counts in our homes and community. Being a part of this incredible community and observing what has taken place during the lockdown period, I have noted something that has been hugely missed prior to this period — compassion — and have seen that when it is practiced, we change for the better, and so does our world.

Kindness diminishes anger. If you are always angry or grumbling, peace and happiness will not be reached and your mind will always be agitated with your stomach in a knot. If you are angry, your intent is harm and harm repeats. When our mind is full of agitation and aggression, we become overly sensitive to everything that happens to us. Irritation arises at the slightest provocation. This angry mind serves no benefit, it only disturbs your relationships with friends, family, co-workers and with whatever it maybe you are trying to accomplish. If you dwell on other's negative habits you won't get along with many people, we all have faults, big and small. Those who annoy you will increase — not decrease.

Kindness increases happiness. This is a very good reason for you to make time to extend a little more kindness to those around you. Researchers have found a positive correlation between happiness and kindness. And it's not just that happier people are kinder, or kinder people are happier. Engaging in a random act of kindness certainly improves your happiness level. Kindness makes us smile and improves our social connections — both things that make us happier.

Kindness connects us with each other. Without the kindness of strangers, you wouldn't have food on the table or a roof over your head. We are all interdependent. We can't experience anything without each other. Our amazing volunteers have been assisting us with our food deliveries each Shabbat, connecting our housebound seniors with the outside world as they receive their meals. When connecting and contributing to each other, there is an interdependence with both the giver and receiver benefiting from the interaction

Kindness comes back around. Don't underestimate the ripple effect of your actions on the planet. And don't underestimate the boomerang effect your actions will have on your own life, even if not immediately apparent. Allow kindness to become the natural and spontaneous response to every situation, with this increased ability to respond compassionately, true success will follow. Kindness comes in many different forms and kindness can be painful and assertive. Generosity is not always the answer. Think and speak positively, and remember — everyone is worthy of love and happiness.

The CJSA team continue to work daily from their homes interacting with as many members as possible. All of us are available at any time during normal working hours to chat, advise for any reason whatsoever and the drivers are at hand for any lifting whenever necessary. Our weekly Shabbat meals are serving between 100 and



Showing kindness — volunteer Sue Clague with Caleb Shwartz collecting Shabbat meals for delivery in Sea Point.

120 individual/ families thanks to the kindness of our volunteers who are delivering throughout the peninsula every Friday.

Our Zoom meetings are proving popular with Ageless Grace exercises every Wednesday with Yvonne and Friday with Joycelyn and our special guest presenters every Thursday morning at 10h00. All welcome to join in.

Remember Kindness Matters! Stay well and safe and hopefully, it won't be long until we are able to open the doors of our centres once again.



Malcolm Stuppel, Caleb Shwartz and Emmanuel Sibomana perform acts of kindness by delivering Shabbat meals

Acts of kindness are greater than charity since they can be done for both the rich and poor. Charity can only be done with one's money, while acts of loving-kindness can be performed both personally and with one's money — Rambam (Hilchos Aivel 14:1).

Kindness on a basic level is quite easy. If you see someone in a favorable light you naturally want to be kind to them. During the lockdown period, we have noted kindness being shown by friends and strangers alike, and the whole community is actively showing kindness in so many ways to so many people that the change is palpable. It is said that Buddha first taught kindness to a group of monks meditating in the forest. Through meditation and mindfulness, they were taught how to live a life of kindness and in learning this, they learned to protect others. In the past three months, this has happened in our community and there is definitely a refreshing feeling and outlook. People are protecting and looking after each other, practicing kindness with the services being provided by the various sectors of our community and in turn the general community, and especially the vulnerable are feeling safe and nurtured with the antidote to fear being kindness.

Social and Personal

Even during the lockdown period, there have been many occasions to celebrate

Births

Alan and Pauline Sevitz — granddaughter
Martin and Rose Margolis — great granddaughter

Barmitzvah

Patsy and Michael Baigraim — grandson
Robert and Diane Feinblum — grandson
Thelma Gamsu — grandson
Hilda Wilk — grandson

Batmitzvah

Gillian Cress — granddaughter

Marriage

Janice Bloch — grandson

Anniversary

July marks 13 years since Psychological Counsellor Hajjera Safidien joined the employ of CJSA and enriched our lives with her professionalism, care and support of the Milnerton CJSA family. Mazaltov Hajjera, we thank you for your kindness and way in which you look after everyone. Wishing you many more happy years of service to all of us.

Condolences

We mourn the passing of our members.

Harold Gochin and Myer Herman, wishing their families and loved ones strength and Long Life.

We also wish Long Life and Strength to Rosebeth and Hymie Becker on the passing of her brother and Eunice and Leon Mofsovitz on the passing of her sister.

Our sincere condolences to the family of Annette Marks on her untimely passing and wishing her family Long Life. As a colleague of the JCC family, she will be greatly missed.

WE ARE HERE TO SUPPORT YOUR MENTAL, EMOTIONAL, & PHYSICAL WELLBEING!

The global COVID-19 pandemic has affected us all, causing great stress, concern, and grief for some. As a result, there are many amongst us who are struggling mentally and emotionally. There are also many who should stay at home, but who lack the support to be able to do so.

THE COMMUNITY CORONAVIRUS HELPLINE

has been launched to offer emotional support and logistical assistance to the vulnerable in our community.

IF YOU ARE FEELING

- Isolated and alone
- Anxious
- Overwhelmed
- The need to talk to someone
- Depressed

IF YOU NEED ASSISTANCE WITH

- Food supplies for you/ your family
- Collection of groceries or medication
- A COVID-19 related query

THE COMMUNITY CORONAVIRUS HELPLINE: 0861 8888 74

OUR OPERATING TIMES

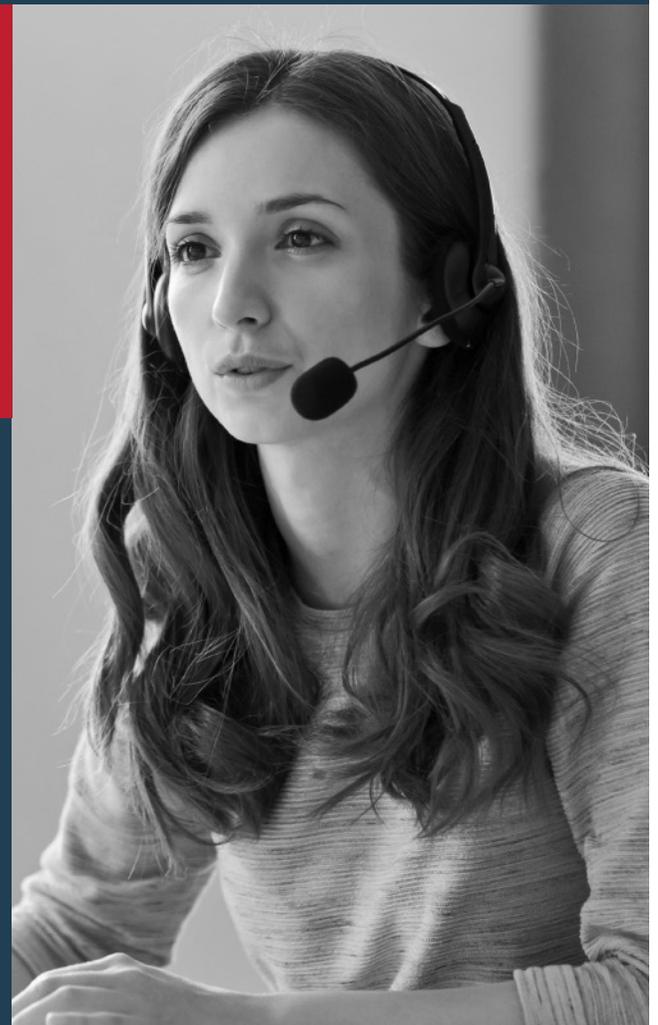
Mon – Thurs: 8am to 8pm
Friday: 8am to 2pm
Weekends: closed

HOW DOES THE HELPLINE WORK?

- Our helpline staff will take down your details.
- They will refer you to one of our trained counsellors or logistical volunteers.
- He/ she will contact and assist you.
- Your personal information will be treated with the utmost confidentiality.

ASK FOR HELP WHEN YOU NEED IT.

If you wish to assist and be a volunteer, please go to <https://forms.gle/Lfnw6vavhuEcSPFF8>





We are here for you!



COVID-19 MONITORING PROGRAMME FREQUENTLY ASKED QUESTIONS

WHAT IS THE CSO COVID-19 WELLNESS MONITORING PROGRAMME?

It is a programme, developed with Hatzolah Medical Rescue, to enable CSO Cape Town to monitor any community member who has tested positive for COVID-19, or is displaying symptoms of the virus and waiting for test results. Daily tracking of temperature, heart rate, and oxygen saturation together with a list of health checks and questions will allow for early intervention if necessary and ensure that we can keep community members and their families as safe as possible.

WHO SHOULD REGISTER FOR THE CSO COVID-19 WELLNESS MONITORING PROGRAMME?

You should only register for the programme if you have:



Tested positive
for COVID-19 or



Are **awaiting**
COVID-19 test results

IF I HAVE NOT BEEN TESTED, SHOULD I REGISTER... JUST IN CASE I GET COVID-19 LATER ON?

NO. If you have not been tested, please do not register. The telephone number for this programme should not be used as a helpline to find out if you could be positive or to ask for advice. It is for registration to the Wellness Monitoring Programme only. The wellness volunteers need to monitor those who have tested positive or are awaiting COVID-19 test results, as these are the community members who have immediate need for their health to be tracked. If people register but are not needing immediate support, it puts a major strain on our resources.

HOW DO I REGISTER FOR THE PROGRAMME?



You can register by **Whatsapp or SMS** – send your name and cell number to **072 037 8971** and we will contact you so that we can fill out the documentation for you;

If you cannot Whatsapp or SMS, you can call **072 037 8971, or**



Go to our website **www.csocape.org.za/COVID-19** and fill in the registration form.

HOW LONG AFTER I REGISTER WILL I BE CONTACTED?

A CSO Wellness volunteer will attend to yourWhatsapps and SMS's during office hours. **You will be contacted within a 24-48 hours of registering. Please do not resubmit the form during this time frame.**

WHAT HAPPENS AFTER I SIGN UP?

Once you have given your details, our Medical team will deliver:



A **pulse oximetry device** that will check your pulse rate and oxygen levels



A **thermometer** (if you don't have one)

Our Medical team **will assist you via video or online** to explain to you how to use them both, and you will sign an indemnity form. **Depending on your condition, your wellness volunteer will contact you between one and three times daily.**

Phone calls will be made between 08h00 -18h00 in the afternoon throughout your isolation to track your wellbeing by asking you some key questions.



WHAT KINDS OF QUESTIONS WILL I BE ASKED DAILY?

They will ask you **some basic questions**, including what your vital signs are. Using the devices CSO Cape Town delivered, you will be able to give them this information. **Based on clinical criteria established by medical experts, CSO will track your health remotely**, and, in conjunction with your GP, guide you on the next steps of your treatment plan.



WILL MY MEDICAL INFORMATION BE PROTECTED?

YES. All the wellness volunteers are **legally bound by a confidentiality agreement** and are not allowed to share your medical information with anyone, other than the relevant GP.

IMPORTANT: If your symptoms change drastically, or if you are experiencing any life-threatening symptoms such as difficulty breathing, please do not wait for our wellness volunteer to contact you!

CONTACT OUR EMERGENCY LINE: 086 18 911 18, YOUR GP, OR A HOSPITAL.

Happy Birthday, Rosalie!

By Highlands House staff

Rosalie Wolpe is turning 111. She has lived through a lot in her long life, and so far has survived the COVID-19 lockdown too.



Rosalie spends her days quietly in her special chair in her spot in the sun in the lounge on her floor. She often dozes off but always wakes up in time for her tea and her lunch. Her carer Julia tells us that she insists on her soup and tea being hot!! She will not have food and drink that is luke-warm. And she absolutely loves dark chocolate. Her favourite treat of all is a chocolate muffin and a cappuccino. Her son David (her baby as she likes to refer to him) sees that she regularly gets her favourite things.

Another favourite of Rosalie's is the Bingo afternoon at Highlands House. Rosalie never misses this, and she has done very well at the game too, judging by the number of prize vouchers she has stocked up. Reading the newspaper is another activity Rosalie enjoys. Julia brings Rosalie the newspaper every morning, and she often reads the headlines out loud to Julia. She misses her daughter Janet who lives in Sydney, Australia and her three grandsons, of whom she is very proud.

Rosalie was a keen mountaineer, and met her late husband while climbing Table Mountain. She walked to work and to the shops in Claremont where she lived; never drove or possessed a car. Rosalie attributes her longevity to all the exercise she did.

Our leading lady says she is very content at Highlands House. The mutual love between Rosalie and her two carers Julia and Emma is clear to see, and the same can be said for all the carers, staff and residents of Highlands House. Rosalie is our icon and is loved and admired by all.

USING MY NUDEL

Are our children running out of STEAM?

By Craig Nudelman

Kids in Grade 9 are going through some pretty intense things at the moment.

They have to deal with the weird and crazy things that their bodies and minds are going through because of adolescence. They now have to try to come to terms with this new way of living and learning during the COVID-19 pandemic which brings more social and emotional issues into the mix. But in a few months a 15-year-old will have to decide what three subjects they will take which could determine their future.

It sounds a little dramatic, I know, but it is a massive responsibility. Subject choice is a big issue and the choices you make stay relevant for many years. At the age of 15, you have to think about what you want to be in 10 years. I don't even know where I'm going to be in 10 years! It's always seemed to me that by forcing students to pick subjects, we're putting them into individual silos and not necessarily allowing them to combine their subjects to deal with real-life applications. This is where STEM falls into place. STEM (Science, Technology, Engineering, and Math) is an interdisciplinary learning philosophy that aims to ensure that our children have jobs which don't even exist at the moment. With the 4th Industrial Revolution (4IR) being the 'it' phrase at the moment, many schools and universities are trying to prepare their students for life in an age of unprecedented technological innovation.

Thus, many children are looking to take subjects which are focussed on accessing new and exciting innovative projects. This is good; we need an interdisciplinary approach to education to ensure our students (in school and university) are able to be innovators and are not redundant in the future. But there is a problem with concentrating so much time and effort on STEM, especially in South Africa.

We live in a country with limited access to two of the basic necessities for the 4IR. Amy Solokow, from Northwestern University in the United States, writes about the lack of access to electricity and internet resources for the majority of the country. She states that "the country has not yet caught up with the second (electrification) and third (computing) industrial revolutions." Thus, how can South Africa join the 4IR and keep up with other developing countries? Coupled with high data prices by our cellular companies which limits people's

connectivity, we are stuck trying to figure out how we are going to push into this new emerging space. How can we ensure that the unemployed youth of today will be more equipped and skilled to be employed in the future?



That's where I think adding the 'A' to STEM is critical. The 'A' stands for Arts, something which is often overlooked today. Fewer students are keen to take History, Art, Music or Drama because of our society's obsession with the word 'technology'. The arts, however, are critical to enhancing students' ability to be flexible, adapt to challenges, and innovate. Not only this, but they also allow for critical thinking skills through imagination and creativity.

The arts hold the key to so many scenarios, and without focussing on these in education we are losing out on many other opportunities to prepare our students for the challenges of the 21st century. The life skills that the arts imbue, like care, connection, culture, and community, will arguable be even more important going forward than some of the skills that are emphasised in the STEM subjects.

But all of this boils down to teachers and how they are able to blend these teaching techniques effectively, if at all. And the skills it can bring to our students are incredible. The key findings of the World Economic Forum's 'Schools of the Future' report, made in January 2020 give eight areas of in-learning content identified as critical for the 4IR. These skills are: global citizenship; innovation and creativity; technology; interpersonal; personalised and self-paced learning; accessible and inclusive learning; problem-based and collaborative learning; and lifelong and student-driven learning.

These skills show that it is not only STEM which will guide students to find careers after they have matriculated or graduated. A truly integrated approach is needed to create an environment for students to become global citizens who can be employed in any scenario. Our students will become adaptable and learn to function in any environment, not just one which is technology driven.

Perhaps subject choice should be a thing of the past. We should not expect our children to consider their career choices when they are 15 years-old. Instead, we should have an integrated approach to learning, where we allow our children to engage in an inclusive and accessible programme for all different types of learners. Children should not need to put themselves into silos. We should allow them the opportunity to amalgamate their knowledge and adapt it for the 21st century. I would argue that this is the real way to get them ready to face the challenges of the unknown tomorrow.

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Making Aliyah during COVID-19

Mike and Glynnis Sklar

On 15 June 2020 at 4.55am, we began our long-awaited dream of making Aliyah but nothing could have prepared us for the fortnight leading up to our journey.

The last Aliyah flight took off on 23 March, so we had resigned ourselves to having to wait at least until September to fulfil our dream.

On 2 June, we were added to a Whatsapp group: 'Have visa — waiting for flight' and the rollercoaster began. We needed permission from the Department of Home Affairs to leave South Africa and permission from the Israeli government to enter Israel.

Under the Level 3 Lockdown, SA Passport holders could travel internationally "to take up residence in another country on condition of having a valid passport, an air ticket and permission to enter the destination country." When we

eventually received our tickets and instructions for travel, we were over the moon.

We arrived at the Israeli Embassy in Pretoria on the Sunday morning where the Olim were processed separately, before boarding our bus to the airport. Normally a vibrant place, buzzing with people, OR Tambo Airport was in near total darkness. No advertising boards flashing, no

flight information, no announcements and no duty-free shops. It felt quite eerie.

We were so excited to finally be on the plane but the atmosphere was somewhat sombre. There was plenty space, even for social distancing and we

all wore face masks. There was no inflight entertainment. The lights remained off for most of the flight. Communication from the cockpit and crew was limited to the essentials.

The second leg of the flight was just as interesting. We were on a smaller

aircraft, with more passengers which meant no chance of social distancing. Wearing a mask was compulsory but that was where the COVID-19 protocols ended.

Landing at Ben Gurion Airport was both exciting and surreal. An IDF officer explained the procedures before we could disembark. The airport was deserted but at least the lights were on!

We were met by representatives of the Ministry of Aliyah and Klita, and whisked through all the security checks, which included having our temperature taken. Our Aliyah was processed and 2 hours later, after filling in a compulsory online quarantine declaration and collecting our luggage, we were escorted to a taxi and driven to our chosen quarantine destination.

Making Aliyah is an amazing



experience. Travelling as we did under COVID-19 regulations was totally surreal. There was no-one to see us off in Johannesburg, no family to welcome us at the airport but we feel so grateful to have made this journey.

The most 'normal' part our story is that Baruch HaShem we are home — in our Jewish homeland — and we could not be happier to begin the next chapter of our lives.

For information on Aliyah, visit our website: <https://www.telfed.org.il/aliyah-klita/>

MOST SA JEWS (BOTH, OF ASHKENZI & SEPHARDIC HERITAGE) ARE ELIGIBLE TO REINSTATE EUROPEAN CITIZENSHIP AND ACCORDINGLY AN EU PASSPORT

A common misconception is that European citizenship and EU passport can only be obtained if one has documents proving his/her lineage. The fact is that not having any documents proving lineage, doesn't lead to disqualification of eligibility! Jews of Ashkenazi heritage can rely on documents obtained in Lithuanian or Poland.

Jews of Sephardi heritage need no proofs at all!

In his experience, majority of South African Jews are descendants of Jews whose European citizenship was illegally deprived, and therefore they are entitled to reinstate it, and accordingly obtain a EU passport!



Adv. Horesh has been operating in SA market with the Jewish community since March 2018. He arrives regularly to South Africa, and can meet in person with Jews who are interested to do so.

Ashkenazi: This ad refers to Jews of Polish & Lithuanian heritage only.

The most important things is the understanding that prior to the end of WW-I European map was very different than the one we know today. Countries like Poland & Lithuania did not exist as independent countries, and till 1918 these territories were only known as Lithuanian or Polish regions/counties of the Great Russian Empire who ruled all of north eastern Europe, and in accordance till 1918, residents of these territories were Russian citizenship, as Polish & Lithuanian citizenships didn't exist. Therefore, since applications for reinstatement of these citizenships can only be based once one's ancestor was a Polish or Lithuanian citizen, whoever is a descendant of an ancestor who left Europe prior to 1918- will not be eligible.

In addition, it is highly important to remember that since borders in Europe were shifted once again during and after WW-II, one's eligibility for Polish or Lithuanian citizenship depends on the city from which his/her ancestor hailed. Horesh explains: Shifted borders resulted in cities changing nationalities, and that the resultant effect for descendants of Jews left Vilnius is that their application for Lithuanian citizenship will be declined whereas a similar application for reinstatement of Polish citizenship may very well be approved!



Adv. Avi Horesh is an Israeli attorney, who lived 7 years in Poland.

Sephardi: This ad refers to all Jews of Sephardi heritage – that includes Jews who arrived from north Africa, Middle east, Turkey, Greece, Italy, Yugoslavia as well as many descendants of Jews arrived from Holland and the UK. Most of descendants of Sephardi Jews (who were exiled 500 years ago), are eligible to reinstate Portuguese citizenship and in accordance an EU passport. If applicable, Adv. Horesh will apply and obtain (on behalf of the applicant) for an official certificate confirming such an eligibility, on the basis of which, an application for Portuguese citizenship is most likely to be approved.

Horesh is recognized in Israel as one of the leading lawyers in the field of reinstatement of European citizenship. Horesh resides in Israel – a four-hour flight from Warsaw and Vilnius – enabling him to arrive easily to Poland and Lithuanian, as well as to Portugal, where he closely collaborates with local professionals who assist him in tracing documentation required for successful applications of reinstatement of European citizenship. Adv. Horesh closely collaborates with professionals who assist him in tracing in Europe documents required for successful applications of reinstatement EU citizenships.

Due to Corona Virus I'm forced to suspend planned visits to South Africa.

You are most welcome to contact me on adv.avi.n.horesh@gmail.com or +48-783-953 223.

A VIEW FROM THE BAR

Why it's so important to vote

By Anton Katz



The importance of taking part in an election by casting a vote cannot be overemphasised. In every election the trajectory and future of the society or community is at stake.

A vote can either be on the one hand for a particular person or group, such as a political party, or on the other hand for a specific issue. So, a vote could be for who is to be the President (one person as opposed to other candidates) or which persons will sit as parliamentarians and make the laws.

Or a vote could be for how the limited funds available to society are to be distributed and utilised. Would it be better to spend on caring for the aged, for education for the young, for housing, for health services or for the safety and security of citizens or members of society. A vote could also be for or against a single issue, known as a referendum. Obvious examples are the June 2016 Brexit vote (51% voted for the United Kingdom to leave the European Union — 72% of registered voters voted) and the 1983 constitutional referendum in

South Africa — the white population were given the opportunity to approve or reject a constitution in which coloured and Indian South Africans would be represented in separate parliamentary chambers, while black (African) South Africans would remain unrepresented. (66.3% of voters voted 'Yes' and a 'new' constitution — still racist in nature — came into operation in 1984. 76% of registered voters turned up.)

Another type of single issue vote that comes to mind is the many no confidence motions and votes in the National Assembly of President Zuma. President survived each of parliamentary votes to oust from office.

There can be little doubt that the casting of a vote is important, for two interrelated reasons. First, and obviously, it can and usually does have a significant effect on the lives of all. If Hillary Clinton, and not Donald Trump had become the President of the US in 2016, the US, and indeed the world may have developed so differently.

And if all those who were entitled to vote on Brexit had done so would the UK have remained in the EU? And if

the no confidence votes in President Zuma had gone the other way South African politics and the lives of all South Africans would probably very different today. Secondly, the grant of a vote indicates in the words of the Constitutional Court: "the universality of the franchise is important not only for nationhood and democracy. The vote of each and every citizen is a badge of dignity and of personhood. Quite literally, it says that everybody counts." The case arose in the context of whether sentenced prisoners should be allowed to vote.

The Constitutional Court ruled that the government had not put sufficient evidence to justify prisoners being denied the vote. Interestingly the Supreme Court of Canada voted 5-4 that prisoners should be allowed to vote. One judge's vote in the case made all the difference. In its judgment, the Canadian court stated: "The right of all citizens to vote, regardless of virtue or mental ability or other distinguishing features, underpins the legitimacy of Canadian democracy and Parliament's claim to power.

A government that restricts the franchise to a select portion of citizens is a government that weakens its ability to function as the legitimate representative of the excluded citizens, jeopardises its claims to representative democracy, and erodes the basis of its right to convict and punish law-breakers."

Apart from the prisoner issue other topics that arise are the age of voting. President Mandela famously suggested in 1994 that 14 year old should enjoy the vote. Greece in 1952, Switzerland in 1971 and Saudi Arabia in 2015 allowed women to vote for the first time. Today women can vote in every country that has elections. What about the vote for those who are mentally challenged, and are so compromised they need to be institutionalised? And citizens who reside in foreign countries?

On a practical level, how is an electoral commission to organise voting in many different paces. In Australia, South African citizens could vote in elections in person in Canberra, but not the other cities, such as Sydney and Perth. So, a South African citizen living in Perth or Sydney would need to fly to Canberra to exercise their right to vote. But the government argued that it would have been too expensive to organize voting stations and personnel in all places where South African citizens resided, worked and studied.

A critical aspect in all elections is the weighting given to all votes. At the United Nations, in the General

Assembly each Member State has one vote. Is that

fair, bearing in mind the huge disparity in populations and contributions by each Member? And in the US each state has two senators representing it in the Senate. California with a population of almost 40 million has two senators as does Wyoming with a population of a little more than half a million. But there is an attempt to balance that disparity by granting states a greater or lesser number of representatives in the House of Representatives; California has 53 seats and Wyoming just 1 seat.

South Africa's challenges are and have been for the independent electoral commission to register and collect the details of all voters. Without proper registration an election cannot take place. Addresses are important in order to avoid voters being bussed to pack one municipal election. Also, the method of choosing the President is effectively through the election of the leader of the governing political party. That process has its advantages, but can also lead to unfortunate party patronage and corruption. Obviously, those in power have an interest in remaining in power, and the temptation to rig or manipulate elections to achieve that outcome is ever present.

Ultimately, voting is simply a method for a group of persons to get together to make a collective decision or express an opinion. In order for the election to be free fair and credible there are a range of many challenges that can and often do occur. An election, and the process leading up to it utilises resources and is usually expensive. But the challenge for authorities is to produce a fair election system recognising the rights of all, bearing in mind the costs and the many options available. It must never be forgotten that voting can and does make a difference.

What gets decided and who gets elected to represent the voters' interests inevitably makes a difference to all our lives on many different levels. And exercising the right to vote has a direct impact on those differences.

Anton Katz SC is the Chair of the Electoral Commission of the South African Jewish Board of Deputies (Cape Council). The Electoral Commission is a three person independent body overseeing elections to the Cape Council. He is also a senior counsel practicing at the Cape Bar. Katz encourages all those eligible to vote in elections to do so.



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Annette Marks

A tribute to a true Woman of Worth

We were all devastated to hear the news of the sudden and tragic passing of Annette Marks. It is tragic that we lost a wonderful woman at such a young age. Jewish Community Services may be broken, but through our tears we will rise again to honor the memory of an exceptional person and a beacon of light to us all. Nothing was ever too much for Annette and I will always remember her wonderful smile.

It is now up to us, whose lives were so beneficially touched by Annette, to live up to the standards she set and build on the strong foundations she so energetically laid. It is in following her example of humility, devotion to the welfare of the less fortunate within our community, and decency that we shall best be able to pay tribute to the memory of a great human being.

Annette started working at JCS in May 1994, which is over 26 years ago, and I got to know her well over the years. I was able to observe at first hand what a truly remarkable and magnificent woman she was. She leaves an enormous void within JCS and our community, and we will remember her legacy of service and generosity of spirit for many years.

Our thoughts and prayers go out to the family and we extend our deepest and sincere condolences and wish them strength and comfort as they come to terms with their very great loss. Annette will be sorely missed by the JCS Exco committee, Director, Hazel Levin and all her colleagues and friends at Jewish Community Services. May her dear soul rest in peace.

Paul Berman
Chairman, Jewish Community Services
Hazel Levin
Director JCS

Annette, a colleague and friend for many years, a woman of worth who devoted her life to her family and community will be sorely missed for being a true mensch – Rhita Russon.

I feel honoured to have had the opportunity of working very closely with Annette for the past two years. She taught me so much about life and was a beautiful presence to be around. She wasn't only my manager, but someone that I had built a very close relationship with and someone I looked up to. Annette was a very special person with such a caring heart, and was always there for everybody when they needed her. We will never forget her beautiful smile and the office will never be the same without her – Casey Slot.

Annette – he was first and foremost a mother and she soon became my office mother – a mother who would reprimand, a mother who would feed and mother who enjoyed revelling in your joy. She was hard- working and committed to her job. One could almost say she was married to her job and she took her job seriously, as you had to

account for every cent you requested from her. In December 2019 she made a life changing decision – to get fit and healthy. As her JCS family we showed her our love and support and started a walking group. Annette being strong on commitment, kept the group going and even developed a motto for the group, "We're moving it to lose it." The walking group will not be same without Annette and her presence will be missed – Lynne Hendricks.

It was such a shock to lose such a dear colleague and friend so suddenly. Annette was so kind and patient. I valued having her as a mentor and learned so much from her in her role as financial manager. She was glowing in her 60th birthday week and oh so vital. Scooping up her precious granddaughter high into the air after her early

morning walk, relishing her daughter and granddaughter singing Happy Birthday to her. She was so looking forward to her grandson being born. I will miss her and her support dearly and the clients will miss her empathetic response to their situations – Charmaine Nicks.

Annette was not only my colleague of 16 years and Gemini/twin, but I considered her a friend. She was a powerful presence cloaked in a quiet humility that easily unveiled her magic. In her physical absence the empty space conjures a glittering trail that settles and finds home in the hearts of all she touched with her conviviality, kindness, compassion, intelligence, fairness, advocacy, wisdom and integrity. We have all been immeasurably enriched through her devotion, commitment and dedication and in this indelible footprint her immortality is found – Zia Adler.

Today I pay tribute to an amazing woman of strength, compassion, kindness and commitment. Your presence is sorely missed but your kindness and warmth still remain with us in our hearts and fond memories of you – Nicole Apolles.

It is with great sadness and a deep sense of loss that I share these words about our most beloved late Annette Marks. I have been enriched to have had the privilege of serving under Annette Marks in my role at Tikvah now emerged into Tikvah Food Bank for over 20 meaningful years. We are so grateful to have been blessed by the light of her flame which has so inspired us all serving on JCS through her examples of kindness, compassion and sensitivity. There never was a time when I reached out to her that she was not available and her response always was to deeply understand

and support those in need of our community. Annette Marks only wanted to bring kindness to others and brighten their lives. She was a constant flame that warmed our souls. My memory of her will always be that beautiful smile that came from deep in her heart – Michele Stern.

I had the privilege and honour of having Annette as a colleague at JCS for 20 years. Annette was a very special and caring person and over the years we developed a special friendship. Annette was a pillar of strength to so many people and a lady of the utmost integrity. Her sudden death has left such a void in the lives of all those who knew her and I will miss her beyond what words can express – Renee Donneson.

Our beautiful Annette, the light that you shone for me has gone out but will forever be remembered. I treasure the short time I spent with you and the special memories I have. You will be missed but never forgotten – Lynn Hotz.

The passing of Annette Marks comes with such shock and disbelief, sadness and a massive sense of emptiness. Annette played such a pivotal role in our organisation and she will be sorely missed. I always admired how she could hold our team together as a typical matriarch would do, ensuring that our clients were a priority. She loved her family more than anything in the world! Our community has lost a wonderful woman – Lauren Cohn.

Annette will never be forgotten. Wishing Bianca, Karl, Shane, Dean and all the family long life.



Annette and granddaughter, Riley.

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SAJM ARCHIVES

South African Jewish Museum



Elsie Menasce Collection: Holocaust survivor coming to tea with Elsie Menasce



Todres & Kriger Collection: Alan, "Family photo"



Jessica Sherman Collection: "Family photo"



Miriam Bloom Collection: Miriam and others at Habonim Camp

SAJMARCHIVES.COM

The SA Jewish Museum archives are now online

The archives of the South African Jewish Museum have been placed online via a specially developed website that allows people the opportunity to explore thousands of photographs, films, voice recordings, videos and documents that capture the rich social history of South African Jewry.

The archive's content has been gathered over a period of ten years from Jewish families and organisations across southern Africa and around the world. A mammoth collaborative effort from many researchers, archivists and volunteers has assisted the museum in collecting, collating and preparing the content for the public to view via the new website **SAJMarchives.com**.

This specialist website was developed using the unique open-source AtoM* archival software, which can be perpetually updated, and therefore will always be available to future generations.

*AtoM: Access to Memory

In addition to viewing the archive's content online, the museum also invites South Africans with Jewish family histories to collaborate with the archive by contributing their own family collections of photographs, documents, family trees and videos which the museum will safeguard in a digital format. In this way their descendants will be able to trace and discover their family roots.

SAJMarchives.com is an active, evolving project that will continue to grow as content is added to the archive. It provides the perfect opportunity for South African Jews who are homebound during the Covid-19 pandemic to start preserving their own family histories. The SAJM's archivists are trained and available to provide all the guidance and support needed to lead you through the process. With our support you can make this archive an indispensable resource for your family and for generations to come.

The SAJM Digital Archive is part of a larger project that seeks to secure southern African Jewish history and culture. The Jewish Living Archive (JLA) is a collaboration between the Kaplan Centre for Jewish Studies at the University of Cape Town and the South African Jewish Museum. It incorporates the Kaplan Centre's collection of documents that have a historical significance to Jewish history in South Africa, the SAJM's collection of artefacts and its digital collection.



SAJM

South African Jewish Museum

To find out how to add your family collection to our archive, email us at **archives@sajewishmuseum.co.za** or visit the website at **SAJMarchives.com**.

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SIMCHA PAGE

**Local couple wins SA Weddings
Bride of the Year 2019**



Chantal and Greg Magid of Cape Town recently won the prestigious SA Weddings Bride of the Year Competition for 2019.

The contest has been run annually by SA Weddings for the past 20 years and receives thousands of entries from around the country. Each month, the entrant with the most votes is chosen as the bride of the month so that, by the end of the year, twelve finalists compete for the title of Bride of the Year.

The couple was married in December 2019 at Olive Rock in Wolseley, Western Cape. After being encouraged by one of her bridesmaids, Chantal decided to enter the competition. She recounts, "It was a great way to relive our wedding day and to wear my wedding dress one more time! As my husband Greg is Jewish and I am Christian, we decided that it was important to us to ensure that our wedding was a culmination of both spiritual beliefs. We were married by Rabbi Azila Talit Reisenburger and it was truly a wedding not to be forgotten.

On 13 June this year, Greg and Chantal were announced the winners of the competition for 2019. "We were very surprised and thankful to have won out of eleven other incredible finalists", says Chantal.



Gavin and Shira Symons celebrate their one-year anniversary — What was planned as a weekend away to celebrate, turned into a romantic weekend at home, due to level 5 lockdown restrictions.

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Family Announcements

CONDOLENCES — THANK YOU

ANNETTE MARKS (LEVY)

We would like to thank Rabbi and Rebbetzin Bernstein, family, friends, colleagues and various organisations for their heartfelt support and kindness shown with such compassion on the passing of our beloved mother, mother-in-law, sister, sister-in-law, and grandmother.

During the week of Shiva, your meals, calls, and messages were a great source of comfort and sincerely appreciated.

Nettie was a remarkable person, a woman of great integrity, compassion, kindness and wisdom and her passing has left an enormous void in our lives. We will miss her every day and her memory lives on in all of us.

So deeply mourned by Shane and Dean Marks, Bianca and Karl Hodson, Jennifer and Saul Goldman, Trevor Levy and her loving granddaughter, Riley

To place a family announcement, email: chron@ctjc.co.za

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