



Cape Jewish Seniors

Events Calendar APRIL 2018



Sunday 1 April	Monday 2 April	Tuesday 3 April	Wednesday 4 April	Thursday 5 April	Friday 6 April
	Easter Monday — Office Closed	Sea Point 10.00. Enjoy a morning with a representative from Brownies & Downies and learn about their programme R10 2.00 Yoga with Leina Sank R10 2.00 Lifts to Highlands House and Gitlin Library R20 Milnerton 9.30 DVD Morning Walking with Destiny R10 1.00 Kalooki set tables R10 1.45 Line Dancing with Hannah Seinik S/Suburbs 9.30 Social Bridge R10 New members welcome 10.00 Kalooki R10 2.00 Knitting Group. All welcome R10 West Coast 9.30 Outing to Chardonnay Deli in Constantia R20. Tea own account	Sea Point 10.00 Craft with Linda Raubenheimer R15 10.00 Dance for Parkinson's SA. R60 members R70 non-members 1.45 Social Bridge and Kalooki R10 Milnerton 10.00 Knitting Morning. Bring your own knitting R10 12.00 Art Classes with Karen Cohen R25 2.00 Ageless Grace with Yvonne R20 S/Suburbs 10.00 Bnoth Zion meets 10.00 Pamper morning team R10 10.15 Ageless Grace with Yvonne R20	7th Day Pesach — Office Closed	8th Day Pesach — Office Closed
Sunday 8 April	Monday 9 April	Tuesday 10 April	Wednesday 11 April	Thursday 12 April	Friday 13 April
Sea Point 10.00 Talking Point with Colin R10 11.15 Ageless Grace with Yvonne R20 2.00 Bridge R10 2.00 Bridge classes with Harold R10 2.00 Reminiscing with Hazel R10 Milnerton 10.00 Bnoth Zion 12.15 Milnerton Committee Meeting R10 S/Suburbs 9.30 Ageless Grace R20 9.00 Outing to Vergenoegd to view the Duck Parade R70. Tea own account 2.00 Yiddish mit Rita R10	Sea Point 10.00 Talking Point with Colin R10 11.15 Ageless Grace with Yvonne R20 2.00 Bridge classes with Harold R10 2.00 Bridge R10 2.00 Reminiscing with Hazel R10 Milnerton 10.00 A morning with Janine Rodgers of the Gitlin Library R10 3.00 Shiur with Rabbi Bernstein R10 S/Suburbs 9.15 Outing to Grand West Casino R30. Tea for own account	Sea Point 10.00 Movie Morning: Yehudi Menuhin, <i>The Violin of the Century</i> R10 2.00 Mosaic classes with Yvette R30 2.00 Yoga with Leina Sank R10 Milnerton 9.00 Outing to Vergenoegd to view the Duck Parade R70. Tea own acc 1.00 Kalooki set tables R10 1.45 Line Dancing with Hannah Seinik S/Suburbs 9.30 Social Bridge R10 New members welcome 10.00 Kalooki R10 2.00 Knitting Group. All welcome R5	Sea Point 9.30 Outing to Chardonnay Deli in Constantia R20. Tea own account 10.00 Dance for Parkinson's SA. R60 members R70 non-members 1.45 Bridge and Kalooki R10 Milnerton 10.00 Knitting Morning. Bring your own knitting R10 12.00 Art Classes with Karen Cohen R25 2.00 Ageless Grace with Yvonne R20 S/Suburbs 10.15 Ageless Grace with Yvonne R15 10.00 Men's Schmooze: Dr Len Anstey speaks on Medical Ethics and Religions R10	Sea Point 10.00 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10 Milnerton 9.30 Kalooki R10 S/Suburbs 10.30 Physiotherapist Helen Mirron speaks on <i>Overcoming Obstacles Adaptive Surfing</i> R10 1.00 Bridge and Kalooki R10 West Coast 10.30 A morning with Caely-Jo Levy At 25, <i>what got you out of bed?</i> R10	Sea Point 9.30 Shopping with Malcolm R20 10.00 Manicure with Adele R100 Booking essential Milnerton 10.30 Men's Schmooze: Rabbi Suiza R10
Sunday 15 April	Monday 16 April	Tuesday 17 April	Wednesday 18 April	Thursday 19 April	Friday 20 April
Sea Point 10.00 Talking Point with Colin R10 11.15 Ageless Grace with Yvonne R20 2.00 Bridge classes with Harold R10 2.00 Bridge R10 2.00 Reminiscing with Hazel R10 Milnerton 10.00 A morning with Janine Rodgers of the Gitlin Library R10 3.00 Shiur with Rabbi Bernstein R10 S/Suburbs 9.15 Outing to Grand West Casino R30. Tea for own account	Sea Point 10.00 Birthday Pop In: Physiotherapist Helen Mirron speaks on <i>Overcoming Obstacles Adaptive Surfing</i> R15 2.00 Yoga Classes with Leina R10 17.30 Twilight Supper with entertainment by Caely-Jo Levy R60 Milnerton 10.30 Birthday Pop In: entertainment by the Companions R20 1.00 Kalooki set tables R10 1.45 Line dancing with Hannah Seinik S/Suburbs 9.30 Social Bridge R10 New members welcome 10.00 Kalooki R10 2.00 Knitting Group. All welcome R10 10.30. Paul Millar of Save our Seas Foundation: a special presentation on Sharks R10 West Coast 9.00 Outing to Vergenoegd - view Duck Parade R70. Tea own account	Sea Point 9.00 Outing to Vergenoegd to view the Duck Parade R70. Tea for own account. 10.00 Dance for Parkinson's SA. R60 members R70 non-members 1.45 Bridge and Kalooki R10 Milnerton 10.00 Knitting Morning. Bring your own knitting R10 12.00 Art Classes with Karen Cohen R25 2.00 Ageless Grace with Yvonne R20 S/Suburbs 10.15 Ageless Grace with Yvonne R20 5.30 Twilight Supper: Oliver Price speaking on being a foreigner in Japan R60. Booking essential	Sea Point 10.00 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10 Milnerton 9.30 Kalooki R10 S/Suburbs 10.30 Pop In: Gerald Potash speaks on Boere Jode R10 West Coast 11.30 Birthday Pop In: Janine Rogers of the Gitlin Library R15	Sea Point 10.00 Yiddish mit Veronica R10 11.30 Exercises with Mariamne R10 1.45 Bridge and Kalooki R10 Milnerton 18.30 Twilight Supper with David Jacobson speaking on <i>Are we our worst enemies?</i> R60 S/Suburbs 10.30 A morning with Caely-Jo Levy At 25, <i>what got you out of bed?</i> R10 West Coast 10.00 Art with Sharon Lopis R25	Sea Point 9.30 Shopping with Malcolm R20 10.00 Manicures with Adele R100. Booking essential
Sunday 22 April	Monday 23 April	Tuesday 24 April	Wednesday 25 April	Thursday 26 April	Friday 27 April
Sea Point 10.00 Talking Point with Roni R10 11.15 Ageless Grace with Yvonne R20 2.00 Bridge R10 2.00 Beginners Bridge with Harold R10 2.00 Reminiscing with Hazel R10 Milnerton 10.00 Paul Millar of Save our Seas Foundation: a special presentation on Sharks R10 S/Suburbs 9.30 Ageless Grace with Yvonne R10 9.30 Outing to Hout Bay and cruise to Seal Island R100. Tea own account 2.00 Yiddish mit Rita R10	Sea Point 10.00 Pop In: Sonny Myerson speaking on Israel: The Second Most Innovative Country in the World. R10 2.00 Yoga Classes R10 Milnerton 9.30 Outing to Chardonnay Deli in Constantia R20. Tea own account 1.00 Kalooki R10 1.45 Line dancing with Hannah Seinik S/Suburbs 9.30 Social Bridge R10 New members welcome 10.00 Kalooki R10 2.00 Knitting Group. All welcome R5	Sea Point 10.00 Interbranch Cake Icing Competition in Milnerton. Each Branch to submit at least one participant. Great prizes R20 1.45 Bridge and Kalooki R10 Milnerton 10.00 Dance for Parkinson's SA. R60 members R70 non-members 2.00 Ageless Grace with Yvonne R20	Sea Point 10.00 Yiddish mit Veronica R10 11.30 Exercises with Mariamne R10 1.45 Bridge and Kalooki R10 Milnerton 18.30 Twilight Supper with David Jacobson speaking on <i>Are we our worst enemies?</i> R60 S/Suburbs 10.30 A morning with Caely-Jo Levy At 25, <i>what got you out of bed?</i> R10 West Coast 10.00 Art with Sharon Lopis R25	Sea Point 10.00 Yiddish mit Veronica R10 11.30 Exercises with Mariamne R10 1.45 Bridge and Kalooki R10 Milnerton 18.30 Twilight Supper with David Jacobson speaking on <i>Are we our worst enemies?</i> R60 S/Suburbs 10.30 A morning with Caely-Jo Levy At 25, <i>what got you out of bed?</i> R10 West Coast 10.00 Art with Sharon Lopis R25	Freedom Day — Office Closed
Sunday 29 April	Monday 30 April	<p>Please note that the programme might change. All of our presenters are volunteers and give of their time, however things do crop up and sometimes we have to find replacements at very short notice.</p> <p>www.cjsa.co.za</p> <p>Facebook: Cape Jewish Seniors Association — CJSA</p> 			CJSA KIDDUSH WINE Wonderful news Our Kiddush Wine is now certified Kosher by the Beth Din. Please support our fundraising initiative and buy your Pesach wine from CJSA. R80 per bottle

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