

# JEWISH CAPE CHRONICLE

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## Telfed awards over 460 scholarships to Israeli and South African students

Over 460 scholarships were awarded to students at Telfed's annual scholarship ceremony, held at Bar-Ilan University on 28 March. In her opening address, Telfed Chairman Batya Shmukler said: 'We don't often get a chance to meet all of the students that we assist in a single event. This evening helps us to appreciate the magnitude of what we are doing and we are incredibly proud to be able to assist so many students.'



Smiling faces at Telfed's annual scholarship ceremony held in Israel in March

Continues on page 17

## Heated Western Cape political debate lights up Cape Town



The Cape's political future under the Magg-nifying glass at The Great Cape Debate

Senior Western Cape political leaders were put through their paces by Jeremy Maggs on 14 April, at a pre-election public debate at the Century City Conference Centre.

The Cape SAJBD with its media partner, eNCA, broadcast *The Great Cape Debate* live on television in front of an audience of over 350 people. The night offered an unscripted forum for candidates to explain their policies and manifestos in order to convince voters that *their* party is the one to choose come 8 May.

See page 9 for pictures from the event

## Trop group comes of age



The Haftorah Trop Chevrah, established in 2006, is celebrating its Bar Mitzvah year. To mark the occasion, they held a breakfast at Astra which was well attended by past and present members.

See page 11 for more

## Temple Israel goes green for Purim



Zena Kruss van der Heever and Rabbi Greg Alexander

Temple Israel focused on ecological awareness at their Purim celebrations this year.

Stalls sold food and drinks, and of course hamentashen, as well as reusable shopping bags made of parachute material and tin cans lined with hessian as plant pots to grow parsley for Pesach. Games included eco-bricks

hung on strings that were used as targets for tennis ball throws, an eco-brick making race, 'fishing' for sustainable fish, and a fun game of eco-bingo. After eating, drinking, playing and socialising the Megillah reading and Purim spiel was chanted and performed by Rabbi Greg and congregants.

See page 24 for more Temple Israel news

## Contributors

Page 3	Lindy with a why
Page 4	Annual voluntary subscription notice Shabbat times
Page 7	Chabad on Campus
Page 8-9	Cape SA Jewish Board of Deputies
Page 11	Mensch change maker of the month Trop group comes of age
Page 12-15	South African Zionist Federation
Page 16	Phyllis Jowell Jewish Day School
Page 17	Telfed
Page 18	Union of Orthodox Synagogues
Page 19	CT Holocaust and Genocide Centre
Page 20	Family announcements United Herzlia Schools
Page 21-23	Cape Jewish Seniors Association
Page 24	Temple Israel
Page 25	BZA WIZO
Page 26-27	United Herzlia Schools
Page 28	Glendale
Page 29	Nechama
Page 30	Astra Community Security Organisation
Page 31	Herzlia Foundation Trust
Page 32	Jacob Gitlin Library
Page 33	Jewish Community Services
Page 34	South African Jewish Museum
Page 35	Anton Katz discusses how music and the law intersect
Page 36	Mensch Limmud
Page 37	Ortjet
Page 38-39	Simcha Snaps
Page 40-41	Chronic Ads
Page 41	Craig Nudelman on sport and South African politics
Page 43	Sport

## Featured articles

Page 6	Jacqui Benson talks about Pride
Page 20	Lithuanian Jewish leadership visits Cape Town
Page 28	Demi Sher on Israeli NGO Latet
Page 42	Maiyan Karidi's cross-cultural harmony: The illegal alien



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# Lindy with a why

## Why this one question could make you so much happier



By Lindy Diamond, Editor Cape Jewish Chronicle

### I've been battling with a relationship.

It's one of those complicated ones, where you know what you want to do, but you aren't sure if your intention is protective or avoidant.

I chatted to my girlfriends about it, and they supported me wholeheartedly, but isn't that what friends do? I asked my Mom and she gave careful and gentle guidance. My husband picks up his battle-axe if I even mention someone is causing me distress, which is reassuring, but not helpful in this particular situation. I was still lost.

Until now. A friend posted an article on Facebook and a light went off inside my head. The article, by writer and educational specialist Linda Stade, is titled *The Question That Will Help Teenagers Find Their Tribe* and the question she asks in the article is "Who do you like yourself around?" It's meant to help young people find a healthy group of friends that resonate with them, but I found the question really helpful at my age as well, and perhaps it can help you too.

Who do you like yourself around? Such a simple question with such profound and far-reaching consequences if we act on our answers. You know which interactions leave you feeling buoyant and energised and which leave you feeling somehow less than you were before.

So I thought about it. I have so many relationships in my life that bring me joy. I also wear many hats. Wife, Mother, Daughter, Daughter-in-law, Editor, Friend, Colleague, School Parent. I show different parts of myself to different people and people also bring out different parts of me.

I've recently completed a leadership course where I was one of the youngest participants and I was pleasantly surprised when others on the course described me as a calming,

organised influence. How they saw me made me feel so good, especially when I see myself as dropping the ball a lot of the time. Then in almost the opposite sort of interaction, I opened up to a weekly class I was attending about how anxious I often feel, like I'm constantly treading water. And they listened to what I had to say without judgement. Two groups of people, acknowledging diametrically opposing sides of me, in spaces where I could have felt exposed and yet I came out of both feeling good.

You know those relationships where you spend time after an interaction rehashing the whole thing over in your head, making up responses for the other person, that are also in your head, and then reacting to them, in your head, until you are the scriptwriter, director and entire cast of your own imagined dramatic miniseries? I know some of you do.

Those relationships leave you feeling diminished, unsure and unhappy. They trigger reactions that are stress producing, and they give very little reward in return. Sometimes in these instances, we can't choose to walk away. We can, however, recognise them for what they are.

When I can be me, with all my contradictions and constant mind changing and effervescent over-enthusiasm and still feel accepted (even celebrated), those are the people I like myself around (you know who you are, and I thank you).

Those are the times when I don't feel the need to walk away rehashing the conversation, worrying about gas-lighting and having those conversations (that are only in my head) between me and the other person, creating all sorts of drama that isn't there. That's who I feel good around. That's who I feel relaxed around and that's who I like myself around.

So, who do you like yourself around?

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### YOM HASHOAH V'HAGEVURAH

The Holocaust and Heroism Day  
Thursday 2 May  
Part 1: 12h45 - 1.15 Part 2: 1.25 - 2pm  
at Pinelands No 2 Cemetery

### YOM HA'ATZMAUT

Coming soon to a circus tent near you ....  
Zip Zap Circus  
Thursday 9 May  
See page 15

### UNITED HERZLIA SCHOOLS

Special General meeting and AGM on 23 May 2019 at 8pm at Highlands Campus. See pg 20

### SCHINDLER'S LIST 25TH ANNIVERSARY

Wednesday 29 May, 6pm at CT Holocaust and Genocide Centre, Hatfield street, Gardens  
See page 19

### SAVE THE DATE!! UJW AGM

86 th Annual General Meeting will be held on 30 May, 10am, Greek Club, Hellenic Community Centre, Mouille Point  
See page 43 for details

### YOM YERUSHALAYIM - WIZO

Concert for Unity Peace Hope on Sunday 2 June at 6.30pm  
See page 25

### SOUTH AFRICAN JEWISH MUSEUM

Operation Moses 30 Years After.  
Operation Moses was the secret airlift of around 7 000 Ethiopian Jews to Israel in 1984/85.  
#YALLAYEBO. South Africa and Israel through the lens of four instagrammers

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### Shabbat and Yom Tov Times

Date	Portion	Candle lighting	Ends
3 May/28 Nissan	Achare	5.45pm	6.38pm
10 May/5 Iyar	Kedoshim	5.39pm	6.32pm
17 May/12 Iyar	Emor	5.34pm	6.27pm
24 May/19 Iyar	Behar	5.30pm	6.24pm
31 May/26 Iyar	Bechukkotai	5.27pm	6.21pm

N.B. Please note that the times indicated are the earliest times for candle lighting. Please consult your Rabbi.

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## Why being out, proud and Jewish matters

By Jacqui Benson

**Recently a relative asked me why there was a Jewish Pride Shabbat, and why we need a LGBTIQ+ Pride.**

A long overdue set of questions. Too many people have an opinion on Pride without addressing why it (still) matters — this applies to many of those who participate in it, too. Often it is portrayed, certainly by the media, as one big party with lots of risqué dress and varying degrees of undress. Few engage in what the challenges continue to be.

Historically, Pride came about in the US in 1959, in response to the Stonewall Riots, when police raided the Stonewall Inn, an iconic gay bar in Greenwich Village, New York. Since then, Pride Parades have taken place the world over. The first Jerusalem Pride Parade took place in 2002. Tel Aviv Pride began in 1993, the same year as Cape Town Pride, while Johannesburg Pride started in 1990.

Why does this matter today? Because homosexuality was illegal in many of the countries where Pride marches happen. The human right to love whomever you want

has been dictated by heterosexual people, who determined that the only 'normal' intimate relationship/person you could marry was someone of the opposite gender. And although homosexuality is no longer illegal in the countries in which Pride Parades happen, the discrimination continues as people who grapple with their gender identity face untold abuse and violence.

Homophobia, Biphobia, Transphobia are all forms of discrimination that heterosexual

people have never had to face. Pride, in short, is a way for people to publicly reclaim their space in society.

But why a Jewish Pride Shabbat? Well, practically, for those who are strictly observant, a Friday night shul service dedicated to Pride makes sense, since the Pride March is always scheduled for a Shabbat morning. Temple Israel has held a Pride Shabbat for the last 7 years — I am a member of a synagogue community that is open and completely accepting of my choice of partner. I don't have to leave part of my identity at the door. All of me is welcome.

This isn't true in many other facets of my life. I continually face



Pride March — faith groups uniting together against discrimination

institutionalised lesbophobia, when assumptions are made that I must have a husband. Most of our biggest fear is being rejected by our family. Mine was no different, although I engaged them about it. Even until the end of her life, my mother (z"l) would have preferred me to date a nice man, even a non-Jewish man was better than a woman. I can understand why — her dream of being a grandmother seemed impossible. For the record, however, she always did like my girlfriends.

But, just as I have to from time to time publicly acknowledge my Judaism, I more often have to 'correct' people who assume things about my sexual orientation. We live in a world where heterosexuality is institutionalised.

Anything 'other' is not. Therefore, spaces where I can be fully myself are hard to come by.

Being Proud and able to celebrate all of who I am for one Shabbat in the year is truly beautiful. It's the time I am most proud to invite all my family and especially my LGBTIQ+ friends to come to synagogue with me, so I can show off that there are faiths and spaces that are fully welcoming. It is also a time to celebrate the allies among us and their ongoing commitment to affirming us.

Until such time as my straight friends get asked "when did you know? (you were straight)" or "when did you come out to your parents?", the need for Pride will endure.

*Jacqui Benson is a human being, who also happens to be a daughter, South African, Jewish and Lesbian, not necessarily in that order. She has a commitment to everyone's voice being heard. She manages a Facebook page @Jewish LGBTIQ+ and their Allies or email JewishNQueerInCPT@gmail.com*

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# JEWISH LIFE ON <sup>& off</sup> CAMPUS!

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## New Centre for Jewish Student Life

An update from Nissen and Ariella — Co-directors Chabad on Campus

If you've been following Chabad on Campus on social media or reading the Cape Jewish Chronicle in the last year or so, you probably know of the exciting developments that have taken place recently for Jewish student life in Cape Town, namely the expansion project for Chabad on Campus.

This includes the purchase and repurposing of a new and bigger communal home (Chabad House) for Jewish Students. The current Chabad House capacity for a seated event, like a Shabbat Dinner, is 40 students. The capacity for a standing room only event, like our Purim Party, is just around the 90+ mark.

Regrettably, due to the space constraints, our gatherings are on a RSVP system of first come first serve and not everyone in the community is always able to participate in our gatherings.

The new property which was generously dedicated by the Eric and Sheila Samson Foundation will double our current capacity and will ensure that no Jewish Student will ever be turned away again due to lack of space. The building project which at this point is almost fully funded — with one final fundraiser still to come — will commence in a few months as the plans are being drawn and the site prepared by our dream team of pro-bono professionals.

At the time of writing this, they are Robert Silke, Architect and project manager who together with

his team of designers have envisioned the most perfect communal home we could ever dream of. Quantity Surveyor Ayton Hack has helped us immensely with understanding our building needs and their costings. This has been vital in creating a realistic fundraising campaign goal. Project Engineer, David Levin is making sure we keep warm in winter, that the building is drained well and is electricity-safe. Landscape Architect Tarna Klitzner who is absolutely genius at her work is creating the most harmonious relationship between the outdoors and indoors. We don't want to give away too much yet but the garden may just be the best part of the new Chabad House!

We'll stop there for now but stay tuned for future updates. Before we sign off we want to take a moment to express our deepest gratitude and admiration for every single one of you — our ChabadShareholders who continue to make this community possible. You know who you are.

The monthly donors, members of the Alumni Club, Parents, friends... your love, your care and your commitment to being there for the students is nothing short of heroic. Charitable and generous, you are by definition the finest people in the world — That is people who do what they don't have to. You are literally building the future of our people.

*Nissen & Ariella*



CHABabe of the Month

**Full Name:**

Demi Lee Rosen

**Hebrew Name:**

Devorah Leah

**Where are you studying?**

The University of Cape Town

**What societies are you involved with on campus?**

Chabad On Campus and SAUJS

**So you're from Joburg originally, why did you decide to study away in Cape Town?**

I wanted to try something a little bit out of my comfort zone and I love the independence.

**How was the transition from living at home to independence?**

It was much easier than I thought it would be. I didn't actually think about the consequences or about how difficult it would become when I didn't have my family around me all the time.

**What did you miss most?**

Eating dinner with my family every night but especially Shabbos — which was a big thing for me after I started to keep Shabbos in high school. Having Chabad around the corner really helped me and my friends a lot — to be able to have a home cooked, family-style Shabbos dinner really made me feel like I had a home here in Cape Town

**What course are you studying?**

Speech Therapy

**Interesting, why did you choose to study this?**

In high school, I work shadowed in Occupation Therapy and really enjoyed that, but while I was there — I was given the opportunity to watch some speech therapy sessions. I loved to watch the progress the children made and how helping them with their speech and language difficulties had such a positive impact on their lives and built their confidence.

**What is one thing you'd like to work on in order to be happier?**

I would like to doubt myself less and stop overthinking everything I do.

**Most attractive quality in a partner?**

Someone who will always be there for me.

**Where do you see yourself in 10 years?**

I'd like to be married with at least one child and working as a speech therapist in a school.

**Are you single/taken?**

Taken

**What is your favourite dish at Chabad?**

Hands down, Ash's chocolate chip cookies



### Kaplan Centre re-opens

After a year of conducting our IKEYS minyan and Lunchtime Shiur in the Maths Building, we are finally back home in the newly renovated Kaplan Centre.

The centre is packed daily with Jewish Students utilising the open plan study spaces, socialising in the new Kosher Mediterranean restaurant and studying Torah in the newly furnished Beit Midrash. IKEYS minyan is held every Thursday morning at 6:45 am at Kaplan Centre. All welcome!



Adam Mendelsohn, director Kaplan Centre affixes a mezuzah to his office door



Photos courtesy Jadon Wolffs

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## KEEPING IT REAL

Stuart Diamond, Executive Director of the Cape South African Jewish Board of Deputies

**This past month has been an incredibly busy time at the Cape Board, but one that has allowed our team time to reflect deeply.**

As your Chronicle arrives you will have either voted or be thinking of whom to vote for in our sixth democratic election. Our Great Cape Debate, televised on eNCA on 14 April, was an opportunity for us to explore the political landscape. As South Africans there is no doubt we have a lot on the table, and while we face challenges we can also celebrate some blessings too. Whatever the result, our role as Jews is to continue to play a positive role in shaping and guiding this young democracy, warts and all.



On 7 April I was privileged to attend the ceremony to commemorate the 25th anniversary of the genocide against the Tutsis in Rwanda. One million people were killed in 100 days — an unbelievable ten thousand people a day — killed by their neighbours, their colleagues, their friends, killed because of an avalanche of hate speech launched by the media, the politicians even, regrettably, by the church. Hate crimes start with words.

And the world did nothing.

And we in South Africa were too caught up in the excitement of our first democratic election that was taking place at the same time.

And now, 25 years later, we are faced with another election, and once more hate speech is being used as a vote-catching tool and nothing is being done.

What are we to think of remarks like Malema's: "We are not calling for the slaughtering of white people, at least for now." And Mngxitama's threat to "kill five white people for every black person killed, their children, their women, anything that we find on our way..."

We have seen how hate speech has led to xenophobic violence and persecution in our own country.

Where are the words of Mandela "No one is born hating another person because of the colour of his skin, or his background, or his religion? People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite".

At the event, whose theme was Remember, Unite and Renew, the Rwandan High Commissioner Vincent Karega told us that Rwandans were now being taught that they were not Hutus, Tutsis or Twa, but Rwandans, and the youth were challenged to figure out what their role was in rebuilding the country. If you can learn to hate, you can learn to love.

So too in South Africa. we must acknowledge that we are all South Africans and we must ask what our role in rebuilding this country can be. We must also remember the past and honour those who died to bring about the new South Africa. We must unite as South Africans with shared human values.

I came away humbled at the horrors that Rwanda had gone through and their efforts at renewal. I came away with strength that Rwanda had taken a committed stand against hate.

May our political parties focus on uniting and renewing the country, on building a country where we all have a place under the sun and not on teaching racist rhetoric in the coming elections.

## The story of the 160-year-old rimonim brought to Cape Town

By Gwynne Robins

**Last year at Chanukah, the closely-knit Beit Midrash Morasha community was devastated as a fire in the roof of the old building tore through the synagogue destroying the pews, the ark and all its contents.**



Community members wept as the firemen brought out the charred books and siddurim. The Sifrei Torah and all their ornaments had gone up in smoke.

In 1953 the Jewish Board of Deputies acquired books and silver artefacts found by the Monuments Men, a special team of art experts who followed the Allied armies to recapture the objects stolen by the Nazis.

"It used to be called plundering" Hermann Göring told the Nazi party. "It was up to the party in question to carry off what had been conquered. But today things have become more humane. In spite of that, I intend to plunder and to do it thoroughly."

And thoroughly it was done — a well-researched team of looters followed the German troops into the conquered cities with lists of what to find and where.

The looted items found by the Monuments Men were distributed after the war around the world by the US Army, as part of the 'Jewish Cultural Reconstruction' programme (JCR) of the Jewish Restitution Successor Organisation. South Africa obtained 176 items (5%) divided between Johannesburg, Cape Town and Durban. (The Johannesburg share disappeared over a long weekend along with the Russian security guard.)

The Board official who cleared these items through customs wrote later: "Every item I touched with my hands seemed to cry out to me, and I am not ashamed to say that I could hardly keep back my tears. Every item had been the most treasured possession of synagogues in Europe, till the Nazis came, burned the synagogues, murdered the worshippers ruthlessly in circumstances of unspeakable horror and took possession of the silver as a reward for their crimes against humanity."

These items arrived in South Africa with certain conditions, including that where possible they were to go to synagogues lacking such items.

Morasha now qualified and accordingly, the Cape Board has donated to them an exquisite pair of silver rimonim made in 1860 in Vienna during the then the Austro-Hungarian Empire. It comes with circular metal tags labelled JCR to indicate its provenance.

After seventy years the rimonim are once again serving the purpose for which they were lovingly made, as ornaments to dignify a Sefer Torah.



# NO TO HATE IN OUR COUNTRY.



# Heated Western Cape political debate lights up Cape Town



eNCA Editor-in-Chief Jeremy Maggs, Cape SAJBD Chairman Rael Kaimowitz, ACDP Premier candidate Ferlon Christians, ANC provincial elections head Ebrahim Rasool, DA Premier candidate Alan Winde and Good Party Secretary-General Brett Herron



Herzlia students Adam Selikowitz, Jamie McNally, Geoff Cohen, Director of Education and Benjamin Anstey



Over 350 people attended The Great Cape Debate



Chief Autshumao Francisco Mackenzie greets Rael Kaimowitz



Rael Kaimowitz, Deputy Finance Minister Mondli Gungubele, Stuart Diamond, and Western Cape SACP Provincial Secretary Benson Ngqentsu



Joshua Weiss, Alex Weiss and Scott Roberts



Simone and Keith Scherzer, Debbie Koping, Carole and Mark Levin



Good Party supporters getting in the spirit



Lester Hoffman, David King, Viv Anstey and Rael Kaimowitz

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## MENSCH CHANGE-MAKER OF THE MONTH

Illana Meltzer

### Entitled to a house

**Around a third of the roughly six million residential properties on the Deed's registry have been built by government as part of its housing subsidy programme.**

This is a significant achievement as the provision of well-built shelters with running water, decent sanitation and electricity is critical for poor households to sustain themselves and even thrive. Beyond this, the subsidy programme transfers an asset to poor households, in all likelihood the most valuable asset households will ever own. The housing subsidy programme is therefore directly redistributive, having a direct and immediate impact on household wealth.

But the value of that asset, and thus the extent of the wealth transfer is not fixed, nor is it equivalent to the cost of building the house. House prices are determined in a market where willing buyers and sellers interact. To maximise the value of that asset, and to maximise the magnitude of wealth transfer, local property markets must function well. However abundant anecdotal evidence indicates that in South Africa this is often not the case.

A house plus a title deed equals a financial asset

In formal housing markets, each property has a registered title deed. This verified record of ownership is key to creating a saleable asset against which a bank would provide a mortgage. Government estimates there is still a title deed backlog of over 520 000 units on subsidy houses built before 2014. The result is that the beneficiaries of these subsidies, many of whom have been living in their houses for years, still

do not have title deeds in their names and cannot use their houses as security for a mortgage. Nor can they sell their houses to buyers who might need a mortgage.

In addition, informal transactions are common; buyers and sellers rely on a verbal agreement or a community-based organisation to witness a sale. These sales are convenient because buyers usually pay cash directly to the seller, avoid conveyancing fees and can move into the property immediately. However, there is significant risk, especially for buyers who have paid cash but have no legal proof of ownership. The result is that these off-register properties cannot be mortgaged and are also at risk of being re-sold by the original registered owner, an occurrence that is not uncommon. These houses are therefore likely to transact at lower values, impacting negatively on property market performance in lower income neighbourhoods.<sup>1</sup>

Aside from title deeds there are other problems that impact on property markets. Local government is often not responsive and may not enforce by-laws, while households might have little incentive to comply with formal planning processes. For households that may have added rooms or dwellings to their properties without planning approval, mortgage lenders would be unlikely to lend against the property because the City could order a demolition.

Even when the property is mortgageable, it can be difficult for borrowers to access a mortgage because of high levels of borrower indebtedness or poor credit histories.

It is critical that these challenges be addressed in order to integrate lower income areas into the formal property



market. While these challenges are significant, there is some support for the process. The government offers very generous capital subsidies to first time homebuyers who earn between R3500 and R22000, and there is growing interest from lenders who want to grow the market for mortgages.

Our work at the Transaction Support Centre (TSC) in Khayelitsha, in partnership with the Centre for Affordable Housing Finance in Africa, builds on this foundation. It focuses on helping clients resolve a range of housing related issues – including obtaining title deeds, securing planning permission for building activity, buying or selling properties formally, and accessing subsidies and mortgage loans. At the same time, we use our experiences to inform an on-going engagement with National Treasury, Human Settlements and the City as well as lenders, legal professionals and smaller developers. Through these engagements we try to address the underlying problems that limit the ability of households and private sector investors to grow and participate in the formal property market in affordable areas.

<sup>1</sup> See <http://housingfinanceafrica.org/documents/investment-economic-empowerment-opportunities-in-south-africas-affordable-housing-sector/> for an overview of these dynamics.

*To find out more about the TSC, please get in touch with Illana Melzer, Mensch Network member, founder and lead consultant at 71point4, a Cape Town-based strategic research consultancy specialising in people-focused, data-driven research.*

*Visit the Mensch website for more info about Mensch or to view the Mensch Network Member Directory.*

From page 1

## Trop group comes of age

They had their 'Beresheet' as a result of Joe Polliack deciding to learn to recite a Haftorah, which inspired Benny Schlosberg, Harold Noik, Ray Weinberg and Victor Boyd to approach the Camps Bay Shul 'Mayven' Reuben Wagenheim to ask him to teach them the trop, which he readily agreed to do. The rest, as they say, is history.

In his welcoming speech Benny Schlosberg made mention of four members who had sadly passed away in the past few years, all of whom became prolific Haftorah reciters.

When the group meets on Tuesdays they pay tea money into a 'pushka'. The money they have collected has been used to purchase Books of Haftorah, which have been donated to Shuls, as well as to make generous donations to three local Jewish charities.

After a presentation was made to Reuben, those present were asked to say a few words describing how belonging to the group had affected their lives. It was heartwarming to hear some comments from the group; learning to read Hebrew, becoming more observant and a more regular Shul goer, having the confidence to walk up to the Bimah and read a Haftorah, the chavershaft of the group and the joy and pleasure of being able to read a Haftorah on the occasion of a second Barmitzvah, commemoration of a yearzeit, celebration of a simcha, or simply filling in when there are late withdrawals.

Naturally none of the above could have happened without their teacher Reuben. His knowledge, patience and enthusiasm hold no bounds and nothing is too much trouble for him when it comes to the Haftorah Trop group. His reputation extends not only locally, but throughout South Africa and abroad. His local and overseas students, who he teaches via skype, have come from Port Elizabeth, Johannesburg, Barcelona, Tel Aviv and Sydney.

A friend in Israel, on receipt of Reuben's weekly newsletter, commented that the group must be unique in the world. And so it is. *They encourage anyone wishing to join to contact Reuben or Benny.*

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## VOICE FROM THE VICE-CHAIR



## Israel The Good

By Rodney Mazinter, Vice-Chair of the SAZF and Chairman of the Media Committee

**In their obviously ill-judged comments about Israel, critics choose to waste their time at checkpoints on the borders gazing up the Israeli Defence Force, which provides a strong deterrent that ensures that murderous individuals do not infiltrate into Israel.**

When I visit Israel I look in another direction: I see schools and youth villages where at-risk children are given the care that will give them hope and a future in life. I see Ethiopian children given the means to make that leap across centuries and cultures and find their own excellence. I see the power of love to transform lives. I see the Rambam Hospital in Haifa where, when Israel's enemies decide to destroy lives, they will continue saving them. The Bar-Ilan Medical Centre in Safed, set up to bring the finest possible medical treatment to

Jews, Muslims, Christians, and Druze communities throughout the country. The Laniado Hospital in the Netanya whose founder, a holocaust survivor who lost his wife and 11 children in the Nazi camps of death and there made an oath that if he should ever survive he would dedicate the rest of his life to saving life. The Wolfson Medical Centre where free, quality, paediatric cardiac care is provided for children from developing countries who suffer from heart disease. Where dedicated doctors and surgeons have created a programme to establish centres of competence in those far-flung countries so that their own doctors can carry out life-saving surgeries on the spot. I see caring for every life and notice that every life is sacred, where mind-blowing Israeli technology, and eye-opening developments in medical science are applied to the common good.

That and much more is what I see in Israel, the will to life with its hospitals, schools, freedoms, and rights. I see Jews, Christians, Hindus, Muslims, and from my perspective Israel is a source of inspiration to everyone because it tells every single person on the face of the earth that a nation doesn't have to be large to be great. A nation doesn't have to be rich in natural resources to prosper.

Israel has been surrounded by enemies and yet it has shown that even so you can still be a democracy, still have a free press, still have an independent judiciary. Israel is

the only country in the Middle East where a Palestinian can stand up on national television and criticise the government and the next day still be a free human being.

Israel's demonisers would have us believe that they have the best interests of the Palestinians at heart. Quite the contrary-their decisions and actions are far more likely to bring war, poverty and hunger to the West Bank and Gaza.

The only conclusion any reasonable person can come to is that only prosperity, with robust industrial, commercial and even cultural relationships between the Palestinians and Israelis can lead to mutual acceptance and a durable peace. This can be achieved if only the BDS activists would acknowledge the true interests of the Palestinians above their own narrow, political ambitions and shallow priorities, and the Palestinians would recognise Israel's right to exist.

For much of the past twenty years Palestinian businessmen and workers from the West Bank and Gaza freely entered Israel without interference. Security over the years increased commensurate with the increase in attacks against civilians. 146,000 Palestinians working in Israel at the time accounted for about 20% of Palestinian GDP.

A very successful industrial zone

was created at Erez, employing about 5,000 workers in some 200 businesses half of which were Palestinian-owned. This was part of a larger Gaza Industrial Estate, scheduled to provide up to 50,000 jobs. In addition a joint industrial zone was planned south of Tulkarm intended to provide jobs for more than 5,000 Palestinians. Additional areas were planned for Jenin and the Kerem Shalom area near Rafah in Gaza.

And then came the politicians and BDS for whom such developments mean nothing. They are the true destroyers of peace, jobs, families, development and prosperity.

Israel has much to offer the world. The SAZF chairman, Rowan Polovin recently returned from the 2019 "Our Crowd" Global Investment Summit in Israel where the technological advances were on display to 18,000 delegates from 182 countries who reveled in what 500 vendors had on show and business to the tune of one billion dollars was transacted. "This makes the destructive tactics of BDS seem irrelevant" said Polovin.

This is the kind of assistance and exchange of ideas that is on offer from Israel. Academic outreach? Trade cooperation? Medical advances? Business opportunities? Rejected?!!!!

Surely there is a better way from which all will benefit.

## SAZF CAPE COUNCIL



## #YallaYebo

By Olivia K,  
Media and Political Liaison,  
SAZF Cape Council

**The South African Jewish Museum in conjunction with the South African Zionist Federation and the Israeli Embassy in South Africa, is currently presenting a photo-dialogue between four Instagram photographers, showing how Israel and South Africa are similar in their diversity. Two South Africans and two Israelis visited each other's countries, immersing themselves in new landscapes, city streets and experiences. The exhibition has been carefully curated with**

**images to illustrate each artist's individual journey and showcase the similarities they found between the two different countries.**

The SAZF interviewed South African photographer Alexi Portokallis to find out about his experience in Israel:

**Q: How did you end up traveling to Israel and for what purpose?**

A: At this point, I had developed a substantial following on Instagram and the Embassy of Israel noticed my work. I received an invitation from them to discuss the possibility of being part of a project as a photographer's exchange between Israel and South Africa.

**Q: What were your expectations prior to your trip?**

A: As excited as I was, I expected Israel to be a closed off, protected society that was not open to a photographer. I thought people would be unfriendly and guarded.

**Q: What experience from Israel fascinated / astonished you the most?**

A: When I got lost, (again) in the streets of Jerusalem, on the way to Shabbat dinner, a bystander stopped us and asked where we were going and invited us for Shabbat dinner at his house. I was astonished as it showed the complete opposite of my expectations: How open and inviting people are in Israel.

I was also surprised how so many religions and cultures come together and are accepting of each other in Jerusalem. As a non-Jew and foreigner visiting, I felt comfortable.

**Q: What would you tell people who have never been to Israel about your experience**

A: Firstly, you need to go. It is definitely a place that one has to visit in their lifetime. Go without expectations and ideas that you may have about the people and towns. Dive in the all the corners and spectrums of Israel, spend as

much time in Jerusalem as you can. Definitely go on a tour to the new Tel Aviv bus station and watch the sunrise in Masada. That was one of the most magical moments of my life. I also want to thank SAFI, the SA Zionist Federation and the Embassy of Israel for allowing me to capture the experience in Israel and sharing the images with all communities.

**#YallaYebo Instagrammer Exhibition at the SAJM until May 31st**



South African photographer Alexi Portokallis



**BNEI AKIVA**



**Onwards and Upwards**

By Chanan Suiza,  
Chairman, Bnei Akiva Cape Town

As the craziness continues for Bnei Akiva Cape Town, we have covered a lot of ground in this amazing year! Mishloach mannot have come and gone, we hope you all enjoyed your delicious treats and had an incredible Purim.

Mini Machaneh is looking to be one of the best ones yet, and Purim events are plentiful. Keep an eye on us, as we keep growing bigger and better!



School visit madness at Herzlia Weitzman

**SAUJS**



**A Jewish Taste for Life**

By Claudia Harrison, SAUJS Stellenbosch Representative

On 19 March SAUJS Stellenbosch hosted an event called A Jewish Taste for Life.

During the event students were asked to write down their thoughts about what Judaism is. In return for sharing their ideas, students were given the opportunity to taste various traditional Jewish foods, including bubka, challah, hamantashen, latkes, and chicken soup with kneidlach. This gave the Jewish students the opportunity to share their culture with their fellow Stellenbosch students through food. The event was very successful, as many students made use of the opportunity to engage with Jewish students and try the food.



Stellenbosch students rejoice over Jewish cultural experience

**NETZER**



**Reflecting on Netzer's successful start to the year**

By Racael Sara,  
Head of Netzer Cape Town

Netzer opened the year with a successful camp reunion where we braaied, swam, ate and caught up with each other, foreshadowing a fun filled year ahead.

We ran Netzer Shabbat services at Temple Israel with Madrichim and Madatzim (leaders in training) of Netzer sniffim (branches) from all over the world. Come sing and dance your way into Shabbat with Netzer at the next one!

We had our first Mini Machaneh, where we looked at what shaping the world in 2019 looks like and what interventions need to be put in place now, so that the future is a safe and secure place for everyone.



Caption: Netzer chaverim having fun at their camp reunion Cape Town - Vredehoek



# Save the Date Expo 2019

Cape Town: 22 - 24 May and Johannesburg: 26 - 30 May

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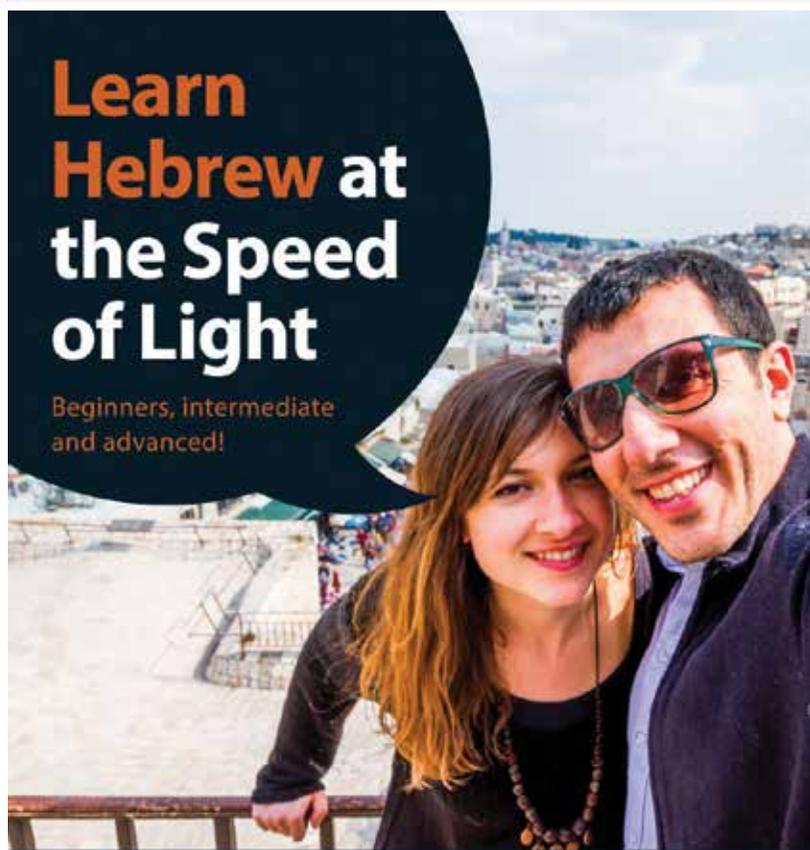
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Yes Docu Presents

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A Film by Ofir Traimn



DocuViv is a project of the South African Zionist Federation Cape Council. It is a registered charity. The film is a production of the South African Zionist Federation Cape Council. It is a registered charity. The film is a production of the South African Zionist Federation Cape Council. It is a registered charity.





# Yom Hazikaron

REMEMBERING ISRAEL'S FALLEN

**TUESDAY 07 MAY 2019**

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**16h30**



# PHYLLIS JOWELL JEWISH DAY SCHOOL 2019 PURIM SHPIEL



After weeks of writing Divrei Torah, practising dialogues, songs, and actions, we were finally ready to show our parents and family what we have learned about Purim in Phyllis Jowell's very first Purim Shpiel. Every year we have had a Pesach Seder for our families to come and watch but owing to the way the calendar fell this year, we thought it would be amazing to make our Adar even more sameach with a Purim Shpiel.

Well done to all our amazing learners who gave their all in order to make this such a successful Purim Shpiel. It was a first for PJ and hopefully not the last!



**Rabbi Gavi Ziegler  
thanking Mrs Lizbe Botes  
for all her help with the  
performance**



**The Grade Six Class  
acting out a scene  
from the Megilla**



**Adir Ziegler, Grade 4,  
acting as King  
Achashverosh**



**Parents, Grandparents  
and Guests watching the  
performance**



**Some of the Grade 3  
class singing a Purim  
song**



**Grade 5 girls enjoying well  
deserved hamantaschen at  
the end of the event**



# Telfed awards over 460 scholarships to Israeli and South African students

## Telfed offers three scholarship programmes.

The first is PRAS: a volunteering scholarship programme whereby recipients volunteer with children with special needs, the elderly or new olim (assisting with language acquisition and as a big brother or sister for younger olim as they integrate). The second scholarship programme assists students who prove financial need while the third scholarship, SASI (South Africans Studying in Israel), takes the form of a housing grant that affords South African students an opportunity to attend world-class Israeli universities, study in English or Hebrew without having to make Aliyah. By giving students a taste for life in Israel, SASI is often a precursor to Aliyah.

Telfed CEO Dorron Kline explained the diverse services that Telfed offers to Southern African and Australian olim, in addition to the scholarship programmes. These all-encompassing services showcase Telfed's raison d'être — to support Southern African and Australian

olim as they establish themselves in Israel so that, in time, they will make meaningful contributions to Israeli society. At the Ceremony, Shelly Cohen, Head of Telfed's Endowments, Scholarships and PRAS (ESP) Committee spoke of the foresight and generosity of the donors 'without whom we literally would not be here tonight.'

Over 460 scholarships, amounting to approximately 2 million shekels, were awarded for the 2018-19 academic year and Shelly articulated the importance of gratitude. Adding to this, Prof. Moshe Lewenstein, Bar-Ilan University Deputy President, said to the students: 'this will be an event that you will remember. Cherish it.' Prof. Lewenstein spoke of the importance of olim to the University, highlighting that 'Bar-Ilan University is home to many more olim than any other university in Israel.'

Simone Pikas, Telfed's Scholarship coordinator, introduced talented musician, Maya Isac stating that 'it is not a real celebration if music isn't involved.' Maya (the daughter of South African olim) shared her connection



Cape Town born Lauren Krawitz Gez and SASI coordinator Rebecca Newstadt present a scholarship to SASI student, Gabriel Godley at Bar-Ilan University on 28 March.

to Telfed with the audience. Maya's siblings were former recipients of Telfed scholarships. Her magical performance was followed by a captivating talk by Michael Dickson, CEO of StandWithUs. Michael shared an important message with the students, many of whom were unaware of challenges facing Jewish

and pro-Israel students on South African University campuses. He spoke to the students about personal influence in an era where important messages can be spread through social media.

An enlightening, inspiring and heart-warming evening concluded with the distribution of the 460 scholarships.

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בדרום אפריקה  
CAPE COUNCIL

# BURNING BRIGHTLY

## A NEW-LOOK PAGE

Our aim is to profile the many varied and rich aspects of Jewish life in Cape Town, so that community members can be informed and updated on work being done by the UOS and its affiliate shuls, rabbis, rebbetzins, lay leaders and 'regular folk' to keep our strong Jewish values and practices relevant and vibrant for individuals, families (and visitors) across Cape Town.

We hope that this serves as a go-to page for you to find insight into, and practical guidance about community facilities and programs, and in turn, a richer experience of your own personal Judaism.

## FREE FROM MYSELF.

Rabbi Nissen Goldman

As a child, there were times when I felt oppressed by all the rules. You know, those adult authorities always telling you what to do. Go to bed early. No going out at night. Can't watch that movie. Must brush your teeth. Have to clean up your room. Sometimes, I would just sit and dream of the day I'd be an adult. Free to do whatever I feel like. Whenever. Then I became an adult.

I went to bed late. I went out at night. I watched that movie. Ok, I admit I still brushed my teeth and cleaned my room (sometimes), but at least nobody was telling me how to live. I did whatever I felt like. Whenever. I was free! Why then, has adulthood comprised some of the most difficult years of my life. The most 'enslaving'.

Recently, Pesach has changed my understanding of Freedom. Moses, does not merely demand to Pharaoh, in the name of God "Let my people go" but rather, "Let my people go, that they may serve me". In other words, true freedom is not simply the absence of an external oppressor.

Case in point, adulthood: I may be free from the oppression of my childhood authorities. I may be free from people telling me what to do or how to live but I am still not free from myself. Innately, I still sometimes tend to want things that are destructive to me. "Let my people go, that they may serve me", means that as a human, no matter how free of external constraints our outside influences, I am still a finite creature, ever subject to the limits of my own nature and character. Therefore, to attain true freedom I must transcend my very humanity. This is the purpose of Torah – and the theme of our calendar from Pesach to Shavuot. We've left our oppressor behind, but are still enslaved from within – so God gifts us the Torah. May we truly receive it, commit to it, and become truly free.

*Rabbi Nissen Goldman is the co-director, with his wife Ariella, of Chabad on Campus – a home-away-from-home offering an array of programs and activities to young searching Jewish students. In addition, Rabbi Nissen, being the youngest rabbi in the city, brings a fresh, optimistic, contemporary perspective to the rabbinic fraternity.*

## PROUDLY SOUTH AFRICAN. PROUDLY KOSHER.

Rabbi Desmond Maizels

### You can MAKE biltong outside of Africa, but you can't TAKE Africa out of biltong.

About three weeks before Pesach the Cape Beth Din received a phone call from someone somewhere in the northern hemisphere. (These vague terms have been used so that neither the caller nor his town or country can be identified). Suffice it to say he called from more than 10 000km away. The caller makes biltong and wanted to know if any of the ingredients he gets from South Africa have *chometz* in them. "Kitniyot are okay", he said, "but not *chometz*".

*"Are there so many Sefardim (who eat kitniyot on Pesach) in your area that it is worth your while to make pesachdik biltong?"* the enquirer was asked. "No, there are hardly any," was his reply. "Then why does it not bother you if there are kitniyot in the ingredients you use?" "It's because there has been a huge increase in demand for my biltong by non-Jews. Biltong has now become a snacking-food, high in protein!"

Seems like Tim Noakes's ideas and banting have been successfully exported.

So why did this frum Jewish biltong entrepreneur ask this question? Ashkenazi Jews may not EAT *kitniyot* (certain vegetables and spices such as rice, mealies, peas, beans, sunflower seeds, mustard seeds, etc) on Pesach, but since *kitniyot* are not *chometz*, Ashkenazi Jews may still possess them and work with them on Pesach. Because the non-Jewish demand for his (kosher) biltong has grown tremendously, he has to be able to

supply them during Pesach and was worried that three of the main ingredients of his special biltong recipe (vinegar, Worcestershire sauce and biltong spices - all of which come from the Cape) may contain *chometz*. We were able to assure him there and then that the spirit vinegar he uses was *chametz-free* but did contain dextrose (a *kitniyot* derivative), so that was okay. When asked why he didn't use a spirit vinegar made in his country, he said nothing comes close to the South African spirit vinegar!

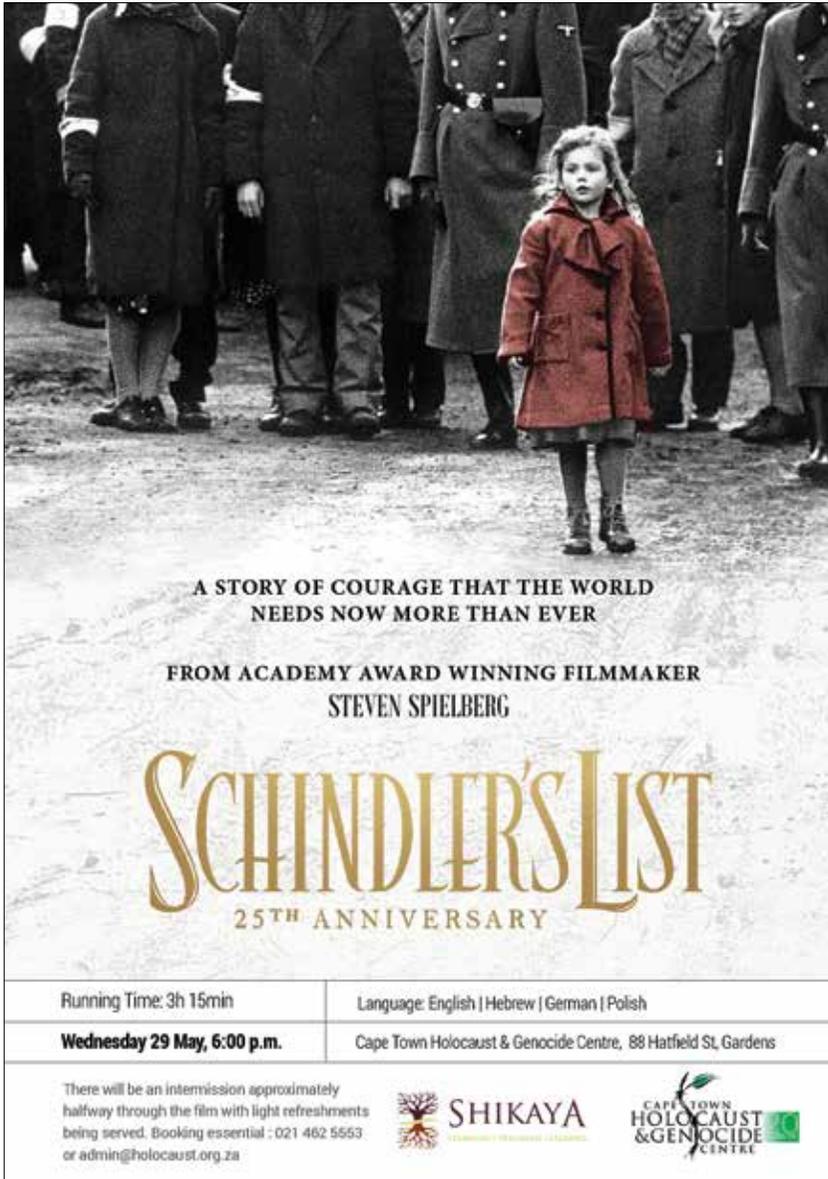
Next was his special South African biltong spice. He said there is a huge spice company in his country who claimed they can copy or match ANY spice blend. Try as they did, this special biltong spice just couldn't be matched. One spice ingredient (and that is according to only some opinions) is *kitniyot*, so this spice could be used as it had no *chometz*.

The last ingredient, Worcestershire sauce, needed a bit of research – but it, too, passed. "For biltong there is nothing like this SA Worcestershire sauce," the overseas biltong maker exclaimed.

**How gratifying it is to know that the Kashrut Department of the Cape Beth Din could help someone thousands of kilometers away stay in business over Pesach while strictly observing the laws of Pesach. And to top it all, that only kosher South African ingredients would do.**

*Rabbi Desmond Maizels is the Head of Kashrut at the UOS Cape Kashrut Department, with an endless number of fascinating stories and encounters. Rabbi Maizels' decades of experience across the globe has made him a highly respected kashrut authority, who brings immense value not only to kashrut standards in Cape Town, but in fact to many corners of the Jewish – and it seems, non-Jewish world.*





**A STORY OF COURAGE THAT THE WORLD NEEDS NOW MORE THAN EVER**

FROM ACADEMY AWARD WINNING FILMMAKER  
**STEVEN SPIELBERG**

# SCHINDLER'S LIST

25<sup>TH</sup> ANNIVERSARY

Running Time: 3h 15min	Language: English   Hebrew   German   Polish
<b>Wednesday 29 May, 6:00 p.m.</b>	Cape Town Holocaust & Genocide Centre, 88 Hatfield St, Gardens

There will be an intermission approximately halfway through the film with light refreshments being served. Booking essential - 021 462 5553 or admin@holocaust.org.za





## Social inclusion award for Cape Town Centre



The Cape Town Holocaust and Genocide Centre was the proud recipient of the 'Outstanding Contribution to Promoting Social Inclusion award in the 18th Annual Western Cape Cultural Affairs Awards.

CTHGC strives to help create a more caring and just society in which human rights and diversity are respected and valued. In his vote of thanks, Guy Redman, (Chief Director Cultural Affairs, Western Cape) said, "To be African is not merely an expression of where we live, also how we see ourselves and the connections we share as a community. This is the essence of UBUNTU ... We have identified examples of citizens or organisations from all walks of life in our great province who have dedicated their lives to enhancing the potential of others in their community....They represent Africa inspired to imagine an alternate future for herself. They represent Africa unbound- unbound by its borders, race and ethnicity"



## SEEKING JEWISH WORLD WAR II VETERANS AND ARTEFACTS

The Cape Town Holocaust and Genocide Centre, in collaboration with the South African Jewish Museum, is looking for Jewish men and women who saw active service during WWII, or their relatives, who would be willing to share their stories for possible inclusion in an exhibition on the

South African Jewish community's contribution to the war effort. We are also looking for WWII artefacts. Examples of items to be considered:

- Photographs**
- Documentation and letters**
- Uniforms and Medals**
- Other relevant artefacts**



Please contact Dmitri Abrahams on (021)462 5553 or archives@holocaust.org.za




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## Antisemitism? — You get used to it



*Philip Todres, Dr Veronica Belling, Stuart Diamond, Faina Kukliansky, Miriam Lichterman, Jonathan Silke, Bev Cohen, Richard Freedman and Claudia Braude*

### The Cape Board hosted a meeting with Faina Kukliansky, President of Jewish Community of Lithuania.

Like most of their 5000-strong community, Faina, a prosecutor, is the child of Holocaust survivors,

living in a country in which their memories of the Holocaust are still very real, but these are being increasingly denied by the wider community which is turning murderers into national heroes with monuments and schools named after them.

No state Holocaust Museum exists, but a Genocide Museum commemorates the killing of Lithuanians by the Soviets and a monument to a Jewish hero has been trashed. They do not discuss this with the Government.

"If you speak out about everything, it does not help, it is better to keep silent. Why spend your life fighting?" Faina confesses.

Only 30% of the value of the Jewish communal property has been restituted, and that money has enabled them to build a school but was not sufficient for a nursery school. They are a poor community with many old people struggling to manage on inadequate pensions.

Although the community retains a strong identity as Jews, few are religious. There is an interest in Jewish culture with a Hebrew class attracting 100 people — none Jewish. The community has good links with minorities and supports Roma and LGBTI communities so that they would respect the Jewish community in return.

Faina hoped that they would be able to develop relationships with the South African Jewish community in possible joint projects.

"Together we can do more", said Faina.



1 May 2019

## UNITED HERZLIA SCHOOLS בתי"ס המאוחדים הרצליה

### SPECIAL GENERAL MEETING

Notice is hereby given that a Special General Meeting of UNITED HERZLIA SCHOOLS will take place on **23 May 2019 at 20h00** at the Highlands Campus, M.H. Goldschmidt Avenue, Highlands Estate to consider changes to the UNITED HERZLIA SCHOOLS constitution to comply with SARS Public Benefit Organisation requirements and to streamline the Governance of the School. The proposed changes to the constitution and governance structure can be requested from [admin@herzlia.com](mailto:admin@herzlia.com) or **021 286 3452**.

### ANNUAL GENERAL MEETING

Notice is hereby given that the Annual General Meeting of the UNITED HERZLIA SCHOOLS will take place on **23 May 2019 at 20h15**, following the Special General Meeting mentioned above, at the Highlands Campus, M H Goldschmidt Avenue, Highlands Estate.

**Motions** duly proposed and seconded must be lodged by 16h00 on Tuesday 6 May 2019.

**Nominations** for office bearers, duly proposed and seconded must be lodged by 16h00 on Tuesday, 14 May 2019. A CV of not more than 120 words must be attached to the nomination form.

Address for obtaining nomination forms and lodging all forms:  
**Administration Centre, M H Goldschmidt Avenue, Highlands Estate.**  
**Email: [admin@herzlia.com](mailto:admin@herzlia.com) Tel: 021 286 3452 / Fax: 021 461 2367**

Parents and donors to the UJC are members of the UHS and are eligible to vote.

DAVID GINSBERG (Director - Finance & Administration)

Parents, Benefactors & Donors of the school please accept this as an invitation. Right of Admission Reserved.

## Family Announcements

### THANK YOU

#### LATE IRENE FREEMAN

Irving Freeman and his children would like to express their sincere appreciation to the many friends of Irene for attending the unveiling and consecration of the memorial stone to her beloved and productive life and works. Special thanks to Rabbis Ozhekh and Brett .

### CONDOLENCES — THANK YOU

#### SONIA PAPERICK

We would like to express our heartfelt thanks to Rabbi Kalman Green, Rabbi Bernstein and Ronnie Chorn, family, friends and organisations for their warmth, love and support on the passing of our mother and grandmother.

Darryl and Revel

Alisa, Selwyn, Melissa and Adam

Shelley, Kevin, Talya and Ryan

#### SYLVIA COLEMAN

Our heartfelt thanks to family, friends and the community for condolences and the care, love and support shown to us on the loss of our beloved mother and sister.

Her passing leaves a huge void in our lives

Jocelyn Stoch, Brenda Cohen, Selwyn Furman, Ida Epstein and families

To place a family announcement, email: [chron@ctjc.co.za](mailto:chron@ctjc.co.za) or phone Tessa 021 464 6736 (am)

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## Life together in older age

**Marriages of 40 or 50 years, and increasingly, even longer, are becoming more and more common.**

Like couples at any stage of their relationship, the long-married can find themselves experiencing problems in their relationship, although couples who have been in very long marriages or partnerships do not generally appear in psychotherapy offices with the request for help to 'work on our relationship'.

The reluctance to seek mental health services will likely change when in the future long-married people reach their older years with a history of having used couples therapy at various points in their married lives.

### Those who seek help

Today's elderly couples are generally from the 'do-it-ourselves' era that believed people shouldn't air private matters and presumed that mental health professionals are really mental illness professionals. Older couples who seek counseling generally do so after at the suggestion of someone else.

When long-married couples move from middle to old age, the transition is often accompanied by a knowing feeling that time elapsed has now exceeded time remaining. The awareness can be both frightening and comforting. Individuals often marry a person whose personality traits, style and behaviours are initially admired and found to be charming. Then they proceed to spend their married life trying to change that very style.

Embarking on the journey through the uncharted waters of old age implies reflection, with the self as a mirror. The spouse is also a mirror, and this may precipitate a crisis. One may look at the other and see the wrinkles, frown lines, or pain and disappointment. An illusion of another chance or what another can offer can come to mind or if in the case of major surgery or illness — the anticipation of what lies ahead and the possibility of years of caregiving instead of time to care for the self.

There comes a time for redefining roles. Significant events can be catalysts for interpersonal role changes — retirement and responsibility of parent care can be examples. Besides the emotional reactions to such changes there can also occur significant changes in how the couple gets along day by day, especially after retirement or once all the children leave the home.

### Redefining goals

As couples move into their older years they might tacitly realise they

have met all their lifelong goals for the marriage. Sometimes they may experience a kind of emptiness for what was not achieved or done and they should be encouraged to express their feelings and develop new goals together to take them into this new stage.

Redefining intimacies often a stumbling block as couples move into their older years. As couples agree to seek therapy, especially as they move into old age, it can be an adult education classroom for guiding the process and providing an avenue for learning better communication, change in intimacy and enhancing the changes in the ageing process.

Older couples have developed coping strategies to shift the focus from limitations to strengths, including who they have become, mutual interdependence and mutual regard with a shared history which in itself can be self-affirming and powerful.

Those in long marriages frequently find themselves attempting to meet the challenges and find new equilibrium in their relationships in response to each new situation that comes with ageing and this can be fun and exciting.

### Summer Fun at CJSA

Much planning goes into our annual Goudini Breakaway each year and this year was no different. But nature takes its own course and our newest addition to the family, a gorgeous grandson, arrived three weeks early. So, to ensure that the break continued smoothly, PC Hajiera stepped in and joined SW Melanie and Driver Emmanuel to enjoy three days and nights at Goudini Hot Water Springs. Everything went so smoothly, the wonderful outing to Ceres to visit the Jewish Museum where Jos and Gwen Khan graciously hosted the group. Everyone enjoyed the braai evening prepared by Worcester Lions and new friendships were cemented during the course of the stay. Thanks to everyone for making it a memorable time, and most importantly to my colleagues for holding the reins without missing a beat.

### Milnerton Fundraiser

Milnerton recently hosted their first fundraiser for the year. A full house of excited members and guests and incredible food provided by our own Sonia Norrie who single handedly made a 5-star High Tea and did the decor with the help of her family. Mike Connolly tickled the ivories playing the music everyone enjoyed and there was singing and dancing to make the afternoon truly special. Watch this space for the next special event.

*Diana Sochen  
Executive Director*

## Out and about with members



Jane Arelisky with a Sinai Accademy learner



Carole Schonberg enjoying the Baths at Goudini



Irving Freeman with Sinai Accademy Learners

## SOCIAL AND PERSONAL

**A hearty mazeltov is extended on the following joyous occasions:**

### Births

Woolfie and Glickie Bloom — great granddaughter  
Lessa Gordon — granddaughter

### Engagement

Vivienne and Nigel Brooker daughter

### Marriage

Phoebe and Hymie Chernotsky — granddaughter

Doreen Kantor — granddaughter

### Birthdays

Ruth Katzeff May — 92

Paula Goldblatt — 90  
Dinah Levinson — 90  
Denise Lipschitz — 80  
Sonia Norrie — 80  
Kellie Gross  
Marge Lee

**We extend condolences to the family of members who have recently passed away:**

Mavis Horwitz and Lilian Sarembock

**We welcome New Members to the CJSA family:**

Doreen Payne and Victoria Weinberg

### Special Events May — booking essential for all functions

#### TWILIGHT SUPPER

Sea Point	14 May 17h30 Stephanie Schuller Two Oceans Marathon R60
Milnerton	30 May 18h30 Beryl Eichenberger and Ryland Fisher One City Many Cultures R60
Wynberg	15 May 17h30 Beryl Eichenberger and Ryland Fisher One City Many Cultures R60

#### OUTINGS

Southern Suburbs	6 May Cheetah Outreach R70 13 May District 6 Museum R30 20 May Hillcrest Berry Farm R40 23 May Bishopsford Nursery R50
Milnerton	21 May Spice Route R40 28 May Hillcrest Berry Farm R40
Sea Point	22 May Cheetah Outreach R70
West Coast	7 May Hillcrest Berry Farm R40 14 May Cheetah Outreach R70

#### MEN'S SCHMOOZE — Director SAJBD Stuart Diamond R10

Milnerton	Friday 3 May 10h30
Wynberg	Wednesday 22 May 10h00
Sea Point	Friday 31 May 10h30

#### SHABBAT SUPPER BOOKING ESSENTIAL

3 May	Milnerton R70 members R80 non-members
31 May	Southern Suburbs R60 Members R180 non-members



# Cape Jewish Seniors

<p><b>Sunday 2</b></p> <p><b>Birthdays</b></p> <p>Paula Goldblatt 90 Ruth Katzeff 92</p>	<p><b>Monday 3</b></p> <p><b>Sea Point</b> 10.00 Pop In with practitioner Sarah Davies on managing pain with body stress release R10 2.00 Reminiscing with Hazel R10</p> <p><b>Milnerton</b> 10.00 Pop In Nadia Thorn demonstrates the benefits of Deep Tension Release Therapy R10 2.00 Musical Appreciation with Doreen Kantor R10</p> <p><b>S/Suburbs</b> 9 30 Outing Visit the ceramics exhibition in Durbanville. Tea for own account. Transport R40 10.00 Scrabble R10 2.00 Yiddish mit Rita R10</p>	<p><b>Tuesday</b></p> <p><b>Sea Point</b> 10.00 Ageless Grace with Joycelyn R20 10.00 Talking Point with Colin R10 2.00 Mosaic classes with Yvette R30 2.00 Beginners Bridge with Irving R10 2.00 Yoga with Leina Sank R10</p> <p><b>Milnerton</b> 10:00 Outing to ride the Big Wheel at the Waterfront R10 13.30 Mosaic with Sonia Norrie R30 1.45 Line Dancing with Cathy Hudson R10</p> <p><b>S/Suburbs</b> 9.30 Social Bridge R10 New members welcome 10.00 Kalooki R10 2.00 Knitting Group. All welcome R10</p>
<p><b>Sunday 9</b></p>	<p><b>Monday 10</b></p> <p><b>Shavuot Office Closed</b></p>	<p><b>Tuesday 1</b></p> <p><b>Shavuot Office Closed</b></p>
<p><b>Sunday 16</b></p> <p><b>Youth Day</b></p>	<p><b>Monday 17</b></p> <p><b>Public Holiday Office Closed</b></p>	<p><b>Tuesday 1</b></p> <p><b>Sea Point</b> 10.00 Talking Point with Roni R10 10.00 Ageless Grace with Joycelyn R20 2.00 Yoga with Leina Sank R10 2.00 Beginners Bridge with Irving R10 5.30 Twilight Supper Rolene Miller, author and founder of NGO Mosa R60</p> <p><b>Milnerton</b> 10.00 Irving Freeman Jewish Music Series Ep. 2 R10 13.30 Mosaic with Sonia Norrie R30 1.45 Line dancing with Cathy Hudson R10</p> <p><b>S/Suburbs</b> 9.30 Kalooki R10 2.00 Knitting Group. All welcome R10</p> <p><b>West Coast</b> 9.30 Outing to the District 6 Museum R30 Tea for own account.</p> <p><b>Muizenberg</b> 10.30 <i>Are Jews a race, religion or nation?</i> A morning with Rabbi Oppert R10</p>
<p><b>Sunday 23</b></p>	<p><b>Monday 24</b></p> <p><b>Sea Point</b> 10.00 Pop In Nadia Thorn demonstrates the benefits of Deep Tension Release Therapy R10 2.00 Reminiscing with Hazel R10</p> <p><b>Milnerton</b> 10.00 <i>Are Jews a race, religion or nation?</i> A morning with Rabbi Oppert R10 3.00 Shiur with Rabbi Bernstein R10</p> <p><b>S/Suburbs</b> 9.15. Outing to Boeresjiek. Tea for own account R30 2.00 Yiddish mit Rita R10</p>	<p><b>Tuesday 2</b></p> <p><b>Sea Point</b> 10.00 Talking Point with Marcia R10 10.00 Ageless Grace with Joycelyn R20 2.00 Yoga with Leina Sank R10 2.00 Beginners Bridge with Irving R10</p> <p><b>Milnerton</b> 9.30 Outing to the Rupert Museum in Stellenbosch. Guided Tour. T for own account R40 13.30 Mosaic with Sonia Norrie R30 1.45 Line dancing with Cathy Hudson R10</p> <p><b>S/Suburbs</b> 09.30 Social Bridge R10 New members welcome 10.00 Kalooki R10 2.00 Knitting Group. All welcome R10</p>



DIRECTOR: Diana Sochen 021 434 9691 director@cjsa.org.za ADMIN: Amanda 021 434 9691 admin@cjsa.org.za www.cjsa.org.za

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# Events Calendar JUNE 2019



4	<p style="text-align: center;"><b>Wednesday 5</b></p> <p style="text-align: center;"><b>CJSA Mini Olympics</b> 10h00 14h00</p> <p>Join this fun day to be held at Temple Israel Wynberg. Each centre will have a team as well as teams from Highlands House and Ikamva la Bantu. Races to suit all. Please join us to support your centre. Enjoy tea and a light lunch R25 Transport from Sea Point R30</p>	<p style="text-align: center;"><b>Thursday 6</b></p> <p><b>Sea Point</b> 9.15 JOY programme with Shelly Eppel and Alon Ashel learners 10.15 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10</p> <p><b>Milnerton S/Suburbs</b> 9.30 Kalooki R10 10.30 Pop In with Janine Rogers Gitlin Library R10 1.00 Bridge and Kalooki R10</p> <p><b>West Coast</b> 11.30. DVD morning — <i>A Place to call Home</i> R10</p>	<p style="text-align: center;"><b>Friday 7</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20</p> <p><b>Milnerton</b> 10.30 Men's Schmooze: Gilad Stern <i>Is it racist to think the Jews are the chosen people?</i> R10</p>
11	<p style="text-align: center;"><b>Wednesday 12</b></p> <p><b>Sea Point</b> 9.30 Craft morning with Yvette &amp; Jeanette R20 1.45 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 9.30 Ageless Grace with Cathy R20 12.00 Art Classes with Karen Cohen R25</p> <p><b>S/Suburbs</b> 10.00 Men's Schmooze: Gilad Stern <i>Is it racist to think the Jews are the chosen people?</i> R10 10.00 Bridge lessons with Irving Freeman R10 10.15 Ageless Grace with Yvonne R15</p>	<p style="text-align: center;"><b>Thursday 13</b></p> <p><b>Sea Point</b> 9.15 JOY programme with Shelly Eppel and Alon Ashel learners 10.15 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10</p> <p><b>Milnerton S/Suburbs</b> 9.30 Kalooki R10 10.30 Pop In Nadia Thorn demonstrates the benefits of Deep Tension Release Therapy R10 1.00 Bridge and Kalooki R10</p> <p><b>West Coast</b> 10.30 R10 Irving Freeman Jewish Music Series Episode 2 R10</p>	<p style="text-align: center;"><b>Friday 14</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20</p>
18	<p style="text-align: center;"><b>Wednesday 19</b></p> <p><b>Sea Point</b> 9.30 Outing to ride on the Wheel at the Waterfront R85 1.45 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 9.30 Ageless Grace with Cathy R20 12.00 Art Classes with Karen Cohen R25</p> <p><b>S/Suburbs</b> 10.00 Ageless Grace with Yvonne R20 10.00 Bridge lessons with Irving Freeman R10 17.30 Twilight supper with Two Oceans Marathon organiser Stefanie Shultzter R60</p>	<p style="text-align: center;"><b>Thursday 20</b></p> <p><b>Sea Point</b> 9.15 JOY programme with Shelly Eppel and Alon Ashel learners 10.00 Yiddish mit Veronica R10 1.45 Bridge and Kalooki R10</p> <p><b>Milnerton S/Suburbs</b> 9.30 Kalooki R10 10.30 R10 Irving Freeman Jewish Music Series Ep. 2 R10 2.00 Kalooki R10</p> <p><b>West Coast</b> 11.30 Pop In Nadia Thorn demonstrates the benefits of Deep Tension Release Therapy R10</p>	<p style="text-align: center;"><b>Friday 21</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20</p>
25	<p style="text-align: center;"><b>Wednesday 26</b></p> <p><b>Sea Point</b> 9.15 Outing to the Rupert Museum in Stellenbosch. Guided Tour. Tea for own account R40 1.45 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 9.30 Kalooki R10 9.30 Ageless Grace with Cathy R20 12.00 Art Classes with Karen Cohen R25</p> <p><b>S/Suburbs</b> 10.00 Bridge lessons with Irving Freeman R10 10.15 Ageless Grace with Yvonne R20</p>	<p style="text-align: center;"><b>Thursday 27</b></p> <p><b>Sea Point</b> 9.15 JOY programme with Shelly Eppel and Alon Ashel learners 10.00 Yiddish mit Veronica R10 11.30 Exercises with Mariamne R10 2.00 Bridge and Kalooki R10</p> <p><b>Milnerton</b> 9.30 Kalooki R10 18.30 Twilight Supper: Dr Anastasia Tomson explores diversity with empathy and compassion R60</p> <p><b>S/Suburbs</b> 10.30 Pop In practitioner James McDonald on managing pain with body stress release R10</p> <p><b>West Coast</b> 10.00 Art with Sharon Lopis R35</p>	<p style="text-align: center;"><b>Friday 28</b></p> <p><b>Sea Point</b> 9.30 Shopping with Malcolm R20 10.30 Men's Schmooze: Gilad Stern <i>Is it racist to think the Jews are the chosen people?</i> R10</p>



PROFESSIONAL STAFF: **Sea Point:** 021 434 9691; **Milnerton:** Hajjera Safidien-Maloon 021 555 1736; **S/Suburbs:** Monique Nieuwenhuys 021 761 7960; **W/Coast:** Melanie van Emmenes 074 405 5186

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Consider This

## Are JoJo Tanks Jewish?

By Rabbi Greg Alexander



**OK, hands up if you take a shower while standing in a bucket! It was only a year ago that everybody was, and the city of Cape Town was preparing us for Day Zero.**

Every house was stocking up on water containers and the business to be in was not swimming pools but JoJo tanks. Now it's 2019, and many of us have gone back to our old ways and why not? It's been raining the whole year and surely everything is back to normal, right?

Well yes, normal indeed. Because normal is actually water-scarcity. That is the reality of where we live. We just don't have lots of water. And we should continue to shower in our buckets and use the water for plants and toilets l'olam v'aed — forever and ever. And that's not all that's scarce and getting scarcer if the scientists behind Climate Change are right. Our world is changing rapidly, and the signs are everywhere — fish stocks, Arctic ice melting to extreme weather conditions. What can we do besides panic?

Judaism (and many scientists) teach that the forces that govern the changes in weather are actually responsive to human action. In other words, we are not passive observers of the changing climate, but actually the cause, or a huge part of the cause, of it. When G'd created the world, She placed us in the Garden of Eden l'ovdah ul'shomrah — to till it and to guard it (Gen. 2.15) and a midrash describes the significance of that role perfectly — “When the Blessed Holy One created the first human, She took him and led him round all the trees of the Garden of Eden and said to him: “Look at My works, how beautiful and praiseworthy they are! And all that I have created, it was for you that I created it. Pay attention that you do not corrupt and destroy My world: if you corrupt it, there is no one to repair it after you.” (Kohelet Rabbah 7:13).

The message is clear — we are responsible for this world and it's up to us to fix it. So what can we do? Well again, thousands of years of Jewish teaching have been preparing us for just this moment in time — their relevance has never been clearer. Let's start with bal tashchit, the mitzvah to not destroy unnecessarily. The Torah rules that you can't chop down fruit trees during

war, but rabbinic law expanded that to wasting lamp oil, throwing away old clothing or chopping up furniture to burn for firewood when it could still be used. It was eventually codified as the commandment not to waste anything without adequate purpose, even a seed of mustard! (Sefer Ha-Chinuch 529)

Apply that to overpackaging — why is your breakfast cereal wrapped in a giant plastic bag, which is then wrapped in an even bigger cardboard box when the contents that you actually bought take up a fifth of the box? To make it seem bigger of course.

Why does most kitchen waste end up in the bin and our landfills when we can easily put them in compost bins or drop them off at one of the increasing number of urban farms in the city? Why do we keep buying bottled water and plastic cutlery and plastic straws when they end up in our rivers and seas? And to return to our showers, why does most of our purified drinking water come out of our taps and go down the drain instead of into our bodies?

Let's talk about meat. Judaism certainly permits the eating of meat. Many people consider their Shabbos chicken or Pesach lamb 'Mi-Sinai' — something ordained by Moses on Mt Sinai. But meat today does not come from your village chicken or cow hand-reared from birth by the homeowner. It usually comes wrapped in clingfilm from the supermarket and if you examine its journey there it's not one that inspires happy eating. Most poultry and animals are not raised on land at all, they are mostly raised in 'batteries' or industrial conditions. Their treatment is not humane at all and many insider videos have gone viral in the past decade shaming the meat industry's processing.

There has also been much concern about the food that is given to domestic animals which increasingly contain non-food bulk items and growth hormones. But the most damning consideration is the expense to the environment. Recent studies measure the water required throughout the growth cycle of food and the findings are telling. While vegetables had a footprint of about 322 litres per kg, and fruits drank up 962, meat was far more thirsty: chicken came in at 4,325l/kg, sheep/goat meat at 8,763l/kg, and beef at a

stupendous 15,415l/kg. That should already cause us great reason for action, without even adding the compounding problems of water pollution from fertilizers and animal excreta and deforestation for grazing lands. Producing a calorie of meat protein means burning more than ten times as much fossil fuels — and spewing more than ten times as much heat-trapping carbon dioxide — as does a calorie of plant protein. One third of the world's grain is now fed to animals reared for meat.

So back to the Jews then — does this mean no roast chicken on Friday night? I can hear the Banting dieters roar in condemnation, and believe me I do not want to make an enemy of Prof Noakes. Protein is our friend. The answer is no, we don't have to kick out the roast. What it does mean is that we all need to cut down the amount of meat we eat. Instead of demanding we all become vegan,

let's start with asking how often in the week we eat a meat meal. If it's more than twice in three days, it's too much. And less would be better. Meat-free Mondays is a start, but we should all be aiming to eat eggs or chicken no more than six times a week and beef or lamb two at the most. If we all did, the immediate effect on the meat industry and on the environment would be dramatic.

We are agents of our own destiny, and Judaism calls us to take responsibility for our actions — the water we use, the products we buy and the food we eat.

As the midrash reminds us, if we don't there is no one who will come after us to fix it. This isn't even about the trees anymore, this is about our survival on this earth, our only home. Let us make the changes now and take seriously our role of being partners with G\*d in the ongoing work of creation.

## A great community weekend away

**February saw 85 people of all ages get together at the Ouskip Campsite in Melkbosstrand for the third ever TIMEOut.**

The Erev Shabbat service was filled with beautiful music followed by a delicious communal supper, with very different-from-the-norm Shacharit and Torah services starting Shabbat morning in just the right way.

The afternoon was spent relaxing in the communal area or on the beach or swimming pool and we ended Shabbat with a magnificent Havdallah service, braai and campfire (with requisite singing). TIMEOut 2019 ended way too soon but we are eagerly looking forward to the next one. Thank you to all involved for all the hard work put in to make the weekend so wonderful.

## Temple Israel's Purim Party

**On 20 March, Temple Israel and the JBC Class of 2019 hosted a Purim Party at the Green Point Cricket Club.**

The theme? Let's Misbehave, 1920's style! and the party certainly lived up to the theme. Adults of all ages from the Temple

Israel community joined in on the festivities, which started with the Megillah Reading. Afterwards, there was much song and dance, thanks to the incredible band, Rock Steady. Spirits consumed and spirits high, the party went on until the early hours of the morning. We think Esther would have approved!

**Mazaltov to those who celebrated Bnei Mitzvah with us last month:**



Ben Levitt  
6 April



Tayla Katz  
13 April



Josh Ziev  
13 April



Aidan Kusevitsky  
27 April



# CONCERT FOR UNITY PEACE HOPE

## Yom Yerushalayim

Date: Sunday 2 June 2019

Time: 6:30pm

Venue: Gardens Shul, Gardens

Tickets: From Quicket <https://qkt.io/8p3WKn>  
R180 Adult | R80 Student

Contact: WIZO 021 4646756 [bza@ctjc.co.za](mailto:bza@ctjc.co.za)



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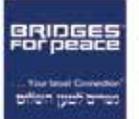


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# HERZLIA IN FOCUS

RESPONSIBILITY | ACHRAYUT | אחריות

## Summer Sport at HERZLIA

GEOFF COHEN  
Director of Education, UHS

Sport at HERZLIA continues to grow and improve every year. Over the past three years we have made a concerted effort to ensure that every child in our schools participate in at least one extra mural per term and we have seen a significant improvement in participation levels.

One of the very successful initiatives we have introduced into the school is the amalgamation of our three primary schools into combined Open teams for netball, swimming and cricket. When we put our three schools together we have found that our success rate against the better sporting schools in the Cape has increased 10 fold. Furthermore the pupils get to work as a team from U13 right through to Matric. Over the past few years a huge emphasis has been placed on water polo for both boys and girls with a large number of pupils opting to play this discipline. Our pupils start playing water polo at primary school. The early morning practices, talented players and dedicated coaches have seen hugely improved results, in fact, we are delighted that our 1st Team water polo boys won the Western Province B Schools league for the first time in a decade.

Our fantastic inter house and inter school athletics day took place at the Green Point Athletics Track. The Middle and High Schools had their event in the morning, followed by the three Primary Schools in the afternoon. It was an exceptional day. All our schools participated in a number of inter school and inter house galas. These events are always enjoyed by all our pupils.

The inaugural Rohan Bloom Day/Night Cricket match was played against Bishops this term, it was a wonderful game with Bishops emerging victorious in a hard fought match.

Co-ordinating the sporting activities across five campuses is a huge job bearing in mind the fact that we do not play on a Saturday. Our coaches work extremely hard arranging fixtures with schools who are willing to play matches during the week. They also arrange sports tours and specific coaching programmes to advance sport in our schools. Our sports team headed by Tina Brenzel constantly strive to bring sport to a level of which we will all be proud. My thanks to our great team of Cindy Thomas and Johnny Sass in the High School, Will Farrell at Weizmann, Nathan Brown at Highlands Primary and Keifer Smith at Constantia.



Water Polo: Herzliah High School Boys First Team - Winners of the WP B Schools League.

“Our pupils start playing water polo at primary school. The early morning practices, talented players and dedicated coaches have seen hugely improved results, in fact, we are delighted that our 1st Team water polo boys won the Western Province B Schools League for the first time in a decade.”



Inter House Gala - Starting Blocks.



High School Athletics Day: The Long Jump.



High School Athletics Day: The High Jump.

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# JHS ATHLETICS DAY

## TUESDAY 19 MARCH 2019

MIDDLE AND HIGH SCHOOL INTER HOUSE ATHLETICS 08H00-13H30

PRIMARY SCHOOLS INTER SCHOOLS ATHLETICS 13H30-15H30



Making a splash: Primary School pupils enjoying the pool at their Inter House Gala.



A Maccabi moment at the Inter House Gala.



Gideon's got the spirit, how about you?

# Israeli NGO works across all races, cultures and religions to combat poverty

By Demi Megan Sher

**Growing up in South Africa was not always easy, but I do believe has provided me with the sensitivity and awareness I carry with me in my life today.**

In some ways I feel fortunate to have grown up in a place where not everything was perfect. I do wish South Africa could be in a better place, socially, economically, politically, but it is not, and so we can either choose to ignore it or face it. I chose to face the issues and to conscientiously try to do my part in helping to alleviate and combat the issues facing the country today.

I will admit that I was not as directly affected by the issues of the country growing up in my own home, but in saying that I still have a strong affiliation towards those who are and were directly affected.

I grew up in a country that taught me life lessons just by living my everyday life. I grew up in a country

not many people can relate to where my emotional capacity had to be a lot stronger than my friends growing up in other countries around the world. I grew up in a country where the desperation of wanting to help everyone had to eventually dissipate as it just was not possible. The desire and battle for equality existed long before the introduction of Apartheid in South Africa in 1948.

**As a Zionist and strong believer in humanity, reaching out and raising awareness of this issue inside and outside of South Africa is a fundamental step towards bringing people, and the Jewish population of this world, together, towards a better future for all.**

The freedom fighters, political groups and activist organisations existed long before and during the policy of Apartheid. People from all walks of life, gender and race stood together for the fight long before and during the time of Apartheid. Progress, however, has been slow and not as successful as we could have wished it to be. The divide between social standings in society is obvious and does not appear to be improving. This has led to the South African nation's passion and



compassion they once felt during their fight for independence and freedom, to diminish over time, in turn, possibly effecting the nation's future.

As a woman who has just turned 20, I have always lacked the belief that a person like me would be able to assist in changing structures and help those without a voice. Moving to Israel this past year has been an eye-opening journey for me. Life in Israel on the surface seems very different to life in South Africa. Israel, the start-up nation of the world making a desert bloom, a country full of Jewish mothers. How could anyone be starving!? In reality, I have found many similarities to my own surprise. Poverty is rife in places we sometimes cannot see, but that does not mean it does not exist. As a Zionist and strong believer in humanity, reaching out and raising awareness of this issue inside and outside of South Africa is a fundamental step towards bringing people, and the Jewish population of this world, together, towards a better future for all.

**I have always lacked the belief that a person like me would be able to assist in changing structures and help those without a voice. Moving to Israel this past year has been an eye-opening journey for me.**

This is why I have chosen to volunteer for the non-profit Israeli organisation Latet. Having 19 000 volunteers and two national food drives a year, Latet (To Give) was established in order to assist in reducing poverty, for a better and just society, by providing assistance to populations in need on a universal basis, mobilising Israeli civil society towards mutual responsibility, and leading change in the national priorities.

Latet believes that the change will come if a large number of people understand that there is an issue. Acting as an umbrella organisation, Latet provides for the basic needs

of populations living in poverty and food insecurity on an equal basis. The organisation operates the leading national food bank and runs impactful aid programs with responsibility, effectiveness and innovation while relentlessly advocating for a better society. Latet, being the largest Israeli Non-Profit Aid Organisation combating poverty, works with communities of all races, cultures and religions.

At Pesach we recall the time, under Moses' leadership with divine intervention, the Jewish people escaped from Egypt. The Passover story is about breaking the bonds of slavery for the people to experience freedom on all levels.

During this time we reflect on our past, present and future, and make a conscious effort to live by the sacrifices and achievements endured by the Jewish people. Jewish people gather around the Seder table and tell

the ancient stories of slavery that led to liberation. Our goal then was not to overtake Pharaoh or rule Egypt, but to simply worship God freely.

Today, we should not perceive ourselves as being very different. Populations of the world should stand together to share the same privileges and responsibilities as any other citizen and to live peacefully as one. Latet strives to achieve equality, peace, and wholeheartedness for all through the work and effort they conduct. I do believe NGO's, like Latet, are capable of shaping the world we live in today. With extra hands and assistance, such organisations can go a long way in making life better for all.

For more information on the organisation, please visit <https://www.latet.org.il>



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**Dale became a resident in 1973 when he was 1 month old and is a true gentleman.**



Demi is a student in Israel, studying a BA Communications at IDC University.

**Nechama**  
COMFORTING THE BEREAVED



עמו אנכי בצרה  
I AM WITH HIM IN HIS SORROW

021 465 9390

INTEREST PAGE  
WORKING WITH GRIEF

nechama.co.za

Nechama is a multi-faceted bereavement and training Organisation which has a group of trained, supervised volunteer counsellors and facilitators who do bereavement counselling. The following "Interest Page" highlights parts of ones journey towards healing and reclaiming a wholesome life after loss.

RECEIVING SUPPORT	ART THERAPY	PERMISSION TO FEEL	SUPPORT GROUPS
MAKE THAT CALL 021 465 9390	HUG YOUR PETS	READ BOOKS ON GRIEF	REFER TO WEBSITES ON LOSS & BEREAVEMENT
CREATE A PHOTO JOURNAL OF THE DECEASED	MUSIC THERAPY SOOTHES THE SOUL	SPIRITUAL CONSOLATION	SELF-CARE

## Most South African Jews of Sephardi origin are entitled to EUROPEAN CITIZENSHIP AND ACCORDINGLY, AN EU PASSPORT

A common misconception is that South African Jews of Ashkenazi heritage are of Lithuanian descent, and that only those who are able to prove their eligibility for Lithuanian citizenship are able to obtain a European passport. The fact is that most South African Jews do qualify for European citizenship, whether they can prove their Lithuanian lineage or not, and most South African Jews of Sephardic heritage are also eligible for European passports.

empires: Russia, Prussia, the Austro-Hungarian empire. Neither Poland nor Lithuania existed until 1918.

At the end of the WWI, the territory was divided, and countries like Lithuania, Latvia, Poland, and others were born/reborn. Only then did residents become citizens of these countries. As a result, people who, for example, were born in Riga (nowadays Latvia) could actually be Lithuanian or Polish.



Horesh advises that eligibility for a Lithuanian or Polish passport depends on the city from which your grandparents (or their parents) hailed.

Horesh says many South African Ashkenazi Jews of Lithuanian origin have been refused Lithuanian citizenship because their heritage is actually Polish. They would, accordingly, be entitled to Polish citizenship and a EU passport.

are most likely eligible for a Portuguese passport. If applicable, Horesh is able to obtain an official certificate confirming such eligibility, on the basis of which an application for European citizenship can be made and will most likely be successful. Portuguese citizenship enables one to enter the United States without the need to apply for a visa.

field of European citizenship, with a full understanding of local immigration laws.

Adv. Avi Horesh has in-depth knowledge of the applicable legislation and in his experience, the majority of South African Jews have ancestors who were illegally deprived of citizenship. As their descendants, these Jews are eligible for European citizenship which will result in them obtaining a EU passport.

After World War II, the borders in Europe changed, resulting in cities changing nationality. The resultant effect for descendants of Jews who were born in Vilnius, for example, is that their application for Lithuanian citizenship will be declined, but an application for a Polish passport may very well be successful.

In addition, Horesh is filing many applications for descendants of Sephardi origin who arrived in South Africa from Greece, Turkey, and North Africa. Descendants from other countries in the Middle East – even Holland – are also potentially eligible.

Living in Israel – a four-hour flight from Warsaw and Vilnius – offers him quick and easy access to Poland and Lithuania. Accordingly, he is able to work closely with local professionals who assist him in tracing the documentation required for successful applications for European citizenship.

**Ashkenazi:** It is important to understand that until 1918, all of Eastern Europe was divided between three

**Sephardi:** the descendants of Sephardi Jews (who were exiled 500 years ago)

Horesh resides in Israel, but has spent seven years in Poland, and is recognised as a leading lawyer in the

In addition, and as a result of his close ties with Portuguese authorities, to date he has had a 100% success rate with applications for Portuguese citizenship.

**Horesh is available to discuss your specific details. He is often in South Africa, and can meet you in person to discuss your specific needs.**

I will be in Johannesburg from June 13th till June 19th, and then in Cape Town till June 24th  
My South African phone number is +27 64 745 5273 • Email me on [adv.avi.n.horesh@gmail.com](mailto:adv.avi.n.horesh@gmail.com)

## Astra reflects on an eventful first quarter

By Kim Jacobson, Astra worker

### In memory of Lianne Stuppel



*Lianne (on right) with friend and colleague Janette Booyesen*

We are deeply saddened by the sudden passing of Lianne Stuppel, during the December holidays.

Small in stature but with a huge heart, she endeared herself to staff members and workers alike. Lianne worked at Gifttime for over 15 years during which time she always had the desire to take on new challenges and keep learning. A memorial service was held at the Centre, attended by her father Malcolm and Anne and all the staff and workers who had not been able to attend her funeral. Lianne continues to be sorely missed.

### Life on the long and lonely road



*Paul Rawray and Bradlee Gruss*

Running has become a way of life for two of our exceptional athletes from Astra Centre.

Paul Rawray recently received a gold medal for completing the Cape Peninsula Half Marathon (21km) in a time of 52 minutes, 43 seconds!

Bradlee Gruss received his bronze medal at the Discovery Retro Run in which he completed the 8km race in a time of 1 hour, 1 minute, 28 seconds. He also completed the Century City Express 10km in a time of 1 hour, 13 minutes.

### Annual fun time

The Astra Committee held their annual braai for the Astra workers and their families.

This year, it was combined with the Purim Party, kindly sponsored by Jeremy and Ruth Chaitman. The workers enjoyed the delicious lunch and entertainment by Gabriel Shai.



*Committee member (and braai master) Doran Jaffe doing his bit to ensure the meat was cooked to perfection*

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## THE HERZLIA FOUNDATION TRUST

SECURING JEWISH EDUCATION



## Thank you Herzlia Alumni in Houston and Toronto

**AMANDA ZAR**  
The Herzlia Foundation Trust

**In March 2019, Geoff Cohen, Director of Education UHS, and I continued our campaign of reconnecting with our overseas Alumni. We traveled to Houston and Toronto to create awareness about the critical work of The Herzlia Foundation Trust.**

In Houston, we held a very successful reunion, generously hosted by Leorah and Jack Levin in their beautiful home in South Shepard Houston. Over 25 alumni ranging in ages from 35 – 85 attended a very nostalgic and memorable reunion. Geoff spoke about 'The Herzlia of Today' and discussed the various challenges facing both the educational system and parents in today's world. He emphasized that HERZLIA remains committed to creating a space for its pupils to become critical thinkers, passionate Zionists and effective contributing members of both our South African and the Global society.

***"Geoff spoke about 'The Herzlia of Today' and discussed the various challenges facing both the educational system and parents in today's world. He emphasized that HERZLIA remains committed to creating a space for its pupils to become critical thinkers, passionate Zionists and effective contributing members of both our South African and the Global society."***

Our second reunion, coordinated by alumnus David Cohen (Geoff's son), took place in Thornhill. Again alumni from all different years attended this special reunion to share stories, laughter and lots of 'did you remember when's'. It was very clear that Herzlia Alumni truly appreciate the privilege their Herzlia education has had in informing who they are today and to the success they have experienced in their personal and working lives.

We met with several alumni one-on-one who generously donated to The Herzlia Foundation Trust. The overall take home from all our reunions and meetings was that many Herzlia alumni clearly see it as their responsibility to partner with the Herzlia Foundation Trust and make a real difference in the life of a Jewish child.

Thank you Herzlia Alumni in Houston and Toronto!

For more information about the work that we do at The Herzlia Foundation Trust, contact **Amanda Zar** on **+27 21 286 3472** or email **azar@herzlia.com**



Toronto: Amanda Zar and Geoff Cohen (1976) addressing Herzlia Alumni.



Toronto: Jonathan Varkul (1985), Amanda Zar, Russell Gottschalk (1987) and Geoff Cohen (1976).



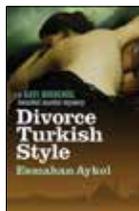
Houston: Jack Levin (1958), Kay Levin, Amanda Zar, June Pool (1971) Philip Levin (1965), Loren Levin (1980), Leorah Levin (Left in 1961), Avril Trevas (left in 1970) and Geoff Cohen (1976).



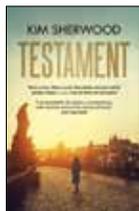
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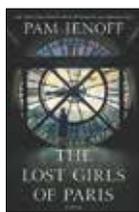
## FICTION



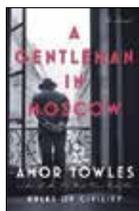
**DIVORCE TURKISH STYLE** by ESMAHAN AYKOL. Kati Hirschel owns a crime bookshop in Istanbul. When she reads a news report about a woman found dead in her apartment she recognises her as the stranger who lunches in the restaurant next to the bookstore. The victim Sani Ankaraligil was in the middle of a divorce from her wealthy husband and a politically active ecologist. Kati, an amateur sleuth, feels it is not an accident and so the twist-filled plot continues.



**TESTAMENT** by KIM SHERWOOD. When Eva inherits the apartment of her grandfather English painter Joseph Silk she has no idea of his hidden past as a Hungarian Holocaust survivor. On finding a letter from the Jewish Museum in Berlin stating that they hold his testimony, Eva travels there. She finds out about his forced labour service and his time at the death camps. Eva has to decide whether to share this and change how the world remembers him.



**LOST GIRLS OF PARIS** by PAM JENOFF. Grace Healey finds an abandoned suitcase at Grand Central Terminal in Manhattan. On opening it, she finds a dozen photographs of different women. Impulsively she takes the photographs and finds the case belonged to Eleanor Trigg, leader of a ring of female secret agents who were deployed out of London and sent to Occupied Europe to aid the Resistance. Jenoff used true events to shine a light on these heroic women.

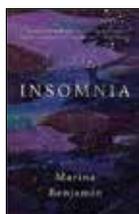


**A GENTLEMAN IN MOSCOW** by AMOR TOWLES. Written with superlative detail, Towles tells of Count Alexander Rostov, a Russian aristocrat under house arrest in the Hotel Metropol in 1922. A man of refined taste he strives to maintain a daily routine exploring the hotel, bonding with staff, accepting advances of attractive women and forming a relationship with a spirited young girl. Spread over four decades he hints at the chilling events outside the hotel.



**ODETTE** by JESSICA DUCHEN. Written as a new take on the story of Tchaikovsky's Swan Lake, Duchén finds ingenious parallels between the libretto of the ballet and what could happen today. Mitzi, a freelance journalist is startled when a swan crashes through her window and even more so when she turns into human form at night. Only the avowed love of a man can restore her existence as a woman and Mitzi's brother Harry seems to fit the bill.

Psychological interest

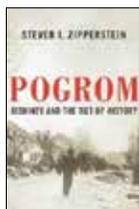


**INSOMNIA** by MARINA BENJAMIN. A collage-like compilation of autobiographical, literary and philosophical reflections on the experience of Benjamin's many years of insomnia. She embraces this condition and believes that her life would become emptier without the stimulation that insomnia bestows, granting valuable insight into the workings of our unconscious mind. She delivers a fresh look at what it means to be wakeful in the dark.



**NOT WORKING** by JOSH COHEN. Oscar Wilde wrote 'To do nothing at all is the most difficult thing in the world.' Cohen a devoted Freudian and a professor of literary theory writes clearly and beguilingly about our fears living in a society, that demonizes idleness and inactivity. Drawing on personal experiences and those from his consulting room, Cohen gets to the heart of how the demands of contemporary life leads to exhaustion but banishes the expression of it.

## HISTORY — HOLOCAUST



**POGROM** by STEVEN J. ZIPPERSTEIN. In Kishinev in 1903 Jews were murdered, raped and injured and synagogues desecrated. Recounted by the newspapers throughout the Western world this became a prototype for the word "pogrom". Zipperstein attributes the cause to Pavel Krushevan, an anti-Semitic local, whose publications were rife with blood libel. With evidence from Russia and Europe, an impressive narrative of state directed mob violence.

## BOOK OF THE MONTH

### WRITTEN IN HISTORY by Simon Sebag Montefiore

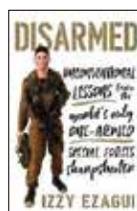
Acclaimed historian Montefiore has written a book of letters exchanged through the millennia. In this internet age, we will not be reading many like these, which cast light on history and relationships. In this gem, his categories range from love, family, courage, war to disaster. Each letter is introduced by way of an illuminating biography. Writers include Sarah Bernhardt, Leonard Cohen, Kafka and Balfour.



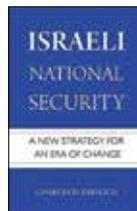
**LEFT TO THE MERCY OF A RUDE STREAM** by STANLEY GOLDMAN. After his mother's death, Goldman visits her best friend's daughter in Israel. He sees a pamphlet she acquired from the Holocaust Museum documenting one man's negotiations with Himmler to save Jewish women from Ravensbruck. Goldman recognizes what appears to be their mothers leaving the camp. With time, he uncovers the heroic account of German Jew Norbert Masur who saved them.



**CITY OF DEVILS** by PAUL FRENCH. Crime writer French recreates Shanghai when it was a booming metropolis between the wars. Home to Jews fleeing Nazism, Russians escaping bolshevism and Westerners leaving their pasts. He centres on Joe Farren, a Viennese Jew who became an impresario and casino owner and Jack Riley, an escaped convict, who smuggled heroin and financed Farren's enterprises. A tapestry of Shanghai — Casablanca without heroes.



**DISARMED** by IZZY EZAGUI. An inspiring and humorous memoir of Ezagui, a misfit in the Orthodox world, a devoted son and enthusiastic soldier. He writes with honesty about his family, friends and fellow soldiers in the IDF. Despite his injury when he lost an arm on the border of the Gaza strip, he went through rehabilitation and then re-enlisted to become the world's only one-armed Special Forces sharpshooter. Through adversity, Ezagui achieved his goal.



**ISRAELI NATIONAL SECURITY** by CHARLES FREILICH. An analysis of the diplomatic and social challenges Israel faces. The security strategy Freilich proposes places greater emphasis on restraint, defence and diplomacy as means of addressing the continuous threats of mass destruction, terrorism, rockets and cyber attacks. He also discusses Israel's relations with the United States and why Israel cannot have the military presence of Iran on its border.

## ISRAELI INTEREST

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## Communicating with Your Children Calm Voice, Calmer Children

by Charmaine Nicks

We often try to get our children to behave in 'acceptable' ways by threatening, bribing or when frustrated, letting our parents jump right out of our mouths and saying things we regret. Often this way of talking is driven by having expectations of how our children should be behaving. What is the correct way of talking to our children so that they can reach their potential and be productive members of their family and society? In one week I have come across three discussions around behaviour change to get the best response and to effectively communicate with others, that all amounted to the same thing.

The first was a talk by Professor Stephen Rollnick, a Psychologist who is the co-founder of Motivational Interviewing (MI). He addresses how we should talk to people for change and uses this technique to facilitate changes in behaviour. MI was used mostly to change thinking and behavioural patterns with people struggling with addiction but now MI is more broadly used. It is really worth listening to the entire talk to learn ways of communicating that invite change rather than trying to coerce change through threats and bribes.

The second was a conversation with the Head Psychologist, Dr De Jager of Red Cross Children's hospital on so called 'Tyrannical Children' who often also have ADHD. (The UK uses the term 'child to parent violence' or 'parent abuse' instead of tyrannical children). I would prefer to use the expression 'child to parent communication'. Sometimes this communication gets negative and children become so anxious and therefore frightened, that they use the techniques that we use (threats and bribes) and hence get labelled 'tyrannical'. Perhaps that is how we sound 'tyrannical' when trying to guide our children. Red Cross Children's Unit is running a programme in collaboration with Duke University on Parent Child Interaction Therapy to teach more appropriate interactions between the parent and child. Once again, this is well worth researching on the internet as obviously this programme is only available to a few selected children that meet certain requirements and were already on the waiting list.

Thirdly, I attended a lecture by Fatima Williams (UCT) on Melanie Kline. Fatima emphasised that the angry child is an extremely anxious child and the parents' appropriate response will help the child to integrate itself with the world and see that good and bad exists in one person. She states that it is important that the child has more good experiences than bad so that integration is positive.

If there are too many negative reactions and consequences this will result in the child having 'black and white' or 'all or nothing' thinking and lead to more anxiety and anger

in the child. Klein cautioned against projective identification. An example of this is when a baby is hungry and starts to get fussy. Mom thinks 'wait there is something wrong, I wonder if the baby is hungry?' Mom behaves in accordance with the feeling of the baby and feeds the child. This is a successful interaction. An unsuccessful interaction would be where the parent fails to meet the child's needs.

Calm and controlled behaviour by the parent/partner usually destabilises the child's abusive or defensive behaviour and guides them to consider their attitude.

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# Moving film *My Dear Children* premieres in Cape Town

On Tuesday 26 March the South African Jewish Museum, in conjunction with the Cape Town Holocaust and Genocide Centre, hosted the Cape Town premiere of *My Dear Children*.

The film explores the difficult life choices faced by Feiga Shamis, a Jewish mother of 12 trying to survive the horrors of pogroms in the Ukraine after the First World War.

Driven by poverty, violence and loss, Feiga placed two of her children into a Jewish orphanage, the same orphanage from where Isaac Ochberg later brought his famous orphans to South Africa. The two children, aged 8 and 10, were among the Ochberg Orphans and went on to live their lives as South African Jews.

The film centres on letters Feiga wrote late in her life to her two children, in which she describes what drove her to make such an impossible decision. Filled with regret and pathos, the letters provide heartrending details of the circumstances endured, particularly by Jewish women during this violent period in history. The film follows Judy Favish, Feiga's granddaughter, as she traces her grandmother's life story. Closely linked to South Africa through the connection to Ochberg, the film also features a number of our community members.

The film's director and producer LeAnne Dance, as well as Judy Favish, were in attendance at the premiere. Following the showing, each of them spoke to the captivated audience about their experiences during the making of the film.



SAJM Director Gavin Morris addresses the crowd



Keiran Peacock, Gavin Morris, LeAnne Dance, Heather Blumenthal and Judy Favish



*My Dear Children* premieres to a packed auditorium

Photographs: Justine Sibomana

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CAPE GATE

## How do music and the law intersect?

By Anton Katz

**There are the formal ways and then the possible 'new' ways of thinking.**

Music law covers a range of traditional legal subjects. These include intellectual property law (for example copyright law, trademarks, image publicity rights), competition law, commercial and insolvency law, contract law, defamation and, for the live events industry, immigration law, health and safety law, and licensing, and lastly censorship laws (remember the banning of singing apartheid protest songs.) Many millions of rand and dollars and reputations depend on how the law deals with issues involving music.

A most famous case in contract law cited all over the world concerns an opera singer. Opera singer Johanna Wagner agreed and was engaged by Benjamin Lumley to sing exclusively at Her Majesty's Theatre on Haymarket from 1 April 1852 for 3 months, two nights a week. Frederick Gye, who ran Covent Garden Theatre, offered her more money to break her contract with Mr Lumley and sing for him.

Lumley went to court to seek an order restraining Johanna from singing at Covent Garden, and compelling her to sing at Haymarket. The case was about: Can a person legally compel someone to complete his/her part of the bargain? Or, put another way, if someone refuses to perform a contract, can you take that person to court and get a judge to order him/her to do what he promised to do?

In 1852 the court, Lord St Leonards LC, declined to force Johanna

Wagner to sing at Haymarket, but prohibited her from singing at Covent Garden. The court found that he had no power to compel an opera singer to perform under her contract.

Specific performance of a contract could not be granted if the performance was of a personal nature, like playing music or singing in a show. If the performance of the contract is not personal then a court generally can order performance; obvious examples are compelling of the delivery of a motor vehicle that has been sold, or transfer of property.

During the Holocaust, European

Jews, amongst others, were persecuted and forced to live in inhumane conditions. In the ghettos and concentration camps, they lived with constant hunger, sickness and fear of death.

Even under these terrible circumstances, some managed to play music and compose new songs.

Music is a universal language that has the power to express what cannot be told or explained in words. The music that was performed or composed during the Holocaust, provided some souls with a touch of emotional comfort and distraction from their horrific reality: "music gave us so much, to escape even for a few moments to a 'normal' world" explains Greta, a survivor from ghetto Terezin. Though they could not escape from their physical reality "music allowed us a complete disconnect and emotional escape from the daily life."

Indeed, music had the power to save people's lives during the holocaust. Music of diverse origin and style were performed and composed during the Nazi period.

The Nazi Party itself made widespread use of music at rallies and public events, particularly marching music and rousing propaganda songs. The Nazis

highly valued music and often gave special treatment to those who had the skill to play an instrument.

The Nazi's appreciation of music allowed some imprisoned musicians to get better jobs, better living conditions, more food and clothing. In many ghettos and camps, people who played an instrument were selected to join the local band or orchestra. Some musicians were forced to entertain the Nazis.

The travesty of musicians who were forced to play in the concentration camps would haunt them forever. Many played as they watched their

family and friends march into the gas chambers. The 'useful' skill of those musicians was a horrific and traumatic experience, but one that often saved their lives: "the cello really saved my life because to be in this orchestra was a way of survival, because as long as they wanted music they would be foolish to put us in the gas chambers" explains Anita, a survivor from Auschwitz.

The logo of the Greenlandic Judiciary is a drum with a drumstick, and in the drum are two figures. This logo draws on the Eskimo tradition of song-duels, one of the devices used to

'solve' conflicts between individuals. The drum hangs on the walls of magistrates' courtrooms throughout Greenland.

In western legal systems, which have generally cut out or ignored

the cultural and 'musical' components of law, have also to a large degree excluded and ignored emotionality in law.

Western notions of justice include Lady Justice weighing scales and cutting out and off with the sword.

Emotion is not part of the law. But should the law ignore emotions and human frailty; perhaps a more creative way of creating societal balance and ecological sustainability is through music. Law is after all merely a tool to achieve justice, peace and harmonious conditions for all.

Friedrich Nietzsche sums it up so well: "And those who were seen dancing were thought to be insane by those who could not hear the music."

*Anton Katz SC, a senior counsel practicing at the Cape Bar, was a member (2011 — 2018) of the United Nations Human Rights Council Working Group on mercenaries*



**Emotion is not part of the law. But should the law ignore emotions and human frailty; perhaps a more creative way of creating societal balance and ecological sustainability is through music. Law is after all merely a tool to achieve justice, peace and harmonious conditions for all.**

**The music that was performed or composed during the Holocaust, provided some souls with a touch of emotional comfort and distraction from their horrific reality:**

**"You know what Music is? God's little reminder that there's something else besides us in the universe; harmonic connection between all living beings everywhere, even in the stars." Robin Williams, August Rush (2007).**

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## WHO AND WHAT IS MENSCH?

Mensch is a network of Jewish South Africans co-creating positive change in the country. We believe that our community has a unique opportunity and responsibility, to live our Jewish values, by playing a role in creating a more equitable and democratic South Africa for all - proudly as Jews. Mensch is a community, an organisation and platform, that grows people and creates opportunities for us all to do our bit!

## Meet 4 of our newest Mensch Network Change-makers:



Mandy is the founder of *Human Waking*, a movement aimed at inspiring people towards conscious and connected living. She does this via awareness around food, starting with her development of AWAKE superfood snacks, found in health shops and good food outlets all over Cape Town. Mandy is a social entrepreneur, a mother of two and on a mission to empower people to be the best version of themselves!



Rolene founded the *Mosaic Training Service and Healing Centre for Women* 25 years ago, and this year launched her book *Womandla! Women Power*, an account of the journey of Mosaic's Community Workers' and Court Workers' lives, training and services. Says Rolene, "Womandla! Women Power!" belongs to everyone who in our patriarchal culture and society wants to prevent and stop Women Abuse and Domestic Violence."



Shana is a mother, an accidental activist and the founder of *Jedi Tedi*, a non-profit organisation established in honour of her son Jed and his battle with a rare Complex Regional Pain Syndrome (CPRS) disease. The organisation is focused particularly on raising funds for the Red Cross Pain Clinic via the making and selling of unique, handmade Tedis by a team of retired grannies and anyone wanting to volunteer their time.



Pippa has a BA (Politics) from UCT and has been working in the development field since 1997. She coordinates *Southern Hemisphere's* training programme and other research projects. Southern Hemisphere is a socio-economic development consultancy which assists the state, civil society groups and corporate CSI's with research, design and planning of projects, monitoring and evaluation and more.

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# reflections on 2018

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Our mentor has been amazing, asking us provoking questions, offering reality checks and really challenging us about where we wanted to go, while at the same time being very supportive to us. The ORT JET team also keeps in regular contact, always reiterating a willingness to help provide us with any support that we might need. Through the process we have breathed new life into our business, having started a new second company and pursuing the type of work that keeps us inspired.

**Brett Cohen, The Green House**

ORT JET is an incredible organisation that has supported the growth of our start-up in such a meaningful and valuable way. ORT JET's mentorship has changed the face of our business. We have been connected to and have been guided by top industry leaders who have generously given of their time and instilled confidence in us to pursue our vision and dream. Thank you, ORT JET Cape Town, for helping In Site Projects to find its place in the marketplace.

**Liora Raff, co-founder, In Site Projects**

## highlights 2018



David Frankel, "Founding & Finding - the last 25 years"



Dawn Nathan-Jones, "Bear vs Shark"



Ina Paarman, "History of a family business"



Simon Susman, "Value from Values"

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# Most Jews of Polish, Lithuanian & Latvian origin are entitled to EUROPEAN CITIZENSHIP AND ACCORDINGLY, AN EU PASSPORT

A common misconception is that South African Jews of Ashkenazi heritage are of Polish, Lithuanian & Latvian descent, and that only those who are able to prove their eligibility for Polish, Lithuanian & Latvian citizenship are able to obtain a European passport. The fact is that most South African Jews do qualify for European

European citizenship which will result in them obtaining a EU passport. **Ashkenazi:** It is important to understand that until 1918, all of Eastern Europe was divided between three empires: Russia, Prussia, the Austro-Hungarian empire. Neither Poland nor Lithuania and Latvia existed until 1918.

changed, resulting in cities changing nationality. The resultant effect for descendants of Jews who were born in Vilnius, for example, is that their application for Lithuanian citizenship will be declined, but an application for a Polish passport may very well be successful.

**Sephardi:** the descendants of Sephardi Jews (who were exiled 500 years ago) are most likely eligible for a Portuguese passport. If applicable, Horesh is able to obtain an official certificate confirming such eligibility, on the basis of which an application for European citizenship can be made and will most likely be successful. Portuguese citizenship enables one to enter the United States without the need to apply for a visa.

In addition, Horesh is filing many applications for descendants of Sephardi origin who arrived in South Africa from Greece, Turkey, and North Africa. Descendants from other countries in the Middle East – even Holland – are also potentially eligible.

Horesh resides in Israel, but has spent seven



years in Poland, and is recognised as a leading lawyer in the field of European citizenship, with a full understanding of local immigration laws.

Living in Israel – a four-hour flight from Warsaw and Vilnius – offers him quick and easy access to Poland, Latvian and Lithuania. Accordingly, he is able to work closely with local professionals who assist him in tracing the documentation required for successful applications for European citizenship.

In addition, and as a result of his close ties with Portuguese authorities, to date he has had a 100% success rate with applications for Portuguese citizenship.

**Horesh is available to discuss your specific details. He is often in South Africa, and can meet you in person to discuss your specific needs.**



Avi Horesh

Destroyed Warsaw, January 1945

At the end of the WWI, the territory was divided, and countries like Lithuania, Latvia, Poland, and others were born/reborn. Only then did residents become citizens of these countries. As a result, people who, for example, were born in Riga (nowadays Latvia) could actually be Polish, Lithuanian or Latvian.

Horesh advises that eligibility for a Lithuanian or Polish passport depends on the city from which your grandparents (or their parents) hailed.

Horesh says many South African Ashkenazi Jews of Lithuanian origin have been refused Lithuanian citizenship because their heritage is actually Polish. They would, accordingly, be entitled to Polish citizenship and a EU passport.

After World War II, the borders in Europe

citizenship, whether they can prove their Polish, Lithuanian & Latvian lineage or not, and most South African Jews of Sephardic heritage are also eligible for European passports.

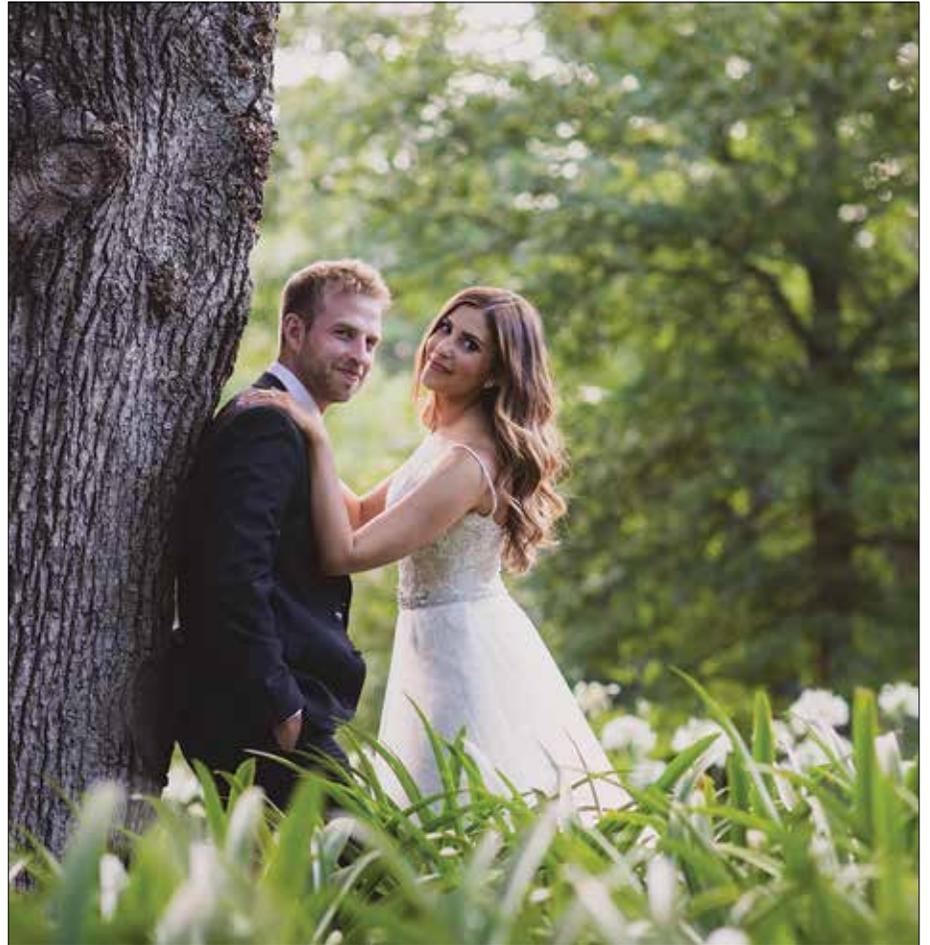
Adv. Avi Horesh has in-depth knowledge of the applicable legislation and in his experience, the majority of South African Jews have ancestors who were illegally deprived of citizenship. As their descendants, these Jews are eligible for

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# SIMCHA SNAPS



Shaun Stoch and Raffaella Thoolen Photo: Edo Photography



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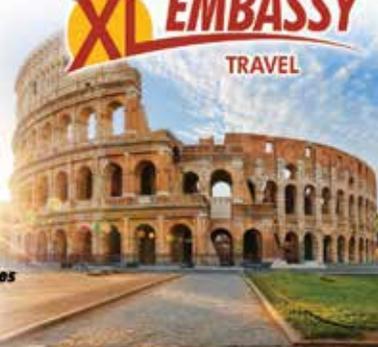
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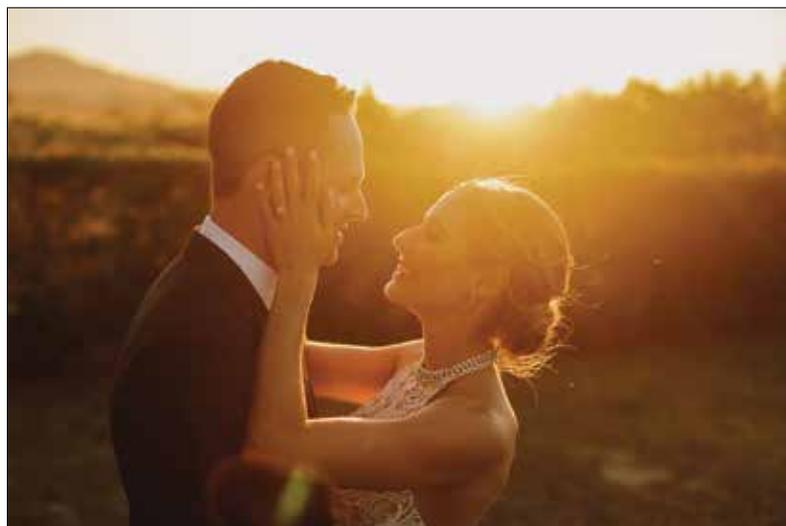
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## USING MY NUDEL

## The show will go on

By Craig Nudelman



**And so it happened on 24 March 2019 that South Africa won their spot in the African Cup of Nations (Afcon) 2019, taking place in Egypt in June/July.**

It was a momentous occasion for South Africa. For years, Bafana Bafana have been called "Banana Banana". Their inability to qualify for any major tournament has made them a laughing stock in African football, most recently in the 2014 and 2018 FIFA World Cups and the 2017 Afcon. Remaining loyal to Bafana during these tough times was as trying as being positive about Zuma's reign as President. But now Bafana are through to the Finals and the African centerpiece will finally display the acronym 'RSA' on the programme.

During this dark footballing decline, from our heyday in 1996 (where we were 16th in the World according to FIFA rankings) to now, I have supported Bafana. My cheers have been outnumbered by my cries of anger for the vast majority of my life. But I have still supported them. I, for some unknown reason, believe that the national team can do us proud once again.

This is also true of my feelings towards our country and its political state. We have lived through some of the most dramatic scenes a state has ever faced. The first democratic election very nearly didn't happen. The documentary *A Bloody Miracle* looks at the events from Chris Hani's assassination on 10 April 1993 to the election on 27 April 1994. During that year blood was shed. A civil war was on our doorstep and yet, wonder of wonders, we survived. That year, so many of us got chills seeing the snaking lines of people finally allowed to vote for the first time. This was truly a breakthrough moment. The apartheid system had ended. But 25 years on, how have we, as a society, evolved?

Since the Zuma presidency, South Africa, like Bafana, has slipped down the rankings. Our economy has broken down, public service has been diminished and our state-owned enterprises are bleeding the country of its much-needed economic support systems. Our education system is one of the worst in the world, and together with a lack of jobs, we have a terrifying unemployment rate. State capture and the Guptas have made a mockery of the country, with only the judiciary and the press still shining some light in dark times (irrespective of load-shedding, thanks to Eskom).

Many of us say we need a 'Plan B', furiously trying to get our Lithuanian

or Polish passports; digging into our grandparent's disorganised archives to see where that damn birth certificate is! What a *chutzpah* that they didn't know we'd need proof of their birth as a result of our country's potential implosion. Perhaps these are the same people who have given up on Bafana, choosing not to watch the national team's struggles (even though we do *klab* some nachas from our Yiddishe boychik Dean Furman being in the line-up).

And who can blame them? Increasing populism has made it very difficult to find a place of belonging in society, where we are constantly reminded of our white privilege. Julius Malema said, in his manifesto launch, that the amount of money that people receive in social grants is less than what white people spend to feed their dogs. He exclaimed, "Their (whites') dogs even have medical aid, our children don't have medical aid. Their dogs eat steak, they (are) cooked for and eat..." That rhetoric is dangerous. It fuels the fire of racialism and radicalism that Nelson Mandela and the ANC of old tried to get rid of. The ANC is also guilty of this, as is the DA. Its campaign to "Keep the ANC and EFF out of the Western Cape" seemed rather negative and in my mind, a bit racially charged.

We have also seen how disgraceful the ANC is, their list of MPs for the election including the most corrupt of individuals in the previous Zuma administration. The 'New Dawn' that was supposed to be Cyril Ramaphosa's attempt to return the ANC to its former glory has been referred to as the 'New Dusk' by political analyst Daniel Silke. The fact that they might receive less than 60% for the elections is a severe blow to the party.

But life and sports will go on. There is the Cricket World Cup in England from 30 May to 14 July where we have a chance of reaching the semi-finals and perhaps ridding ourselves of our reputation as the perpetual 'chokers'. I am still trying to recover from the last World Cup there in 1999, when a disastrous run-out sent South Africa into a deep depression. And there is of course the Rugby World Cup in Japan; who knows how the Springboks will fair?

Although we may find ourselves in a state of uncertainty over the political aspects in South Africa, at least we have the certainty that sports will carry on, and I will continue to proudly sing, "we will live and strive for freedom in South Africa our land". Viva South Africa, Viva!



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## Film Archive Footage of Irma Stern

SOS film productions are producing a documentary on the South African artist Irma Stern. This film will screen at an exhibition at the Irma Stern Museum in September 2019.

The producers are searching for original film footage, documents and photographs.

We're hoping someone might have an 8mm or 16mm film clip of her at a social function or wedding sometime between 1920 and her death in 1966.

If you do have such material we would be grateful to hear from you.

Sean O'Sullivan

[sean@sosfilm.com](mailto:sean@sosfilm.com) [www.sosfilm.com](http://www.sosfilm.com) 021 685 6646

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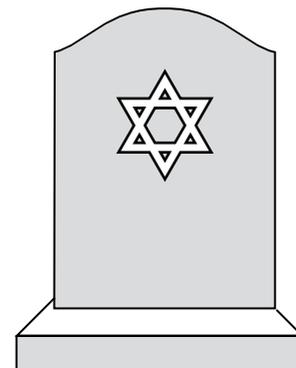
*It really looks lovely*

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*Your team has been amazing*

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# The illegal alien and neither here nor there.

Story by Maiyan Karidi

**It was a fine day on a small, tropical island in the Indian Ocean.**

A wandering Jew entered the austere immigration building with a feeling of strained optimism. He had already passed the rigid process of eligibility for a work and live permit and only had to renew his visa to buy some time. This was a sure thing, a regular procedure, an extension while in the process. It seemed that his chances were as good as anybody's. But, they knew all about sure things.

His wife and children awarded him soft, nervous kisses and wished him luck before parking themselves patiently on the bench outside the busy office.

As he opened the glass door his optimism floundered. The airless room was filled with Muslim brothers sitting in obedient rows. They had an air of confidence as they approached the table of their providence, one by one, receiving a loud stamp and a friendly smile from their fellow, bearded official. The atmosphere was almost jovial.

The wanderer took a heavy seat, feeling the weight of his tribal history pressing into his chest. He considered his options... fight or flight... and quickly realized that he had no options. He glanced upwards with a questioning expression, the gray ceiling obscuring his view of the sky.

The brothers continued to slide effortlessly past the desk and exit with ease, consent in hand.

The wanderer's turn came up. He approached the desk with apprehension and a gracious smile, placing his Israeli passport under the bearded man's nose.

"Bonjour, bonjour" he said nervously.

"I need an extension, my visa runs out tomorrow and I'm already in the process of immigration... near the end.

Could you please grant me an extension so I can continue the process?"

The bearded man gave a self-satisfied grin.

"I cannot extend it, it's expired."

"What do you mean? The expiry date is tomorrow, I am a day early."

"No. A month is thirty days. The visa is from the 6th to the 5th, Not the 6th



*Mistorin, Tovi, Maiyan and Keshet Karidi*

to the 6th.

"You must go out the country, you are now illegal."

"But that's not logical. We have to renew, I am here with my family we have invested everything, we are in the middle of a process."

The man almost laughed, his eyes twinkling, he stood up and walked away.

As he glided across the room he almost sang the words "Go back to South Africa or to La Reunion Island and get your passport stamped on re-entry. There's nothing I can do."

The wandering Jew swallowed hard and walked out to meet his anxious family.

His disconcerting news turned his wife into a rage, the kind of rage that goes together with a lump in the throat and a burst of tears waiting to escape like a compressed water balloon.

She marched into the stuffy office with loud determination and confronted the jolly, bearded man.

"You seem to be enjoying this illogical deception!"

A tiny, squeaky, unconvincing "No", came out of his beard.

"There is such a thing as KARMA" she exclaimed desperately, not knowing quite why she was using Hindu philosophy instead of quoting

the Koran.

"How do you SLEEP at night? I'm sure you have a family too and don't you forget that!"

It was a losing battle. The wanderer's wife was losing her cool, her dignity and her tact.

The wanderer and his little family through lack of options, proceeded to book his ticket to La Reunion Island for the next morning.

His wife, after saying a few 'Ohms' to calm down and wondering why she wasn't reciting from the Tora, tried to see the bright side.

"Well, Reunion Island is very beautiful, it has active volcanoes and emerald green forests. You might as well enjoy it."

Early the next morning, the wanderer found himself approaching La Reunion airport, trying halfheartedly to enjoy the spectacular scenery.

He stepped off the plane, famished. A little dazed and confused, he entered the airport building, passed through check in and hurriedly looked for a place to exchange his Rupees and get a simple sandwich.

"Sorry", an airport official exclaimed in broken English, "no change at this airport, and no change anywhere else, all the banks are closed, it's a special holiday today, the Queen's birthday.

"What f...ing Queen? I need

something to eat!"

The following 16 hours were spent sitting under a beautiful tree, next to a highway, writing about the pains of existentialism with a desperately rumbling stomach.

After a very long and thoughtful day, the great, burning, golden sun, the light and heat for all living creatures, slumped behind the trees and the wanderer took his leave.

Back at the airport building, he approached a pretty official to stamp his passport.

"You cannot leave La Reunion Sir"

"Excuse me?"

"You need an onward ticket from Mauritius".

"But I have an onward ticket, back to South Africa, open for a year".

"That's not good Sir, as your visa is not for a year.

You will have to buy another ticket out of Mauritius."

The wanderer tried not to cry.

"Try talking to Mauritius airlines around the corner, maybe they can help you."

He dragged himself around the corner, thinking thoughts of doom.

"Good evening," he began, and explained his latest ridiculous predicament.

The sympathetic and helpful official called her supervisor and tried to find a way out.

"You will have to buy another ticket out Sir."

"But I have no Euro's, only Rupees, and no place to exchange."

"Oh, she exclaimed, no money? That is a problem".

After finding no solution to the absurdities, the officials gave up, and stamped his passport.

The wanderer flopped onto his seat on the plane and begged for something to drink and maybe a peanut or two.

He opened his notebook and continued to write, trying to make sense of his life. He felt as long as he kept writing, he could look at it all from the outside, watch his own movie and laugh. He came to expect the unexpected and instead of grounding him, it gave him wings, to fly above it all.

*The Karidis are an Israeli/South African artist family who have lived and worked in South Africa, Israel, Mauritius and Fiji. Maiyan studied art, anthropology and linguistics and was trained in mosaic restoration in Israel. Tovi studied ceramic design at Betsalel Academy of Arts in Jerusalem. He is also a sound engineer. Their children, Mistorin and Keshet have lived amongst different cultures for most of their lives. Keshet is currently at school at Herzlia High School in Cape Town. These stories form part of a series of experiences of Jewish identity in extraordinary locations.*

## SPORT

## Lincoln City's South African Jewish connection

By Ilan Herrmann

As the English Football League season reaches its climax, all eyes are on the big six: Man City, Liverpool, Man United, Spurs, Chelsea and Arsenal. But there is a side many are not watching which is worthy of our attention, both from a sporting point of view as well as from a Jewish South African interest.

Lincoln City is poised to win League 2, the fourth tier of English football. The team is currently 11 points clear at the top of their nearest rival Mansfield and if they achieve promotion they will move into League 1. For a club that holds the record for the most demotions from the League (five times) and which has never finished higher than 5th place in the second division, this marks a new era.

But there is more. Lincoln achieved promotion only two years ago in the 2016/17 season from the fifth tier of English football, the feeder into the leagues. Now just two seasons later and currently with an 11-point cushion at the top and just five games to play, they are about to move up again. It's big stuff because League 1 is just one away from the Championship league which is the feeder to the Premier League.

Another remarkable feat of that same 2016/17 season was Lincoln's FA Cup run. They became the first non-Football League side since 1914

to reach the FA Cup Quarter Finals after defeating Premier League side Burnley in the fifth round. Though humbled by Arsenal in the quarters at the Emirates, the very fact that they reached there, speaks volumes.

Lincoln is a classic example of the

Springbok team in order to achieve success is something to go by, we might also include a further factor for Lincoln's impressive rise. They have not one but three Jewish South Africans on their board.

Johannesburg based Clive Nates a

Everton supporter since the 1960's. But now their focus is primarily with Lincoln and all have made important contributions to the growth of the club.

They've also had 'a ball' doing it, as Sean Melnick says, "When Clive Nates invited me to join him in investing into Lincoln City, he hinted that we'd have a lot of fun in the process. I can happily say that the enjoyment and excitement since we invested, have surpassed all expectations."

It was Nates who spotted the opportunity and reached out to the flailing club in 2015 after they were informed by their bankers that they would be withdrawing their loan. With the formalities completed Nates became a director in 2016 and was then elected Chairman in June 2017.

Nates recalls the backdrop to his foray into English football club investment. "Towards the end of 2011 I retired and then in 2014 my youngest kid was finishing at school. I felt that with my wife being busy the time was right to either go back into the investment world or tick number one off my bucket list, which was getting involved in an English football team.

"Everton was beyond my means so Lincoln City was the natural choice."



Sean Melnick, Clive Nates, Ashley Mendelowitz and Greg Levine

minnows, the boys on the other side of the fence, rising up and doing something extra-ordinary. The 'Imps' as they are nicknamed may have a small stadium (10 120 capacity) and a relatively modest budget, but what they do have is a great management team in brothers Danny and Nicky Cowley, a zealous band of supporters and a team that are full of heart and a will to succeed.

If Dr. Dani Craven's well known formula of having a Jew on his

co-founder of Peregrine Capital, a hedge fund management company, invested into the club in 2016. Two of Nates' friends Sean Melnick, Founder and Chairman of Peregrine and Ashley Mendelowitz, a founder of A2X Markets, decided to invest into the club as well.

All three are avid soccer followers. Jo'burg based Mendelowitz spent many years growing up in Italy where he followed Juventus. Nates also has dual loyalties in that he has been an

## Making a splash in Durban

Herzlia Middle School students competed in the South African Junior National Championships held at Kings Park Aquatic Center in Durban from 20-24 March.



Zack Waters (Grade 8), Matthew Carrol (Grade 8), Chloe Gershuny (Grade 8), Nick Arelisky (Grade 9)

## Gymnast brings home gold

Nine year old Anna Castle from Milnerton is a rhythmic gymnast with the Allegro Rhythmic Gymnastics Club.

She was selected to be part of the team to represent the Western Cape at the South African National Rhythmic Gymnastics Championships in Johannesburg. Anna received gold in her ribbon; gold in her freestyle and silver in her hoop routine.



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