



Cape Jewish Seniors

Events Calendar NOVEMBER 2019



<p>Each month we come across members who have not paid their annual subscriptions. CJSA does not send out annual accounts, but we do mention that subs are due from the first edition of our newsletter each year. If you have not paid your R130 for membership to CJSA for 2019, please do so.</p>									<p>Friday 1</p> <p>Sea Point 9.30 Shopping with Malcolm R20</p> <p>Milnerton 10.30 Men's Schmooze with Bochrin from Chabad Shul talking about their outreach R10</p> <p>S/Suburbs Shabbat supper at Clarewyn Shul R80 members R160 Non-Members. Booking essential</p>
	<p>Monday 4</p> <p>Sea Point 10.00. A morning with storyteller and author Leo Turvey R10 2.00 Bridge R10 2.00 Reminiscing afternoon R10 2.30 Yoga with Leina Sank R10</p> <p>Milnerton 10.00 Pop In with Irving Friedman on the Jewish Influence on Broadway R10 2.00 Milnerton Jazz Club R10</p> <p>S/Suburbs 9.30 Outing to Parliament to enjoy the Heritage Walkabout R30 NB Bring Identification. Tea for own account 2.00 Yiddish mit Rita R10</p>	<p>Tuesday 5</p> <p>Sea Point 10.00 Talking Point with Colin R10 11.15 Ageless Grace with Joycelyn R25 2.00 Beginners' Bridge class R10</p> <p>Milnerton 9.15 Outing to the SPCA with a tour of the venue R30 includes tea 1.30 Mosaic with Sonia R30 1.45 Line Dancing with Hannah Seinik R10 09.30 Kalooki R10 2.00 Knitting Group. All welcome R10</p>	<p>Wednesday 6</p> <p>CJSA Seminar Biennial Seminar <i>Pathways for Ageing</i> <i>making the right choices for the life you want to live</i></p> <p>Venue: Pola Paskovskiy Conference Centre, Hatfield Street Cape Town Registration: R350 including teas, lunch and conference Booking essential</p>		<p>Thursday 7</p> <p>Sea Point 9.15 Alon Ashel JOY programme 10.15 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10</p> <p>Milnerton 9.30 Kalooki R10</p> <p>S/Suburbs 10.30 Birthday Pop in with storyteller and author Leo Turvey R10</p> <p>West Coast 1.00 Bridge and Kalooki R10 10.30 Debbie Norrie speaks on her recent trip to Poland R10</p>	<p>Friday 8</p> <p>Sea Point 9.30 Shopping with Malcolm R20</p> <p>Milnerton Shabbat Members: R60 Non-Members: R100 Booking essential</p>			
	<p>Monday 11</p> <p>Sea Point 10.00 Pop In with Len Anstey speaking on the other side of pathology R10 2.00 Bridge R10 2.00 Reminiscing with Hazel R10 2.30 Yoga with Leina Sank R10</p> <p>Milnerton 10.00 A morning with Sheryl Ozinsky R10 12.15 Milnerton Committee Meeting R10</p> <p>S/Suburbs 9.15 Outing to the NSRI R30 Tea for own account.</p>	<p>Tuesday 12</p> <p>Sea Point 10.00 Talking Point with Colin R10 10.00 Ageless Grace with Joycelyn R25 2.00 Beginners' Bridge class R10 18.30 Twilight Supper Joanne Jowell on her latest novel <i>Zephyr</i> R60 Booking Essential</p> <p>Milnerton 10.00. Birthday Pop In with Karen Kallman on the family's recent adventure to Georgia, Armenia, Azerbaijan and Russia R10 1.30 Mosaic with Sonia R30 1.45 Line dancing with Hannah Seinik R10</p> <p>S/Suburbs 9.30 Kalooki R10 2.00 Knitting Group R10</p> <p>Muizenberg 10.30 Pop In with Irving Friedman on the Jewish Influence on Broadway R10</p> <p>West Coast 9.30 Outing to the Helderberg Nature Reserve R50. Tea for own account.</p>	<p>Wednesday 13</p> <p>Sea Point 9.30 Craft with Yvette and Jeanette R20 1.45 Bridge and Kalooki R10</p> <p>Milnerton 9.30 Art with Karen Cohen R25</p> <p>S/Suburbs 9.30 Ageless Grace with Cathy Hudson R20 10.00 Bnoth Geshet group 10.00 Ageless Grace with Yvonne R20 5.30 Twilight Supper with Harold Berman: Two Oceans Marathon Movie and talk R60</p>	<p>Thursday 14</p> <p>Sea Point 9.15 Alon Ashel JOY programme 10.15 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10</p> <p>Milnerton 9.30 Kalooki R10</p> <p>S/Suburbs 10.00 Pop in with storyteller and author Helen Pam 1.00 Kalooki R10</p> <p>West Coast 10.30 A morning with Bernadine Bacher from the Saartjie Baartman Centre R10</p>	<p>Friday 15</p> <p>Sea Point 9.30 Shopping with Malcolm R20</p>				
	<p>Sunday 17</p> <p>Milnerton 12.30 Sunday Summer lunch, entertainment with Hymie Kaplan and the <i>Shades of the Shadows</i> band R80 Booking essential</p>	<p>Monday 18</p> <p>Sea Point 10.00 Debbie Norrie on her recent trip to Poland R10 2.00 Bridge R10 2.00 Reminiscing with Hazel R10 2.30 Yoga with Leina Sank R10</p> <p>Milnerton 10.00 DVD Morning <i>The Green Book</i> R10 3.00 Shiur with Rabbi Bernstein R10</p> <p>S/Suburbs 9.30 Ageless Grace with Yvonne R10 9.30 Outing to the Helderberg Nature Reserve R50. Tea for own account 2.00 Yiddish mit Rita R10</p>	<p>Tuesday 19</p> <p>Sea Point 10.00 Talking Point with Roni R10.00 11.15 Ageless Grace with Joycelyn R25 2.00 Beginners' Bridge class R10 2.00 Mosaics with Yvette R30.00</p> <p>Milnerton 9.30 Outing to Parliament to enjoy the Heritage Walkabout R30 NB Bring Identification Tea own account. 1.00 Kalooki R10 1.45 Line dancing with Hannah Seinik R10 9.30 Kalooki R10 2.00 Knitting Group R10</p>	<p>Wednesday 20</p> <p>Sea Point 9.30 Outing to Parliament to enjoy the Heritage Walkabout R30 NB Bring Identification. Tea for own account. 12.00 Visit friends at Highlands House R20 Enjoy a snack at their coffee shop too. 1.45 Bridge and Kalooki R10.00</p> <p>Milnerton 9.30 Art with Karen Cohen R25</p> <p>S/Suburbs 9.30 Ageless Grace with Yvonne R20 10.00 Men's Schmooze with Bochrin from Chabad Shul talking about outreach work R10 10.30 Movie morning R10</p>	<p>Thursday 21</p> <p>Sea Point 9.15 Alon Ashel JOY programme 10.15 Yiddish mit Veronica R10 2.00 Bridge and Kalooki R10</p> <p>Milnerton 9.30 Kalooki R10</p> <p>S/Suburbs 10.30 A morning with theatre person Megan Furniss R10 1.00 Bridge and Kalooki R10</p> <p>West Coast 10.30 Pop In with Karen Kallman on the family's recent adventure to Georgia, Armenia, Azerbaijan and Russia R10</p>	<p>Friday 22</p> <p>Sea Point 9.30 Shopping with Malcolm R20</p> <p>Sea Point Shabbat Evening hosted at Marais Road Shul Members: R70 Non Members: R180 Booking Essential</p>			
	<p>Monday 25</p> <p>Sea Point 10.00 Bingo morning with prizes R10.00 2.00 Bridge R10 2.00 Reminiscing with Hazel R10 2.30 Yoga with Leina Sank R10</p> <p>Milnerton 10.00 A morning with CT Holocaust & Genocide Centre Director Heather Blumenthal R10</p> <p>S/Suburbs 9.30 Outing to Intaka Island with guided tour R85. Tea for own account</p>	<p>Tuesday 26</p> <p>Sea Point 10.00 Talking Point with Marcia R10 10.00 Ageless Grace with Joycelyn R20. 2.00 Beginners' Bridge class R10</p> <p>Milnerton 9.30 Outing to the Helderberg Nature Reserve R50. Tea for own account. 1.30 Mosaic with Sonia R30 1.45 Line dancing with Hannah Seinik R10 9.30 Kalooki R10 2.00 Knitting Group R10</p>	<p>Wednesday 27</p> <p>Sea Point 9.30 Outing to Helderberg Nature Reserve R50. Tea own account. 1.45 Bridge and Kalooki R10 10.30 Men's Schmooze with Bochrin from Chabad Shul talking about outreach work R10</p> <p>Milnerton 9.30 Kalooki R10 9.30 Art with Karen Cohen R25</p> <p>S/Suburbs 9.30 Ageless Grace with Cathy Hudson R20 9.30 Ageless Grace with Yvonne R20 12.00 Light Lunch and Movie (to be announced) R30</p>	<p>Thursday 28</p> <p>Sea Point 9.15 Alon Ashel JOY programme 10.15 Yiddish mit Veronica R10 11.15 Exercises with Mariamne R10 1.45 Bridge and Kalooki R10 9.30 Kalooki R10</p> <p>Milnerton 18.30 Twilight Supper Joanne Jowell on her latest novel <i>Zephyr</i> R60. Booking Essential</p> <p>S/Suburbs 10.30 Pop In with Karen Kallman on the family's recent adventure to Georgia, Armenia, Azerbaijan and Russia R10</p> <p>West Coast 10.00 Art with Sharon Lopis R35</p>	<p>Friday 29</p> <p>Sea Point 9.30 Shopping with Malcolm R20</p>				

DIRECTOR: Diana Sochen 021 434 9691 director@cjsa.org.za ADMIN: Amanda 021 434 9691 admin@cjsa.org.za www.cjsa.org.za

PROFESSIONAL STAFF: **Sea Point:** 021 434 9691; **Milnerton:** Hajjera Safidien-Maloon 021 555 1736; **S/Suburbs:** Monique Nieuwenhuys 021 761 7960; **W/Coast:** Stacey Melmed 074 405 5186

THE CAPE JEWISH CHRONICLE RECORDS ITS APPRECIATION OF THE CONTINUED SUPPORT GIVEN BY THE FOLLOWING SPONSORS

<p>RUBI AND ANNE CHAITMAN FOUNDATION</p>	<p>With compliments from Aggie Hirsch in memory of Freddy</p>	<p>MAZARS AUDIT • TAX • ADVISORY www.mazars.co.za</p>	<p>THE MAUERBERGER FOUNDATION FUND</p>	<p>With compliments from Ben Rabinowitz in memory of Shirley</p>	<p>THE SILVERMAN FAMILY FOUNDATION</p>	<p>Stanley and Zea Lewis Foundation</p>	<p>With compliments The Jack & Ethel Goldin Foundation</p>	<p><i>The Susman Charitable Foundation</i></p>
<p>MEYER HIRSCH GOLDSCHMIDT FOUNDATION</p>	<p>THE HAROLD AND BEATRICE KRAMER FOUNDATION</p>	<p><i>Goldschmidt Family Foundation</i></p>	<p>With the Compliments of CAPE GATE FENCE & WIRE WORKS (PTY) LTD</p>	<p>Pick n Pay Inspired by you</p>	<p>With compliments The Henry Van Embden Family Foundation</p>	<p>With Compliments Almond Breeze</p>	<p>STONEHAGE FLEMING</p>	<p>With Compliments Kalman, Esther and Michael Maisel Trust</p>