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SEPTEMBER 2022

Rosh Hashanah 5783

Print edition

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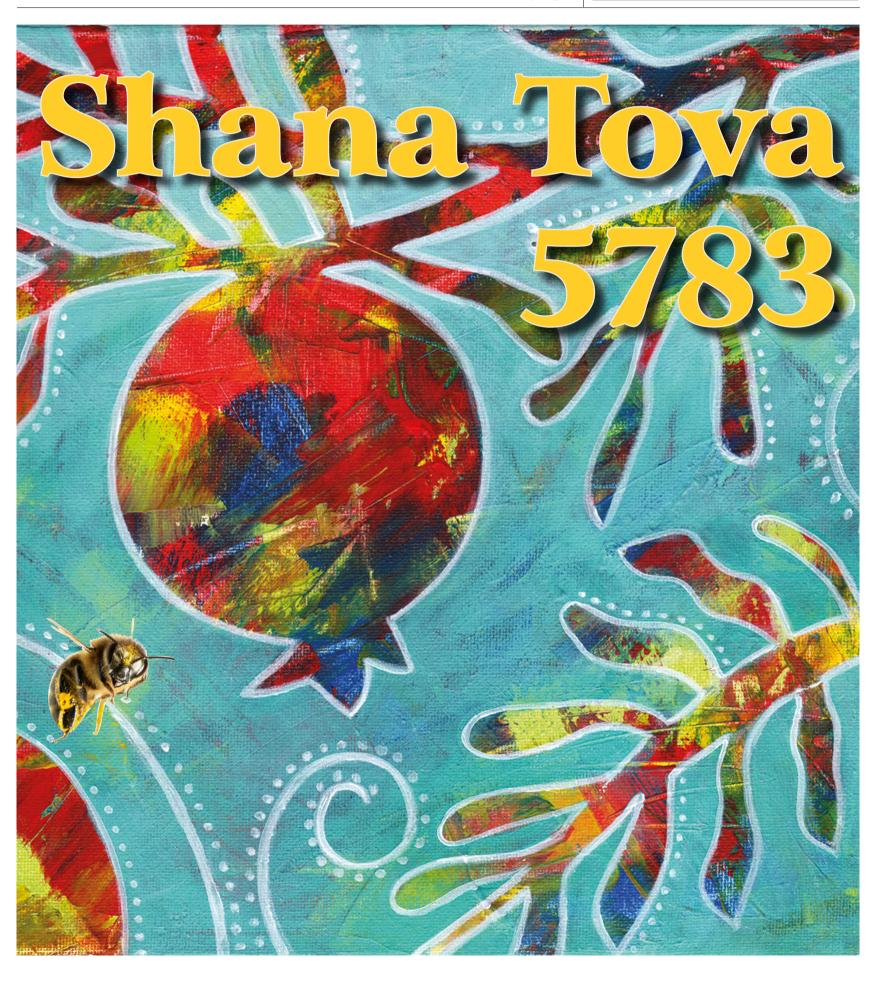
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Des Says...

By Desrae Saacks, Editor Cape Jewish Chronicle



That time...

It's that time of the month when I sit in front of the heater at 3.30 am, writing what is my 16th editor's column for the **Cape Jewish Chronicle!**

y human, and even feline family Mhave taken themselves to bed already, and only my neighbour's gatecrashing cat keeps me company, snoozing on the couch next to me.

And speaking of 'that time', it's also that time of year when we look ahead and identify some ways to make our lives happier, more meaningful and more efficient. Top of my list — you've guessed - is to write my column before the last minute.

This edition is full of thoughtprovoking ruminations on how Rosh Hashanah offers us the opportunity to introspect, and to find ways to move forward with purpose. We also understand that to move forward, we have to look backwards, to assess where we have done well, where we have done less well, and what we need to do. to do better.

In order to move forward, it is

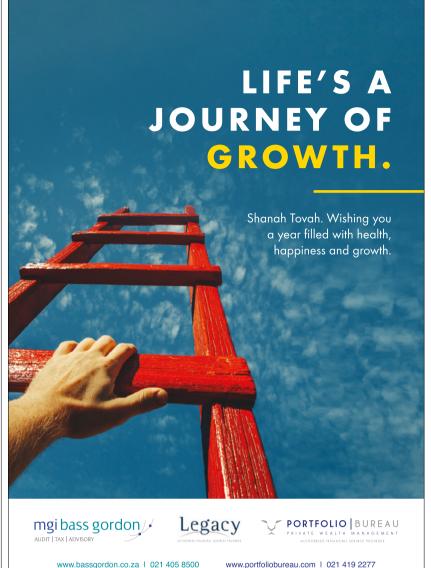
necessary to let go of some things as we accept the inevitable and unavoidable flow of time, and the necessity of moving with it.

We say goodbye to the spectre of Covid that haunted us for the last two years, but with a judicious dose of caution lest, like the monster in the movie, it launches one last attack when we turn our backs in the belief that it has been conquered.

One very sad change at the Chronicle office is the termination of 31 years of Tessa Epstein's calm, efficient and reassuring presence. Tessa has retired from the CJC and we miss her already!

These pages are full of food for thought as we prepare for the high holy days - memories to cherish and to learn from, and inspiration for charting a positive course into the new year that will come with its usual mix of joy, excitement, pain and frustration.

From all of us at the Cape Jewish Chronicle, we wish you a Shana Tova and look forward to engaging with you once again in 5783.



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Shabbat and Yom Tov Times

Date		Portion	Candle lighting		Ends		
		Earliest	Latest				
	2 Sept/7 Elul	Shoftom	5.17pm	6.11pm	7.04pm		
	9 Sept/14 Elul	Ki Teitzei	5.21pm	6.16pm	7.08pm		
	16 Sept/21 Elul	Ki Tavo	5.24pm	6.21pm	7.13pm		
	25 Sept/1 Tishrei	Rosh Hashanah 1	5.28pm	6.27pm			
	26 Sept/2 Tishrei	Rosh Hashanah 2	7.19pm	7.20pm			
	30 Sept/6 Tishrei	Vayelech Shuvah	5.30pm	6.30pm	7.23pm		

N.B. Please note that the times indicated are the earliest times for candle lighting. Please consult your Rabbi.

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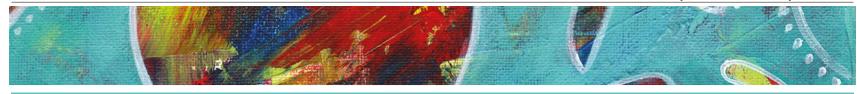


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Cape Jewish Chronicle September 2022



ROSH HASHANAH MESSAGES

Rosh Hashanah — a time to create yourself

Chief Rabbi Dr Warren Goldstein

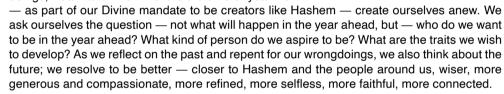
There's a natural human need to predict the future. We want to know what's going to happen.

We feel this need most acutely over Rosh Hashanah, when we have a deep sense of our vulnerability, and reflect on Hashem's decrees for us in the year ahead.

The problem is that when we are preoccupied with prediction, we think passively. We wonder what the future holds, looking on helplessly, pondering what is in store for us. It's vital that we turn this on its head. Rather than passively anticipating the year ahead, we need to create it ourselves, as if on a blank canvas.

There's a lot out of our control — in the hands of Hashem. But who we are, the values and qualities of the families we nurture and the community we build — this is all in our hands.

Rosh Hashanah is all about creating ourselves. It is the anniversary of the creation of the first human beings, Adam and Eve. And it is the time of year we



And that impacts not just us, but our families, our friends, our community, and even the world at large. The journey of self-creation begins with us and then ripples outwards in ever-expanding circles of impact.

It starts with us. And it starts now. Fortunately, Hashem has given us the tools to achieve this — to create ourselves and our families and our communities: the wisdom and mitzvahs of the Torah. The Midrash tells us that Hashem gave us the mitzvahs to purify and refine us. They guide us on a path of self-transformation and self-realisation — a path of creating ourselves and our families through who we are, how we live and what we do.

Through learning Torah and doing mitzvahs, we find our Divine purpose and meaning, we learn to be people of faith and compassion and kindness and wisdom. We learn how to nurture a family of love and loyalty, of kindness and integrity. We learn how to build a community and a society of warmth and care and inclusivity, reflecting the values that Hashem has given us.

Rosh Hashanah is when we set ourselves to the task of self-creation. But the truth is, it's not just once a year. We are given the energy and impetus and opportunity to create ourselves each week, with the Divine gift of Shabbat.

This is the theme of my new book, *Shabbat. A Day To Create Yourself.* My aim in writing it was to offer a completely fresh perspective on Shabbat, exploring the ways in which Shabbat is more than just a day of rest — that it is a day that completely transforms us. The book explores how practical aspects of the day — what we do and what we refrain from doing — give us the tools to create the best version of ourselves and our world; how Shabbat is a Divine formula to live optimally and joyfully — and curate the kind of life we yearn for.

Writing it has been a real journey of discovery for me personally, and I hope it will be equally eye-opening for those who read it.

I wish all the wonderful readers of the Cape Jewish Chronicle a good and meaningful Rosh Hashanah and Yom Kippur, and great success on your journey of self-creation in the year ahead. May Hashem bless all our efforts, and inscribe and seal our special community, and all of Klal Yisrael, with a sweet, healthy, prosperous and peaceful 5783.



What me? Change?

Rabbi Greg Alexander – Cape Town Progressive Jewish Congregation

There is no question that our lives have changed radically in the past two and a half years.

Work from home, online food orders, the rise of Netflix and Uber Eats are just a few ways that we have all shifted the way we look at our day-to-day lives and we choose more carefully when to leave our homes.

In a few weeks we will celebrate the start of 5783. For many, it will



be the first time sitting in a packed shul for three years. What will it feel like as we return to being together? As we sit in those same seats and read those same words, we know that we are not the same. We are changed by what we have lived through and we are called to be agents of change as we enter a New Year.

Change? Me? How hard is that? Well two stories will help. One is the teacher who asked her class, "How far from East is West?" The sharpest student answered, "Forty thousand kilometres." "And how did you get that?" asked her teacher. "Easy, that's the circumference of Earth."

"Great answer. The one that I had in mind is one step. Start by facing East. Taken one step, turn around and now you are facing West." In the same way, changing ourselves does not require something radical or beyond ourselves. We don't have to travel far. It might not need more than just a change in direction

The second story comes from the founder of the Mussar tradition, Reb Yisroel Salanter (1810-1883) and it goes like this, "When I was a young man, I wanted to change the world. I found it was difficult to change the world, so I tried to change my nation. When I found I couldn't change the nation, I began to focus on my town. I couldn't change the town and as an older man, I tried to change my family. Now, as an old man, I realize the only thing I can change is myself, and suddenly I realize that if long ago I had changed myself, I could have made an impact on my family. My family and I could have made an impact on our town. Their impact could have changed the nation and I could indeed have changed the world."

This Rosh Hashanah, may we take this chance to look deep within ourselves, beyond the page, beneath the surface, and ask — what big or small change could we make this coming year see us be the person we would want to be?

However you answer that, may it be a good and sweet year ahead for us all.







Wishing you a sweet and prosperous New Year. May your investments continue to grow.

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Our warmest wishes to family and friends for a happy and healthy New Year and well over the Fast.

May 5783 bring peace to Am Yisrael

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STAFFWISE CONTINUENT

Wishing our community a blessed new year.

May it bring health, peace and ignite new opportunities for all!

L'Shanah Tova U'metuka

EL: 021 464 6764 | FACEBOOK: Staffwise | WEBSITE: www.staffwise.org



The Chairman, Honorary Officers, Executive, and staff at Bnoth Zion Association WIZO wish the community and all our members a healthy, happy and sweet New Year, and well over the Fast.



The Trustees, Director and staff of the Cape Town Holocaust & Genocide Centre wish the community, our benefactors and supporters a peaceful, healthy and blessed New Year and a meaningful Fast.











The Chairman, Comittee, Staff, Workers & Residents wish the community Shana Tova; a year of good health, happiness and peace, and well over the Fast.

Thank you Cape Town for your wonderful support & encouragement!



We wish you and your families a healthy and peaceful New Year and a meaningful Fast.

G'mar chatima tovah

The Chairman and Trustees of the David Susman Community Foundation



FRIENDS OF THE UJC CAPE TOWN

The Chairman and Committee of the Friends of the UJC Cape Town wish you and your families a New Year filled with good health, peace and prosperity.

L'shanah tovah tikateivu v'teichateimu

Wishing you a good year, and may you be inscribed and sealed







The Cape Jewish Chronicle wishes all our readers and their families Shana Tova u'Metukah

לשנה טובה תכתבו ותחתמו

Our warmest wishes to family and friends for a happy and healthy New Year and well over the Fast.

May 5783 bring peace to Am Yisrael

ORT SA CAPEEDUCATION

Wishing the Jewish community a happy, healthy and peaceful New Year and well over the Fast.

ORT SA CAPE focuses on training and supporting teachers in disadvantaged communities in the Western Cape.

We thank our generous donors for helping us change lives through education.



On behalf of the Chairman, Director, Executive and Committee of the Nechama Organisation, we wish the Community Shana Tova and well over the fast.

ORT Jet

ORT Jet wishes you a very healthy, happy, and peaceful New Year and well over the Fast.

A special thank you to our donors, mentors, and network for your continued commitment to enable ORT Jet to facilitate business support and guidance within the Jewish Community.

L'Shanah Toya U'Metuka



The South African Jewish Museum wishes our guides and staff, friends and supporters a Happy and Healthy New Year, Blessed with Peace, and well over the Fast.



UNION OF JEWISH WOMEN
The Chairman of the Cape Town Branch of the UJW,
the Executive Committee and staff, wish all members
and the community a happy, healthy and peaceful
New Year and well over the Fast





Creating Social Change for All

The Mensch Chairperson, Board and staff wish you a sweet New Year and well over the Fast. May 5783 bring opportunities for us all to live and act in a way that promotes peace and equality for all people of South Africa. Thank you all for your support and commitment in 5782



The Rabbis, Trustees, Board, Councils and staff of the Cape Town Progressive Jewish Congregation extend their best wishes to the Cape Town Jewish community for a happy, healthy and peaceful New Year 5783 and a meaningful Fast.

Wishing you all Shana Tova U'Metuka.



The Cape SAJBD Chairperson, Board, and staff wish you and your loved ones a sweet and healthy New Year and a meaningful fast. L'Shana Tova U'Metuka.



The President, Honorary Officers, Council and staff of WIZO South Africa extend good wishes to our members and the community for a Shana Tova U'metuka.

May you have a sweet and happy New Year and a meaningful fast.





The Chairman, Exco Committee, Executive Director, Staff and Volunteers of JCS wish the community Shana Tova.

A year of good health, happiness, peace and well over the Fast. Thank you for your wonderful support of the indigent and vulnerable members of the Cape Town Jewish Community.

THE CSO TEAM

VISH YOU A SHANAH TOVA AND WELL OVER THE FAS



WE THANK OUR DEDICATED VOLUNTEERS AND GENEROUS DONORS FOR THE AMAZING SUPPORT THIS YEAR.

MAY THE YEAR AHEAD BE HAPPY, HEALTHY, SAFE AND PEACEFUL.





The Cape Jewish Chronicle wishes all our readers and their families Shana Tova u'Metukah



CONNECT, COLLABORATE, COMMUNITY

What will your sweet new year look like?

By Daniel Bloch, Executive Director, Cape SAJBD

Last year this time, I wrote about how thankful I was that my family was healthy and Covid free.

I considered the silver lining lockdown had given us with the major benefit being the amount of quality time spent with my family.

Fast forward 12 months and aside from a runny nose here and there, for the most part my family is still healthy, and we are hopefully entering into a post-Covid world. Many holidays were cancelled last year due to Covid, so we had to make up for lost time. I was fortunate enough to spend lots of quality time with friends and family in some of the most beautiful parts of the Western Cape and KwaZulu Natal.

As we enter the High Holy Days, we will once again wish evervone a 'Sweet New Year' and 'may vou be inscribed in the book of life'. What will a sweet new year look like for you? I am setting myself a few reasonable and attainable goals both personally and

professionally. By putting these in writing for the entire community to see, I'll have to follow through with them!

My goals will revolve around the theme of health and travel. My personal goal for the new year will focus on my physical well-being — I do need to get fit and into shape. It reminds me of a joke where a wife says to her husband, "you need to get in shape". The husband replies, "I am round and that's a shape."

Whilst walking the dog is fun and I do break a sweat, my wife keeps telling me that I need to get my heart rate up which is why I plan on running again. I won't be entering the Comrades! As I said, this goal needs to be realistic. I have also started playing tennis again



I am setting myself a few

reasonable and attainable

goals both personally and

professionally. By putting

these in writing for the

entire community to see,

I'll have to follow through

with them!

and I am looking forward to running around the five-a-side soccer pitch soon. I should be in shape in no time — hopefully less round than my current status. However, two nights of Rosh Hashanah does throw a spanner in the works as I

cannot resist the food served. I mean who really can turn down a second helping of tzimmes? I guess I will have to run an extra kilometre or two to make up for overeating.

My professional goal is to connect with as many people both locally and abroad as possible. For the past year I have made connections with Jewish communities in Europe, United States, Australia, and of course around South Africa. Whilst I have travelled to almost every Jewish community in the Western Cape, the international

connections have all been via Zoom. Therefore, I am truly excited to be travelling abroad in November to attend an international inperson conference.

This will allow me to engage with other Jewish communities face-

to-face, to learn what is happening there and understand how they are fighting antisemitism, and to share our experiences from the Cape. Whilst establishing connections is important, the ultimate goal is to collaborate on initiatives and ensure that our local community benefits from the Board's work.

We should all have goals that we aspire to. Perhaps start by going to shul this Yom Tov and take the kids along? For many it has been too long since they have heard the sound of the shofar. Let's begin this new year off on a positive note so that we can all have a sweet one!

Wishing you and your families a Shanah Tovah Um'tukah.

VIEW FROM THE CHAIR

Working together for our community

By Tzvi Brivik, Chairperson, Cape SAJBD

One of the most critical tasks that we have at the Cape SAJBD is to maintain relations with all political parties.

We are fortunate to have access to the highest echelons of the various political parties to discuss issues which are of concern to our community, and which relate to our

issues which are of concern to our community, and which relate to our safety and security. Some of the issues that come up include security cooperation between the various organisations and sharing of skills.

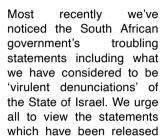
The Board has been working with both the Premier of the Western Cape and the Mayor of the City of Cape Town's offices on a programme to encourage semigration from various parts of South Africa

to Cape Town. The programme is aimed specifically at those who have already considered this and are serious about relocating to Cape Town.

The level of cooperation between us and the Western Cape structures at these high levels is extremely encouraging. We plan to have a joint roadshow in Johannesburg soon. Although we will be leading this excursion, our two partners have formulated plans of their own, which include various means of enticing both individuals and businesses into the city and province.

Independently, we've canvassed our various affiliates to include as many as possible in this project, the aim of which is to ensure the continued growth of our community in this magnificent city.

This project is aimed at various target markets, including those who can work remotely, young families looking for a change of lifestyle, and those seeking to retire to Cape Town. To bolster this campaign, we will be expanding the project by including paid marketing and employing a project manager in due course. However, collaboration with our external partners extends further than that.



on our social media platforms denouncing these comments and calling on our government to act in an impartial and fair manner. It has always been our contention that to be a critical role player in the Middle East, our government must be fair and consider all aspects of the dispute.

Whenever tensions flare up in the Middle East or our government releases inflammatory statements, we need to be wary of an increase

in antisemitic behaviour, mostly on social media. We are fortunate that we live in a society regulated by a constitution and one in which there is equal respect and good faith

within the broader community. This is due to the work which we conduct through the Interfaith and Associate Relations subcommittees and our professional team. This continuous engagement makes it far easier for us as an organisation to defend our community's rights, and also to educate others and warn of the dangers of antisemitic rhetoric.

Finally, we have lodged a complaint on behalf of our community with the Mayor and formal structures of the City of Cape Town as against one of its municipal members, Councillor Shameemah Dollie Salie of the Al Jama'ah Party. This is because of her behaviour at the Yom Ha'atzmahut celebration in May this year.

The complaint includes reference to the harassment of the children of our community who attended the celebration, as well as the unethical behaviour which is inconsistent with the City's ethics code.

We will continue to represent and protect our vibrant Jewish community.



The level of cooperation

between us and the

Western Cape structures

at these high levels is

extremely encouraging.

(f) CapeSAJBD









Mandela Day magic

In the words of Nelson Mandela, "Freedom is meaningless if people cannot put food in their stomachs".

One in four South Africans are food insecure, without affordable, nutritious food. This year, in honour of Mandela Day, we partnered with Mensch and UJC Cape Town to help feed and create future food sustainability for the Langa community.

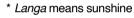


Volunteers at the Cook-a-Thon

Thanks to the 100 volunteers and the generous donations to the Mensch Mandela Day 2022 Global Cook-A-Thon, we were able to make 500 litres of soup to feed 1500 mouths!

The Langa partners and beneficiaries included Fair Food SA — SA Urban Food and Farming Trust supported by הגיוינט (The Joint), which supports existing and new urban farmers develop

sustainable farming enterprises to support them, their families, and the Langa community through the provision of food; and *IKhaya Le Langa* — a community social enterprise hub in Langa that is home to the *Sun* Diner* (a barista-run coffee shop)





Glen Heneck, Li Boiskin, and Daniel Bloch

and multiple micro business pilots and employment development initiatives. Tickets bought also helped set up 200 household food gardens, and provide seedlings and compost to 150 urban farmers, across 31 food farms.

What an incredible way to honour Madiba's legacy!

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For more info email: bursaries@ctjc.co.za

Giving warmth this winter

For over 40 years the One-to-One Day Fair has been running, and on Sunday 31 July, 100 volunteers from various organisations including the Cape SAJBD, arrived at the Sea Point Lions Club in Green Point, where we sorted and packed several thousand donated items including clothing, food, and toiletries.

Many of us arrived with our families, and it was truly special watching the young kids immerse themselves in the experience

with intellectual disabilities, to a cosier winter.

- so proud that they were helping those less fortunate.



Albert Glass and Daniel Bloch

Unfortunately, due to Covid, the organisers have been unable to host the fair for the past few years. Instead, it has run a highly successful campaign to collect the bare necessities — items which we may take for granted. The packed boxes will be distributed to various beneficiaries around the Western Cape. One-to-One is now able to treat those 3000 members of the community

One-to-One organiser, Albert Glass, promised that the 2023 edition would be in-person and that we would get to meet all the families and individuals who would be receiving the donations.



Albert Glass addressing the volunteers























Youth Movements roundup

Shana Tova from Bnei Akiva

ello everybody and Rosh Hashanah Sameach!!!

I hope that you have a meaningful and uplifting beginning of the year and that it'll continue throughout. Bnei Akiva has been very busy doing our regular activities (once every 2 weeks for each Grade) as well as participating in community events and volunteering wherever we can. We've also been very busy planning Machaneh. Speaking of which...

Bnei Akiva Machaneh is happening this December and

we're super-duper excited for what's coming. Come for the three BEST weeks of your life with friends from CT, JHB, Durban, Gqeberha and Israel. Fun and meaningful tochniot, beach, pool, sports, the shabbas experience, tuckshop and so much more. As you could have seen from all



Movie night at the Bayit with our cutest grade, the grade 3s!

the previous articles, Bnei CT isn't just a camp movement — our amazing Madrichim are very involved in our channichim's lives and do 100s of activities each year BUT Machaneh is definitely the peak! We can't wait to see you all at the weekly activities — and if not, then on camp.

— Eytan Labe

Habonim homecoming

Machaneh is officially launched, and planning is well under way! *Machaneh Hashiva Habayita* (*homecoming*) is only a few months away, and the energy is tangible. After two years, we will finally be back home at Onrus from 9 to 27 December. No scepticism, concerns or uncertainty — camp *will* be happening!

In August we held our first *Va'ad Machaneh* (VM) seminar on the campsite in two years. The VM, made up of the *Va'ad Poel* (VP) and the *Roshim* for the various *shichvaot* (grades), spent a week beginning preparations for machaneh. Discussing all things related to camp, singing our traditional *Close the doors* song before each meal, and simply living on the campsite has made this VM incredibly motivated and ready to lead what will be a remarkable three weeks. Check out our socials (@habonimsa on Instagram and Habonim Dror Southern Africa on Facebook). It's an incredible group of maddies, and we could not be more excited!

Riding on the momentum gathered at VM Sem, the Herzlia Machaneh was a real show of Habonim's power. More than 30 maddies were present at the launch, many missing university and work to be at there, showing our true unity and dedication to both Habonim and to making sure that as many kids as possible are aware of — and waiting for — camp.

There's a reason so many maddies were willing to drop their responsibilities to be there. There is simply no better place to be in December. We could go on about how much we value our unique informal education, our silly traditions or our exciting projects. But the most important is



that it is three weeks of the most fun you could ever have. It's where special things happen.

We have not neglected our other commitments though. One of our aims for this year is to reach as many Jewish communities as possible in South Africa. Rose Zelezniak, Alex Serebro and Sasha Rodenacker went to Gqeberha recently to host a Shabbaton. It was an incredible experience, planned by an incredible team. After just a couple of days of Habo magic, children who had never heard of Habonim Dror are now eagerly waiting for December.

Wishing you a meaningful Rosh Hashanah — we can't wait to see you in December!

Aleh V'Hagshem! Jeffrey Gutman, Rosh Publications

Apply for Diller Teen Fellows Cohort 8!

on't miss this once-in-a-lifetime opportunity!

Diller Teen Fellows is building the next generation of committed Jewish leadership through exploring our Jewish identity, and becoming activated leaders of Tikkun Olam.

Applications are open to all Grade 10s in Cape Town, and close on Friday 9 September. Find the application link at the QR code below, or on our Instagram page @diller.capetown. Feel free to contact the local coordinator Martine on diller@ctjc.co.za for further questions.



Netzer











BOOK A SESSION TO SPEAK TO A MASA PROGRAMME ADVISOR

MASA PROGRAMME ADVISORS WILL BE IN CAPE TOWN ON 7 SEPTEMBER 2022.

Do you need more information on our programmes? Do you need some assistance finding the right programme for you? Book a time to meet with our programme advisors. SUBSIDIES AVAILABLE BETWEEN \$3500 AND \$9100*



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To our clients, friends and family,

We wish you a year filled with prosperity, happiness and good health.



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FSP Number 13995



World Chairman of Keren Hayesod visits Cape Town

In August, Sam Grundwerg, World Chairman of Keren Hayesod made his first-ever, and much-delayed, visit to South Africa — Covid having put on hold his original plan to visit in March 2020.

The trip, organised by Philip Krawitz, finally took place, and afforded Sam a brief and intensive introduction to the Johannesburg and Cape Town Jewish communities.

Originally hailing from Miami Beach, Sam left the USA in 1990 aged 17, and relocated to Israel, where he studied and served in the IDF.

Before taking his current position as World Chairman of Keren Hayesod, he held positions in the fields of law and finance in the US and Israel, served as Director General in Israel for the World Jewish Congress (WJC), and as Consul General of Israel in Los Angeles, where he was the senior representative of the State of Israel to the Southwestern States.

For the past three and a half years he has held the position of World Chairman of Keren Hayesod – UIA (United Israel Appeal).

Keren Hayesod was established in 1920, thus predating the State of Israel. It is one of Israel's four national institutions to enjoy special official status enshrined in the law. The first of these is the World Zionist Organisation (WZO) established by Theodore Herzl in 1897 at the first Zionist congress in Basel, Switzerland. Keren Kayemet Leisrael/JNF (KKL) was established in 1901, and Keren Hayesod (KH) in 1920. The Jewish Agency (JA) — currently the largest of the four — in 1929.

Keren Hayesod and the Jewish Agency work closely, KH in the role of fundraising and JA in an operational capacity. Their three main areas of focus are:

- Aliyah: To date, Israel has absorbed over three-and-a-half million olim (this includes before '48).
- Strengthening Israeli society by supporting those on the periphery eg. socio-economically disadvantaged, youth at risk, elderly, Holocaust survivors (and more...). Together with the Jewish Agency, KH support subsidised housing.
- Connecting. communities around the world with Israel and with each other. Sam notes a paradigm shift in this arena. While in the early decades Israel was usually on the receiving end of this work, the country is stronger now and in a position to send help to communities

around the world when needed. We in South Africa have benefitted from this when they recently sent funds to help South African Jewish institutions meet the demands created by Covid.

Most recently, they have been able to to rescue thousands of people from war-ravaged Ukraine and Russia. Before the war, Ukraine had an active Jewish community numbering over 50 000, and a much larger concentration of 200 000 eligible for aliyah. The Jewish Agency already had a strong infrastructure in place with about 40 shlichim, 80 local employees, and an Israeli Foreign ministry and Embassy in Kyiv. When the war started, Keren Hayesod was able to work with partners around the world (including South Africa) to run a successful emergency campaign, raising over US\$22m. The Jewish Agency ran rescue operations, and those qualifying for aliyah under law of return (minimum one Jewish grandparent) were able to make aliyah. Since the the war started in late February, 32 000 Russians and Ukrainians have made aliyah. The huge scope of this mission is made clear when compared to a similar figure of 35 000 - the average number of new olim world-wide in a (non-Covid) year!

Sam describes scenes of human



Sam Grundwerg, World Chairman of Keren Hayesod with Philip Krawitz

tragedy along the border with Eastern Poland — the looks of relief but profound sadness and uncertainty on the faces of mostly women and children who have had to leave their male relatives behind, because of the ruling that prevents men aged 19 to 60 from leaving the country.

However, unlike 80 years ago, Israel and communities around the world have rallied to raise funds, and this time there is a country and communities ready to receive them.

Because of their special status, Keren Hayesod are uniquely positioned, with direct access to the Prime Minister and heads of various institutions setting national priorities, to work independently and also with government to provide the support needed to effect this rescue, and the integration process that must follow.



Shanah Tova U'metuka

Wishing you a happy and sweet new year from the UJC family to yours.



JEWISH CARE CAPE ANNUAL GENERAL MEETING

Monday 31 October 2022 | 17h00 via ZOOM

AGENDA

- Notice convening meeting
- Apologies
- Confirmation of previous AGMs minutes
- Adoption of Annual Reports & Audited Financials
- Election of Office bearers
- Any General Business

JCC holds a joint AGM with its member organisations:
Astra Centre | Cape Jewish Seniors | Glendale home
Highands House | Jewish Community Services
Oranjia | Nechama

ZOOM registration details and access to Annual Reports & Audited Financials will be circulated to all members via e-mail.



The Hands That Support The Community



From Rondebosch to Raanana

By Guy Lieberman

There has been an undeniable uptick in Aliyah from South Africa over the past year, for reasons that are apparent to some, confounding to others.

In general, the broader population is experiencing yet another exodus from South Africa, to what many hope are greener pastures elsewhere in the world. This is the story of human migration. Indeed, at some point in our own past, our great grandparents considered South Africa as the best next move.

The Jewish community in SA is experiencing an unusual moment however, with many electing to leave Jo'burg for Cape Town, thereby remaining in the country. It's understandable why some choose to stay — South Africa, with all its troubles, is still an extraordinary country, and especially those whose families have been here for over one hundred years consider themselves deeply at home. Why leave when anchored so deeply?

And yet, according to the numbers — over 550 new Olim made Aliyah between July 2021 and July 2022 — Israel has never seemed so compelling. Speaking from personal experience, however, it's not a straight line. It takes a blend of boldness and faith, of planning and courage, to move somewhere that in so many ways is the very reverse of South Africa.

Dorron Kline, CEO of Telfed, has a bird's eye view of the dynamic.

"South Africans are making Aliyah in record numbers due to several factors. On the one hand, there is an inherent love of and draw to be in Israel. The country is thriving, with a burgeoning energy. On the other hand, there is the continual set of crises in South Africa, including the failing infrastructure, corruption, and financial and personal insecurity."

Expectations are to be well managed, however, and the decision to make this move needs to be clear-eyed.

Dorron continues, "Look closely at the cost of living, which is high. Make sure you can afford to make the move; you don't want to end up dependent on social welfare in Israel. If you are going to make Aliyah, Telfed's professional team will help you plan for a smooth absorption. And, learn as much Hebrew as you can, in advance."

What is one of the best things about Israel?

"A high level of personal freedom and security, experienced very much by the children."

With all the strains of life in Israel, there is something profoundly unique about living in the Jewish homeland: watching my kids walk out the door to meet their friends in the neighbourhood, and reminding them only to be home by dark (for dinner, not for safety). This is the deepest privilege.



Telfed staff welcomed over 40 new South African Olim who arrived in Israel on 10 August, beginning an important partnership for successful integration in Israel





Cape Jewish Seniors Association

DIRECTOR: Diana Sochen 021 434 9691 director@cjsa.org.za ADMIN: Amanda 021 434 9691 admin@cjsa.org.za search CJSA on Facebook

Moving towards spring and holiday festivities

This year seems to be slipping by faster than we can blink.

Our weekly programmes provide light relief on Zoom and the in-house programmes are beginning to attract more members who are returning to each centre. All the outings are carefully planned to ensure maximum attendance and enjoyment. It always pleases me tremendously to see the enjoyment they provide, especially when the groups sit together and enjoy the engagement. Our guest speakers are always so generous with their time and members love being at these mornings.

Birthdays are always special. This month we were privileged to watch via Zoom the wonderful birthday celebration and tributes from so many people who have been part of Holocaust survivor Pinchas Gutter's life. Pinchas is the Honorary Life President of CJSA and has been an ardent supporter of the Association since inception. He and his wife Dorothy reside in Toronto. CJSA members joined in wishing him on this special birthday as he turned 90.

Light lunches are regularly enjoyed in Milnerton with guest speakers making the event so special. We are about to host our first twilight supper in Sea Point during the month and the bookings have been pouring in, indicating that people are wanting to socialise and engage.

Our members got together to do their 67 minutes for Mandela Day. Southern Suburbs members joined with the Sunflower Group and sat knitting whilst they got to know each other and exchange craft ideas. Our members will be travelling to their meeting places during the month to experience their hospitality and share a craft morning with the ladies.

With spring around the corner we are hoping to organise special outing for all branches. It has been over two years since a large group has enjoyed the country areas so we are anticipating much interest.

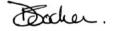
As we gear up towards Rosh Hashanah, we will enjoy a Festival lunch in Wynberg for all members, with special entertainment to make the day more celebratory. As with all our events, it is most important for pre-booking as there is always a cut-off time to book.

The World Health Organisation has indicated that The Decade of Healthy Ageing is 2021 – 2030. A mission of Cape Jewish Seniors is to ensure that senior members of our community remain part of the community, instead of being apart from the community in which they live.

In order to be able to be actively engaged with others in our community, it is important for our team to be a step ahead and available to encourage, guide and point people in the right direction for the various services that they might need.

One of the ways to make sure of the wellbeing of members is the implementation of a self report survey which has been implemented in other communities. Our team will start inviting members to participate in this multidimensional survey which will check psychosocial and daily activities and mood indicators, in order to provide us with a detailed understanding of our members. Then, if necessary, we can tailor-make services going forward. We hope to update the self report annually and in this way track any significant changes that might occur in a member. The survey will also allow us to identify those most at risk and at the same time identify which services might be needed going forward. The form is completed by the member in their own words and it is important that this is done for the results to be acceptable and accurate.

Diana Sochen, Executive Director



Social and Personal

We congratulate our members who have celebrated joyous occasions during the last month.

Birth: Hannah Soffer – great granddaughter

granddaugnter

Engagement: Charlotte Berson

- grandson

Marriage: Charlotte Berson – granddaughter; Sadie Graziani

- granddaughter

Anniversary: Glickie and Woolfie Bloom

- 66 years

Batmitzvah: Yvette Polovin celebrated her batmitzvah at Temple Israel **Birthday wishes:** Pinchas Gutter – 90; Alec Cohen – 93; Gertruide Synrodin. **Welcome to new members:** Jacqui Garbman, Jackie Kalaway, Harold Wingerin, Erna Kyriazopoulus.

Well wishes to those who have been under the weather: Shirley Elvey, Cynthia Garb, Arona Shrand, Debbie Epstein, Malcolm Lee.

Wishes of strength to family members of those who have recently passed away: Family of Alma Reese; family of Esme Rosenberg

Please note the error on our page last month. Barbara Kahn – Batmitzvah (not birth) of her granddaughter

Recent outings and activities



Mandela Day Knitathon in Southern Suburbs



Milnerton members spent a lovely morning at the Cheetah Sanctuary



Rock painting in Milnerton with Maureen Pizzi



A delicious lunch in Milnerton: Morris Rozen, Eileen Meilach and Hessel Meilach



It was a pleasure to be back in person at Veronica Belling's Yiddish class in Sea Point

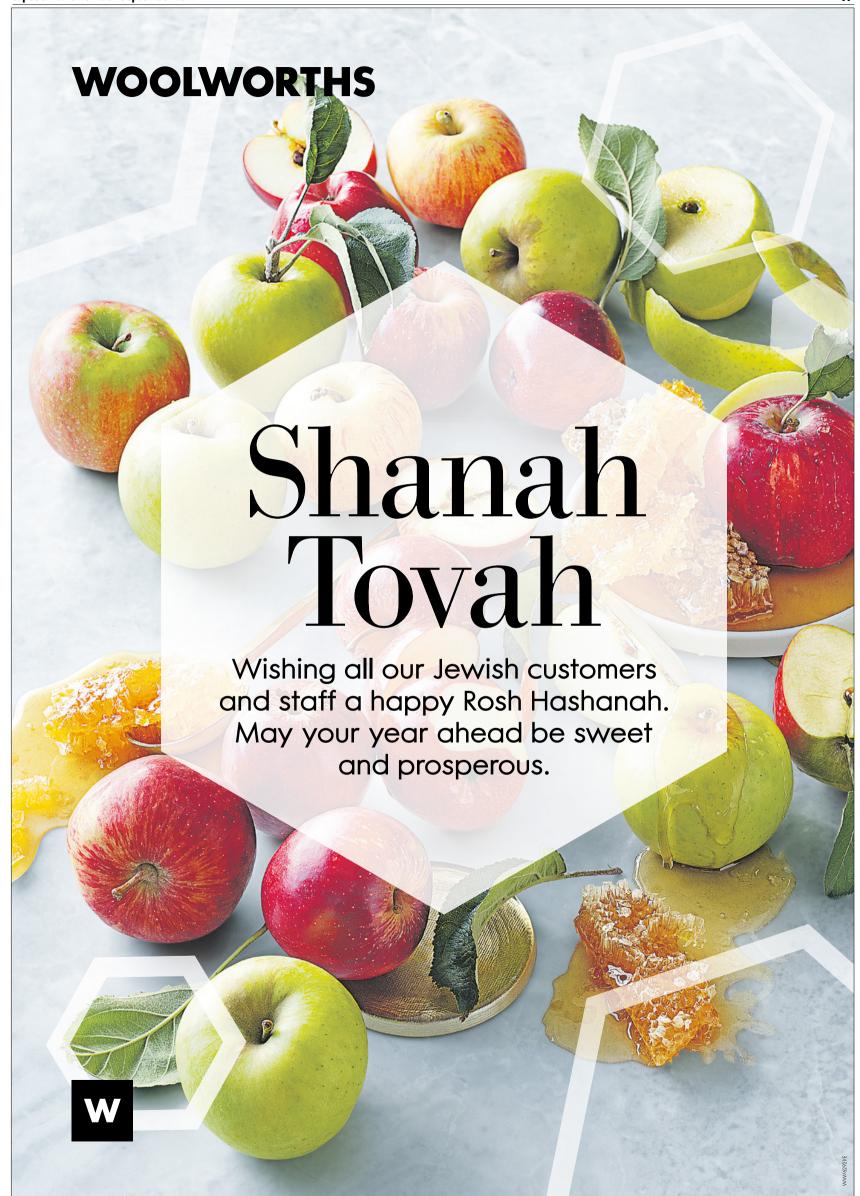
As Rosh Hashanah and the High Holy Days are fast approaching, donations to CJSA in lieu of gifts to family and friends is a great way to acknowledge the services we provide in the community and the programmes we host to keep your loved ones active, held and happy.

In exchange, we will send out personalised greetings to those you wish to greet.

All donations are acknowledged and are tax deductible.

To support us please contact admin@cjsa.org.za

The Chairman and Committee of CJSA wish one and all a Happy, Healthy and Peaceful 5783. May you enjoy and celebrate the High Holy Days with those you love.



שנה טובה תכתבו

















MAY YOU BE INSCRIBED FOR A GOOD YEAR.

United Herzlia Schools and The Herzlia Foundation Trust would like to wish you a happy, healthy and joyous New Year.





www.herzlia.com

Herzlia staff tour Israel with KKL-JNF educators conference

Keren Kavemeth Lelsrael-Jewish National Fund (KKL-JNF) recently sponsored

a group of South African teachers from various Cape Town Jewish day schools to join delegates from Australia, Canada and the USA on an educator's trip to Israel, to celebrate their 120th anniversary.

n 4 July, 39 South Africans from United Herzlia Schools, Rallim, Cape Town Torah High, Sinai Academy, and Phyllis Jowell Jewish Day School departed for an eight-day immersive tour experience of Israel from north to south, but most importantly getting a glimpse into broader Israeli life and culture.

United Herzlia Schools jumped at the opportunity to participate, investing in teachers and staff across their six schools from Pre-Primary to High School, to gain first-hand experience and a multidimensional view of modern Israel. The intention was to include teachers who were not necessarily Jewish and had never visited Israel before, so that their experiences and learnings could be used to inspire their classes with a sense of Jewish identity and a love for Israel.

The tour was organised by KKL-JNF to give teachers insight into Israel's land, culture, society, and politics, and to better understand the country and its people. KKL-JNF's hope is for teachers to return with a positive experience and be able to share this with their pupils.

Andries van Renssen, Executive Director of United Herzlia Schools explains, "We want to make Herzlia a place where Israel is visible and recognisable all around us. It is an exciting country and it's our dream that we will be able to take all of our staff to Israel. Delegates have been tasked with initiating and implementing their new ideas into real life projects in a way that correlates with their subject area or in their work sphere. This way we can link Israel and Jewish identity holistically across the school, so that it truly lives in the daily life of the school and impacts our pupils."

Rabbi Sam Thurgood, appointed Campus Rabbi United Herzlia Schools reflects, "Experientially, I travelled the length of Israel in a way I never have before, getting to know my homeland far better and growing to love it more than ever. Educationally, it was a chance to see how to bring the best of these learning experiences to Herzlia Jewish Life and Learning. Socially it was the most wonderful opportunity to meet my new colleagues at Herzlia and to get to know these marvellous people in a relaxed and meaningful environment."

Angela Van Wyngaard, Herzlia High School (Mathematics) says, "as a teacher, it is important for me to find ways to help my pupils actively engage in the curriculum. This trip has given me the opportunity to actively engage in learning about Israel. I am excited to use this encounter with Israel to create a platform of engagement for my pupils and hopefully encourage them to make their own journey and experience it first hand."

Herzlia High Falconer. School Principal: "This has been

experiential learning that could never have been achieved without walking in the hills, bathing in the seas, tasting the foods, seeing the wild valleys, feeling the heat and drinking the water springing from the very rocks the Jews have been drinking from for thousands of years. I come back, moved in complex and profound ways, part of a privileged and transformed team who are all - collectively and individually - on a life-long journey of understanding and pilgrimage."

Johandrie Oosthuizen, Herzlia High School (Afrikaans) says, "being in Israel makes it real for me and to have a better understanding of

> Jewish life. I now have a reference when my pupils are talking about Israel... the places, their



A powerful visit to Yad Vashem



Herzlia staff from all schools at a special Kabbalat Shabbat in Bell Park,

religion and beliefs. I also learned that it is not all about war, which is what the media would like us to believe."

Anela Sikundla, Herzlia Xhosa teacher: "What a great experience in Israel, KKL-JNF have opened their arms with love, caring and ubuntu. From day one when we arrived, we felt like we were at home. It was amazing to connect with all the other countries. We listened to sad stories from a previous life, ensuring that future generations will also know their history."

Jos Horwitz, Herzlia Alon Ashel Pre-Primary Principal sums it up saying, "our experience together has been unforgettable on every level: emotional, spiritual, intellectual. Our connection with the land of Israel has been powerful. We have had fun, laughed and cried and our children will be richer for our personal transformation.'

High School Student Leadership Council 2022/2023

Mazaltov to the newly elected Student Leadership Council on a well-deserved honour. We know you will serve with distinction and do Herzlia proud.



Back: Matthew Carrol (Council Committee); Fourth Row: Leo Bachmann (Council Executive) and Jonathan Querido (Council Committee); Third Row: Taya Allardice (Head Student), Tristan Goldstein (Council Executive), Shane Brorson (Senior Deputy Principal); Second Row: Jason Collins (Head of Grade 9), Jenna Zetler (Council Committee), Isabella Sherman (Council Executive), Marc Falconer (Principal); Front Row: Shay-Lee Geva (Council Committee) and Leah Marks (Council Committee); Absent: Cameron Phillips (Council Committee)

Herzlia pupils compete at 2022 Maccabi Games



Herzlia pupils represented in the 2022 Maccabi SA Team





Three editors pay tribute to Tessa Epstein as she retires after 31 years

I met Tessa Epstein in January 2000 when I started working at the Chronicle in the capacity of layout artist. Little did I suspect back then that I would spend such a large part of my adult life in her company.

Tessa has been the secretary at the CJC for the past thirty-one years, and retired last month due to ill health. It was the first time she had taken sick leave in all the years she had worked here. Over the years, Tessa saw my children grow up from toddlers to adults, was there through the loss of my parents and parents-in-law; and I for her when she became a mother-in-law and then a granny; and then a long-distance mother/mil/granny. We mourned together the loss of our two former colleagues, Anita Shenker and Irma Chait.

Tessa has been the heartbeat of the office — the one who knew how everything worked, who everyone was, and what needed to be done at any given time. Anyone who has had any dealings with the Chronicle in the last 31 years most likely has spoken to Tessa. From the booking of space, gathering (and chasing up) of content, invoicing etc. Chronic ads and family announcements were her department too, and her sympathetic commiserations when taking bereavement announcements earned her the nickname of Sybil — a reference to Sybil Fawlty in Fawlty Towers, whose sympathetic "I know, I know..." when on the telephone were echoed years later by our own Tessa Epstein.

By Desrae Saacks, Tali Feinberg and Lindy Diamond

Tali Feinberg (CJC editor 2011 — 2014) writes, "Tessa welcomed me with such warmth when I joined the Chronicle. To me she has always symbolised sunshine and warmth. Even though we were from different generations, we got along easily. She was always there to lend an ear, a shoulder to cry on, advice or fascinating stories from years gone by.

"The name Tessa means 'she who gathers' and that's who Tessa was to this community. She was indeed the person who gathered the information, connections, milestones, highs and lows that make up a community. And she did it all with warmth and a magnificent smile, in her calm and careful way.

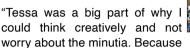
"The first to wish me Mazeltov, to offer words of support, or share recipes or book recommendations, she was always genuinely happy for others when they had something to celebrate. She went from being a colleague to a friend, and a mother figure in my life who was a constant presence, even when we didn't talk for a while."

Lindy Diamond (CJC editor 2015 — 2021) writes from England, "Now listen nicely...' is how Tessa starts every serious dialogue between us.

"Whenever I think of her it's as the office's mother hen — concerned and caring for everyone else. Always available with a kind word, an ear to lend or a cracker and cheese if I was peckish.

"Tessa taught me the true meaning and value of institutional knowledge. Her skills in Excel may

have been a bit rusty, but she could tell me how things had been done in the Chronicle in any past year that she had been around, and whether it had worked or not.



I had her to tell me what had come before and to her mind, what needed to come next.

"I remember when I first arrived and suggested a total spring clean of the office. "Tess?! Why do we still have this?" I would ask, holding up some offensively dusty item. She would smile and allow me to throw it out, or quickly squirrel the item away when my back was turned. The things we kept in those cupboards...

"'Now listen nicely' No one tells you when you move away how much you'll miss those who you care about, but aren't in the habit of phoning or messaging. Tess. I do really miss you."

Tessa has always been the epitome of dedication, working at the Chronicle until the day she was admitted to hospital. She did it all through many changes — from new offices to new editors to working from home in the pandemic. As the face of the Chronicle she never wavered in her calm, reliable presence.

Tessa is sorely missed at the Chronicle. We send our love and best wishes to her and her family.



The Eliot Osrin Leadership Institute: Investing in the future of our community

Rosh Hashanah is about reflection and renewal. At The Eliot Osrin Leadership Institute we inspire leaders to invest in their cycle of involvement, introspection, and growth. Our impact can be measured in the voices of those who step up and participate:

The EOLI LDP

has allowed me to reflect and awaken my skills, ability, and passion.

This experience offers me an opportunity to grow personally and professionally.

Working together with interesting and passionate people in the Cohort and beyond is a valuable experience. We discover and develop parts of ourselves by looking within, at our innate strengths, identifying how they manifest in our lives, and how this impacts our leadership and learning styles".

Neil Lifschitz, 2022 Cohort

Amy personal and professional life have been enhanced by my involvement with the EOLI Leadership Development programme (LDP). Throughout the program, I have learnt the value of engagement, the

importance of sharing information and the value of partnership and collaboration. EOLI has taught me that leadership begins with the individual. The LDP challenges, encourages, and allows one the space to grow".

Hajiera Safiedien-Maloon, Cape Jewish Seniors
Association and 2022 Cohort

to value something, get them to participate in creating it. Give them a challenge and give them responsibility. The effort we put into something does not just change the object: it changes us. The greater the labour, the greater the love for what we have made."

Rabbi Lord Jonathan Sacks (Z"L)

The future of the Jewish community in Cape Town depends on the dedication and commitment of its members, but most of all on the quality of our leaders.

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Click on osrinleadership.org to find out more and opt in.

We're hiring!

An exciting career opportunity in the Eliot Osrin Leadership Institute's professional team could be yours...

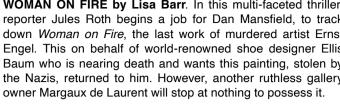
21 Cape Jewish Chronicle September 2022



The only Jewish community library in Africa!



WOMAN ON FIRE by Lisa Barr. In this multi-faceted thriller, reporter Jules Roth begins a job for Dan Mansfield, to track down Woman on Fire, the last work of murdered artist Ernst Engel. This on behalf of world-renowned shoe designer Ellis Baum who is nearing death and wants this painting, stolen by the Nazis, returned to him. However, another ruthless gallery

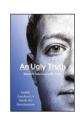




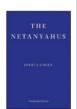
SLEDGEHAMMER by David Friedman. This recently published book by former US ambassador to Israel, David Friedman gives an insider view to understanding the strengthening of goals between Israel and America. Friedman, as part of the Trump administration, supported Israel's long-term security needs and opened new avenues to bring peace and stability to the region. The book takes the reader behind the doors of the Oval Office.



THE TRUTH AND OTHER HIDDEN THINGS by Lea Geller. Bells Walker learns she is pregnant the same day her husband accepts a new professorship. She is not looking forward to caring for a baby alongside her teenagers after moving to New York's Hudson Valley. Once there she begins an anonymous gossipy blog about life in her new town. As her posts become more scandalous, the risk increases of her identity being discovered, and of losing all she treasures.



AN UGLY TRUTH by Sheera Frenkel and Cecilia Kang. The authors provide an insiders' account of the scandalous and toxic culture at social media giant Facebook. Sharing interviews with former and current employees and investors, regulators and lawmakers, the authors offer a view of the company's callous business practices. Focusing on the exploitation of users' data and other controversial tactics, this exposé offers the troubling aspects of Facebook's rise to prominence.



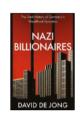
THE NETANYAHUS by Joshua Cohen. This Pulitzer winning novel is set in a college on the outskirts of New York in 1959. Ruben Blum, a Jewish professor specialising in tax history is part of the committee deciding whether to hire Benzion Netanyahu, father of the future Israeli prime minister. Cohen's academic satire explores Jewish history, the history of Zionism, the history of anti-Semitism, status of Jews in higher education and assimilation. A witty, intelligent and brilliant book.



FREEZING ORDER by Bill Browder. In his follow up to Red Notice Browder, who initiated the Magnitsky act, following the killing of his own lawyer, gave authorities the power to freeze assets on individuals accused of human rights violations. Browder shares the legal challenges and threats he and his team have faced as the Russian government have tried to intimidate them. Browder was arrested in Madrid and almost kidnapped and taken to Moscow. Reads like a spy thriller.



PORTRAIT OF AN UNKNOWN WOMAN by Daniel Silva. Legendary spy maker and art restorer Gabriel Allon has settled in Venice. When London art dealer Julian Isherwood contacts him, he begins to investigate the sale of a painting attributed to Sir Anthony van Dyck, which he is certain is a clever fake. Gabriel needs to find the person who painted it. In so doing, he uncovers how the world's leading art experts have been lured into a syndicate of selling fake paintings for millions.



NAZI BILLIONAIRES by David De Jong. The true story of how Germany's wealthiest businesses amassed money by abetting the Third Reich. These tycoons such as Quandt whose empire controls BMW, automaker Porsche and baking goods mogul Kaselowsky boosted their fortunes by acquiring Jewish owned businesses at below market price and used slave labour to grow wealthier. Their activities were no secret to the Allies. This financial side of Nazi evil still resonates today.

Wishing all our library borrowers a Happy New Year and Well over the Fast. Contact us on admin@gitlinlibrary.co.za or phone 021 462 5088.



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SA JEWS OF LITHUANIAN & POLISH HERITAGE ARE ELIGIBLE TO OBTAIN **EUROPEAN CITIZENSHIP & EU PASSPORT**

A common misconception people have is that European citizenship and EU Passport can only be obtained if one has documents proving lineage The fact is that not having documents proving lineage, does not lead to your disqualification of eligibility.

In many cases the required documents can be obtained in the European country of origin!



Having European citizenship offers more than one benefit, besides the fact that it makes traveling far easier than with a South African passport...

As we are all fully aware of the current situation in South Africa where we face many uncertainties not just for today but for our children's future too.

While we are still having it relatively good here. We know that the time will come where as Jews we will look for alternative options. Then having a

The most important thing to take into consideration is understanding that prior to the end of WWII, the European map was very different from the one we know today.

Countries like Poland and Lithuania did not exist as independent countries, and till 1918 these territories were only known as Lithuanian or Polish regions/countries of the Great Russia Empire who ruled all of north eastern Europe.

Until 1918 residents of these territories were of Russian citizenship - as Polish and Lithuanian citizenships did not exist. Therefore applications

European citizenship will be that tool we are looking for.

As we know, the majority of South African Jews are descendants of Jews whose European citizenship was illegally deprived, and therefore you are now entitled to reinstate it and obtain your EU passport.

for reinstatement of these citizenships can only be based on if one's ancestor was a Polish or Lithuanian citizen.

However, a descendant of an ancestor who left Europe prior to 1918 – will not be eligible.

In addition, since borders in Europe were shifted during and after WWII, one's eligibility for a Polish or Lithuanian citizenship depends on the City from which his/her ancestor lived in. Where borders shifted and cities changed nationalities Jews who left Vilnus and its region will be declined where as a similar application for reinstatement of Polish citizenship could be approved.



I would like to take this opportunity to introduce myself.

With only a 4 hour flight to Warsaw and Vilnius this enables me to arrive quickly and safely to Poland and Lithuania, where I closely collaborate with local professionals in assisting me trace required documents for your successful applications to reinstate you as an European citizen

"Having lived in Poland for 7 years I have great in-depth understanding of European immigration laws

I have been operating in the South African market with our Jewish communities since March 2018, and visit every 3-4 months which will allow us to meet in-person.

My next trip will be around June-July 2022.

YOU CAN REACH ME ON: WhatsApp: +48 783 953 223, Email: adv.avi.n. horesh@ gmail.com

I plan to arrive in South Africa in the 2nd half of October 2022



Consider This

A Cape Town Jewish community built on love and acceptance of one another

By Rabbi Emma Gottlieb (she/her)

As I write this, it is *Tu B'Av*, the Jewish day of Love.

Ve have just moved passed *Tisha B'Av*, our national day of mourning, and are beginning the seven weeks of liturgical consolation that lead us out of the depths of despair and into the optimism that we need as we prepare to confront our mistakes and misdeeds, and commit to another year of trying harder to reach our potential as individuals and as a Jewish community. By the time you are reading this, we will be almost at the New Year, and we will either have done the spiritual work that Elul invites, or we will be coming unprepared into 5783. Yet, in the remaining days of 5782, we still have some time to imagine how our Jewish community in Cape Town might be improved in the year(s) to come.

Over Tisha B'Av, we often talk about *Sinat chinam*, meaning the ground-less hatred which the Talmud attributes as the reason for the destruction of our Holy Temples in Jerusalem. The term comes from two Hebrew words, *soneh*, which means to hate (as in the commandment *lo tisnah et achicha bilvavecha* — You shall not hate your kinfolk in your heart, from Lev. 19:17) and *chen*,

which means grace. Sinat chinam is therefore sometimes translated as 'hatred that is gratis'. Then, as now, it refers to internal strife within the Jewish community - hatred between Jews (and thus the exact contravention of the law from Leviticus). This hatred is destructive to both parties, and thus to the whole of the Jewish community, and yet, it has sadly persisted for thousands of years, between groups of Jews who have different understandings of God, Torah, and/or how Judaism can be practiced. Sinat Chinam has been seen all over the world, between Progressive and Orthodox Jews, between Ashekenazim and Sephardim, between Jews of different races, genders, or ideologies, between Zionists and those who struggle to align themselves with the modern-day State of Israel.

In Cape Town, we are not immune to *sinat chinam* in the Jewish community. We have a 'community' Mikvah that not all Jews are allowed to use. We have seen women's voices excluded from 'communal' events. We have seen Jews of different sexual orientations and gender-identities excluded from 'communities' that claim to be welcoming and accepting. We have seen Jews of colour treated

differently than Jews who 'look Jewish'. I could go on.

At the same time, we are facing external threats to our sustainability and continuity. By now we have all heard or read the projections -South Africa's Jewish community is ageing, shrinking, emigrating. Tomorrow's generation of Jewish leaders will be smaller, less committed and less financially secure than our current, and certainly previous generations of Jewish leaders and communal organisers. So it seems as good time as ever to root out sinat chinam - and to heed the teaching of Rabbi Abraham Kook, of which I was recently reminded by my colleague Rabbi Julia Margolis in Johannesburg. Rabbi Kook taught that, "if the Second Temple was destroyed (due to) baseless hatred, then we shall rebuild (ourselves) with baseless love — ahavat chinam". or, to use the same translation from above, "love that is gratis" - love that is boundless; love that extends complete acceptance of the other, even when we don't understand them or agree with them.

A divided Jewish community will not survive the projections. Only one which is united can do so.

Thus, in 5783, may we re-examine what it means to be a true Jewish community, based in love. May we embrace and encourage



diversity. May we remember that we are stronger together and that, indeed, we need one another. Let us not be divided and derisive. Let us accept one another. Let us strive to understand one another. Let us come together to dialogue and learn from one another, with generous spirits and open hearts.

Olam chesed yibaneh, let us build our world from love.

Kein yehi ratzon — May it be God's Will. L'shalom

Mazaltov to last month's Bnei Mitzvah!





Sasha Cohen 19 August

Leo de Beer 26 August



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MENSCH THOUGHT-LEADER OF THE MONTH

It's all about us and me: a quick guide to how we can all participate in applying social justice, everywhere

A Mensch courageous conversation-piece



By Jonathan Yach, Chairperson, Mensch

So, what is Social Justice, what is it all about, and how can you participate more?

et us start with the basics. Judaism has always promoted universal social values, and holds that we are all created in the same image. Jews therefore have a responsibility for the wellbeing of our neighbours, regardless of their faith, creed or colour; and we "should ensure justice for all and especially the widow, orphan, and stranger (those who are traditionally poorest in our society), as well as for the environment, as quardians of the creation; and should seek peace and the welfare of our cities. The existence of this tradition is undisputed and goes back centuries." (Alexander Goldberg, The awakening of the Jewish Social Justice Movement, The Guardian, May 2011)

Is social justice about equity (over equality)? Is social justice about 'me' and my place in the world, and others and theirs? Is social justice about balancing rights and obligations and substantive fairness? Is social justice about forgiveness and

understanding? Is social justice about being of service and making a difference? Social justice is about all of the above. We are all connected in the spirit of Ubuntu.

The drafter of the proposed Cape Town Jewish Community Charter said it best, that "a person is a person through other people." We should not just look after the stranger, but also feel their pain and link it to our own experience.

As Hillel stated in Ethics of the Fathers 1.14, "If I am not for myself, who will be for me? But if I am only for myself, who am I? If not now, when?" This is of course explored in Leviticus 19:18, v'ahavta l'reacha kamocha (love vour neighbour as yourself). My humanity is bound up in yours.

Historically, Jews have distinguished between form and essence. For roughly 1000 years, Jewish worship meant bringing sacrifices to the Temple in Jerusalem. Then in 70 CE, with the Temple about to fall, Rabbi Yochanan ben Zakkai imagined an alternative. He famously asked the Roman Emperor to "Give me Yavne and its Sages." From the academies of Yavne came a new form of worship, based on prayer and study. (Beinart, Yavne).

Why is this relevant you may ask? It is because throughout our tumultuous history we've accommodated change and learnt from our neighbours whilst always remaining strong and being aware of the needs of others. Is an applied approach to social justice not a call to action? Is it not an opportunity to be more involved? Does

community involvement not offer a way out from aloofness and despair and our own eventual extinction? Do we prevaricate because we are critical of our own inaction? "It is not the critic who counts; not the man who points out how the strong man stumbles or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat

and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming.' (Theodore Roosevelt, Citizenship in a Republic, 1910)

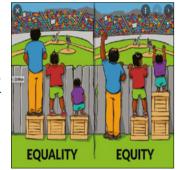
"One becomes a good Jew not by seeking to repair the world but by putting the commandments of personal decency ahead of the dictates of political ideology.' (Bret Stephens, Jews and the Dilemmas of Social Justice)

I'd like to believe that in our Cape Town Jewish community, we are committed to the pursuit of an energetic civil, just, equal and respectful society for all, including caring for the vulnerable; as it says in Deuteronomy 16:20, "Tzedek Tzedek Tirdof". (Justice, justice shall we seek).

Adam Smith, philosopher and economic theorist. got it right when entitling his book The Wealth of Nations, and not the 'GDP of nations'. Smith understood that nation-building was ultimately about the stock of wealth, not the production of income. The wealth of a nation is determined by its human, natural, and social capital; and we are starting to understand that a balance needs to be found between them all.

reading this courageous conversationpiece, Mensch encourages your continued participation and active role in our Jewish community within the warm fabric of Cape Town, and our continued consideration of the social justice and environmental principles that underpin that support.

Wishing you and your families a significant and meaningful High Holidays.





The Who, What and How of Mensch

WHO is Mensch? Mensch is the leading Jewish social justice network in Southern Africa. WHAT does Mensch do? Inspired by the Jewish commitment to justice, Mensch supports individuals, organisations and communities to increase their impact in creating a fair and equitable South Africa. HOW do they do it? Mensch's core activities include:

The Mensch Network

We work with over 120 individuals and organisations, We organise community service days which offer We partner with donors who wish to fund offering them skills training, collaboration, funding, and mentoring opportunities so they can make the most impact



The Mensch Network

Community Service Days

opportunities to do good, and raise the profile of our network members, partners, and their work.



Community Service Days

transformational change in South Africa by supporting particular projects and organisations. We assist in identifying key organisations, undertaking due diligence and managing the monitoring and reporting of the projects to the donors.

Philanthropic Advisory Service



Philanthropic Advisory Service

THE BEST OF BOTH WORLDS LIVE IN CAPE TOWN, INVEST GLOBALLY

The UK's Telegraph recently ranked Cape Town as the third "greatest city on Earth" based on an annual reader survey, a panel of travel writers and a list of other 'scientific' factors. No doubt the Cape (and South Africa as a whole) is a special place, but it is also a place of stark contrasts. One such contrast is the business and investment environment where South Africa doesn't appear near the top of many international ranking lists.

This contrast is highlighted by the relative stock market returns: The last decade has seen the local JSE All Share index return just 31.2% in USD (or 169.4% in ZAR) while the MSCI World index has returned 156.8% in USD (or 427.4% in ZAR) over the same period.* Not only has the global stock market outperformed significantly, but the difference between returns stated in USD and ZAR shows how much our local currency

The last decade has seen

the local JSE All Share

index return just 31.2%

in USD while the MSCI

World index has returned

156.8% in USD over

the same period.*

has depreciated over time.

While you can only live in one place at a time, the same isn't true for investing. You can invest anywhere in the world, regardless of where you live. This is great news

for Capetonians who love South Africa but want flexibility when it comes to their investments. Just because you live in South Africa doesn't mean you have to restrict your portfolio to the local stock market.

This has obvious implications for managing risk, but there is also the advantage of having

access to a far wider range of investment opportunities. Being able to invest in some of the most successful

businesses in the world like Apple. Microsoft. Google (Alphabet), Amazon and Nestle is a big advantage. There are also hundreds of other very successful businesses that household names. The world is a big place. South Africa represents less than 1% of the global economy. Choosing vour best investment ideas from 100% of the world instead of 1% of the world makes a lot of sense.

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forward and cost-effective. You don't need opaque structures with multiple layers of high fees. Bellwood Capital, a local investment manager, offers a simple, transparent and highly cost-effective solution to global investment, without all the unnecessary and expensive layers between you and your money.

Their portfolios are locally managed, but the funds are fully

externalized and can be accessed from anywhere in the world within a day or two. You can seamlessly make regular ZAR withdrawals to your South African bank account (at almost no cost), or you can easily access your funds directly from the US, Canada, UK, Europe, Japan, Australia and Israel.

This flexibility means you can cover your local expenses, save for your children to study overseas, and have the option to live

This flexibility means

you can cover your

local expenses, save

for your children to

study overseas, and

have the option to live

anywhere in the world.

anywhere in the world - including Cape Town of course.

About Bellwood Capital

Bellwood Capital is a specialist global equity investment manager based in Cape Town. The company was established in 2012 by an experienced team of investment professionals.

"Our investment process draws on a combination of industry experience and original research," says Louis Zive, who heads up Bellwood Capital's business development. "Between 2012 and 2015 we invested only our own capital. With a strong foundation in place, we have extended our services to private clients since 2015. We continue to invest alongside our clients today."

To find out more about Bellwood Capital's unique global investment offering contact Louis Zive on 083 440 5975



or Izive@bellwood-capital.com or visit their website at www.bellwood-capital.com

* 30 July 2012 - 27 July 2022. Past performance is not an indication of future performance.

Bellwood Capital (Pty) Ltd is a Juristic Representative of Taquanta Asset Managers (Pty) Ltd, a Licensed Financial Services Provider (No. 618)



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A reason, a season or a lifetime



People come into your life for a reason, a season or a lifetime. When you sort out which of the three applies to you (a reason, a season or a lifetime) you will know what each person means to you.

The main idea behind the phrase 'reason, season and lifetime' is that all relationships, regardless of their length, have some sort of purpose. WIZO however — the Women's International Zionist Organization — has its reasons and seasons but no matter the reason nor the season, WIZO is very committed to this mission for a 'lifetime' and that mission is *doing what matters*.

The reason: This is when there is a benefit to a short-lived relationship. It may help you with a specific difficulty you're facing or provide you with guidance and support. Once the issue is solved it is over... it is done. It can be clearly seen in our South African houses in Israel (by the name of Neve WIZO). These are homes for a reason. They are for the children who come from abused homes, under court orders, maybe on drugs or having been subject to conflict or pain. Once they have received all the assistance they need then all has been achieved.

The season: A season is one that lasts for only a while and is similar to the months in the year. Some seasons last longer than others in that some are more severe, some are hot, some are cold, and some are both. A relationship that accompanies you through a certain period of your life, lasts for a time and brings you joy and growth. You might

learn a lot from the relationship and it is real, but it does eventually end.

This for WIZO is very relevant. Our children come in to our homes, go through school, get their education, may get psychological help if they need it and then go on to the army. It is real while it lasts, and eventually it ends. These children are placed in our homes for a season.

The lifetime: This is when a relationship continues for a lifetime and teaches lifetime lessons. A long-term relationship that lasts a lifetime can aid your growth and teach you more about yourself and the world around you. Sometimes the lifetime is not the person — but what we gain from them for a meaningful life. It is positive and insightful and a guidance throughout our lives.

This is what happens to all of us who appreciate and belong to WIZO. This is the relationship to which we are committed. This is the relationship that supports our projects in Israel on an ongoing and *lifetime* basis. We are committed to this and therefore give our fundraising efforts a lifetime of meaning.

When a donor gets the fulfilment of seeing where their donations are going and how they are being used to sustain our Neve Houses and Day Care Centres, they know this is a lifelong commitment. They are aware of this because these safe places provide a warm and nurturing environment, growth, sustainability and total commitment for all.

We often refer to the four seasons and how it affects our well-being.

Autumn is marked as a time of harvest and preparing for the winter ahead

Winter is marked as a long and dreary season. It is a time of inner growth. This represents a time of introspection and the examination of our heart and motives. A time for strengthening and maturing.



Spring is marked as a time of cleansing and restoration from the difficult days of winter. A time of transition and re-growth.

Summer is marked as a time of extreme dryness and heat and the need to stay replenished within our hearts and souls.

We all try to allow the season that we are in right now to run its full course, whether it is for a reason, a season or a lifetime.

Whatever the season, WIZO is there for you and for all the women, children and even men who need her

WIZO enables these human connections and we thank every one of you whose presence in our lives, and that of WIZO, has made a difference.

Rosh Hashanah is the start of the new year and we wish you all a wonderful reason, season and lifetime of joy, fulfilment and peace.





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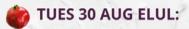




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DIP INTO OUR UPCOMING COURSES **IN THE NEW YEAR 5783**





THE JEWISH STATE: EXAMINING JEWISH IDENTITIES OF ISRAELIS

The current state of Jewish Israeli identity is complex & diverse. This course provides an historic overview of the early Zionist vision, emergence of the New Jew & institutions that shaped the country, providing insights into how Israeli society reflects the aspirations & endeavours of the early immigrants. Themes include the evolving religious landscape, the intricate relationship of politics & religion, the dynamic between Israel & World Jewry, and Jewish Renaissance agents in Israel.



ANTISEMITISM: THE FORGING OF THE LONGEST HATRED

The flames of antisemitism have once again been stoked, reignited from the embers of the past. Examine the roots of antisemitism and current expressions of it. Discover how 19th century selfprofessed antisemites emboldened and morphed Jew hatred into its modern phenomenon. This course will help us understand the frightening and rising trend in antisemitism around the world.



Rosh Hashanah is a time to take stock, show gratitude and aspire to be better. Midrasha/Melton provides the environment to build Jewish meaning that resonates. Albert Einstein shares our vision: "Education is not the learning of facts, but training the mind to think".

We wish you all a healthy & peaceful 5783 shared with loved ones in happiness and comfort.

RSVP Lauren Snitcher: lauren@snitcher.org 0828802257 Viv Anstey, Director: vivanst@iafrica.com 0828095414 More Info: www.meltoncapetown.org

Cape Jewish Chronicle September 2022



What's up at the Union of Jewish Women

July and August were filled with donating, celebrating, and making a difference at the UJW Cape Town branch with collections, food parcels, carnivals, Mandela Day and all our ongoing support to our beneficiaries.



Bags for new beginnings: We relaunched our Baby Bag project this month with bags being handed out to new moms in the Kangaroo Unit at Tygerberg Hospital.

Women's Empowerment Project completed a basic counselling course for a group of women from disadvantaged backgrounds. These wonderful women will take our programme out into their communities and replicate what they have learned.

UJW celebrated **Youth Day** by inviting WP Maccabi U16 and U18 netball girls and Cape Town Torah High School boys to participate in a tournament against the soccer and netball teams from Noluntu's Kitchen. It was a fantastic afternoon of competitive sport and camaraderie.



Kensington Educare turns 80: KEC celebrated turning 80 this year with a Community Carnival. It was a roaring success, and the kids had a great time!





Mensch Food Scheme: Through a grant administered by the Mensch Network we launched our food scheme distributing food monthly to four of the educare and drop-in centres we support.

Mama Flo celebrated their second birthday with handouts of sanitary pads on Youth Day at Site B Khayelitsha, and on Women's Day in Mfuleni.



If you would like to volunteer or join a group, please call the office on 021 434 9555

Shana Tova from all at UJW

Mandela Day: This Mandela Day we supported Panties For Africa. Their goal is to end underwear poverty and restore confidence in young women. Our groups also organised events which included: gifting children with

beanies, making soup and handing it out to the aged in the community and making cloth toys with moms of babies in the Kangaroo Unit at Somerset Hospital.









ROSH HASHANAH MUSINGS...

Rosh Hashanah — head of the year

By Barbara Miller and Stephen Paul

There are a million and one commentaries from those far more learned than us on why the Jewish New Year is understood as a *Head* and not a *New*.

n the first place, it is observed in Tishrei, the seventh month of the year. It is commemorated not with parties and fireworks celebrating an imaginary new beginning, but with a profoundly deeper significance of rosh, lev and neshamah looking within to transform, repair and improve oneself, one's relationship with others and with Hashem, and for tikkun olam.

So this is what we as Jews, traditionally are called

to do. The question for Barbara and me is, "why only once a year?" Most probably because living it daily is a calling which she is better at than me. Most of us, Jewish wisdom acknowledges, require an annual opportunity to be conscientised and renewed. How we do this with integrity, with genuine and not empty teshuvah prayers, once a year, is the challenge.

Both of us no doubt approach Rosh Hashanah with our own depth of internalised meaning from our family homes and upbringing, but our mutual love of our Judaic roots and tradition, of our texts, of our simple *emunah* and *bitachon*, makes these days a shared purpose.

Her life credo is "Be the change you want to see" and mine "I try to be the person my dog thinks I am". Either way for both of us the meaning of Rosh Hashanah is connecting to Jewish expression of that, of loving family time, and honouring our heritage which has thousands of times brought us to this time.







JCS **IN NUMBERS**

Monthly food parcels, vouchers and Meals on Wheels (MOW) distributed by the Tikvah Foodbank at an average total cost of R300 000/month. at an average total cost of R300 000/month.

Unemployed individuals to-date.

Current caseload of older persons. 21%

Percentage increase in the number of Tikvah Foodbank/MOW recipients during 2021. This is over and above the 85% increase of 2020.

The number of individuals receiving Material Relief.

408

Active cases - equates to over 800 people requiring Social Services.

VISION

The vision of Jewish Community Services is to be recognised as the leading provider of innovative services and programs that address existing and emerging social service needs. To provide a full spectrum of services that promotes quality of life within the context of Jewish ethics and values. Together we can build a caring, self-sufficient community with dignity, harmony and happiness.

MISSION

To develop, implement and coordinate social protection and poverty reduction solutions for and with the poor, vulnerable and disadvantaged in the Cape Town Jewish community. To provide quality social welfare services to enable them to meet life's challenges.



Opening of a new exhibition at the South African Jewish Museum

The SAJM's latest exhibition opened to an enthusiastic audience on Sunday 31 August.

The Eternal Scholar: the portrait photography of Arnold Castle is a mesmerising collection of photographs by award-winning amateur photographer Arnold Castle. For over forty years the self-taught master photographed diverse subjects, creating evocative and intimate imagery with the simplest of backgrounds.

The exhibition, finely curated by Arnold's daughter Elana Castle, consists primarily of 1970s character portraits encompassing a wide range of South African personalities — from a well-known Flamenco dancer and an ex-Miss South Africa runner-up, to people on the fringes of society.

Individual photographs are available for purchase. *The Eternal Scholar* will be on display until September 2022 and will reward all viewers with the passion of a true artist.























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Live a Focused Life Rosh Hashanah 5783

RABBI MATTHEW LIEBENBERG

Dayan, UOS Beth Din

Do you ever get the feeling that people are not paying attention? Perhaps you have had a serious conversation with a friend while they keep glancing at their phone. Or have you ever sat down to watch television and in the middle of the show, you start checking your social media feed? We are living in the era of distraction.

There are many stories about Torah scholars who could concentrate on a single passage of the Talmud for hours at a time. Such anecdotes are rare in our generation. We are distracted by Facebook, Instagram, Twitter, WhatsApp, Netflix, Disney Plus and endless emails that require our urgent attention. People are so compelled to respond to their messages or view their social media feed that they do so while driving or conversing with 'real' people. When I began to post my weekly YouTube parsha video clips in 2014, the average length was six minutes. They are now three minutes. I made the change based on feedback from viewers who claimed they did not have the time to watch such a 'long' video!

In the ethical work *Chovot HaLevavot*, the author cites the prayer of an anonymous pious man: "May God save me from dispersion of the mind". They would ask him, "What is dispersion of the mind?" He would answer, "When one owns property at the head of every river and the center of every town." This man thanked God for the fact that he was not wealthy because wealth can often distract a person from what is important in life. The term he used - pizur hanefesh - refers to someone who is scatterbrained, unfocused and distracted. We speak of 'multi-tasking', the ability to concentrate on a number of tasks simultaneously. People have commented that this is actually not possible. Something has to 'give'. Either one of the tasks will not be done properly, or all of them.

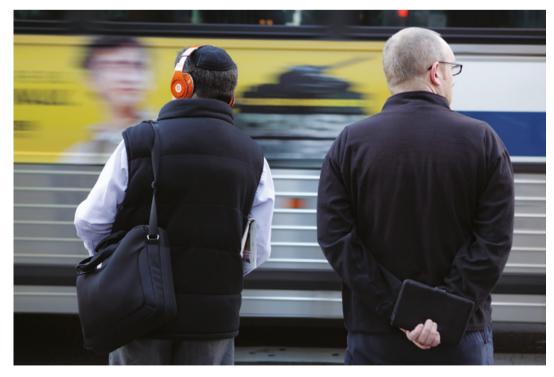
On Yom Kippur, we confess our misdeeds before Hashem, one of which is "For the sin that we have sinned before You without knowledge". At first glance, this is rather strange. Why should

we seek pardon for a sin we did without knowledge? If we did not know that the act was sinful, why should we be held responsible? Clearly, the answer is that ignorance is no excuse. Rabbi Aharon Lichtenstein offered a different explanation: "I did not use the Godly image that You gave me, namely understanding and knowledge; instead I lived like an animal." I was not focused. I did not give Torah and life my full attention. I behaved "without knowledge".

After the Revelation at Mt Sinai, Hashem said to Moshe, "Ascend to Me to the mountain and remain there, and I shall give you the stone Tablets and the teaching and the commandment that I have written, to teach them." The phrase "and remain there", v'heyay sham, can be read as "and be there." One of the great Chasidic masters, Rebbe Yechezkel Taub, explained that Hashem was saying to Moshe: "When you ascend the mountain, you must be there, be present. Give me your full attention and focus your thoughts on the instructions I will give you."

In an age where information is everywhere, there is very little wisdom. We do not even have to memorise phone numbers or addresses anymore. We go through life on autopilot, "without knowledge". Life in general and Judaism in particular, require mindfulness. Let's be more focused in 5783

There are many stories about Torah scholars who could concentrate on a single passage of the Talmud for hours at a time. Such anecdotes are rare in our generation where there is so much distraction. We are distracted by Facebook, Instagram, Twitter, WhatsApp, Netflix, Disney Plus and endless emails that require our urgent attention. People are so compelled to respond to their messages or view their social media feed that they do so while driving or conversing with 'real' people in their presence.



























Cape Jewish Chronicle September 2022



The benefits of a multigrade classroom

At Salisbury House we learn in a multigrade classroom.

This means that children of different grades and ages learn in the same space together. While there are pros and cons to any classroom set-up, we have seen some wonderful learning opportunities being taken by the children in our current environment.

In our classroom we all do our subjects simultaneously, but the level of difficulty is adjusted to each child's needs. We follow the *Number Sense* mathematics programme by Brombacher, and all students do a task from the geometry book. Here is an example of one of our lessons:

The first part of the exercise required students to cut out templates and assemble three boxes of different dimensions — the older children worked quickly and finished this task. They then offered their help to the younger children, or those who were struggling. This happened naturally, without any prompting from the teacher. When every child was ready, we had a discussion about which box they thought would hold the most blocks. The children discussed this among themselves and wrote down their guesses. They then had to actually fill the boxes with the blocks and see if they were correct. The quicker students finished their work and then assisted the other students, helping them to count once they got to higher number ranges.



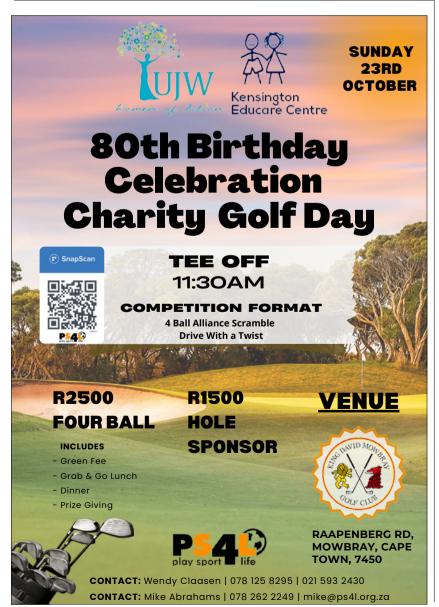
Kirsten Connor helping a young friend to organise his blocks and count them



Elijah Hoffenberg counts out his blocks

We also discussed methods of counting e.g. the benefit of counting the blocks in groups of ten versus counting in ones. Although some younger children found counting challenging, they were able to share clever strategies with the older and quicker children. The estimation process also showed the children that it was not always the oldest or fastest children who estimated correctly!

WE WISH THE WHOLE JEWISH COMMUNITY A HAPPY, HEALTHY
AND PEACEFUL NEW YEAR!



ROSH HASHANAH MUSINGS...

Rosh Hashanah — giving even to the undeserving

By Bryan Opert

We all pray to be given a good inscription on Rosh Hashanah (while fantasizing about the brisket and creamy parev ice-cream.)

What secrets have the Sages given us to achieve this?



We are bombarded all day by people collecting charity, whether organisations or beggars. Many of them appear to have dubious claims.

The Gemara says that we must also give to those people who collect money as if they are poor, since if not for them we would be punished for not giving charity. Bizarre! How can giving money to those who don't deserve it be considered a mitzva? The answer that is given, is that these people create the ultimate challenge — we can all 'slip out' of giving charity, even to the needy, by using these tricksters as defense of our stingy behavior. How many times have people not given because 'the beggar will only use it on drugs or booze anyway'?

Jeremiah even davened to Hashem that He should only send unworthy beggars to the people who persecute him. Rav Zushya of Anipoli asks how could Jeremiah who loved and cared so deeply for humanity ask for such a terrible thing from Hashem?

He answers that Hashem pays us measure for measure. If we, who were facing destruction, would act mercifully only with people who really deserved help, then Hashem would also only save those people who really need it. What then would become of the sinners who persecuted Jeremiah? His solution was to have them give charity to undeserving people, this way he can daven to Hashem that just like they pitied undeserving people, so too Hashem should pity them. This shows true love!

We don't want Hashem making ugly faces when we come around asking for something, so why not show Hashem that one need not be deserving to get a smile and some change from us?

It would be foolish to look at someone and judge their integrity. Somehow, I don't think we'd want to switch lives with anyone who ever came to collect. Wouldn't it be foolish to not give a little, to everyone who asks, on the off-chance of missing out on a great mitzva? Look at it as investing. If you give 10 times, even if nine are a waste of time, the 10th can be worth millions! Sounds like a great investment to me.

May we all be blessed with a year of blessing to be able to give.



Honorary Life Members' legacies celebrated at a lunch

On Sunday 31 July, Highlands House paid tribute to community members who have been supporting its work through effective and enduring leadership.

hey have been appointed our Honorary Life Members, and we are proud and admiring of the work that Pinchas Gutter, Ben Zion Surdut, Abe Sank, Herbert Maltz, Moonyeen Castle and Dr Clive Rabinowitz undertook to make the Home what it is today.

Each Honorary Life Member has served on the Home's management board and on various subcommittees over the years, and their impact on the way we do things still reverberates throughout our campus. Ben and Abe have been involved in the Home the longest, since around 1972, while

Pinchas - who lives in Canada and was celebrated in absentia served Highlands House for eight years and made an indelible impression. Herbert had an unfading impact on the security practices of the Home and still runs the Men's Group for residents, while Clive drove systemic and operational change during his 35-year term. Moonyeen epitomises the Jewish woman of valour, and counts her vears of service to Highlands House as among her most enjoyable work.

The event in the Lifestyle Centre was opened

by Executive Director

Leon Geffen, who thanked each Life Member for their contributions over the years, and thanked current Highlands House board members and staff for carrying the Home through Covid-19 and beyond. He briefly discussed the changes and developments at the Home over recent years, including the currentlyunder-way redevelopment of the third floor into the new Memory Care Unit, due to open in 2023.

After starters were enjoyed, President Stuart Hendler said, "Not many institutions last over 100 years and live to tell the tale," as he opened the awards ceremony.

"I think that Highlands House has survived for all these years for one reason, and one reason only - the involvement and commitment of those individuals who over the last 100 years have given their time and effort in ensuring that Highlands House not only survives, but also provides the best level of care to our most vulnerable, indigent or frail in this community.

"Knowing what I know - the leadership, the competency of the executive staff, knowing the quality of the trustees and

Honorary Life Members: Ben Surdut, Moonyeen Castle, Dr Clive Rabinowitz, Abe Sank and Herbert Maltz

advisory committee, knowing the future strategy and plans of the Home, knowing the care of our greater community - the answer is a definitive yes. I would place my own parents in this Home, if the circumstances arose."

Stuart shared a summary of each Life Member's contributions over the years as they were presented certificates of appreciation.

"All the individuals we are honouring today had to face crises not dissimilar to the pandemic during their time at the Home. Having worked with most of them, I'm humbled by their modesty, and realise that these individuals laid the foundation and contributed to ensuring the Home's survival for another 100 years and more. Today we honour six special individuals and award them Honorary Life Membership to the Home."

From the leadership and staff of the Home, our utmost appreciation and thanks goes to Feedem and the staff members involved in putting this event together, from the food to the programming and decor. Thanks to our board for recognising these outstanding individuals, and to our Honorary Life Members for giving us a blueprint of the commitment and involvement it takes to build a community legacy.

You can read each Honorary Life Member's story of involvement in the Home in upcoming issues of the Cape Jewish Chronicle.



Abe Sank and Stuart Hendler





Residents Committee: Michael Kelly, Jenni Burnett, Diane Kanter, Esmé Jacobson and Arnold Wallach



Ben Surdut, Abe and Leina Sank, Sybil and Herbert Maltz, and Esther Surdut



Leon Geffen, Stuart and Andi Hendler, Dr Clive and Christine Rabinowitz and Moonveen Castle









A VIEW FROM THE BAR

Stalingrad abuses could lead to the ugly Star Chamber

By Anton Katz SC

The city of Volgograd in Southern Russia was previously called Stalingrad.

Stalingrad is famous for a major battle on the Eastern Front of World War II where Nazi Germany and its allies unsuccessfully fought the Soviet Union. The Soviet Union won the battle by wearing down attacking German forces over the course of time

In court cases, the Stalingrad legal defence is a strategy used by one party to wear down the other parties by taking every possible point and appealing every unfavourable ruling. The party uses whatever means possible, fairly or otherwise, to delay proceedings. In South Africa former President Jacob Zuma has made the Stalingrad strategy in litigation famous. Zuma's advocate stated in one of his criminal trials, "We think it is important. This is not like a fight between two champ fighters. This is more like Stalingrad. It's burning house to burning house."

In court cases, the Stalingrad legal defence is a strategy used by one party to wear down the other parties

So accused persons, who may be guilty or not guilty, who advance technical point after technical point to delay the hearing of their case are often said to be doing a Stalingrad by trying to wear down the prosecution. Indeed, it is jocularly suggested that a good lawyer can delay a case for a period, but a brilliant lawyer can delay a case for a super long time. And delays will inevitably favour one side or the other. This applies to all cases, not only criminal cases. For example, in a child custody battle, delays in finalising the case will always be to the advantage of the parent who enjoys physical custody. The longer the case takes, the more entrenched the child becomes in the physical custody of that parent. And in commercial matters, those seeking a monetary victory get frustrated by the incalcitrant debtor.

In criminal matters judges, like all people, can become frustrated by seeing wealthy accused persons abusing the system by getting off on technicalities, such as the abuses a Stalingrad strategy allows for. And this frustration is even more pronounced in respect of those who are socially and politically prominent with a powerful presence.

So, in England from the late 15th century to the mid-17th century (c 1641), a special English court called the Star Chamber (*Camera stellata* in Latin) was established to supplement the judging activities of the regular courts in both civil and criminal matters. The Star Chamber was set up to ensure the fair enforcement of laws against the English upper class, those so powerful that ordinary courts would never convict them of their crimes. And I suppose the curbing of Stalingrad type abuses.



Initially the Star Chamber was well-regarded because of its speed and flexibility, it was regarded as one of the most just and efficient courts of the Tudor era. Sir Edward Coke described the Star Chamber as "The most honourable court (our Parliament excepted) that is in the Christian world.

Both in respect of the judges in the court and its honourable proceeding." A feature of the Star Chamber was that it could act like a court of fairness or equity; it could impose punishment for actions which were deemed morally reprehensible but were not in violation of the letter of the law.

But as time went on, the justice meted out by the Star Chamber became arbitrary and subjective. The Star Chamber was enabled to be used later on in its history as an instrument of oppression, rather than for the purpose of justice for which it was intended.

During the reign of King Henry VIII, the Court of Star Chamber became a political weapon for bringing actions against those who opposed the policies of the king, his ministers and his parliament. By the time of King Charles I,



it had become synonymous with misuse and abuse of power by the king and his circle. Unfair and gruesome punishments were imposed. The Star Chamber was abolished in 1641.

The historical abuses of the Star Chamber are considered some of the reasons, along with English common law precedent, underlying the protections against compelled self-incrimination. The meaning of 'compelled testimony' under the Fifth Amendment to the US Constitution — i.e. the conditions under which a defendant is allowed to 'plead the fifth' to avoid self-incrimination - is often interpreted with reference to the inquisitorial methods of the Star Chamber. As the U.S. Supreme Court described it, "the Star Chamber has, for centuries, symbolised disregard of basic individual rights. The Star Chamber not merely allowed, but required, defendants to have counsel. The defendant's answer to an indictment was not accepted unless it was signed by counsel. When counsel refused to sign the answer, for whatever reason, the defendant was considered to have confessed."

The Star Chamber was set up to ensure the fair enforcement of laws against the English upper class, those so powerful that ordinary courts would never convict them of their crimes.

The High Court in Pretoria recently quoted the US Supreme Court, "On the other hand, the Court has consistently used Star Chamber to develop identifiable themes: brutality, abuse of power, oppressive state might overpowering the helpless individual, and persecution. Star Chamber is usually a foil, contrasted with our own courts and legal system by adjectives like 'hated', 'obnoxious', and 'opprobrious'..."

So, when judges and the rest of us feel a frustration at the abuse of Stalingrad tactic of delay to avoid taking responsibility and the consequences of being subject to a fair trial, we must always remember the other side of the coin. If accused persons are prevented from asserting their rights, the spectre of the Star Chamber must be kept in mind. The last thing people need are courts which are captured by the powerful.

Anton Katz is a practising Senior Counsel, former United Nations special rapporteur on mercenaries and human rights, former Acting High Court Judge, and an admitted attorney in New York. He was born and raised in Sea Point.



ROSH HASHANAH GREETINGS

MAKE A DONATION TO JCS in lieu of a gift for Rosh Hashanah and we will send greetings to your family and friends.

All proceeds will benefit those less fortunate in our community.

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Celebrating a South African art legend, Charlotte Schachat

On Wednesday 17 August, the South African Friends of the Israel Museum (SAFIM), hosted an event in celebration of gallerist Charlotte Schachat — a doyenne of the South African art scene.

The support for SAFIM, as well as for their guest of honour, Charlotte, was evident in the impressive turnout.

Charlotte and her late husband Louis Schachat founded their now legendary art gallery, *Die Kunskamer*, in 1971. Shortly after opening their premises in Church Street, the gallery earned its reputation as a pioneer in the industry, highly respected by local

and international collectors alike.

In the 50 years since their opening Die Kunskamer has handled works by many South African masters, including the likes of Irma Stern, Stanley Pinker and Cecil Skotnes. In fact, the Schachats are credited with having significantly contributed to the reputations of these now world famous artists. In the gallery's early years, they drew attention when they offered a work by Irma Stern for sale for R5000. Today, the highest price achieved at auction for a work by Stern is £3 million. The gallery continues to cater for broad-minded art lovers, as Charlotte still runs Die Kunskamer from her home in Fresnave.

Art is truly part of Charlotte's DNA, and Die Kunskamer is very much part of our South African art history. Charlotte continues to be a familiar face at all openings and art events, showing her commitment to local arts and culture.

In celebration of Charlotte's ongoing dedication to the arts, and in recognition of Die Kunskamer's legacy, an exhibition titled *Homage:Erken/Verken* was held at Welgemeend Homestead in Gardens throughout the month of August. The exhibition formed part of August Art Month, an annual initiative jointly hosted by Frank and Lizelle Kilbourn and leading auction house, Strauss & Co.

As she welcomed the guests on the evening, Charlotte said of her career as a gallerist, "One of the most beautiful pleasures in life is to live with art. It enhances your home and becomes an important investment for the future. Thank you to all the collectors who have bought work from us over the years. It has been a joy."

This event formed part of SAFIM's annual membership programme which brings together like-minded art lovers at private events on a regular basis. Fees from membership subscriptions contribute to SAFIM's valuable initiatives, such as their



Charlotte Schachat with a magnificent still life by Irma Stern

highly coveted annual internship for South African art graduates.

The evening included a talkabout with Strauss & Co Chairman, Frank Kilbourn, and Senior Art Specialist, Ian Hunter who unpacked a variety of anecdotes and stories about the works of art, and the gallerists, Charlotte and Louis, who had once handled them.

As the evening came to a close, all in attendance were in agreement on the undeniable impact that Charlotte and her husband Louis have had on the arts in South Africa. We thank them for their invaluable contribution.

Visit www.safim.co.za for more information and upcoming events.



SAFIM guests gathered at Welgemeend to celebrate Charlotte and her contribution to the arts

SA JEWS OF LITHUANIAN & POLISH HERITAGE ARE ELIGIBLE TO OBTAIN EUROPEAN CITIZENSHIP & EU PASSPORT

A common misconception people have is that European citizenship and EU Passport can only be obtained if one has documents proving lineage The fact is that not having documents proving lineage, does not lead to your disqualification of eligibility.

In many cases the required documents can be obtained in the European country of origin!



Having European citizenship offers more than one benefit, besides the fact that it makes traveling far easier than with a South African passport...

As we are all fully aware of the current situation in South Africa where we face many uncertainties not just for today but for our children's future too.

While we are still having it relatively good here. We know that the time will come where as Jews we will look for alternative options. Then having a

The most important thing to take into consideration is understanding that prior to the end of WWII, the European map was very different from the one we know today.

Countries like Poland and Lithuania did not exist as independent countries, and till 1918 these territories were only known as Lithuanian or Polish regions/countries of the Great Russia Empire who ruled all of north eastern Europe.

Until 1918 residents of these territories were of Russian citizenship – as Polish and Lithuanian citizenships did not exist. Therefore applications European citizenship will be that tool we are looking for.

As we know, the majority of South African Jews are descendants of Jews whose European citizenship was illegally deprived, and therefore you are now entitled to reinstate it and obtain your EU passport.

for reinstatement of these citizenships can only be based on if one's ancestor was a Polish or Lithuanian citizen.

However, a descendant of an ancestor who left Europe prior to 1918 - will not be eligible.

In addition, since borders in Europe were shifted during and after WWII, one's eligibility for a Polish or Lithuanian citizenship depends on the City from which his/her ancestor lived in. Where borders shifted and cities changed nationalities Jews who left Vilnus and its region will be declined where as a similar application for reinstatement of Polish citizenship could be approved.



I would like to take this opportunity to introduce myself.

With only a 4 hour flight to Warsaw and Vilnius this enables me to arrive quickly and safely to Poland and Lithuania, where I closely collaborate with local professionals in assisting me trace required documents for your successful applications to reinstate you as an European citizen.

"Having lived in Poland for 7 years I have great in-depth understanding of European immigration laws'

I have been operating in the South African market with our Jewish communities since March 2018, and visit every 3-4 months which will allow us to meet in-person.

My next trip will be around June-July 2022.

YOU CAN REACH ME ON: WhatsApp: +48 783 953 223, Email: adv.avi.n. horesh@ gmail.com



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USING MY NUDEL

The days of judgement

By Craig Nudelman

As we approach Rosh Hashanah and Yom Kippur, a key word that comes up is judgement — Rosh Hashanah is called Yom Ha'Din, the Day of Judgement.

hat day is associated with being inscribed in the Book of Life for the year to come. However, G-d, or whatever other higher spiritual manifestation you believe in, is the only judge on that day. What about all the other days of the year? What judgements are carried out by the mere mortals around us?

We all make judgements daily, and it can be positive or negative. A person's haircut, choice of food, clothes they wear, place of residence, among others, are there to be looked at and interrogated. We can also notice someone's behaviour; how they act in public, their leadership styles, and parenting skills can be evaluated. Interestingly though, all of these judgements are completely subjective and never an actual reflection on the person who we see.

Reading about judging others online, it seems as though it is detrimental in almost every way to our psychological health. In Dana Harron's piece in Psychology Today on why we judge others, she posits that we do so because we want to avoid looking inwardly at our own potential feelings of shame and inadequacy. She states, "Judging other people has nothing to do with the people who you are judging." Being judgemental, in other words, gives you the opportunity to ignore your negative qualities and focus on those who you deem to be 'lesser'. You don't look at the positive attributes of the individual in question: rather you focus on a social hierarchy and how you and others fit into a type of social order.

This kind of toxic judgementalism has taken on a new form in today's digital world. It has never been so easy to cast judgment on others and criticise almost anything that they do. Allie Volpe, writing for Vox. com, states that we can now judge from a digital platform and don't get the same feedback we would in a physical situation. Instead of looking at someone's body language to gauge how our judgementalism could be affecting them (or ourselves), we can get away with not getting that response. She states, "When you silently cast judgment on someone from afar based on an Instagram story, you don't get feedback from other people... and you don't learn how to make comments or critiques in a constructive way."

It seems, however, that we have been hardwired to be judgemental. Volpe's article goes on to explain that judgement kept humans safe. Their judgements allowed people to differentiate between foods which were safe or dangerous to eat, who could and could not be trusted in their tribe, and who was hard-working or lazv. These character traits that our ancestors looked at are still in use today. These can enable us to see who can be entrusted with difficult tasks, and who should be handled with a bit more care and kindness.

But the fact remains that we must be aware of being judgemental and whether we are judging in a positive or negative manner. Sometimes we judge others positively and see how we can act like them in order to improve ourselves. For example, if I see someone speaking incredibly well in public, I can try to emulate their confidence and ability to make the crowd listen to their every word. Similarly, this is true when it comes to someone's singing technique, work ethic, or other value which I admire.

There is a flipside to this though. The very same feeling of admiration for that individual's technique or skill could make you irrationally dislike the other, due to you feeling envious and threatened by their being 'better' than you. Dr Juliana Breins, in

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Psychology Today, explains that we can start resenting that person. She states, "if your co-worker wins an award that you had your eye on, you might find that you're suddenly more aware of — and annoyed by — their negative qualities." Our propensity to be threatened by those who could be deemed better than us is something of which we should be aware. Being aware and mindful is something

that is extremely important in Judaism, and throughout the month of Elul we have the power to grow and change our worldviews on how we perceive individuals. A good friend of mine gave me a book a few years ago called 60 Days: A Spiritual Guide to the High Holidays by Rabbi Simon Jacobson, It provides practical steps to take, to account and prepare yourself for the High Holidays. What I really appreciate about the book is that it doesn't always impose religious practices. Rather, it provides exercises for self-reflection that are so important for us to take into consideration. Throughout the month of Elul, right up to the end of Tishrei, there are daily exercises which take you on a journey towards identifying and acknowledging your prejudices and negative behaviours, and try to challenge you to grow.

The first exercise is to identify and describe one damaging pattern that you want to break in



the coming year, and to list one thing you have to do to break that pattern. If your damaging pattern is being judgemental, then perhaps it's time to recognise that. One way to mitigate being judgemental is to become aware of how you feel, not only when you judge others, but how you feel when you are judged. This may lead to you becoming more empathetic and understanding of others.

The days leading up to Rosh Hashanah and Yom Kippur are times for acknowledging what we have done during the past year and how we can develop in the coming year. I hope that you give yourself the opportunity to see where you can develop and grow to become a better you in 5783. And don't worry, whatever happens, I won't judge you! Shana Tova U'Metuka!





NUMISMATICS AND COLLECTABLES

Sole South African representative for Noonans of Mayfair Natalie Jaffe F.S.A.N.S.

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ISRAEL: A JOURNEY MAKING MEANING

Rosh Hashanah beginnings...

Julian Resnick writes from Israel

Beginnings... That is what comes to mind for me before every Rosh Hashanah.

The very many times in each of our lives which were beginnings. Hopefully beginnings heralding a change for the better, for excitement and inv

But also recognising that beginnings can be forced on you because of circumstances beyond your control. Don't we South African — or in my case ex-South African — Jews know this only too well? But then again, can we ever be ex-anything? Don't we carry each part of our lives with us wherever we go?

If you have read what I've written over the past couple of years for the Cape Jewish Chronicle (CJC), you know that I do. (here a shout-out — as the Americans say — to Marlene Shifrin, a regular reader of the CJC, and a South African Jew with a past very much like mine, from a small town (hers even smaller than mine, Grabouw, with a tiny Jewish community) now dispersed around the world. Like me, she now proudly calls herself Israeli, and compliments me when my writing enables her to return to the place we all came from, and reminds her what it gave us).

But I digress as usual ("It's all about the digressions," I hear Virginia Woolf whispering in my ear via Professor John Coetzee, my lecturer in 20th century literature at UCT). My beginnings are going to be the subject of this Rosh Hashanah musing.

One day as I was driving a very elderly ex-South African Jew in the 'golfit' (Hebrew — or my kibbutz slang — for golf cart), he asked me a question, "Where are you from?" I answered that I was from South Africa. It took me a few moments to interpret his mumbled response as a dissatisfaction with my rather inept understanding of the question as to where one was from. 'From' for us wanderers, is not about the place you were born — in my case Somerset West — but where you were really from. I volunteered the place of my grandfather Israel Resnick's birth, Kupershik. His eyes lit up. "Kupershik! I remember playing football against them before the War."

I did my arithmetic (as the study of mathematics was known in Somerset West Primary) and realised that for him, for Sabba Dragon, the *War* was the First World War, and not as it is for most of us living today who do not add an additional defining word to the word *war* when we use it, the Second World War.

So, my beginnings were in Kupershik (without going into where the Cohens, the Eismanns and the Mankowits were from).

Hence, my beginnings would be Somerset West via Kupershik, Fresnaye and Malmesbury (where my respective grandparents lived. BTW, if any of you know where the Mankowits or Eismanns were from, I would love to know. The Cohens? Impossible, as they came via Pittsburgh to Cape Town).

Let me move from *beginnings* to a more loaded word, *awakenings*. I think of three awakenings as crucial beginnings in my life: my intellectual awakening, my emotional awakening and my identity awakening (I never had a religious awakening — sorry Aish, it is not going to happen as I am very comfortable in my very Jewish skin).

My intellectual awakening had nothing to do with the teachers from Somerset West Primary, Hottentots Holland High School, Paul Roos Gymansium or Cape Town High School (the schools I attended), or from my years as a Brownie and a Boy Scout. The awakening was due to the arrival of Habonim in Somerest West, and especially the extraordinary decision to send Jeffrey Peires out into the bundu to be our Habonim madrich. Jeffrey was a magnificent educator blessed with the two I's crucial to any educator, Integrity and Intensity. He opened my eyes (not I's) to a world of complexity, nuance, different truths and ways of understanding the world. Certainty was gone forever and, thankfully, replaced by questions and serious conversation. My mind would never be the same again.

> Certainty was gone forever and, thankfully, replaced by questions and serious conversation. My mind would never be the same again.

My emotional awakening was due to, possibly the first kiss with a girl (was it Laurette Swanepoel or Geraldine Munnik? I am not sure and they are far away in New Zealand and Germany, so you might have to ask Maggie Lombard in Tulbagh if she remembers). Possibly due to my first erotic fantasies about the girl most boys of my generation in Somerset West fantasized about, Joan Brederode, or possibly due to my first girlfriend much later (as I was shy) when I was 16 and living in Sea Point (I am not going to reveal her name here as she might read this because, as opposed to the previously mentioned, she was unsere and I lost touch many years ago and she might even live locally as a Cape Town Jewish Bobbe in her mid-60s).

My identity awakening had many moments, but as I sit and write this in Israel, I am reminded of one moment as a pupil, a naughty pupil, at Paul Roos Gymnasium Stellenbosch. I am sure that in the minutes leading up to the moment I will never forget, even though I have forgotten his name, I behaved badly. Possibly very badly. But I will forever remember my shock, as the incensed teacher turned to me and screamed these

words at me (and forgive my Afrikaans as it has been a long time since I was *vlot* (fluent for the *rooineks* among you) in Afrikaans:

"Gaan Israel toe, jou f_kken Joodjie, waar die Arabiere jou kop kan afskiet" (Once again for the *rooineks*, "Go to Israel, you f_ _ _ing Jewboy, where



the Arabs can shoot your head off"). My Zionist identity, my decision to make the most significant change in my life had many parts to it, but probably none as momentarily dramatic as those 30 seconds of my time at Paul Roos (BTW, I loved my time at Paul Roos and especially the educational level and the fact that it was a challenging place to be).

Almost 47 years now in Israel, the most important beginning of my life was when, at the age of 22, I arrived to start my new life here. Whenever I think of my beginning here, and my new life in Israel, I am reminded of the tombstone on Ben Gurion's grave. Unlike most other tombstones I have seen over the years, there are three dates on his tombstone — his date of birth (1886), the year he died (1973) and the year he was reborn, the year of his Aliyah to Israel (1906). Now, I am not Ben Gurion, but I too feel that 1976 is the year that I was reborn, when I began my life in Israel.

A life which has been filled with beginnings, wonderful beginnings. My life as a married man (almost 40 years), my life as a father (just under 37 years), my life as a grandfather (just over eight years) are the three wonderful and powerful beginnings I have had here in Israel, and which I enjoy right now in the days leading up to Rosh Hashanah.

I wish you all, South African Jews everywhere (no, we have agreed, there are no ex-South African Jews as we all carry with us those extraordinary experiences of growing up where we did — I do not need to remind you of what the word extraordinary means in all its complexity), a Happy New Year, Chag Sameach, and may this New Year be filled with wonderful beginnings (and continuations).

Julian Resnick (Mankowitz/Cohen/Eismann) of Kupershik/Malmesbury/Fresnaye/Somerset West/ Kibbutz Nir Eliyahu/Jerusalem/Kibbutz Tzora.

Julian Resnick was born in Somerset West and grew up in Habonim Dror. He studied at UCT, and made Aliyah to 1976. He's conducted numerous shlichuyot and educational missions on behalf of Israel, to Jewish communities in England and the USA. He works as a guide in Israel and around the world (wherever there is a Jewish story). He's married to Orly, and they have three children and six grandchildren and is a member of Kibbutz Tzora





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4th Annual Women's Day celebration

On 9 August, after two years of Covid and online celebrations, it was truly a magical moment as 207 women met at the beautifully decorated Cape **Town Holocaust & Genocide** Centre to once again, share stories of resilience, courage, and memory.

in partnership with eld the Cape Jewish Board of Deputies, it was appropriate for women's day to be held in memory of our beloved Holocaust survivor Miriam Lichterman of blessed memory. Patron Shelley Trope-Friedman opened the morning with a very moving presentation of Miriam's life both during the Shoah and after, with her enormous contribution to the Cape Town Jewish community and the CTHGC.

Second Generation survivor and education guide Batya Glezer shared her memories of growing up next door to Miriam, and the special relationship and bond between Miriam and her family. A medley of songs and music, performed by Zola Schuman, paid tribute to Miriam and really got the women in the mood to enjoy the morning.

Idana Saven's dance performance to the soundtrack of Schindler's List was the perfect introduction to our guest speaker Marlene Silbert. An activist, trailblazer and educator, Marlene held the ladies in the palm of her hand as she enthralled us with her life story. A true storyteller at heart, Marlene's honesty and openness reflected the moments in her life where her resilience and courage motivated her activism during the apartheid years, her love of interfaith work and passion for Holocaust education. Marlene has certainly lived a rich and full life, and she left many of the women inspired and moved.

The audience was enthralled by the speakers and performers, and before anyone noticed, the event had come to an end.

The magic is over but not forgotten, and we wait in anticipation to celebrate Women's Day again next year.



Back: Batya Glezer. Front: Angela Miller-Rothbart, Henia Bryer and Myra Osrin



Shelley Trope-Friedman, Schuman Marlene Silbert



CTHGC Trustee Bev Cohen with her quests



friends. Volunteer Lindsay Fintz with Rwandan Women Representative Cynthia Tokosi with her guests



CTHGC volunteer guides with guests



Girisha Naidoo from Primedia Broadcasting and her guests



CTHGC volunteer Lindsay Fintz with her guests

SA JEWS OF LITHUANIAN & POLISH HERITAGE ARE ELIGIBLE TO OBTAIN **EUROPEAN CITIZENSHIP & EU PASSPORT**

A common misconception people have is that European citizenship and EU Passport can only be obtained if one has documents proving lineage The fact is that not having documents proving lineage, does not lead to your disqualification of eligibility.

In many cases the required documents can be obtained in the European country of origin!



Having European citizenship offers more than one benefit, besides the fact that it makes traveling far easier than with a South African passport...

As we are all fully aware of the current situation in South Africa where we face many uncertainties not just for today but for our children's future too.

While we are still having it relatively good here. We know that the time will come where as Jews we will look for alternative options. Then having a

The most important thing to take into consideration is understanding that prior to the end of WWII, the European map was very different from the one we know today.

Countries like Poland and Lithuania did not exist as independent countries, and till 1918 these territories were only known as Lithuanian or Polish regions/countries of the Great Russia Empire who ruled all of north eastern Europe.

Until 1918 residents of these territories were of Russian citizenship - as Polish and Lithuanian citizenships did not exist. Therefore applications

European citizenship will be that tool we are looking for.

As we know, the majority of South African Jews are descendants of Jews whose European citizenship was illegally deprived, and therefore you are now entitled to reinstate it and obtain your EU passport.

for reinstatement of these citizenships can only be based on if one's ancestor was a Polish or Lithuanian citizen.

However, a descendant of an ancestor who left Europe prior to 1918 – will not be eligible.

In addition, since borders in Europe were shifted during and after WWII, one's eligibility for a Polish or Lithuanian citizenship depends on the City from which his/her ancestor lived in. Where borders shifted and cities changed nationalities Jews who left Vilnus and its region will be declined where as a similar application for reinstatement of Polish citizenship could be approved.



I would like to take this opportunity to introduce myself.

With only a 4 hour flight to Warsaw and Vilnius this enables me to arrive quickly and safely to Poland and Lithuania, where I closely collaborate with local professionals in assisting me trace required documents for your successful applications to reinstate you as an European citizen.

"Having lived in Poland for 7 years I have great in-depth understanding of European immigration laws

I have been operating in the South African market with our Jewish communities since March 2018, and visit every 3-4 months which will allow us to meet in-person.

My next trip will be around June-July 2022.

YOU CAN REACH ME ON: WhatsApp: +48 783 953 223, Email: adv.avi.n. horesh@ gmail.com

I plan to arrive in South Africa in the 2nd half of October 2022

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References available on request

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THANKING THE COMMUNITY FOR THEIR SUPPORT AND WISHING THEM ALL A WONDERFUL NEW YEAR

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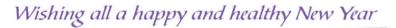
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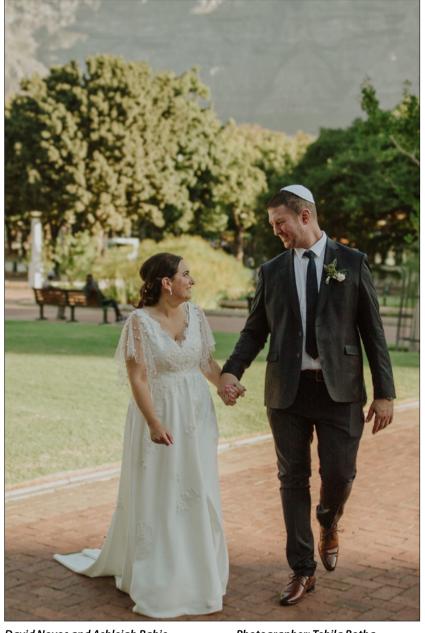
Jason Marx married Michelle (Malka) Grossman, married in Israel

SEND US YOUR SIMCHA SNAPS!

Have you recently celebrated the birth of a baby, a birthday, barmitzvah, batmitzvah, anniversary, an engagement, wedding or any simcha or achievement?

Send us a photo and share your simcha with the community! Wedding pictures can be submitted at no charge. For other simchas we charge R285 per picture.

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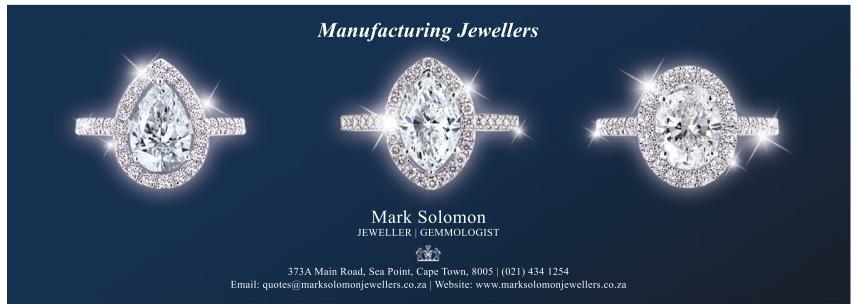


David Novos and Ashleigh Rabie

Photographer: Tehila Botha



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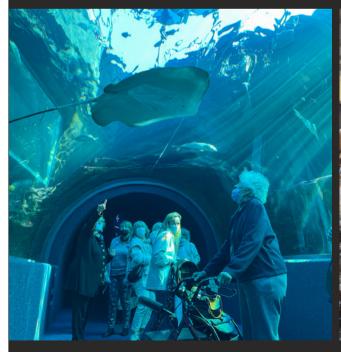
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